

# INTERACTION BETWEEN FASCIOLOSIS AND NUTRITION IN GROWING RUMINANTS



Project jointly funded by DFID Livestock Production and Animal Health Programmes Final Technical Report ZC-0008 May 2000

# CENTRE FOR TROPICAL VETERINARY MEDICINE UNIVERSITY OF EDINBURGH

# AGRICULTURAL RESEARCH STATION – PAKHIRBAS, DHANKUTA, NEPAL

# ANIMAL HEALTH DIVISION, TRIPURESWOR, KATHMANDU, NEPAL

# INTERACTION BETWEEN FASCIOLOSIS AND NUTRITION IN GROWING RUMINANTS

(To reduce production losses and increase profits to livestock producers in high potential farming systems by sustainable and environmentally acceptable improvements in performance and productivity of domestic ruminants, including draught animals)

Leslie JS Harrison

# FINAL TECHNICAL REPORT

May 2000

Centre for Tropical Veterinary Medicine Department of Tropical Animal Health University of Edinburgh, Easter Bush, Roslin, Midlothian, Scotland, UK, EH25 9RG



Livestock Production Programme Animal Health Programme Project ZC0008

# **EXECUTIVE SUMMARY**

Fasciolosis is a major disease of domestic ruminants in much of the tropics, in particular areas such as Nepal, where the climate and farming practices favour the survival of the snail intermediate hosts. The trematodes *Fasciola gigantica* and *F. hepatica* (at higher altitudes) cause fasciolosis, although the latter parasite is more common in temperate areas.

This study addressed the hypothesis that modifications to animal feedmanagement can ameliorate the production losses (as determined by relative survival, weight gain, condition score and carcass quality) caused by fasciolosis in young stock, irrespective of the degree of drug intervention. Baseline parameters were gathered at CTVM, where chronic fasciolosis infections were set up in sheep, maintained on diets differing in their protein and nitrogen content. Field experiments in Nepal, employed young goats and buffaloes, infected with *Fasciola gigantica*. Food intake, weight changes and clinico-pathological parameters were monitored sequentially, and the data used to determine the relative benefits of nutrition as opposed to disease control through drug treatment.

The experiment conducted on sheep at CTVM indicated that for *F. gigantica* infected sheep a dietary protein content of c14% seemed optimal and that a proportion of the dietary nitrogen could be derived from urea without detrimental effect. Experiments conducted in goats and buffaloes in Nepal, quantified the benefits of diet supplementation and indicated that feeding tree fodder had not only cost advantages but also had a detriment effect on fluke survival.

The main direct conclusions from the experiments and financial analyses, conducted during this project lead to the following points being incorporated into integrated control recommendations for immediate dissemination to Nepalese farmers:

- Aim to feed a diet containing up to 14% protein. To help achieve this level of protein feed supplement the basic diet with either tree fodder or feed concentrate or urea/molasses blocks as available.
- Tree fodder has added advantages as a supplement: it is nutritious, can be grown and harvested on farm and it reduces the severity of fasciolosis.

Where feasible, the control of fasciolosis through strategic and symptomatic drug treatment is still a recommended option for any integrated control programme. Other alternatives such as feeding the top (non-infective) halves of rice straw as fodder immediately after harvest, followed later by the bottom parts of the rice straw are also of potential benefit. This project has also resulted in some findings, which should now be tested on-farm or in on-station research projects.

In the short term, adoption of the project recommendations should be of immediate and practical help to Nepalese farmers and these have been incorporated into the agricultural dissemination of information mechanisms currently in operation in Nepal.

**Front cover**: A housewife carrying tree fodder for her animals in the Eastern Hills of Nepal. **Cover Photograph by**: Mr DB Subba, Agricultural Research Station – Pakhribas.

# BACKGROUND

### The importance of the researchable constraint

Fasciolosis exerts a profound effect on body weight, milk yield and composition and on fertility in cattle sheep, goats and buffaloes. For example in Nepal estimated meat loss, through reduced body weight, in buffaloes is 14.5 million US\$ annually (at 18500 metric tonnes c20% of production) and in goats, (at 4220 metric tonnes c12% of production [Mahato, 1993]). Fasciolosis is well recognised by farmers and this is reflected in drug sales, where affordable. The extent and implications of human infections, has only recently started to become fully appreciated, for example in the villages of the Bolivian Altiplano over 80% of children are infected.

# Summary of previous research

Fasciolosis is a disease of domestic ruminants caused, primarily, by infection with the digenean trematodes, Fasciola gigantica and Fasciola hepatica. It is indisputably a cause of serious production losses to cattle, buffalo, sheep and goat producers particularly in areas where conditions favour the survival of the snail intermediate hosts. Such areas include the high potential production systems found in South and Southeast Asia, in particular the ecosystems found in rice producing paddy fields, where conditions are ideal for the survival of the aquatic snails which act as intermediate hosts for F. gigantica. Various factors in this area act as an impediment to the design of appropriate, practical and economically assessed, control measures. For example, the interrelationships between environment, parasite and hosts are only beginning to be understood and in these areas fasiolicides are often not affordable (Roberts and Suhardono, 1995). Food conversion and thus efficient use of animal food resources is additionally compromised by this disease and further exacerbated in many areas, where the ruminants are undoubtedly maintained on a poor plane of nutrition. Cost effective and appropriate control methods for these trematodes would be of considerable developmental benefit, enhancing productive capacity. Control measures must be appropriate to the production systems found in the tropics, otherwise the intended beneficiaries simply will not use them. In designing appropriate control strategies therefore, a holistic approach is justified.

Productivity losses due to fasciolosis are incurred through a combination of factors, either through death of stock or reductions in wool and milk quality, growth rate and reproductive capacity and finally carcass quality and liver condemnations. Crop production can also be affected in areas where domestic livestock play an important role for example in ploughing, transport and fertilisation of pastures. Relatively little quantitative data is, however, available on the economic losses caused by either clinical or sub-clinical fasciolosis, although indications are that the losses are considerable. Young stock are known to be particularly vulnerable to Thus quantified information on the interaction between helminthic infection. fasciolosis and nutrition is vital to allow informed decisions to be made on sustainable and cost effective strategies and determining a sensible balance between, disease control (through drug treatment) and feeding in livestock management. Recently, the world-wide awareness of the problems caused by fasciolosis has increased, especially the realisation of the probable extent and impact fasciolosis has on the human population (Maurice, 1994).

Clearly many factors interact to produce the disease syndromes associated with fasciolosis. Anorexia (Symons, 1985) is a well-documented example and is considered an important source of production losses in parasitised animals. Intake does not appear to be depressed in prepatent, chronic infections but it is in sub-acute and acute infections of sheep. This is true either in growing lambs (Hawkins and Morris, 1978; Sykes et al. 1980), pregnant ewes (Sinclair, 1972) and adult wethers (Sykes et al 1980). However, it is associated with patent infections, increasing in severity as the infection progresses. Interestingly, reports vary on the relationship between the degree of anorexia and the adult fluke burden. It has been reported that intake can be reduced by as few as 38 flukes (Duwel et al. 1972) but most studies suggest that the threshold is higher. Hawkins and Morris (1978) failed to demonstrate anorexia in infections of 117 flukes derived from a single infection of sheep, but trickle infections produced intake reductions of 15% with fluke burdens ranging from 87 to 233 (Sykes et al 1980). In another study the anorexia, which developed 7-12 weeks post infection in animals with 200 flukes was reduced to a greater extent in animals maintained on a high protein diet 13% (crude protein {CP}) as opposed to a low protein (6% CP) diet (Berry and Dargie, 1976). Ferre et al (1994) also reported anorexia in trickle infected sheep from which 12 to 26 flukes were recovered from the bile ducts. Again the onset of anorexia coincided with fluke migration into the bile ducts, leading the authors to suspect that liver damage was a contributory factor. However, liver damage per se may well not be the only cause and an association between anorexia and the haematophagic activities of the adult flukes, deterioration in haematological and other blood indices are considered also to contribute (Berry and Dargie, 1976, Dargie et al 1979). Information in cattle is scanty but minimal reductions were reported in cattle with approximately 54 flukes and a 5-10% reduction in cattle with approximately 140 flukes (Hope et al, 1977).

Whatever the reasons for the anorexia and the associated reduction in weight gains, three main points are clear. First anorexia and hence production losses due to fasciolosis appears to be modified by protein supplementation. Secondly, there is remarkably little quantitative information in the literature regarding the interaction between fasciolosis and nutrition. Clearly this is of importance in areas, such as the tropics, where the animals are most probably on a poor plane of nutrition in the first place. Thirdly, the limited number experiments that have been carried out were conducted using F. hepatica in sheep and cattle. Quantitative information on this subject in F. gigantica infected animals is therefore lacking, as is any information on goats and buffaloes, two important domestic ruminants in the tropics. Neither is there any information available to indicate whether, in fasciolosis, it is the protein supplementation *per* se or whether it is nitrogen supplementation that is of most Interesting results have been reported on the use of urea importance. supplementation in gastro-intestinal nematode infected sheep as a means of increasing sheep productivity and reducing nematode egg burdens. Notably, a similar study in goats was not effective unless the goats were also supplemented with cotton seed meal. (Knox and Steel, 1995). Thus although cheaper food supplementation alternatives are available, they require to be tested on a species to species basis and compared with other locally available and cheap protein supplements. Certainly the pattern found in gastro-intestinal infections of sheep indicate that protein supplementation can significantly reduce production losses (Coop and Holmes, 1995). Similar quantified information for F. gigantica infections would be of value in preparing economic assessments of proposed control measures. These include forecasting systems also recently studied in an ODA funded project 'An investigation of the feasibility of using forecast models for the control of fasciolosis in the tropics', (R5886CB - Hughes, Harrison & Sewell). The recommendations of that studies are currently being used as a basis for a full project proposal to ODA entitled 'Predictive models and information systems for the control of fasciolosis in the tropics - Harrison)'.

CTVM staff have expertise in three relevant areas firstly, animal nutrition and the assessment of production parameters, secondly maintenance of Fasciola spp life cycles and thirdly, monitoring the clinical consequences of infection. The latter two activities at CTVM are funded through ODA project R5579 (Harrison 'Pathogenesis and Epidemiology of Fasciolosis'). Staff, in target countries, contribute their knowledge and access to the target farms and smallholdings, the ability to conduct local animal experimentation. Therefore the work described in this current application project forms a logical extension of several different ODA funded projects described above and below. In addition, ACIAR have supported several very relevant projects on fasciolosis in Indonesia. Much of this latter on-going work was described in an ACIAR Symposium on Fasciolosis held in Indonesia in May 1995. Recently Mahato (1993) working in collaboration with CTVM, completed an extensive British Council and PAC funded epidemiological study in Eastern Nepal, which produced valuable information on the transmission characteristics of fasciolosis in all the major agro-ecological zones. Rice fields were identified as the main habitats of lymnaeid snail vector and contaminated rice straw was implicated as a major source of infection (Mahato, 1995). Comparative pathogenesis studies indicated, for the first time, the extreme susceptibility of buffaloes to infection, as compared to cattle, sheep and goats (Mahato 1993). The nutritional status of animals is clearly liable to impinge on their ability to perform tasks such as ploughing, which is essential for crop production or draught animal work, essential to transport goods. These factors have been studied in detail in ODA funded project R5918 (Feeding and management of draught animals - Dr RA Pearson). Part of that work was conducted in Nepal. However, the health of the animal is also an important factor (Pearson, 1989) and, as pointed out above, fasciolosis is a major source of ill health in domestic animals, including buffaloes. It is very important and useful that an ODA funded study on feed crop utilisation has recently been conducted in Nepal (R6319 -Strategies for the allocation of seasonally varying feed resources to optimise livestock productivity). The data is still being analysed but early indications are that the study will yield valuable information on the current practices employed by Nepalese smallholder farmers in the feed supplementation of their domestic livestock feed (Thorne pers. comm., 1995). The information gathered from the project will be utilised in the present work.

Thus, a considerable body of background information has been gathered through DFID funded projects. Excellent contacts exist with Nepal. Thus Nepal, which includes the relevant agro-ecological zones, was an obvious study site for this project. Equally, information gathered as a result of the study would be readily applicable to the other areas of South and South-East Asia, including Indonesia.

#### How the demand for this project was identified

The Governments of countries, such as Nepal (Nepalese Agricultural Research Council and the Policy Committee of the ODA funded Pakhribas Agricultural Centre) and the Indonesian Government (ACIAR fasciolosis project at Balitvet, Bogor, West Java Australian) place a high priority on fasciolosis. There is, however, still a dearth of quantitative information about the effects of fasciolosis, particularly *F. gigantica*, fasciolosis in the published literature. This fact was emphasised at the recent ACIAR Symposium on fasciolosis held in Indonesia and at a conference on 'Novel Approaches to the Control of Helminth Parasites of Livestock held in Australia in April 1995. Farmers often cannot afford expensive drugs to treat their animals even if they are available locally. However, a more economic and feasible management strategy may be to supplement the diet of the animals with locally available feeds to improve their nutritional status.

