# Sailing

For those mariners who want to travel further afield you will need to make sure you research your journey carefully. Consider against all but essential travel by yacht and leisure craft on the high seas (more than 12 nautical miles from shore) in parts of the Indian Ocean bounded by latitude 78°E and longitude 15°S.

- Mariners should register with the Maritime Security Centre (Horn of Africa) for up to date advice and guidance on passage round the Horn of Africa – www.mschoa.org. They should also report regularly to the UKMTO giving location, course and speed. See contact details.
- Ensure you have backup communication equipment and consider carrying an Emergency Location Beacon if not already.
- ⚠ Check travel advice for the region you are travelling to, such as www.fco.gov.uk/travel

And remember – if you spot anything suspicious report it!

## **Contact details**

- UKMTO (UK Maritime Trade Organisation) +971 50 552 3215
- MSCHOA (Maritime Security Centre) +44 (0)1923 958545 (24 hour watch).
- Kenya Travel Federation (KTF)
   www.ktf.co.ke Tel. 254 (0)20 8001000
- British High Commission (BHC) Kenya.
   www.ukinkenya.fco.gov.uk.
   254 (0) 20 2844 000
- Kenyan Police/ Emergency Services 999
- Regional Maritime Rescue Co-ordination Centre (RMRCC) Tel: 254 (0) 20 8007776, Satcom 0087 07646 26657
- Mombasa Coast Tourism Association (MCTA) Tel.254 (0) 41 2225428

For comprehensive advice and contacts see our website:
www.fco.gov.uk/seasafe



British High Commission Nairobi

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# SeaSafe! Advice to help you enjoy the Indian Ocean safely

# This advice is aimed at anyone involved in arranging, managing, and using coastal and marine leisure activities in the Indian Ocean.

There are some great opportunities to spend your time in and around the beautiful waters of the Indian Ocean. Most trips are fun and trouble free. To make the most of it here are some simple tips:

### General

- Always book through a reputable company. Do your research, and remember the cheapest deal may not always be the best!
- Be aware of your surroundings and only stay in resorts with good perimeter security. If in doubt, seek advice from your tour operator or the Kenya Tourist Federation (see contact details).
- Whether on a boat or in your hotel, know what the emergency procedures are and who to call in an emergency (see contact details).

# **Pleasure Craft/Sea Angling**

- Check the boat has GPS and VHF radio capability so regular communication can be maintained.
- Consider the safety provisions on the boat, such as life yests and first aid kit
- Make sure the vessel has an alternative means of power.
- No matter what your activity check that somebody is keeping a proper lookout at all times.
- Aim to be back before nightfall!

# **Diving/Snorkeling**

- Make sure you have a pre-dive briefing on responsible dive practices.
- Maintain distances from other boats.
  - Always dive with a 'buddy' no matter where you are. And keep an eye on him / her to make sure everything is OK.