# MILK PRODUCTION FROM THE INDIGENOUS MALAWI GOAT

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# INTERNATIONAL LIVESTOCK CENTRE FOR AFRICA SMALL RUMINANT RESEARCH NETWORK THIRD BIENNIAL CONFERENCE

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#### **ABSTRACT**

In a 2 x 2 factorial trial involving 100 does kept under traditional management the milking potential of the indigenous Malawi goat was determined and the effects of supplementary feeding examined. Feeding was based on grazed indigenous pasture, largely Hyparrhaenia spp., and supplementation was with 250  $\pm$ 10 g maize bran daily. Does were separated from their kids each evening at housing and hand milked before turn out. Kiddings occurred between July 1991 and April 1992. Milk yields from 25  $\pm$  3 days post-partum varied between 1.5 and 61 l and lactation length between 13 and 252 days. Lactation patterns were similar, with peaks of 270  $\pm$  99 ml on day 26 for supplemented animals and 259  $\pm$  99 ml on day 19 for controls but a significant interaction between date of kidding and supplementation was noted. Does kidding in August had highest overall yields (31.6  $\pm$  17.5 l vs 21.2  $\pm$  13.66 l for supplemented and unsupplemented does respectively) and those in March the lowest (17.7  $\pm$  7.5 l vs 9.1  $\pm$  5.7 l, p < 0.05). Mean daily yields for supplemented does were 191 ml over weeks 1-10 and 139 ml over weeks 1-20. For control animals the equivalent figures were 158 and 104 ml. Reproductive performance was not affected by milking, with kidding to first oestrus intervals of 110  $\pm$  57 days for milked does and 80  $\pm$  52 days for unmilked. Anoestrus period was not affected by supplementation. Most kid mortality occurred in the first 30 days and was not influenced by milking or level of supplementation. There was no effect of doe treatment upon kid growth to 28 weeks, when liveweights were  $7.25 \pm 0.87$  kg,  $7.63 \pm 0.75$  kg,  $6.75 \pm 0.66$ kg and  $7.33 \pm 0.6$  kg for unmilked, unsupplemented; unmilked, supplemented; milked, unsupplemented and milked supplemented animals respectively. It is concluded that with minimal modification of traditional husbandry methods the indigenous Malawi goat may be milked daily without detriment to her or her offspring.

# **RATIONALE**

It has been estimated that in some areas of Malawi the incidence of malnutrition in children under the age of 5 may be as high as 70%. The problem is particularly severe in those children who have been weaned off breast milk and who are now required to rely largely on phala (maize meal gruel). In many areas of the world milk is seen as being of special benefit to such children, providing as it does high quality protein

and high levels of minerals, especially calcium, as well as vitamins, in a very palatable form. For some the most usual source of that milk is the cow but for many it is the goat. In excess of 60 million goats are currently being milked world wide, producing 9 million tonnes of milk annually (FAO, 1990). Many of these milking goats are to be found in Africa, especially in the Arabic-speaking countries to the north, while, despite the presence of large numbers of goats in sub-saharan Africa, the practice of milking them is uncommon in the area. Malawi is a good example of this situation.

Estimates of the number of goats in Malawi very between 1.0m (Zerfas, 1990) and 1.6m (Malawi Govt, 1988) and yet, with the exception of a few localised sites, these goats are not milked. There does not appear to be any custom or taboo prohibiting the drinking of goats milk (Chimwaza, 1982) and in a recent survey Banda (1992) showed that goats milk was acceptable to many people and was, indeed, preferred to that of the cow or the sheep.

The aim of the project reported here was therefore to examine the potential of the indigenous Malawi goat as a milk producer, when managed under a system as similar to that practiced in the villages as possible, and in particular to answer the following questions:

- (i) How much milk, per day and per lactation, is one doe capable of producing when milked once a day?
- (ii) What effect does the removal of this milk have on the survival and growth rate of the goat kids?
- (iii) Is it possible, by supplementing 'bush' grazing with maize bran to increase milk yields economically?