# References

Berry CI and Dargie J D (1976). Vet. Parasit. 2, 317-332.: Coop B and Holmes (1995). Proceedings Novel Approaches to the Control of Helminth Parasites of Livestock, Armidale 18-21 April 1995. ; Dargie JD et al (1979). Re. Vet. Sci. 26, 289-295. : Duwel DS et al (1972). Parasitologica, 14, 35-44.: Ferre I et al (1994). Veterianry Parasitology, 55, 71-79.; Hope CMJ (1977) Production effects of liver fluke in cattle. British Vet. J. 133, 145-159. : Hawkins CD and Morris RS (1978) Vet. Parasit. 4, 341-352.: Knox MR and Steel JW (1995) Proceedings Novel Approaches to the Control of Helminth Parasites of Livestock, Armidale 18-21 April 1995. : Mahato, S.N. (1993). PhD Thesis Edinburgh University. : Mahato SN (1995). Proceedings Novel Approaches to the Control of Helminth Parasites of Livestock, Armidale 18-21 April 1995. : Maurice J (1994) New Scientist, March 1994 26-31. : Pearson RA (1989). Trop. Anim. Hlth. Prod, 21, 273-276. : Roberts And Suhardono (1995). Proceedings Novel Approaches to the Control of Helminth Parasites of Livestock, Armidale 18-21 April 1995. : Sinclair KB (1972). Brit. Vet J., 128, 249-259. Sykes et al (1980). Res. Vet. Sci., 28, 63-70. : Symons LEA, (1985). Advances in Parasitology, 24, 103-133.

# **PROJECT PURPOSE**

The purpose of this project was to promote rational decisions over economically sound disease management policy. This was to be achieved by quantifying the effects on productivity, as determined by survival, weight gain condition scoring and carcass quality, of the interaction between fasciolosis and nutrition, particularly in young stock and to determine and quantify the effect on productivity of applying drug treatment.

Thus the project was designed to provide quantitative data on the relative benefits of drug treatment as opposed to feed supplementation, which will assist in the design of appropriate and cost effective control strategies including recommendations for better management. The information gained will complement data gathered from other sources particularly studies on feed resource utilisation in Nepal (ODA R6319) This project has already indicated the types of feed supplementation available to farmers. The data gathered will allow recommendations to be prepared and be ready for trial within 5 years. While initial trials should logically be conducted in Nepal, but will be applicable to other similar agro-ecological zones.

# **RESEARCH ACTIVITIES**

The hypothesis: That modifications to animal feed-management can ameliorate the production losses caused by fasciolosis.

**1. INTRODUCTION:** To be acceptable by small scale farmers any feeding strategy to ameliorate the effects of fasciolosis on productivity of ruminants in small scale farming needs to be cheap, make use of local resources and not be too labour intensive. Feed supplementation with high levels of concentrate is expensive and not necessarily affordable by all farmers. In the first experiment, under controlled conditions at CTVM, the aim is to:-a) Quantify the effect of protein supplementation in ameliorating the negative effects of fasciolosis.

b) Determine whether the form in which the supplementation is provided is important ie nonprotein nitrogen, rumen degradable protein or rumen undegradable protein (bypass protein). In the second experiment at PAC other practical methods of feed management will be tested alongside supplementation, based on the recommendations by Mahato, (1993 PhD Thesis, University of Edinburgh). These include feeding of rice straw tops, and reduced grazing on stubble. Local protein sources, identified from the project R6319 (P. Thorne - Strategies for allocation of seasonally varying feed resources to optimise livestock productivity) and molasses urea blocks will be included in the study. The exact supplements will obviously depend on the outcome of the first experiment. Finally in the third experiment preliminary on-farm trials of the most satisfactory feeding strategy will be undertaken with participating farmers over a nine month period. Sheep were selected for study at CTVM in order to make a comparison with earlier related work, while buffaloes and goats are selected for comparative study at PAC.

#### 2. STATION-BASED EXPERIMENTAL ACTIVITIES

**Ex ante-analysis**: This will be done by gathering data in Nepal during the first year of the project . The data will be used to estimate the costs to Nepalese farmers of the supplementation methods, the cost of fasciola treatment, and estimate of the value of the stock. Full use will be made of data gathered in earlier studies by Mahato (1995). This information can then be used as a baseline to determine whether or not, the various suggested management changes, are likely to be cost effective. This current study will estimate the likely improvements in productivity and allow us to determine whether the likely benefits are more or less that the cost of the intervention.

# **2.1 Experiment 1 CTVM: To determine the response of experimentally infected ruminants to dietary nitrogen content.** (Hypothesis: *The amount and source of dietary nitrogen can influence the progress of the infection, inappetence and rate of growth.*)

Lambs will be maintained in individual pens in an experimental unit. All will be fed the same diet before the start of the experiment to ensure standardisation of gut-fill at onset (e.g. 11 MJME/kg dry matter [DM], 180g CP/kg DM). Animals will be ranked according to live weight before being allocated to treatment groups, balanced for live weight. Once entered into the experiment, the lambs will be given one of six different diets; a pelleted diet (11 MJME /kg DM) of low, medium or high crude protein (CP) content (probably soya) ie 70, 120 and 180g/kg body weight, or medium CP (120g/kg) using bypass protein (protected soya) or medium (1.5%) or high (3.0%) urea supplement (UN). The high UN and CP diets will be formulated to be isonitrogenous as will the medium UN and CP diets. Between 150-200g of hay will be fed to each animal daily to ensure rumination is maintained. Diets will be formulated and made up by the Scottish Agricultural College. The diets will be carefully designed to mirror the energy and protein levels used by farmers in tropical countries (Nepal). Research has indicated that it will be possible to construct pelleted diets that fall within the required criteria without the risk of causing undue hardship/distress to the sheep. Feed will be offered ad libitum. Animals will receive the diet for one month during which food intake will be monitored, before two thirds of the lambs will be experimentally infected with fasciolosis at a dose rate of infective metacercariae designed to produced a chronic infection. Approximately 12 weeks post infection (or two weeks following patency), half of the infected group will be treated with triclabenzidole, a flukicidal drug. The uninfected control animals in each group will be left alone. Food intake growth rate and plasma parameters will continue to be monitored for a further 4-6 weeks at which time the animals will be sacrificed. The study will be conducted as an open ended sequential trial, aiming for a minimum group size of six per treatment. Production parameters will be assessed by survival, weight gain, condition, dressed out weights and carcass quality. This experiment was modified so that there were four dietary groups half the animals in each group were infected with F. gigiantica. The details are available in appendix 1. In addition due to problems with supply of metacercariae, (the parasite supply system which had operated in CTVM since its inception, completely collapsed) there was a longer lead in time to the experiment than originally planned, material having to be brought in from Nepal.

# **2.2 Experiments 2a and b NEPAL: Testing of feed management techniques to reduce production losses due to fasciolosis in buffalo and goats.** (Hypothesis: Modification of feed strategies can influence the interaction between fasciolosis inappetence and rate of growth).

The exact treatments incorporated in this study will depend on the outcome of experiment 1. The findings of R6319 will be used to identify appropriate supplements and feeding practices to ensure that treatments reflect practices that are socially and economically acceptable to small scale farmers. To this end staff at CTVM will collaborate informally with staff at PAC and NRI. Farmers will also be consulted during identification of the on-farm sites for the third experiment so that their opinions can be taken into consideration. The nutritional treatments and feed management techniques under test will probably include; nitrogen supplementation of rice straw diets (urea blocks, local protein supplement i.e. tree fodder), feeding the tops of the rice straw only and rice bran/ maize meal concentrate. Labour inputs and costs of the different management schemes will also be determined along with the production and health parameters. The study will be conducted as an open ended sequential trial, aiming for a minimum group size of six per treatment.

**2.3 Monitoring:** Unless otherwise stated, monitoring for station-based experiments will commence at least two weeks before the animals are entered into the experimental procedure. Animals will be monitored daily in order to determine food intake and their general condition. Blood and faecal samples will be obtained on a weekly basis. Haematological analysis included (total rbc, wbc, pcv, Hb, differential cell counts including eosinophils) and to obtain serum samples for serological (antigen and antibody detection ELISA) and biochemical analysis (GGT, GLDH, Glucose,  $\beta$ -hydroxybutyrate, ureanitrogen), Faecal samples will be used to obtain egg counts or retained frozen for use in immunologically based diagnostic assays for parasite antigen. The animals will be weighed weekly. Feed analysis - feeds will be analysed for the following; nitrogen content, neutral detergent fibre, acid detergent fibre and organic matter.

**2.4** *Post-mortem* examination: At the end of the experimental period, the animals will be weighed again before being humanely killed. Their carcasses will then be dressed out and the dressed out carcass weight determined, along with that of the liver. Standard *post-mortem* examination will then proceed with tissue samples being retained for histology or immuno-histochemistry, as appropriate.

# **3.** FIELD BASED EXPERIMENT - Experiment **3** (Pilot Experiment On Farm – this study was not conducted due to time constraints)

Naturally infected young animals (goats and buffaloes) will be selected and categorised according to their condition. Groups will either receive a food supplement or be left to feed normally. Selected groups will be treated with anthelminthics in the middle of the monitoring period. On farm monitoring of feed intake and feeding strategies will be based on already proven techniques used at PAC and in R6319.

**4. STATISTICAL AND OTHER ANALYSIS, AND DATA PRESENTATION TECHNIQUES:** Open ended sequential studies will be analysed following described procedures. Data will be analysed using computer statistics programs such as Statgraphics or Mini-Tab. Data will first be checked for normality and then analysed either by analysis of variance (parametric) or Kruskal-Wallis and Mann Whitney/Wilcoxon rank sum test (non-parametric). Data will be processed using appropriate spreadsheet programmes such as Lotus 1.2.3 or Excell and presented using a suitable word processor (Word for Windows) and graphic programmes (Slidewrite or Harvard Graphics).

**5. WORKSHOP:** The one day workshop took place in Kathmandu in the last year of the project. It waas decided that this was a more convenient location than PAC. Stakeholders were invited and the details of the meeting can be seen in Appendix 1.

**6. ECONOMIC ASSESSMENT:** This assessment was carried out on the data accrued from the above to determine the relative benefits of nutrition as opposed to disease control and whether this seems like an economically viable proposal for South and South East Asia.

**7. REPORTING:** The reporting procedures outlined in the project documents were followed. The report will include recommendations for feed management strategies based on the results accrued from the above studies and suggestions on how these could be quickly applied to other similar production systems in South and South East Asia. Promotional pathways for the recommendations will be identified and included in the report.

**8. TRAINING :** Due to various contraints the training programme was not as extensive as originally planned. However, on UK MSc student and three UK (Johns Moores University) undegraduate students carried out project work and training on the project.

**9. PROJECT PROPOSALS FOR PHASE 2:** This project was considered phase 1 of a possible series of studies. Thus depending on the results obtained, a project proposal for future funding would be formulated and submitted to an appropriate grant awarding body for their approval. Initial studies were designed to quantify the relative production losses, a further phase of the project, which was envisaged, is to then go on to address the question as to how this mechanism operated by studying the amino acid availability in the small intestine and uptake across the gut wall. In the event various recommendations were made at the Project workshop and these may form the basis of future applications (see appendix 1)

# OUTPUTS

These outputs from the project are detailed in appendix 1

• The research results and products achieved by the project.

# Quantitative data on the effectiveness of different feeding strategies in ameliorating the negative effects of fasciolosis on animal productivity specifically survival, weight gain, condition and carcass quality; Sheep Experiment

Chronic Fasciola gigantica infections were established in lambs maintained on diets differing in their protein and nitrogen content. The course of the disease and their production parameters were compared with that of similarly maintained uninfected controls. Parasitological, haematological, serological, biochemical and post-mortem data all indicated light F. gigantica infections, were successfully established in the experimentally infected sheep. Nutritional and production parameters indicated little difference in the growth rates of infected and control sheep maintained on medium (14%) protein diets and that a proportion of the dietary nitrogen (2.4%) could be derived from urea without detrimental effect on production parameters. In contrast infected sheep maintained on either high (>19%) or low (7%) protein diets did not grow as well as their respective controls and the former group displayed a degree of inappetance. It is therefore suggested that a diet containing approximately 14% protein may help alleviate the negative production effects often associated with fasciolosis. This level is close to that generally recommended for ruminant diets but since many ruminants in Nepal are maintained on diets of a lower protein content, feed supplementation to increase the overall protein content of the diet may be a suitable option. Similarly diets with too high a protein content (>19%) should be avoided in areas endemic for fasciolosis.

Information on the effects of strategic anthelminthic treatment in conjunction with the above will determine the relative benefit of each and the level and rate of recovery which can be anticipated on each feed management treatment. Economic assessment of the relative benefits of modifications in feeding strategy, with or without disease control can be made by analysis of the above data sets;

Advice for the target beneficiaries on the most cost effective means of rearing young stock in areas where fasciolosis is endemic.

# **Goat Experiment**

Groups of 10 goats were maintained either on basal diet or basal diet supplemented with concentrate, tree fodder or urea molases blocks. Following F. gigantica infection one of the two groups fed a basal diet was drug treated to kill the parasites. The following conclusions were made from this comparison of diet versus drug treatment

- The growth performance of goats belonging to the concentrate fed group was highest followed by the fodder and urea molasses block group in comparison to the control and treatment groups
- The dressing out percentage of goats belonging to concentrate group was also higher followed by the fodder, treatment, urea molasses block and control groups respectively.

- Liver fluke recovery was higher in the goats belonging to the Concentrate group followed by Urea molasses block group, Control group and Fodder groups. However, the condition of liver was fine, without prominent damage in the supplement groups in comparison to control group. This suggests that the goats supplemented with extra nutrition on top of their daily diet are capable of tolerating ill effects of flukes than the non-supplement goats
- The low liver fluke recovery from the Fodder group suggests that tree fodders are capable of reducing establishment of flukes. Animals in this group had least liver pathology.
- Above results indicate that the tree fodder supplement along with basal diet would be the best strategy to ameliorate the losses caused by fasciolosis in goats.
- In the Nepalese context, tree fodders are available and affordable by the farmers in comparison to broad-spectrum anthelmintic, concentrate feed and urea molasses block, and therefore, this technology would probably be an alternative for combating fasciolosis.

# **Buffalo Experiment**

A feeding trial of UMB (Urea molasses block), Tree fodder (@3% live wt), Concentrate (@1% live wt) and a Control (local feeding practice) fitted in a completely randomised experimental design was conducted for 1 year in 5 equal groups of 40 growing local buffalo calves experimentally infected with metacercariae. One group was maintained on the diet similar to the control group, was treated with Fasinex (@24mg/kg live wt) at 20 WPI (weeks post infection). The animals were routinely monitored for any changes in the haemato-biochemical values including the activities of the serum enzymes GGT ( $\gamma$ -glutamyl transpeptidase) and GLDH (Glutamate dehydrogenase), faecal fasciola egg counts and the live weight gains. At 37 WPI, the animals were slaughtered and the carcasses were evaluated. The benefits of the feed supplements were compared with the anthelmintics and the most cost-effective method of managing fasciolosis locally has been identified.

The results showed that the supplementation of concentrate feed daily at the rate of 1% per kg body weight is the best among other treatments in terms of the production yield i.e. live weight gain and carcass weight. However, considering the cost effectiveness and technology adoption risks, feeding of tree leaves at 3% live weight would be most appropriate for consideration. The efficiency of feed conversion can further be improved, if the animals are prevented from eating fasciola infected forages.

# **Financial Analysis**

Spreadsheet financila analysis was carried out as examples of the simple financial models, which can be produced to help identify the most cost-effective way of controlling fasciolosis within a location or on a farm. Issues such as availability and efficacy of the drugs for treatment and the range and availability of feed supplements that the farmers have access to also enter into the scenario. The choice of drug made by a farmer will usually have more to do with availability and cost than efficacy.

Feeds available as supplements will also change during the season. Few farmers may purchase commercial concentrates for goats, but may buy some by-product concentrates such as brewers residue and mustard seed cake (Gatenby *et al.*, 1990). The majority of concentrates fed, such as maize flour, rice bran and vegetable waste are likely to come from farmers' own. Likewise farmers are more likely to collect their own fodder rather than purchase it at present, although shortages of tree fodder in some areas may mean that this becomes a tradable commodity in the future.

Because prices do not remain stable, and resources vary, so options change for farmers . Hence it is important in decision making to make use of financial models when planning and determining which strategies are currently economically attractive to farmers. The above simple models illustrate what can be done.

# **Overalll conclusions**

The main direct conclusions from the experiments and financial analyses, conducted during this project lead to the following points being incorporated into integrated control recommendations for immediate dissemination to Nepalese farmers:

- Aim to feed a diet containing up to 14% protein. To help achieve this level of protein feed supplement the basic diet with either tree fodder or feed concentrate or urea/molasses blocks as available.
- Tree fodder has added advantages as a supplement: it is nutritious, can be grown and harvested on farm and it reduces the severity of fasciolosis.

Where feasible, the control of fasciolosis through strategic and symptomatic drug treatment is still a recommended option for any integrated control programme. Other alternatives such as feeding the top (non-infective) halves of rice straw as fodder immediately after harvest, followed later by the bottom parts of the rice straw are also of potential benefit. This project has also resulted in some findings, which should now be tested on-farm or in on-station research projects.

# Reports and scientific publications for use by livestock specialists in the tropics;

The conclusions of the project workshop have been published and are being circulated to stakeholders. Copies are available on request. (See Appendix 1)

# One young scientist and two technicians trained in relevant techniques;

Several PAC station staff were trained, in addition to one UK MSc student and three UK undergraduate students (John Moore's University, Liverpool)

# Depending on the conclusions reached by the study, a project proposal for further work will be prepared.

Several recommendations for further research projects, field studies and immediate dissemination activities were made during the project workshop. An immediate suggestion is to continue and complete Experiment 3 (see below), which was not carried out. IT would be appropriate to submit some of these as concept notes in the next DFID call (September 2000).

# • Were all the anticipated outputs achieved and if not what were the reasons?

Most of the project outputs were achieved apart from the field study (Experiment 3) which was not attempted because of lack of time. The project experienced some time slippage. Various factors were involved:

Changes in the management of the now ARS-PAC station from DFID to NARC Problems with obtaining a supply of parasites from the field in Nepal and the change in management and subsequent shut down of parasite production at CTVM

Various unavoidable logistic problems at CTVM

# **CONTRIBUTION OF OUTPUTS**

#### DFID's developmental goals.

The suggestions for immediate dissemination if taken up by the target beneficiaries will improve the health and nutritional status of ruminants and hence lead to improved productivity

# The identified promotion pathways to target institutions and beneficiaries.

Nepalese Government staff identify the promotion pathways (see appendix 2 of the attached workshop report)

Follow up action/research is necessary to promote the findings of the work to achieve their development benefit?

# **Publications**

a.

The papers presented in the workshop proceedings will form the basis of four publications to refereed scientific journals and one review article on fasciolosis will be submitted to Parasitology Today. Articles for popular journals will also be prepared. Paper titles

- 1. The response of *Fasciola gigantica* infected sheep to dietary nitrogen Harrison et al.
- 2. The interaction between *Fasciola gigantica* infection and different levels of nutrition in Nepalese hills goats, Pakrin et al
- 3. The interaction between *Fasciola gigantica* and nutrition in growing buffaloes. Subba et al
- 4. A financial assessment of strategies to manage fasciolosis in goats in Eastern Nepal. Pearson et al.

# *Plans for further dissemination, as appropriate. Development of a message:* What further market studies need to be done?

Dissemination of information on a wider basis is underway but uptake of information studies require to be conducted on follow-up – possibly these could be funded by HARP.

# b. How the outputs will be made available to intended users?

Information for immediate dissemination has been identified and will be incorporated into the existing dissemination mechanisms operating in Nepal.

# c. What further stages will be needed to develop, test and establish manufacture of a product?

Some of the workshop suggestions will be tested during extension studies and if appropriate the conclusions and recommendations will be given to target beneficiaries.

# d. How and by whom, will the further stages be carried out and paid for?

The information for immediate dissemination is being paid for partly by the Nepalese Government and partly by the project 'Delivering information on fasciolosis and affordable food supplements to improve the health and productivity of domestic ruminants in Nepal'. This project was funded by DFID Animal Health and Animal Production Programmes.

The suggestions for extension studies will be financed partly by the Nepalese Government and possibly the HARP Programme The projects for future research would be suitable for funding by a number of grant awarding bodies including DFID.

# **INVENTORY CONTROL FORM**

# NRIL Contract Number: ZC0008 DFID Contract Number: R6608 Project Title: Interaction between fasciolosis and nutrition in growing ruminants Project Leader: Dr LJS Harrison and Dr RA Pearson

[List all single equipment items with a purchase value higher than £500 and items with a purchase value lower than £500 but deemed to be of an attractive nature (i.e. cameras, motorcycles, etc.) purchased during the quarter.]

Please fill in ALL the information requested in the table below for each item

Item	Make and Model	Serial No.	Date received	Purchase price	Location		Disposal	
						То	Date	Authorise d
Weigh Scale			1996	£1500	PAC	PAC	2000	Yes

The weigh scales should be left at PAC.

# APPENDIX

# TQ,

# FINAL TECHNICAL REPORT

# **FASCIOLOSIS 2000-NEPAL**

Proceedings of the Workshop on

# Strategies for Feed Management in Areas Endemic for Fasciolosis

5th March 2000. Blue Star Hotel, Kathmandu, Nepal-

#### organised by

Antmal Health Division, Tripureswor, Kathmandu, Agricultural Research Station-Pakhribas, Dhankuta and Centre for Tropical Veterinary Medičine, Edinburgh

Editors

Dr. S.N. Mahato Dr. I.J.S. Harrison, Dr. S.C. Ghumire

# Type setting

Mrs. Vishnu Devi Paudyal

# Publisher

Animal Health Division, Department of Livestock Services, Ministry of Agriculture, His Majesty's Government, Veterinary Complex, Tripureswor, Kathmandu, Nepal, Post Box No.- 20815, Phone : +977-1-261569, Fax: +977-1-261521, E-mail: ahd@healthnet.org np

&.

Ĉentre for Tropical Veterinary Medicine, The **University of** Edinburgh, Easter Bush Roşlin, Midlothian, EH25 **9RG**, Scotland UK Telephone: +44 (0) 131 650 1000, Fax: +44 (0) 131 445 5099, http://www.vet.ed.ac.uk/ctvm

Publishers and editors of the proceedings bear no responsibility for, not are in any way committed to, the views and recommendations expressed herein. While the work was funded by the Department of International Development (DFID), Government of UK, the views expressed are not necessarily that of the DFID

# CONTENTS

Contents Abstract Photograph of participants Idenification of participants Programme	1 2 3 4 5
Inaugural Session	
Welcome address by Dr. K.R. Regmi Inaugural speech by the Chief Guest, Dr. S.K Shrestha Short address by Dr. J.B. Abington Short address by Dr. N.P. Shrestha Short address by Dr. L.J.S. Harrison Chairman's remarks by Dr. P. Sapkota	6 7 8 9 10 11
Technical Session	
Overview of fasciolosis - an economically important disease of livestock in Nepal: <i>S.N. Mahato</i> , L.J.S. Harrison and . J.A. Hammond Control of fasciolosis in stallfed buffaloes by managing the feeding of rice-straw: <i>S,N. Mahato</i> The response of <i>Fasciola gigantica</i> infected sheep to dietary nitrogen: <i>L.J.S. Harrison</i> and R A. Pearson The interaction between <i>Fasciola gigantica</i> infection and different levels of nutrition in Nepalese hill goats: <i>B. Pakhrin</i> , K. Rai, S.N. Mahato, L.J.S. Harrison and R.A. Pearson The interaction between <i>Fasciola gigantica</i> infection and nutrition in growing: buffaloes: <i>D.B. Subba</i> , S.N. Mahato, L.J.S. Harrison and R.A. Pearson A financial assessment of strategies to manage fasciolosis in goats in Eastern Nepal:	<ol> <li>13</li> <li>17</li> <li>21</li> <li>27</li> <li>32</li> <li>12</li> </ol>
R.A. Pearson and P. Holloway	42
Messages for immediate dissemination to Nepalese Farmers and dissemination pathways	47
Further extension and development of findings Priorities for further research (adaptive and / or strategic)	48 50
Appendices	
<ul> <li>Appendix 1: List of participants and contact addresses</li> <li>Appendix 2: Dissemination of information and uptake pathways currently operating in the animal health sector of Nepal by S.N. Mahato and S.C. Ghimire</li> <li>Appendix 3: Dissemination of information - TV, Radio, Press off-cuts, Press release</li> </ul>	51 55 57

#### ABSTRACT

This workshop on strategies for feed management in areas endemic for fasciolosis was an opportunity for a wide range of interested parties (stakeholders) to meet and discuss various issues relevant to fasciolosis control Fasciolosis is recognised as a major constraint to animal in Nepal. production and health in Nepal. The conclusions of the workshop were divided into three areas. Firstly those control messages that could be disseminated immediately to farmers in Nepal, secondly studies and activities that would be suitable for the attention of extension workers and lastly, the identification of areas that require further research. Through the mechanism of this workshop, practical information on fasciolosis control will now be channelled to farmers using the existing dissemination pathways within the Ministry of Agriculture, HM Government of Nepal. It is also worth emphasising that the findings and recommendations of this workshop are also relevant to other areas of South and South East Asia. The agro-ecological zones and the rice production systems are similar to those found in Nepal and favour Fasciola spp. transmission.



PHOTOGRAPH OF THE PARTICIPANTS



1	Dr B Sharma
2.	Dr SK Singh
3	Dr [ Sherehand
4.	Dr NP Shrestha
\$	Dr P Napkota
ĥ,	Mr HR Shrestha
7	Dr KR Regmi
8.	Dr DR Retain
9.	Dr MN Lohani
10	the PP Manual
$\square$	Mr NK Nhakya
锥	Mr SB Panday
13	In SM Amatya
1-1	fbr NP Chimire
15	Dr R Yndav
16	Miss S Mahato
17,	Mrs M Rai

18	Mis Y'Basnet
19	Dr IP Dhakal
20	Dr H Parajulu
21	Dr R. Gupta
22	Mas S Whythe
23	Or BAP Skeha
24	Or NEI Raywar
25	Dr IN Ra
26	Dr D Khudka
27	Dr Y Yuday
28	Mr K, Rati
29	Mr MN Mattatu
30	Dr RP Genetice
31	Dr R Jha
32	Miss S Mahato
33	Mrs VD Pandyal
34	Dr & Bhaitara:

35 Mr J M Thake 36 Dr SN Mahalu 37 Dr RM Shrestha 38 Dr A Prasham 39 IN RP That or 10 Mr & Chhetn 41 Dr P Pathak 42 Mr & Penday 43 Dr Slavsi Sharma-44, Mr HB Rana 45 Dr TP Press 46 Dr NPS Karkt 47 Dr SC Ghamme 48 Mr RC Khanal 49 Mr Sandcep Molestor 50 Mt KP Bhanderi 51 Mr P Mandal

52. Mr AS Rmjii
53. Er HR Tbaps
54. Mr JP Rajacharya
56. Dr SR Newparte
58. Dr BR Jawhi
59. Mt & Paudej
60. Mr CR Upreh
61. Mr DB Sahba
63. Dr &C Dakurs
63. Dr B Pakheta
64. Dr RA Pearsea
65. Mr RP Grapta
66. Dr LJS Harrisôn'
57. Dr P Kushwaha

#### PROGRAMME

#### Fasciolosis 2000 - Nepal Strategies for Feed Management in Areas Endemic for Fasciolosis Workshop, 5th March, 2000 Vishaka Hall, Bluestar Hotel, Kathmandu