### MATERIALS AND METHODS

This trial was undertaken at Bunda College of Agriculture, University of Malawi, during 1991-92. In order to mimic traditional management as far as possible animals grazed unimproved grassland as their main forage source but during the dry season they had access to maize stover in fields and to tobacco gardens. Animals were brought in from grazing before dusk and turned out immediately after milking each morning. Housing was constructed of blue-gum poles and chain-link fencing under a galvanised-iron roof. Individual pens were approximately  $4m \times 4m$  and each housed 10-14 does and their kids. Water was available in the pens over-night. Half of the animals involved (n = 40) were offered a supplementary feed of one double handful  $(250\pm10g)$  of maize bran daily, fed in the pen each morning before turnout. Half of the animals were also milked, once daily in the morning. These animals were removed from their kids each evening at housing and penned separately. The following morning each doe was hand milked before being rejoined with her kid(s) for the day's grazing. Milking began  $25\pm3$  days after kidding and usually continued until yield fell below 50 ml/day for 3 consecutive days. Does which lost their kid(s) were removed from the trial. Thus the effective trial design was a  $2 \times 2$  factorial with two levels of supplementation and two levels of milking.

Animals were blocked by week of kidding, beginning on 1 July, 1991 and allocated to treatment within block, according to litter size. Milking continued until September 1992 and a total of 50 lactations were

recorded. Milk yield for each doe was measured daily and all oestruses and matings recorded. Does and kids were weighed regularly and all mortalities were noted.

# **RESULTS**

#### REPRODUCTION

Kiddings in this herd took place in most months of the year. Combined data for the two-year period up to September 1992 are given in Table 1. Overall kidding rate was 142 live births/100 does kidding. There was no relationship between doe liveweight at kidding and numbers born, the overall correlation being 0.1.

Kid mortality averaged 33.5% of live births. Few triplets were born but mortality was high, at 58.3%. For singles and twins it was 30.4% and 35% respectively.

The majority of deaths took place within the first 30 days after birth, that is, before hand milking had begun, and were spread throughout the year with no significant time-of-year effect. Treatment of dam had no effect on kid mortality. Numbers dying were 33 from milked does vs 43 from unmilked and 33 from supplemented does vs 42 for unsupplemented.

In the does, post-partum anoestrus was very variable, ranging from 22 to 214 days. There was a trend for longer anoestrus in milked goats (110±57 days) than in unmilked (80±52 days) but the differences were not significant. There was also a tendency for does kidding in the dry season to have longer anoestrus than those kidding in the rains. Level of supplementation had no effect on anoestrus period.

#### MILK PRODUCTION

Milk production was extremely variable with yields ranging from 1.5 to 61 litres. Does producing these very low yields generally produced very little each day, often less than 50 ml, so that effectively they never reached the bottom yield limit and the decision was taken to stop milking them. Lactation length was thus also extremely variable, ranging from 13 days for the very low yielders to 252 days for the better animals. Lactation details are given in Tables 2 and 3 and illustrated in Figure 1.

Patterns of lactation were not different between treatments with peak yield from supplemented animals reaching 270±99ml at 26 days from commencement of milking (range 140-500ml) while equivalent figures for unsupplemented does were 259±99ml at 19 days (range 80-450ml).

Milk yields overall were not significantly affected by treatment although supplemented animals produced more than controls. Supplemented does milked for longer than unsupplemented animals ( $147\pm54$  days vs  $117\pm47$  days) and this difference was responsible for much of the lactation yield increase. Month-of-kidding effect was also insignificant until February/March. For those animals kidding late lactation was largely after the end of the rainy season. Supplementation of these animals led to higher yields and greater persistency with the supplemented animals producing significantly more milk ( $17.7\pm0.71$  vs  $9.1\pm1.51$ , p<0.05). There were no significant relationships between doe liveweight at kidding and subsequent milk yield. The correlation coefficients were 0.42 for supplemented animals and 0.33 for controls. The overall linear regression equation was y = -18+571w ( $R^2 = 10.6\%$ ).

#### **KID GROWTH**

Treatment of does had no effect on kid performance. As has been already noted, mortality rates were not affected. The liveweights of kids, by age and treatment, are given in Table 4. The kids from supplemented does were consistently heavier than those of unsupplemented animals and those from unmilked animals heavier than those from milked ones but none of these differences was significant.

#### **DISCUSSION**

The performance of goats in this trial was similar in all respects to that reported elsewhere. In terms of reproduction, overall kidding rate was higher than the 109% reported by Reynolds (1979) and the 103% of Karua (1988). Kid growth rates, thought somewhat disappointing, were in line with the 42g/day reported by Zerfas and Stotz (1987) and the 47g/day of Karua, despite the amounts of milk removed. The quality of milk from the Malawi goat is high. Banda (1992) reports an analysis of 5.3% Protein, 6.7% Butterfat and 4.7% Lactose, figures similar to those found in the W. African Dwarf goat (Akinsonyu et al., 1977) and the S African Boer (Raats et al., 1983) but significantly higher than those of 'Exotic' milking goats. 200ml of this milk would thus provide 10.5g high quality protein, 13.5g fat and 250mg calcium. Such amounts would go a long way towards improving the diet of children drinking this milk and the nutritive value would not be impaired by the boiling which would be necessary before it was used. [It should, however, be noted that the overall mineral composition of goats' milk is such that it is unsuitable for children below one year of age.]

#### **CONCLUSIONS**

#### It is concluded that:

- (i) While yields vary considerably it is possible, with minor modifications to traditional husbandry practices, and at little cost, to produce usable mounts of milk from the indigenous Malawi goat
- (ii) Removing this milk does not have any adverse effects on the doe or her offspring
- (iii) The milk so obtained is capable of contributing significantly to the diets of children under 5 in the households in which the goats are kept

#### **ACKNOWLEDGEMENTS**

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TABLE 1
KIDDINGS BY MONTH

	Month	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Total	
	Single	9	14	4	2	11	2	8	13	9	-	-	20		92
Litter size:	Twin	10	13	1	4	4	1	6	3	3			12		
	Triplet	1				1		1				1			12
Does kidd	ing	20	27	5	6	16	3	15	16	12		1	32		
Kids born	alive	32	40	6	10	22	4	23	19	15		3	44		

TABLE 2
MEAM MILK YIELD DATA (1)

		Supplement $(n = 20)$	Control $(n = 20)$
Yield by month	August	$31.6 \pm 17.5$	$21.2 \pm 13.6$
of kidding	September	$17.7 \pm 12.0$	$15.6 \pm 10.9$
	February/March	$17.7 \pm 7.5$	9.1 <u>+</u>
Yield by lactation	Weeks 1-10	$13.4 \pm 5.0$	11.1 ±
period	Weeks 1-20	19.4 ± 9.4	14.5 ±
	Overall	21.2 ± 13.2	$15.0 \pm 11.0$
Mean lactation length (days)		$119 \pm 54$ (to < $50$ ml/day)	90 <u>±</u> 47

TABLE 3
MEAN WEEKLY YIELD BY MONTH OF KIDDING (ml)