#### 9:00 - 12:40 MORNING SESSION

#### 9:00 - 9:30 REGISTRATION TEA/COFFEE

#### 9:30 - 10:30 INAUGURAL SESSION (CHAIRMAN, DR P SAPKOTA)

Welcome Address and objectives of the meeting by Dr KR Regmi, Station Chief ARS-P Inauguration by Chief Guest, Dr SK Shrestha, Joint Secretary, Ministry of Agriculture Short address by Mr JB Abington, Director, HARP Short address by Dr NP Shrestha, Director, Livesctock and Fisheries Research, NARC Short address by Dr LJS Harrison, CTVM Closing remarks by Dr P Sapkota, Director General, Department of Livestock Services

#### 10:30 - 11:00 Tea/Coffee

#### 11:00 - 12:30 TECHNICAL SESSION (CHAIRMAN, DR NPS KARKI)

Overview of Fasciolosis - an economically important disease of livestock in Nepal (Dr SN Mahato)

Feeding strategies for stallfed buffaloes (Dr SN Mahato)

Response of *Fasciola sp.* infected sheep to dietary nitrogen (Dr LJS Harrison, CTVM) Locally derived feed management techniques compared to drug treatment in *Fasciola sp.* infected:

I. Goats (Dr B Pakhrin)

II. Buffalo (Mr DB Subba)

Model for economic analysis of fasciolosis (Dr RA Pearson, CTVM) Chairman closes session

#### 12:30 - 1:30 Lunch

#### 1:30 - 4:30 AFTERNOON DISCUSSION SESSION (CHAIRMAN, DR NP SHRESTHA)

Outline of afternoon activities (Dr SN Mahato) Chairmen and rapporteurs gather each of the discussion groups Group discussions and preparation of recommendations (50 mins)

#### **2:30 - 3:00** Tea - RAPPORTEURS PREPARE PRESENTATIONS

Presentation 1 - Identification of messages for immediate dissemination and dissemination pathways
 Presentation 2 - Further extension and development of findings
 Presentation 3 - Priorities for further research (adaptive and/or strategic)

#### **3:50 - 4:30** FINAL DISCUSSIONS WITH NOTES TAKEN BY THE APPOINTED RAPPORTEURS

#### 4:30 VOTE OF THANKS (DR KR REGMI, ARS-P)

CHAIRMAN'S REMARKS AND CLOSE OF MEETING

#### WELCOME ADDRESS

by

#### Dr K R Regmi

#### Station Chief, Agricultural Research Station, Pakhribas

Respected Chairman The Chief Guest Director, HARP Distinguished ladies and gentlemen.

On behalf of the organising committee of the workshop Fasciolosis 2000 Nepal, I would like to welcome you all in this meeting. This workshop in jointly organised by ARSP, AHD and CTVM.

In 1996 the Agricultural Research Station, Pakhribas and the Centre for Tropical Veterinary Medicine, Edinburgh were successful in obtaining funds from the British Government Department for International Development (DFID) to undertake a collaborative project on 'the interaction of fasciolosis and nutrition in growing ruminants'. The DFID Animal Health and the Livestock Production Programmes jointly funded the project.

The two Institutions have collaborated for over 15 years on various livestock management and health projects, several funded by ODA (now DFID), and have a good record in working together.

The project addressed the disease fasciolosis, which causes serious production losses, particularly in areas which favours survival of the snail intermediate host. Drug treatment is not always immediately available or affordable for small-scale farmers and so alternative means to control the disease are needed. The project has investigated whether food supplementation using locally available feeds could be an option in alleviating the effects of the disease in growing ruminants.

Experiments were carried out by scientists at the ARS-Pakhribas on goats and buffaloes and at the Centre for Tropical Veterinary Medicine in Edinburgh on sheep. The conclusions from these experiments are summarised at the workshop. A student from Edinburgh University studying for his MSc in Tropical Animal Health and Production undertook a small economic analysis of the data from the goat study which is also reported.

The aims of the workshop are to bring together 'stakeholders', i.e. those people who are directly interested in the disease in livestock to discuss the project findings and how best they, and other information about fasciolosis control can be disseminated in Nepal. Future activities related to delivery of the extension messages on fasciolosis, further researchable problems caused by the disease and appropriate and affordable control will also be identified.

I would like to welcome you in this workshop once again and wish you all a successful meeting.

Thank you

#### INAUGURAL SPEECH BY THE CHIEF GUEST

(Transcribed from video footage - parts missing)

#### Dr S K Shrestha,

#### Joint Secretary, Ministry of Agriculture, His Majesty Government of Nepal

Today we are considering a very important subject. Fasciolosis is a very common and important disease in Nepal. Calculations of the economic losses caused by fasciolosis indicate its tremendous importance, primarily due to the fact that it seriously affects animal productivity and reproductive performance. Fasciolosis is one of the diseases which Nepalese farmers can easily recognise and diagnose. The fact that the disease has local names in Nepal is an indication of the awareness amongst farmers of its importance. Fasciolosis is called '*Namle*' and in some places is also known as '*Mate*' because infected animals often start licking soil due to nutritional problems and mineral deficiency. This habit is taken as an indicator of infection by farmers and that their animals are suffering from fasciolosis and may die very soon, if not treated. Thus farmers have a very definite concept of the importance of fasciolosis.

Because of the recognised importance of fasciolosis, studies have been carried out on its control at the Agricultural Research Station - Pakhribas (now part of NARC) in collaboration with the University of Edinburgh, Centre for Tropical Veterinary Medicine. The work was financially supported by the Animal Health and Animal Production Programmes of the UK Government, Department for International Development (DFID). I would like to congratulate both the research organisations and the scientists who have been involved in the project. I would also like to thank DFID for its financial support, which allowed the research into this economically important and well-recognised disease to be conducted.

As I understand it, the research project investigated alternative means of controlling fasciolosis through feed management and supplementation in comparison to the more conventional drug treatment strategies. Drugs certainly are a good means of controlling fasciolosis but in rural areas sometimes the appropriate drugs are not available and they may be prohibitively expensive for some farmers. There is also some risk that if the same drugs are used for a very long time that problems with drug resistance may be encountered. It is therefore valuable to look at alternative control methods to ensure that the disease is controlled or its effects reduced in the most cost effective and efficient way.

This workshop aims to disseminate the findings of the scientist to the stakeholders. I think this is a very good way of doing things. There is no point in carrying out research work, spending money and time if the findings are not being taken up by farmers. I can confidently say, that we have carried out useful research into fasciolosis with many organizations. Today, with the participation of the stakeholders, scientist, farmers and funding agencies, we are trying to disseminate the messages that firstly, fasciolosis is very important disease both in terms of economic impact and losses in animal productivity and secondly that there are means available to help control the disease, which can be used by Nepalese farmers.

I would like to thank all the participants for their interest in attending this meeting and wish the workshop every success.

#### SHORT ADDRESS

(Transcribed from video footage - part missing in the middle)

By

### Mr J B Abington

#### Director, Hill Agriculture Research Programme (HARP), Lalitpur

Guests, Collegues, Ladies and Gentlemen.

Thank you for providing me with this opportunity to say a few words at the inaugural session of this workshop. I plan to take this opportunity to consider three main points:

Firstly how to channel the results of research work to farmers, secondly how to proceed in defining researchable problems and finally to consider the implications of the competitive nature of HARP funding.

As the Hill and Agricultural Research Programme targets the hills, I am not so familiar with Terai Agriculture. Most farming households in hills maintain at least one buffalo and if not, they keep goats. The Agricultural Prospective Plan gives high priority to the development of livestock and livestock products within hill farming systems.

This is an important workshop addressing a very important topic (fasciolosis). I've watched research into fasciolosis progress for the last ten years and seen much of the background research which has been conducted on this disease. The work has been carried out to a very high standard. What I now consider important is exactly what this workshop is beginning to address. That is, how to gather the most relevant research results and disseminate them to farmers in the field. The present project (interaction between fasciolosis and nutrition in growing ruminants) has been very appropriate in that it has looked at sustainable, locally available, alternative means of control of a disease in comparison to its treatment with drugs or other such expensive means of control.

Ought we not look at the methods that farmers themselves can use: I underline the words strategies for field management because I consider that to be important. It is not just an academic exercise, it is something that the farmers themselves can do and hopefully, will be able to adopt.

#### Missing section:

It is important that when new projects are to be submitted to DFID for consideration for funding that the initiative comes from Nepal. In the HARP it is your ideas which are important, ideas which CTVM, or whatever institutes you are collaborating with, can help you to develop. These institutes can collaborate with you in areas where perhaps the necessary facilities or technologies are not available in Nepal. The first essential is to examine all the problems exhaustively and then set priorities on these problems. At first there may be a huge lists of 20 to 30 problems. We all know these problems exist. Having identified these problems, it is important to priorities them and reduce them down to 2 or 3 main and clear problems. The reason is that if you simply come up with a list of many problems then it is very difficult for others to decide on the most important problems.

So I wish you every success in to-days presentation. I am looking forward to hearing the technical presentations and I wish you every success for today's workshop.

Thank you once again for giving me this opportunity to say few words.

#### SHORT ADDRESS

By

#### Dr NP Shrestha

#### Director of Livestock and Fisheries Research, NARC, Khumaltar.

Mr Chairman, DG, DLS, Chief Guest, Joint secretary, MOA, HARP, Director, Dr. Mahato, Dr. Harison, Dr. Peerson and distinguished ladies and gentlmen

I express my sincere thanks to the organisers of this workshop on 'Fasciolosis 2000 - Nepal. Strategies for feed management in areas endemic for fasciolosis'. I am very pleased to note that the workshop is jointly organised by the Agricultural Research Station-Pakhribas (ARS-P), the Animal Health Division (AHD), Tripureswor and the Centre for Tropical Veterinary Medicine (CTVM), Scotland, UK. It is highly encouraging to hear that ARS-P and CTVM have successfully collaborated for the last 15 years on various livestock management and animal health projects. I hope such collaborations between partners such as Nepal Agricultural Research Council (NARC), the Department of Livestock Services (DLS) and International Institutions such as the UK Department for International Development (DFID) and CTVM should continue in addressing their common goals to solve farmers burning problems and needs.

The Agricultural Perspective Plan (APP) and the 9th five year plan have placed a very high priority on increasing the productivity of livestock and poultry, particularly in the milk, meat, animal fibre and egg production sectors. The APP visualizes an increase in the contribution of the livestock sector from 31% to 46% of the National Agricultural Gross Domestic Production in the next twenty years. Animal health problems are reported to cause heavy losses to livestock production. Fasciolosis alone causes heavy milk and meat production losses in Nepal.

A sustainable increase in agricultural production is a justifiable goal for the future. Improvements in the socio-economic status of people in developing countries will undoubtedly be associated with a rise in demand for good quality food stuffs including food of animal origin. The general rise in the world population increases demand for animal products thus placing pressure on natural resources. Increased productivity may be encouraged by the relative efficiency of market led, and sustainable integration of crop and livestock production systems.

Our NARC stations and research divisions located at Pakhribas, Lumle, Tarahara, Khumaltar and Tripureswor need to work further in close collaboration with DLS, and other concerned institutes both national and international. The aim is to identify farmers' problems and constraints on various livestock management and animal health problems, to develop cost-effective and sustainable technologies. Since the problem of fasciolosis has regional commonalities, the outcomes from these types of collaborative work will be highly fruitful to the farming communities of, not only Nepal, but also to areas of South and South East Asia which have similar agro-ecological zones.

I think that it is high time for crop and animal scientists to work together in developing viable croplivestock production systems that will be economically sound, culturally acceptable, socially just and environmentally friendly. I wish the workshop a great success and hope that the workshop will come up with solid recommendations of regional and national importance.

Thank you all for your patience and active participation.

#### SHORT ADDRESS

#### By

#### Dr Leslie JS Harrison

University of Edinburgh, Department of Tropical Animal Health, Centre for tropical Veterinary Medicine, Easter Bush, Roslin, Midlothian, Scotland, UK

Ladies and gentlemen, on my behalf and that of my colleague, Dr Anne Pearson I would like to say how pleased we are to be able to come to Kathmandu and participate in this workshop 'Fasciolosis' 2000 - Nepal Strategies for feed management in areas endemic for fasciolosis'.

Fasciolosis in an important disease in much of the tropics, in particular in areas such as Nepal, where the climate and farming practices favour the survival of the snail intermediate hosts. For this reason, much emphasis has been placed on fasciolosis research at the Centre for Tropical Veterinary Medicine (CTVM) and our collaboration with the Agricultural Research Station - Pakhribas has been in place for many years. My main interest has been on the study of the disease and its impact on sheep, goats and buffaloes, work which was carried out partly in collaboration with Dr SN Mahato. Another main research interest at CTVM is animal nutrition and productivity and it is in these areas that Dr Pearson specialises. The project we are reporting today has therefore been an interesting opportunity for Dr Pearson and myself to collaborate with our colleagues here in Nepal in an investigation which examined the interaction between the disease (fasciolosis) and the nutrition of growing ruminants.

This workshop is an excellent opportunity to be able to discuss the research finding with the participants and to consider these in conjunction with other means of controlling fasciolosis in Nepal. Since the production systems here in Nepal are similar to those found in other parts of South and South East Asia, the findings should also be of relevance to these other countries. I am hopeful that the workshop will result in a series of recommendations which can be applied on three levels. Firstly, information which can be immediately disseminated to farmers, secondly subjects which will be suitable for further extension studies and finally identification of areas requiring further scientific investigation.

I would like to take this opportunity to thank all our colleagues here in Nepal, the staff at the CTVM and students from John Moores University Liverpool who all contributed to the success of the project. I am looking forward to this opportunity to hear the workshop's opinions on fasciolosis control in Nepal. Thank you for your attention and I wish the workshop every success.



# Standard Barby Charles and States and a

CHAIRMAN'S REMARKS

spress my sugge gratitude and dianas to the man. angertungs to chart the mangural sussion of the worksher a

The great and the state in and the state of ese approprinte and its contrabilion to Director General, Department of Livestock Services mod and the opension of the bound is or, ional aconomy. This is well a cognized in the Agricultural Perspective Flan 1 / me e. development of the livestock sector will be one of the major tools in source por the of jurge anney Menal However, there we warious factors s one of the tasciolosis 

# यस समारोहका प्रमुख अतिथीज्यू,

ns मङ्जयमा जिपस्थित विशिष्ठ व्यक्तित्वहरू, sons have by the way and sign

महिला तथा 'सज्ज्ञ द्रवृत्द । दार्टी २ किंग्लन २ २ २ २ २ १० २ १० ११ १० १

ि सर्वप्रथम मलाई यस गाम्ले प्रभावित क्षित्रम पेशुं आहारा व्यवस्थापन गोष्ठिको उद्धाटन ाः समारोहको सभापतिको ओसन ग्रहण भने र मन्तव्य व्यक्त गर्ने सुअवसर प्रदान गरिएकोमा ाः आयोजकः प्रति आभार भ्रव्यक्तं गर्दे धन्यवीदं ज्ञापन् गर्ने चाहन्छु ।

कृषि प्रधान मुलुक नेपालमा कृषिको अभिन्न अङ्गको रुपमा रही आएको पशुपालन व्यवसायले कृषकदेखि राष्ट्रिय स्तरमा प-याउँदै आएको महत्वपूर्ण योगदान सर्वविदितै छ । राष्ट्रिय प्रशुधनको ्रा, संरक्षण, सम्वर्धन र, प्रवर्धन गर्द समयोचित विकृास र उपयोग गर्न सकेको खण्डमा हाल भैरहेको कृषिजन्य कुल उत्पादनको ३१% को योगदानलाई अभिवृद्धि गरी ४४% सम्म पुराउन सकिने विशाल सम्भावनालाई यसै एक मात्र पशु, पालन क्षेत्रको अंगालेको, क्रुरालाई वीस वर्षे दीर्घकालिन कृषि विकास योजनाले परिलक्षित गरिसकेको छ ।

यसरी कृपकदेखि साष्ट्रिय स्तेरसम्मको विग्रंदो आर्थिक स्थितिमा संकारात्मक संधार ल्याई नीरपेक्ष गरिवीको रेखामुनी वाचन वाद्य भएका तमाम गरीब नेपालीहरुको समेत महारमा उज्यालो ल्याउन सबने वरदानको रूपमा सिद्ध अएको पशुपालत व्यवशायका सामू विद्यमान चुनौतिहरु मध्ये नास्ले रोगको स्थान अग्र पङतीमा पर्ने गर्दछ ।

नाम्ले रोंगको बाह्रै महिना भैरहने प्रकोपको कारण एकतिर होम्रो देशमा बर्षेनी अरबौंको क्षति हुने गरको छ भने अर्कोतर्फ स्तरीय भेटेरिनरी सेवा सर्वसुलभ हुन नसक्नु परम्परागत निर्बाहमुखी <sup>ा</sup>प्रणालीको पशु पॉलने प्रणाली हुनु, गरिवी र अशिक्षाको कारण पशु स्वास्थ्यको क्षेत्रमा पर्याप्त जनचेतना भैं नसकन, कृषकहरुले आफुखुसी जथाभावि औषधि प्रयोग गर्नु आदि विविध कारणले गर्दा नाम्ले रोग नियन्त्रण गर्न भए गरेका सरकारी प्रयासका वावजुद पनि यो रोगको खासै नियन्त्रण हुन संकिरहेको छैन वर्ष नाम्ले रोगको उपचार गर्ने नाममा कृषकहरूले थप आर्थिक मारमा पूर्न परिरहेको छ ।

मुलुकको यस्तो अवस्थामा भूगु आहाराको उचित व्यवस्थापनद्वारा नाम्ले रोग नियन्त्रण गर्ने उद्देश्यले अभिप्रेरित भै आयोजित यस गोष्टिवाट नाम्ले रोग नियन्त्रणको लागि सिफारिस गरिने सुभगवहरु मुलुकको हितको लागि अत्यन्तै महत्वपुर्ण हुने आंसा एवं विश्वास लिएको छ । राष्ट्रिय एवं अन्तराष्ट्रिय क्षेत्रबाट नाम्ले रोगसंग सम्बद्ध सबै तहका Stakeholder हरुको सहभागितामा भैरहेको भ्यस गोष्टिकाः सुभावहरुको आवश्यक कार्यान्वयन गर्नेतर्फ कटिवद्ध रहेको सशु सेवा विभागको श्रतिवद्धता ः जाहेर*ा*र्वे ः गोष्ठिकोः ूपर्ण सफलताकोः कामनाः गर्दछु ा

धन्यवाद

<sup>1</sup> Centre for Trop \_\_\_\_\_\_ Edintaurgh, S. as

#### English synopsis of the Chairman's Remarks

I would like to express my sincere gratitude and thanks to the organizer for providing me the opportunity to chair the inaugural session of the workshop on "Strategies for feed management in areas endemic for fasciolosis".

Livestock is an integral part of Nepalese agriculture and its contribution to both the farming sector and the national economy is well recognized. Given the proper support, this sector has the potential to flourish and increase its contribution to the national economy. This is well recognized in the Agricultural Perspective Plan. Furthermore, development of the livestock sector will be one of the major tools in alleviating poverty of rural farmers in Nepal. However, there are various factors limiting livestock production and productivity in Nepal, and fasciolosis is one of the major constraints.

Fasciolosis in a widely distributed endemic disease in Nepal and causes an estimated annual loss of millions of rupees. Control efforts made by the government sector over the years have so far not been very effective in reducing the prevalence of the disease, and hence the economic losses. Subsistence farming systems poverty and illiteracy services for many rural people, are amongst the factors impeding successful disease control.

Within this background, the theme of this workshop on managing the disease by an alternative approach i.e. by feed management seems very appropriate. The recommendations made by the participants representing stakeholders, including national and internationals group and institutions will be highly valuable for future management of the disease in Nepal. I assure you that the Department of Livestock Services will be willing to incorporate into its programme any practical suggestions recommended by this workshop. I wish the workshop a grand success.

Thank you very much

# OVERVIEW OF FASCIOLOSIS-AN ECONOMICALLY IMPORTANT DISEASE OF LIVESTOCK IN NEPAL

# S. N. Mahato, L. J. S. Harrison<sup>1</sup> and J. A. Hammond<sup>1</sup>

Animal Health Division, Veterinary Complex, Tripureshor, Kathmandu, Nepal, Telephone: +977-1-261569, Fax: +977-1-261521, E-mail: ahd@.healthnet.org.np

# ABSTRACT

Fasciolosis is the most common animal disease and one of the important causes of deterioration in livestock productivity in Nepal. It is widespread throughout the country affecting all species of ruminants. Despite increased awareness of the disease and massive increase in the use of anthelmintics, there appears to be no impact on the prevalence of the disease in the last two decades. Failure to control the disease was mainly due to lack of information about its epidemiology in the country. In recent years, however, a substantial amount of information has become available to understand the environment-host-parasite interrelationships. Some control approaches based on these informations have been discussed in this paper.

# INTRODUCTION

There are about 6.3 million cattle, 3.0 million buffaloes, 5.4 million goats, 0.9 million sheep, 0.3 million pigs and 11.6 million chickens in Nepal (DFAMS, 1990). Cattle, buffaloes and goats are maintained by the most farm families. The rural household keeps on average 1.6 buffaloes, 3.8 cattle and 2.2. These figures indicate that Nepal has the highest livestock population per household and possibly per unit of cultivated area too. The demand for livestock products, however, is not being met by domestic production. DFAMS (1990) reported that food aid to Nepal in 1988 included 1700 tonnes of skimmed milk powder and 279 tonnes of butter oil. The export of livestock and livestock products (excluding woollen goods) in 1987-88 amounted to Rs.503 million, and the import of livestock and livestock products (excluding wooll amounted to Rs.549 million in the same year.

The failure of such a large population of animals to meet the nation's requirement is largely due to their poor productivity. Typically the lactation milk yields of cattle and buffaloes are 836 and 455 kg respectively, the growth rates of goats to one year of age is 31 g per day, and the egg production of chickens is 80 eggs per year (Gatenby *et al.*, 1990). There are various factors responsible for limiting livestock productivity, which need to be identified, analysed and resolved. There is no doubt, however, that poor health is one of the important factors that reduce the productivity of animals in Nepal.

<sup>&</sup>lt;sup>1</sup> Centre for Tropical Veterinary Medicine, University of Edinburgh, Easter Bush, Roslin, Midlothian, Edinburgh, Scotland, EH 25 9 RG

Among the diseases of ruminants, fasciolosis is probably the most common disease, and perhaps, one of the important causes of livestock deterioration in Nepal. The disease is widespread throughout the country affecting all species of ruminant livestock; including yaks and yakows of the Himalayas (Joshi and Tewari, 1975). The different local names of this disease, such as namle, mate, lew etc., in different regions, are proof of its continued existence for many years in the animal population of the country. In 1973, Singh et al. (1973) reported an infection rate of 50 to 90 percent in animals in areas below 1800 m and estimate an annual economic loss of Rs.200 million (US\$ 20 million) due to this disease alone. Recent studies have indicated a similar prevalence of the disease (Morel and Mahato, 1987; Joshi, 1988; Oli et al., 1989; Mahato 1993), but a higher estimate of the economic loss i.e. US\$ 37 million due to decreased buffalo milk and buffalo meat production only (Mahato, 1995). It appears therefore, that despite increased awareness of the disease and massive increase in the use of anthelmintics, there has been no control on the prevalence of the disease in the last two decades. In this paper, some important features of the epidemiological cycle of Fasciola spp. in eastern Nepal is briefly described, and its implications on the control of fasciolosis is discussed.

# CONDITIONS REQUIRED FOR THE ESTABLISHMENT OF *FASCIOLA* SPP. IN AN AREA

The life cycle of the parasite involves an alteration of generations and requires a suitable species of *Lymnaea* snail, as an intermediate host. Eggs passed out from the infected animals hatch and the resulting miracidia infect the molluscan host. Following asexual multiplication as sporocysts and rediae, cercariae are released and encyst as metacercariae on herbage. Encysted metacercariae are swallowed by the animal and the young flukes excyst in the gut and migrate through the gut wall and across the peritoneal cavity to penetrate the liver capsule. Then they migrate through the liver parenchyma for some weeks before entering the bile ducts where they mature.

The success of the life cycle depends on the development and hatching of eggs, infection of the snail host by a miracidium, development of larval stages within the vector, cercarial emission from the snail and formation of metacercariae on herbage, and finally establishment within the final host. Completion of such phases of cycle eventually depends on how successfully the parasite can overcome complex interactions continually present in the environment and host.

Thus, before there can be any possibility of the life cycle of *Fasciola* species occurring in any particular area the following conditions must be satisfied. There must be an initial presence of infected final hosts, the intermediate snail host must be present and there must be an opportunity for transmission of the parasite from the final host to the snail habitat and for its return.

# AVAILABLE MEASURES TO CONTROL FASCIOLOSIS

The methods to control fasciolosis generally include strategic application of anthelmintics to eliminate the parasite from the host at the most convenient time for effective prevention of pasture contamination, reduction of the number of intermediate host snails through drainage and other practices and reduction of the chances of infection by efficient farm and grazing management. In fact control of fasciolosis requires intervention in the labyrinth of relationships between the environment, ruminant hosts, snail hosts, the parasite life cycle, agricultural cycles and animal husbandry procedures. Therefore, good understanding of the environment-host-parasite interrelationships are essential for formulating the control measures suitable for an area.

# APPOACHES TO CONTROL FASCIOLOSIS IN NEPAL

In general, the interrelationships have not been adequately studied in Nepal, although a substantial amount of information is available for the eastern region as a result of the studies conducted by the Pakhribas Agricultural Centre (PAC), Dhankuta (Morel and Mahato, 1987, Mahato, 1993). In this region, the density of *Lymnaea* habitats and source of food and grazing site are the major determinants of the prevalence of fasciolosis, these in turn, are influenced by the season and the farming systems. Except in a few instances, there is no reason to suppose that the information available from the eastern Nepal does not apply to the other regions of the country.

From the epidemiological point of view, the pre-monsoon and the monsoon rains, together with rice cultivation practices are important factors that create numerous temporary *Lymnaea* habitats over a wide area and disperse the infected snails to these habitats. Both these factors prevent grazing of animals near the habitats during the mid and late monsoon thus preventing contamination with *Fasciola* eggs and also animal infection. However, after the monsoon when rice is harvested, the roadsides and rice-fields that are heavily contaminated with metacercariae are available for grazing. Keeping the animals away from these areas during the pre-monsoon and again after the monsoon until the end of the viable period of the metacercariae would e of great value in the control of fasciolosis. However, this might not be acceptable to farmers, as alternative forage resources are scarce during these periods.

Rice-straw, which is the principal food of large ruminants during the dry season (December-April) is another important source of *Fasciola* infection, especially in stall-fed animals. In eastern Nepal, where the relative humidity is generally above 60% during the winter, the metacercariae encysted on rice-straw remain infective until March; although, it was found that only the bottom portion of rice-straw contain *Fasciola* metacercariae (Mahato, 1995). These findings clearly indicate that managing the feeding of rice-straw could prevent fasciolosis in stall-fed animals. Although the most important advantage of this approach is that it does not require any external input, its application will require a considerable extension effort.