SUPPLEMENTED

# UNSUPPLEMENTED

WEEK	AUGUST	SEPTEMBER	FEBRUARY/MARCH	AUGUST	SEPTEMBER	FEBRUARY/MARCH
	1406 ± 264	1564 ± 539	1502 ± 497	1586 ± 562	1393 ± 562	1312 ± 581
2	1148 ± 162	1619 ± 528	$1276 \pm 483$	$1394 \pm 484$	$1158 \pm 381$	$1298 \pm 484$
3	$1250 \pm 111$	1727 ± 629	$1538 \pm 390$	$1472 \pm 484$	$1109 \pm 361$	$1251 \pm 580$
4	$1338 \pm 155$	1572 ± 511	1526 ± 401	$1551 \pm 618$	$1200 \pm 519$	$1192 \pm 620$
5	$1274 \pm 54$	$1543 \pm 587$	$1491 \pm 415$	$1417 \pm 361$	$1313 \pm 719$	$1118 \pm 680$
6	$1397 \pm 267$	$1465 \pm 566$	$1500 \pm 462$	$1309 \pm 584$	$1360 \pm 619$	$996 \pm 432$
7	$1407 \pm 470$	$1474 \pm 654$	$1157 \pm 378$	$1735 \pm 645$	$1213 \pm 486$	$867 \pm 601$
8	$1377 \pm 459$	$1387 \pm 752$	$1065 \pm 300$	$1643 \pm 516$	$1144 \pm 422$	$782 \pm 431$
9	$1425 \pm 487$	$1351 \pm 573$	$1137 \pm 362$	$1376 \pm 468$	$1189 \pm 540$	$698 \pm 540$
10	$1425 \pm 487$	$1466 \pm 684$	$1122 \pm 338$	$1548 \pm 642$	$1108 \pm 497$	$533 \pm 179$
11	$1387 \pm 502$	$1307 \pm 650$	1066 ± 329	$1418 \pm 642$	$895 \pm 350$	$411 \pm 276$
12	$1262 \pm 588$	$1302 \pm 707$	$1135 \pm 284$	$1550 \pm 731$	$849 \pm 441$	
13	$1227 \pm 581$	$1226 \pm 781$	950 ± 225	$1213 \pm 559$	$896 \pm 375$	
14	$1252 \pm 616$	$1176 \pm 807$	876 ± 249	$1152 \pm 618$	$829 \pm 320$	
15	$1189 \pm 617$	$1123 \pm 847$	944 ± 146	1111 ± 667	$690 \pm 173$	
16	$980 \pm 546$	$1177 \pm 863$	805 ± 157	1244 ± 461	$549 \pm 225$	
17	$832 \pm 501$	$1010 \pm 720$		$985 \pm 523$	$499 \pm 265$	
18	$760 \pm 302$	$1045 \pm 764$		951 ± 315	$546 \pm 195$	
19	601 ± 193	$932 \pm 588$		775 ± 293	$688 \pm 140$	
20	$664 \pm 201$	542 ± 576		$739 \pm 285$	$517 \pm 24$	

WEIGHTS OF KIDS BORN IN YEAR 1991-92 BY AGE AND TREATMENT GROUP (KG +SE)

TABLE 4

# TREATMENT

	NON M	IILKED	MILKED	
	AGE (WKS) NON SUPPLEM	MENT SUPPLEMENT	NON SUPPLEMENT	SUPPLEMENT
Birth	$1.88 \pm 0.125$	$1.88 \pm 0.08$	$.78 \pm 0.07$	$2.00 \pm 0.11$
4	$3.00 \pm 0.102$	$3.14 \pm 0.09$	$3.06 \pm 0.03$	$3.18 \pm 0.24$
8	$3.42 \pm 0.46$	3.60 ± 0.19	3.17 ± 0.11	$3.59 \pm 0.20$
12	$4.17 \pm 0.36$	$4.50 \pm 0.79$	$3.96 \pm 0.18$	$4.32 \pm 0.29$
16	$4.83 \pm 0.22$	$5.19 \pm 0.65$	$4.55 \pm 0.27$	$5.05 \pm 0.29$
20	$5.58 \pm 0.46$	$5.88 \pm 0.59$	5.25 ± 0.37	5.73 ± 0.36
24	$6.25 \pm 0.76$	$6.56 \pm 0.58$	$5.88 \pm 0.52$	$6.39 \pm 0.42$
28	$7.25 \pm 0.87$	$7.63 \pm 0.55$	$6.75 \pm 0.66$	$7.33 \pm 0.60$
52	$14.00 \pm 1.73$	13.67 ± 3.76	13.25 ± 1.03	$15.67 \pm 0.88$

FIGURE 1

MEAN MILK YIELD PER WEEKBY MONTH OF KIDDING (dl)

August b. September c. February/March