Attempting to control snails using molluscicides during the dry season would be of doubtful value due to the large number of permanent habitats, the great biotic potential and aestivating ability of the snails (Mahato *et al.*, 1995) and recurrent labour and equipment costs. Furthermore, chemical molluscicides may be toxic for mammals and their drainage into streams may kill fish and other aquatic fauna including frogs and insects. Planting certain tree spp., the leaves and seeds of which are molluscicidal such as *Eucalyptus* spp, *Sapindus emarginatus. Acacia concinna, Caesalpinia corearia* and *Embelica officinalis* etc. round the edges of habitats has been found as a potential method of vector snail control. It seems unlikely that farmers in the hills would plant trees around springs in their ricefields because of the adverse effects of shade on rice production. However, tree species with marked molluscicidal properties could be included in the present on going road-sides and canal bank plantation programme run by the Ministry of Forest in the Terai.

It has been observed that when infected with duck fluke larvae, snails are resistant to *Fasciola* infection. The introduction of large number of ducks into rice fields after harvest is a traditional practice in many south Asian countries. This practice help to reduce the number of snails, as these comprise a large proportion of the food eaten by the ducks and at the same time, contaminate the fields with eggs from the duck flukes. The larvae of these flukes subsequently infect some of the snails, preventing them from being infected with Fasciola larvae. This system could achieve a degree of biological control of fasciolosis in ruminants. Therefore, there is need to study the possibility of introducing ducks in rice growing areas of the country. This may help farmers to prevent losses resulting from fasciolosis and at the same time provide source of additional income from the sale of ducks.

Morel and Mahato (1987) and Mahato (1993) found that the bulk of the infection in snails is derived from fluke eggs deposited on the pasture during March-May and again in October and November. Thus there is a good case for administration of anthelmintics in February and again in late August to control the pasture contamination. However, this approach would only be effective if all stock including goats and sheep are treated with an efficient anthelmintic.

In Nepal, over 90 percent of the population depend largely on farming for their livelihood. Most of the Nepalese farmers are small holders and they keep animals mainly for converting low quality forage and crop by-products to milk and meat for their home consumption and manure and work power required for their subsistence farming. Huge quantity of anthelmintics required for the strategic dosing of all the ruminant animals (mass drenching) twice a year might not be affordable for the poor Nepalese farmers. It is likely, therefore, that small farmer may not adopt this approach unless there is a huge subsidy on the cost of anthelmintics by the government.

In this situation, alternative means to minimise the effect of the disease are needed for small-scale farmers. Experiments have shown that animals on lower protein diet lost weight more rapidly, developed anaemia and hypoalbuminaemia and died earlier than their better-fed counterparts. Possibly supplementation using locally available feeds could be an option in alleviating the effects of the disease in growing ruminants in Nepal.

# CONCLUSIONS

It can be concluded that, because of the great biotic potential of *Fasciola* spp. and their intermediate host snails, only the continuous and co-ordinated strategic application of the available measures based on the epidemiology can provide economic control of the disease.

# REFERENCES

- CBS (1993) Statistical Year Book of Nepal 1993.Central Bureau of Statistics, National Planning Commission Secretariat, HMG, Nepal
- DFAMS (1990) Agricultural Statistics of Nepal 1990.Department of Food and Agriculture Marketing Services, Ministry of Agriculture, His Majesty's Government of Nepal.
- Gatenby, R.M., Mahato, S.N. and Shrestha, N.P. (1992) Animal production in the hills of east Nepal: Potential for improvement. In: *Livestock Production* and Diseases in the Tropics, (Eds. H. Kuil, R.W. Paling and J.E. Huhn), pp. 246-248. International Agricultural Centre, Wageningen, the Netherlands.
- Joshi, B.R. (1988) Prevalence of fascioliasis (liver fluke) in cattle and buffaloes in the mid-western hills of Nepal. *Journal of Institute of Agriculture and Animal Science*, **9**: 111-114.
- Joshi, D.D. and Tewari, H.C. (1975) Some observations on incidence of fascioliasis in yak and hilly cattle. *Bulletin of Veterinary Science and Animal Husbandry, Nepal*, **4**: 1-3.
- Mahato, S.N. (1993) Epidemiology and pathogenesis of fasciolosis in eastern Nepal. PhD Thesis, University of Edinburgh
- Mahato, S.N. (1995) Controlling fasciolosis in stall-fed buffaloes in Nepal by managing the feeding of rice straw. Paper presented at the International Conference on Novel Approaches to the Control of Helminth Parasites of Livestock held at the University of New England, Armidale, Australia during 18-21 April 1995.
- Mahato, S.N., Hammond, J.A. and Harrison, L.J.S. (995) Laboratory based experiment on the ability of *Lymnaea auricularia* race *rufescens* and *Lymnaea viridis* to survive in drought conditions. *Veterinary Review*, 9(2) & 10(1):
- Morel, A.M. and Mahato, S.N. (1987) Epidemiology of fasciolosis in the Koshi hills of Nepal. *Tropical Animal Health and Production*, **19**:33-38
- Oli, K.P., Ratala, D.R. and Basnet, T.B. (1989) Initial endo-parasite surveillance in Naldung panchayat, Kavre district. *Veterinary Review*, **2**: 8.
- Singh, N.B., Basnyat, B.M. Eichenberger, G. and Bommeli, W. (1973) Report on Preparatory phase of Parasite Control Project. HMG/SATA, Kathmandu, Nepal.

# CONTROL OF FASCIOLOSIS IN STALL-FED BUFFALOES BY MANAGING THE FEEDING OF RICE-STRAW

# S. N. Mahato<sup>1</sup>

Agricultural Research Station-Pakhribas, Dhankuta, Nepal

# INTRODUCTION

There are about 3.4 million buffaloes in Nepal. Although they contribute the major proportion of the milk and meat produced in the country, their productivity is low. Among the various factors responsible for limiting the productivity, fasciolosis has been known to be the most important one. Based on reduced live weight gain and milk yield resulting from fasciolosis in buffaloes, Mahato (1993) estimated that there is an annual loss of NRs 1685 million or US\$ 33.7 million to the national economy. This estimate gives an indication of the enormity of the problem in Nepal when one compares this with the per capita gross domestic product of only US\$ 234 in 1997 when the total population was estimated to be 20.8 million (CBS, 1998).

The prevalence of fasciolosis in buffaloes varies between 50 to 90%. About 60% of buffaloes are kept stall-fed and surprisingly the prevalence is higher in the stall-fed than in the out grazed. A detailed study on the epidemiology of fasciolosis in eastern Nepal revealed that rice fields are the main habitats of lymnaeid snails (Mahato, 1993). As rice straw is the principal food of stall-fed buffaloes, this could easily be attributed to the higher prevalence of *Fasciola* infection.

Several workers (Abu and Shiramizu, 1985; Shiramizu and Abu, 1988) have reported the prolonged survival of *Fasciola gigantica* metacercariae encysted on the rice-straw. However, this survival appears to depend on temperature, relative humidity and the moisture content of the stored products. Kimura and Shimizu (1978) reported that metacercariae of *F. gigantica* can survive for up to 4 months on the rice straw kept in barns where the relative humidity is more than 60%. In the hills of western Nepal, Joshi (1986, 1989) found that *F. gigantica* metacercariae in the rice straw bundles, which were kept in an open place, remained infective at least for two months. These reports suggest that in eastern Nepal, where the relative humidity is generally above 60% during the winter, the metacercariae may remain infective for a considerable period of time. However, no experiment has been conducted to determine the duration of their viability. Therefore, recommendation for a safe period for rice-straw feeding could not be made.

<sup>&</sup>lt;sup>1</sup>Present address: Animal Health Division, Veterinary Complex, Tripureshwor, Kathmandu, Nepal Phone: +977-1-261569, Fax: +977-1-621521, E-mail: ahd@ahdpc.healthnet.org.np

Although encystment may occur on any object, cercariae of F. gigantica, in particular, encyst on fully submerged vegetation or herbage (Mahato, 1993). Dumag, Batalos, Escandor, Castillo and Gajudo (1976) reported that the cercariae of F. gigantica encysted on parts of plants at least about two centimetres below the water and that no metacercariae were found on parts of the plants above the water level. From these reports, a hypothesis can be generated that the top parts of rice-straw are free from the infective metacercariae. Therefore, a series of experiment was conducted with the following objectives:

- to verify whether the top parts of rice-straw are free from the infective metacercariae
- to determine the duration of infectivity of *F. gigantica* metacercariae on the rice-straw stored under local conditions
- based on the above two to develop a suitable rice-straw feeding regime in order to control fasciolosis in stall-fed buffaloes

# MATERIALS AND METHODS

# Experimental design

Eighteen buffalo calves (9-12 months old), all negative for *Fasciola* spp. infection on faecal examination and the agar gel diffusion test were used in each of the three experiments The calves were randomly divided into three groups of six animals. Animals in the group A received bottom parts (40 cm length) of rice-straw *ad libitum*, and approximately 7 kg tree fodder and 300 g commercial concentrate feed per head daily. Animals in the group B received similar food except that the bottom parts of rice straw were replaced by top parts while group C which were kept as control were provided only 300 g of commercial concentrate feed and *ad libitum* tree fodder (Table 1). Except for the starting and terminating dates, a similar design was used for the all three experiments (Table 1).

Rice straw used in the study was obtained from the fields which were known to be the habitats of fasciola infected snails. After the harvest and threshing of rice during last week of November, the straw was stored outdoors in stacks as per the local practices. Straw from each field was equally divided for all the stacks and a separate stack was made for the each experiment. Moisture content of straw in the stacks was determined at a weekly interval.

# Monitoring of the experiment

Faecal, blood and serum samples of the buffalo calves were collected at weekly intervals. The faecal samples were examined for fasciola eggs while the blood sample were examined for eosinophilia using the standard techniques. Within 2 weeks of the termination of experiments, all calves were slaughtered humanely. Autopsy included careful examination of all internal organs for any abnormality, recovery of flukes from the livers and other organs, if any, counting and measuring the recovered flukes.
Table 1:	Experimental details of the study on control of fasciolosis in stall fed
	buffaloes by managing the feeding of rice straw

Expt	Grou	No. of animal	Treatment (feed provided)	Starting Date	Stop Date
	A <sub>1</sub>	6	bottom parts of rice-straw +concentrate feed + tree fodder		
1	B <sub>1</sub>	6	top parts of rice-straw + concentrate feed + tree fodder	15 Dec	31 Jan
	C <sub>1</sub>	6	concentrate feed + tree fodder only		
	A <sub>2</sub>	6	bottom parts of rice-straw + concentrate feed + tree fodder		
2	B2	6	top parts of rice-straw + concentrate feed + tree fodder	27 Jan	12 M ar ch
	C <sub>2</sub>	6	concentrate feed + tree fodder only		
	A <sub>3</sub>	6	bottom parts of rice-straw + concentrate feed + tree fodder		
3	B <sub>3</sub>	6	top parts of rice-straw + concentrate feed + tree fodder	10 Mar	23 A pr il
	С3	6	concentrate feed + tree fodder only		

#### RESULTS

# Haematological data

There was a rise in the mean eosinophil counts from 3rd to 4th week of rice straw feeding and remained raised in the buffalo calves which were fed with the bottom parts of straw.

# Pathological data

The livers of the buffalo calves that were fed with bottom parts of rice straw were relatively enlarged. On the liver surfaces there were perforations of 1 to 3 mm diameter. The cut surfaces showed haemorrhagic fluke tracts and immature flukes in the liver parenchyma. No flukes were seen in the bile ducts or gall bladder.

# Parasitological data

No fasciola eggs were detected in the faeces of any animals during the experimental period and flukes were recovered from only those animal, which were fed with bottom parts of rice straw. Number of flukes recovered from the

individual animals and their measurements are presented in Table 2. Measurements of the flukes suggested that all these were immature F. gigantica. No flukes were recovered from any of the control animals and those that were fed with top parts of rice straw.

Experiment	Group	Animal	Mean fluke	Average
		positive (%)	counts*	fluke size
				(mm)*
	А	100.0	18.7 (6-42)	8.3 X 1.9
1	В	0.0	-	-
	С	0.0	-	-
	А	100.0	13.7 (3-28)	7.9 X 1.7
2	В	0.0	-	-
	С	0.0	-	-
	А	50.0	0.5 (0-1)	11.8 X
3				3.0
	В	0.0	-	-
	С	0.0	-	-

**Table 2:** Details of the fluke counts and their measurements

\* Figures in parenthesis indicate ranges

# DISCUSSION

Results of these experiments demonstrated that only the bottom portions of rice straw contained metacercariae of *Fasciola* spp. Some of these metacercariae remained viable until March. Therefore, feeding of the bottom portions should be avoided in order to control fasciolosis in stall fed animals. However, the top portions were free from the viable metacercariae, even just 2 weeks after the harvest and therefore these could safely be fed at any time. Although, the timing when bottom portions of rice straw become free from viable metacercariae could not be determined from these experiments, there were some evidences that these could safely be fed from mid April. It can be concluded, therefore, that managing the feeding of rice-straw could prevent fasciolosis in stall-fed animals. The most important advantage of this approach is that it does not require any chemical agent or external input, however, its application in the field will require a considerable extension effort.

# ACKNOWLEDGEMENTS

This work was carried out at the Pakhribas Agricultural Centre (PAC), Dhankuta Nepal, which is an ODA (UK) funded Agricultural Research Institute. Staff of the Veterinary Investigation and Analytical Services Section, PAC, particularly K

*Fasciolosis 2000 - Nepal* Strategies for feed management in areas endemic for fasciolosis

Rai, P B Thapa, J Thapa and Y Basnet are thanked for their technical assistance in this work and Mrs V D Paudyal for word-processing of the paper.

#### REFERENCES

- Abu, M. and Shimizu, K. (1985) Preventive investigation of bovine fascioliasis I. Survey of temperature and moisture of straw bundles in mountainous area of Yamaguchi prefecture. *Yamaguchi Journal of Veterinary Medicine*, **12**: 89-96.
- CBS (1993) *Statistical Year Book of Nepal 1993*. Central Bureau of Statistics, National Planning Commission Secretariat, His Majesty's Government of Nepal.
- Dumag, U.P., Batalos, J.A., Escandor, N.B., Castillo, A.M. and Gajudo, C.E. (1976) The encystment of *Fasciola gigantica* metacercariae on different pasture grasses. *Philippines Journal of Animal Industries*, **31** (1-4): 72-86.
- Joshi, B.R. (1986) Evaluation of rice-straw as a potential source for fasciola infection of the ruminants in Nepal. Lumle Agricultural Centre. Technical Paper No. **14/86**.
- Joshi, B.R. (1989) A study on rice straw feeding to evaluate its role in *Fasciola* (liver fluke) infection in Nepalese farm animals. In: *Livestock Production in the Tropics*, (Eds. H. Kuil, R. W. Paling and J. E. Huhn). Proceedings of the 6th International Conference of Institutes for Tropical Veterinary Medicines, 28 Aug-1 Sept 1989, Wageningen, The Netherlands. pp. 354-357.
- Kimura, S. and Shimizu, A. (1978) Viability of F. gigantica metacercariae. Japanese Journal of Veterinary Science, 40: 357-359.
- Mahato, S N (1993) Epidemiology and pathogenesis of fasciolosis in eastern Nepal. PhD Thesis, University of Edinburgh
- Shiramizu, K. and Abu, M. (1988) The preventive investigation of bovine fascioliasis. 4. The length of period of infectious ability of *Fasciola hepatica* metacercariae within straw bundle capsules preserved within a vinyl house or on the second floor of a barn. *Yamaguchi Journal of Veterinary Medicine*, **15**: 89-92.

# THE RESPONSE OF *FASCIOLA GIGANTICA* INFECTED SHEEP TO DIETARY NITROGEN

#### Leslie JS Harrison and R Anne Pearson

University of Edinburgh, Department of Tropical Animal Health, Centre for Tropical Veterinary Medicine, Easter Bush, Roslin, Midlothian, Scotland, UK, EH25 9RG

#### SUMMARY

Chronic Fasciola gigantica infections were established in lambs maintained on diets differing in their protein and nitrogen content. The course of the disease and their production parameters were compared with that of similarly maintained uninfected controls. Parasitological, haematological, serological, biochemical and postmortem data indicated light F. gigantica infections were successfully established in the experimentally infected sheep. Nutritional and production parameters indicated little difference in the growth rates of infected and control sheep maintained on medium (14%) protein diets and that a proportion of the dietary nitrogen (2.4%) could be derived from urea without detrimental effect on production parameters. In contrast infected sheep maintained on either high (>19%) or low (7%) protein diets did not grow as well as their respective controls and the former group displayed a degree of inappetance. It is therefore suggested that a diet containing approximately 14% protein may help alleviate the negative production effects often associated with fasciolosis. This level is close to that generally recommended for ruminant diets but since many ruminants in Nepal are maintained on diets of a lower protein content, feed supplementation to increase the overall protein content of the diet may be a suitable option. Similarly diets with too high a protein content (>19%) should be avoided in areas endemic for fasciolosis.

#### **INTRODUCTION**

Fasciolosis is well recognised as a serious constraint to animal production in Nepal, accounting for a losses of 20% and 14% to buffalo and goat producers alone (Mahato, 1993). The extent of the problem, as recognised by farmers, is reflected in the high percentage of the total drug sales (60% Mahato, pers. comm.) that are devoted to drugs for the treatment of fasciolosis. Consequently, a high priority is placed on the control of fasciolosis by the Nepalese Government. There is relatively little quantitative information known about the negative effects of fasciolosis, particularly for *F. gigantica* (Roberts and Suhardono, 1996) but studies into the epidemiological basis for the control of fasciolosis in Nepal have been conducted (Mahato, Harrison and Hammond, 1997). While strategic and symptomatic drug treatment are an option for control (Shrestha and Joshi, 1997), farmers often cannot afford to treat their animals with expensive drugs, even if

they are available locally. A more economic and feasible management strategy may be to supplement the diet of the animals with locally available feeds to improve their nutritional status, as was found to help in the closely related parasite *Fasciola hepatica* (Berry and Dargie, 1976; Dargie, Berry and Parkhins, 1979). This experiment was designed to test the hypothesis that the amount and source of dietary nitrogen can influence the progress of the infection, inappetance and rate of growth in *F. gigantica* infected sheep. The effect of sourcing some of the dietary nitrogen from urea was investigated because of the interest in Nepal of using urea molasses blocks as a feed supplement.

# **MATERIALS AND METHODS:**

### **Experimental design:**

A total of 48 Suffolk Cross lambs were split into four diet groups and maintained in individual pens. The sheep were fed *ad libitum* (Table 1). The composition of the diets and analysis of the diets, which were made up at the Scottish Agricultural College, were as detailed in Tables 2 and 3. The diets were prepared in batches of 2000Kg. The sheep were also give 150-200g of hay every day to ensure that rumination was maintained. The sheep were infected with *Fasciola gigantica* (2 metacercariae/Kg at week 15) and examined at *post-mortem* 24 weeks later.

#### Table 1 Experimental design - numbers of sheep in each dietary groups.

Diet Group (crude protein)	Infected with <i>Fasciola</i> gigantica	Uninfected Controls
High protein (20%)	6	6
Medium Protein (14%)	6	6
Medium Protein plus Urea	6	6
(14% includes 2.45% urea)		
Low Protein (7%)	6	6

<b>Table 2 Composition</b>	of the diet	batches for	the four	different	dietary	groups.
----------------------------	-------------	-------------	----------	-----------	---------	---------

Diet Group	High	Medium	Medium	Low
Protein/			plus urea	
% content				
Barley	20.6667	19.5000	42.8500	40.8550
Oatfeed	19.3333	22.5000	17.0000	21.5000
Citrus pulp	29.9667	29.8750	30.0000	30.0000
Hi-Pro Soya	20.6667	20.5000		*
Molasses (CMS20)	5.0000	5.0000	5.0000	5.0000
Salt	0.6800	0.6800	0.5350	0.68000
Dicalphos	0.4800	0.4900	0.7900	0.7900
Limestone flour	1.0067	1.2550	0.9950	0.9750
Scotmin ewe/lamb	0.2000	0.2000	0.2000	0.2000
Sodium sulphate	*	*	0.1800	*
Urea	2.000	*	2.4500	*
Total	100	100	100	100

#### Monitoring:

The sheep were monitored regularly throughout the entire experimental period and the following parameters determined:

*Diets:* The feed batches were monitored regularly during storage to ensure consistency of nitrogen content, neutral detergent fibre, acid detergent fibre and organic matter.

*Intakes:* The feed intakes/refusals were monitored following every feed so that the total dietary intake could be determined.

*Parasitological:* Faecal samples were collected every week and the numbers of fluke eggs per gram calculated using standard procedures,

*Haematology:* Blood samples were collected weekly in order that total red and white blood cell counts could be taken. Differential cell counts were noted. The haemoglobin level in the blood and the packed cell volumes were determined so that, along with the total red blood bell counts, the Mean Corpuscular Volume, Mean Cell Haemoglobin and Mean Cell Haemoglobin Concentration could be calculated.

Diet	Group	High	Medium	Medium	Low
Protein/	-	2		plus	
Analysis (V	<u>'ol 100.0)</u>			urea	
Dry Matter		872.9733	871.6500	873.2950	871.3885
Crude Prote	in	199.4793	140.9575	140.5550	69.4600
ERDP 5%		145.7237	98.6963	108.6490	51.3461
ERDP 8%		133.9983	87.0763	105.1365	47.8884
DUP 5%		28.91	28.7590	9.850	9.8965
DUP 8%		39.2610	39.0263	12.5833	12.5640
ME RUM		9.5086	9.5151	9.4981	9.5111
FME		9.0119	9.0075	9.0495	9.0461
FIBRE		101.7867	108.6600	96.5110	106.3933
MADF		161.8767	172.2975	147.7675	162.8703
NDF		255.1817	272.3363	250.4590	274.8877
STARCH		125.9127	123.4225	228.0750	222.9345
SUGAR		102.4233	101.9175	86.9990	86.7197
STA+SUG		229.0284	226.0413	315.5455	310.1457
ASH		69.7791	73.2862	64.2909	65.2171
CALCIUM		9.9972	10.9914	10.0063	9.9892
PHOSPHOR	RUS	3.5040	3.5173	3.5018	3.4994
MAGNESI	JM	1.2325	1.2169	0.9370	0.9193
SODIUM		2.9912	3.0040	3.0004	3.0012
POTASSIU	М	10.2588	10.3341	6.1276	6.2893
SULPHUR		1.7447	1.7545	1.5042	1.1203
COBALT		0.8701	0.8694	0.8479	0.8473
COPPER		6.6192	6.6689	4.3369	4.4351
IODINE		4.8556	4.8554	4.8350	4.850
MANGANE	ESE	53.6163	54.0213	47.7705	48.4112
SELENIUM	1	0.2503	0.2492	0.1971	0.1963
ZINC		56.7703	57.0088	51.7410	52.1223
VIT A (K)		8.0000	8.0000	8.0000	8.0000
VIT D		1999.9980	1999.998	1999.998	1999,998

Table 3 Feed analysis for the four different dietary groups.

*Biochemistry:* Serum samples were collected weekly so that the serum levels of the enzymes,  $\gamma$ -glutamyl transferase, glucose-6-phosphate dehydrogenase,  $\beta$ -hydroxybutarate and the serum glucose, nitrogen, protein and albumin levels determined, all by standard procedure using kits prepared by Randox Ltd.

Serology: A routine indirect antibody detection ELISA was employed in order to determine the antibody responses of the sheep to *F. gigantica* infection. Excretory/secretory products collected from adult flukes maintained in culture for 24 hours was used as the antigen, diluted to optimum concentration, as determined by titration. Following addition of the test serum diluted to an appropriate concentration, the presence of anti-parasite antibody was detected by the addition of commercial rabbit anti-sheep (H+L chain) serum/ horseradish peroxidase conjugate, followed by tetramethylbenzidine substrate (Sigma Ltd). The colour reaction was stopped using  $0.2M H_2SO_4$  and the optical density of the reaction product measured at 450nm.

*Physiological:* The sheep were weighed twice weekly so that their weight gain and metabolic weights could be determined.

*Post-mortem:* At the time of slaughter, the carcass condition was recorded. The dressed out carcass weights were determined and the degree of liver pathology noted. The number of flukes present in the livers of the infected animals was calculated by slicing the livers carefully to look for the flukes. Bile was collected and examined to determine whether there were any fluke eggs present.

#### RESULTS

Feed analysis indicated that the omposition remained constant throughout the experimental period. None of the sheep in the control groups gave any indication of being infected with *F. gigantica* by any of the monitoring parameters. All the indications were that the infections established in the exposed animals were mild with small numbers of flukes (in the range 1-11) being recovered from the infected groups, but there was no statistical difference in the number of flukes recovered form each dietary group. This conclusion was confirmed by the haematological and biochemical data. The serological results also indicated infection in the exposed group (Fig 1).

There was no difference in the weight gain following infection in either of the medium protein (14% crude protein groups) whether the protein was derived totally from crude protein (medium protein group) or partly derived from urea (2.45%), medium protein including urea group.

Unfortunately during the course of the experiment two of the sheep in the high protein (20% crude protein) group died. This group also exhibited a degree of inappetance as compared to the corresponding uninfected controls.

Regression analysis indicated a significant difference between infected and control sheep in both the high and low protein groups. The infected sheep grew less well than the uninfected controls over the entire post-infection monitoring period, although this was not the case in the pre-infection period. This effect was slightly more pronounced in the high protein infected group (Fig 2).



**Figure 1:** The antibody responses as measured by enzyme-linked immunosorbent (ELISA) of *Fasciola gigantica* infected and control sheep maintained on different diets medium protein plus urea (MPU) medium protein (MP) high protein (HP) or low protein (LP). The sheep were infected with metacercariae on week 15.



**Figure 2:** The weight gain following infection of *Fasciola gigantica* infected and control sheep maintained of different diets either high protein, medium protein, medium protein including urea or low protein.

## DISCUSSION

Flukes specifically damage the livers of infected hosts. The liver plays a pivotal role in the physiology of the body, as it is responsible for a large proportion of the body's amino acid metabolism along with other important roles. At the same time, the liver has remarkable functional redundancy and, unlike most other organs in mammals is able to regenerate functional tissue after physical or chemical injury. Although only a few aspects of liver function have been directly examined in fluke-infected hosts, significant disturbances have been detected, even when only small areas are obviously damaged. Thus even small numbers of flukes have been associated with changes. It seems likely that the availability of amino acids for protein synthesis would be an important factor in determining the extent to which the liver can compensate for the damage caused by the flukes (Behm and Sangster, 1998).

This study indicate an appropriate level of dietary protein for *F. gigantica* infected sheep would appear to be c14% crude protein and that some of the dietary nitrogen can be derived from urea with minimal negative affect. However, the indications are that deviating too far from this level >19% and <8% crude protein has a deleterious effect.

Unfortunately many ruminants in Nepal are thought to be maintained on diets which have less that 14% protein. The suggestion therefore is to investigate the effect of using locally available feed supplementation to determine whether raising the protein content of the diet in ruminants managed under Nepalese conditions would help to alleviate the negative production effects of fasciolosis. Such supplementation may form a useful alternative to drug treatment (either strategic or symptomatic), which currently is the main control method available. Unfortunately many Nepalese farmers find this method difficult to apply either because of cost or lack of easy availability of the appropriate drugs. If suitable, such food supplementation may form a useful adjunct to drug treatment regimens or even avoid potential problems with drug treatment such as drug residues in meat and milk and drug resistance.

#### ACKNOWLEDGEMENTS

This project was conducted at CTVM with inputs from staff the Agricultural Research Station - Pakhirbas, who supplied experimental material and with consultant inputs by Dr SN Mahato of the Central Veterinary Laboratories, Tripureswor, Kathmandu. The work was funded jointly by the Animal Production and Animal Health Programmes of the UK Government, Department for International Development (DFID). However, the opinions expressed are not necessarily that of DFID. Th authors acknowledge the technical input of staff of the CTVM, Mrs Denise Bryce, Mr Paul Wright, Mr Bob Archiebald and Mr Harry Urquhart. The contributions made by Mr Richard Ward, Miss Mairi Pierce and Miss Sarah Wythe, undergraduate students of John Moores University, Liverpool are also gratefully acknowledged.

#### REFERENCES

- Behm, CA and Sangster, NC (1998) Pathology, Pathophysiology and Clinical Aspects. Chapter 6 Fasciolosis Ed. JP Dalton. CABI Publishing.
- Berry, CJ and Dargie, JD (1976) The role of host nutrition in the pathogenesis of ovine fasciolosis. Veterinary Parasitology, 2, 317-332
- Dargie, DJ, Berry, CJ and Parkhins, JJ (1979) The pathophysiology of ovine fasciolosis, studies on the feed intake and digestibility, body weight and nitrogen balance of sheep given rations of hay or hay plus a pelleted supplement. Research in Veterinary Science, 26, 289-295.
- Mahato, SN (1993) PhD Thesis The epidemiology of fasciolosis in Eastern Nepal. University of Edinburgh
- Mahato, SN, Harrison, LJS and Hammond, JA (1997) Epidemiological basis of the control of fasciolosis in Nepal. Bulletin of Veterinary Science and Husbandry Nepal, 25, 22-26.
- Roberts, JA and Suhardono (1996) Approached to the control of fasciolosis in ruminants. International Journal for Parasitology, 26, 971-981.
- Shrestha, HK and Joshi, HD (1997) Strategic drenching against fasciolosis in cattle in the western hills of Nepal. Bulletin of Veterinary Science and Husbandry Nepal, 25, 27-36.

### THE INTERACTION BETWEEN *FASCIOLA GIGANTICA* INFECTION AND DIFFERENT LEVELS OF NUTRITION IN NEPALESE HILL GOATS

# B. Pakhrin<sup>1</sup>, K. Rai<sup>2</sup>, S.N. Mahato<sup>3</sup>, L.J.S. Harrison<sup>4</sup> and R.A. Pearson<sup>4</sup>

Agricultural Research Station-Pakhribas, Dhankuta, Nepal

#### **INTRODUCTION:**

Fasciolosis is an important constraint to the development of goat production in Nepal and in the tropics. Fasciolosis is a disease of domestic ruminants caused, primarily by infection with the trematodes, *Fasciola gigantica* and *Fasciola hepatica*. It is indisputably a cause of serious production losses to cattle, buffalo, sheep and goat producers particularly in areas where conditions favour the survival of the snail intermediate hosts (Pearson and Harrison, 1995).

In the tropics, the forage base is of medium to low quality, made available to the animals by grazing and cut and carries system. The quality and availability of these resources declines seasonally, coinciding with the onset of the dry season. During the dry season, productivity of the animals declines unless dietary supplements are introduced (Klesse, 1997).

Food conversion and thus efficient use of animal food resources is additionally compromised by this disease and further exacerbated in many areas, where the ruminants are undoubtedly maintained on a poor plane of nutrition.

Anthelmintics for the treatment of this disease are very costly and also are not readily available at the areas where fasciolosis is the major problem.

With the emergence of a search for sustainable control strategies in the development of domestic ruminant livestock production systems in the tropics, this study aims to see if modifications to animal feed management can ameliorate the production losses caused by fasciolosis.

#### **MATERIALS AND METHODS:**

*Experimental goats:* 

Fifty male goats aged between 6 and 8 months and free from patent fasciola infection were procured locally from mid and high altitude (above 1100 m) areas in the eastern hills of Nepal. They were castrated with the help of burdizzo castrator.

Present addresses:

<sup>&</sup>lt;sup>1</sup> Heifer Project International- Nepal Satdobato, Lalitpur, Phone: +977-1-532554, Fax: +977-1-542873

<sup>&</sup>lt;sup>2</sup> Panchratna Groups of Hatcheries and Feed Industries, Narayangarh, Chitwan,

<sup>&</sup>lt;sup>3</sup> Animal Health Division, Tripureshwor, Kathmandu, Phone: +977-1-261569, Fax:: +977-1-261521

<sup>&</sup>lt;sup>4</sup> Centre for Tropical Veterinary Medicine, Easter Bush, Roslin, Midlothian EH25 9RG, Scotland, Tel: +44 131 650 6217

All goats were treated parentally against ecto and endo parasites with Ivermectin (Ivomec, MSD-AGVET, and UK). They were also immunised against pasteurellosis, lamb dysentery, struck, pulpy kidney, tetanus, braxy, black leg and black disease using Heptavac-P (Hoechst UK Limited).

Regular treatment against gastrointestinal nematodes and coccidia infections was also carried out at monthly intervals for the duration of the experiment.

#### Experiment design:

After pre infection monitoring of one-month period, the goats were divided randomly into five groups (A, B, C, D and E) each group consisting of 10 goats. (Table 1). For identification, colour coded ear tags (colour for the groups and number for individuals) were used.

Grou	Tag	No.	Fasciol	Diet	Treatment
р	colour	of	а		with
		goats	infectio		Triclabend
			n		azole
Α	Red	10	Yes	Basal only	Yes
В	Yello	10	Yes	Basal only	No
	W				
С	Green	10	Yes	Basal plus good	No
				fodder	
D	Blue	10	Yes	Basal plus	No
				concentrate	
E	White	10	Yes	Basal plus urea	No
				molasses block	

Table 1:Experimental design

The goats belonging to the group A were treated with Triclabendazole against fasciolosis at 20 weeks post infection.

#### Housing and feeding:

The goats were housed in slatted floor pens with one group of goats in one pen at nights. But during the day, they were tethered to the feeding racks on gravelled ground under a sun shed.

All goats received a basal diet i.e. about 5 hours grazing plus cut grasses. However, the goats belonging to group C, group D and group E were supplemented with good fodder (i.e., high nitrogen fodder available during the experimental period) at the rate of 3% of the body weight, commercial concentrate feed at the rate of 1% of the body weight and urea molasses block free access over night respectively. The supplementary feed was offered daily at 7.30 to 8.30 am.

#### Infection of the animals:

After one-month pre infection monitoring period, all goats were infected during the second week of April 1997 with *Fasciola gigantica* metacercariae at the rate of 8 metacercariae per kg body weight as described by Mahato (1993). *Fasciola* 

gigantica metacercariae used to infect the goats were obtained from naturally infected snail, Lymnaea auricularia race rufescens in the eastern hills of Nepal.

#### Monitoring of the experiment:

#### Quantity and quality of feed:

Feed intake (basal and supplement) of the goats were determined daily. Daily dry matter estimation of only supplementary fodder and concentrate was carried out at PAC. While basal feed (pasture grass and cut grass samples) were only dried and stored. The stored dried samples of basal as well as supplementary fodder and concentrate feed were pooled each week and stored for dispatching to Centre for Tropical Veterinary Medicine (CTVM), Edinburgh University. There, detailed nutritional analysis such as Crude protein, Acid detergent fibre (ADF), Neutral detergent fibre (NDF), Gross energy (GE), Ash, Organic matter (OM) etc was carried out.

#### Measurement of weight gain:

The animals were weighed at weekly intervals at 8.0-8.30 am before feed and water was provided. The weighing was done with the help of Rudweigh electronic balance (Rudweigh Australia Limited).

#### Sample collection and examination:

Faecal samples were collected directly from the rectum and examined on the same day for helminth eggs. The differential centrifugal floatation technique developed by Sewell and Hammond (1972) were used for the faecal examination.

The blood samples for haematological studies were taken from the jugular vein into vacutainers containing ethylene di-amine tetra acetic acid (EDTA) as an anticoagulant and examined on the same day. The following studies namely, total and differential leucocyte counts, erythrocyte counts, eosinophil counts, packed cell volumes and haemoglobin estimation were carried out at PAC.

The blood samples for biochemistry and serology were also obtained from the jugular vein into OX-F and plain vacutainers (Becton, Dickinson & Co. Ltd. UK). The biochemical study was carried out at Central Veterinary Laboratory (CVL) Kathmandu which includes Total serum protein, Serum albumin, Serum globulin, Plasma glucose, Beta hydroxybutyrate, while serological study namely, Serum glutamate dehydrogenase (GLDH) and Serum gamma glutamyl transpeptidase (GGT) was carried out at PAC.

All sampling were carried out at weekly intervals between 8.30 and 9.30 am.

#### Recovery, counting and measuring the flukes:

The procedure for the recovery, counting and measuring the flukes was used as described by Mahato (1993).

#### Pathology:

Post-mortem examination was carried out on all animals as soon as possible after they were humanely killed. A careful examination was made of all internal organs for abnormalities, with particular attention to the size, weight, colour and appearance of the livers.

# Histopathology:

Samples of liver and other tissues were fixed in 10% buffered formal-saline and dispatched to CVL, Kathmandu for Histological study.

### *Carcass evaluation:*

After post-mortem examination, the goat carcasses were processed for dressing out percentage. This includes weight of dressed carcass including shaved skin and edible offal as a percentage of the live weight of the animal.

# **RESULTS:**

The analysis of samples is being done at CTVM, CVL and Central Lab PAC. The results that are present at hand are summarised and presented below.

#### Growth rate:

The growth rate 60.9 g/d is higher in group D (Concentrate supplement) followed by 52.53 g/d in group C (Good fodder supplement), 46.9 g/d in group E (Urea molasses block), 40.51g/d in group B (Basal diet only) and 38.89 g/d in group A (Basal diet and treatment) table 2.

The mean body weight at 33 week post infection (wpi) and the mean body weight gained by goats over 33 weeks are also higher in group D followed by group C, group E, group B and group A.

Observations	Group A	Group B	Group C	Group D	Group E
Mean growth					
rate (g/d)	38.89	40.51	52.53	60.90	46.90
Initial mean	11.44	11.42	11.46	11.41	11.39
body					
weight (kg)	±1.73	±1.69	±1.79	±1.65	±1.43
Mean body	20.44	20.71	23.60	25.48	22.23
weight					
at 33 weeks (kg)	±4.60	±2.95	±4.42	±4.52	±3.15
Mean body					
weight					
gained (kg)	9.00	9.29	12.14	14.07	10.84

Table 2:Growth rate of the goats

#### Dry matter intake:

The total dry matter intake by goats can only be summarised and estimated when detail result of feed (basal and supplementary) and concentrate would be available from CTVM. However, total dry matter intake by goats belonging to group C and group D and total urea molasses block consumed by goats belonging to group E are presented in table 3.

Feed	Group C	Group D	Group E
Tree fodder (DM kg)	29.41	-	-
Concentrate (DM kg)	-	35.31	-
Urea molasses block (kg)	-	-	272.4

Table 3:Feed intake by the goats (during entire 33 weeks)

#### *Slaughtering of animals:*

The goats were slaughtered at 33 weeks period. Immediately after slaughter a careful post-mortem examination was carried out to observe any pathological changes in the internal organs. But no any major pathological changes except some changes in the liver and gall bladder were observed. Liver flukes recovered from the slaughtered animals are presented in table 4.

Fluke	Group A	Group B	Group C	Group D	Group E	TOTAL
Small	1	0	0	2	4	7
Large	±0	33	23	53	57	166
Total	1	33	23	55	61	173

Table 4:Liver fluke Recovery

The dressing out percentage of individual animal and groups is presented in table 5. This includes weight of dressed carcass including shaved skin and edible offal (as per local practice) as a percentage of the live weight of the animal. The edible offals are heart, lungs, kidney, spleen, liver, fat, and gut including intestines.

Tuble of Dressing out percentage
----------------------------------

	Group A	Group B	Group C	Group D	Group E
Mean	62.83	61.10	64.29	67.08	61.33
SD	±2.74	±6.03	±5.11	±6.07	±4.79

#### **GENERAL OBSERVATIONS:**

In group A, animal number 2 achieved negative growth rate (-1.29 g/d). This animal was exhibiting clinical sing of gid (*Coenurus cerebralis*) 2 months after the running of experiment. It was losing weight at every weighing up to 20 week post infection (wpi) with *Fasciola gigantica* metacercariae. However, it started to regain its weight right after drenching with Triclabendazole at 20 wpi. At the time of slaughtering it merely achieved it's initial weight. At post-mortem examination fully grown cyst of *Ceonurus cerebralis* was isolated from the posterior part of the brain.

The goats observed losing daily intake of feeds when there were foggy as well as rainy days. This resulted into losing of body weight in comparison to the last week record.

The goats were also affected by respiratory disease when there were foggy days. The clinical signs include nasal discharge and coughing. The goats having serious problem with this condition found swelling of face, mucopurulent nasal

discharge, intermittent coughing and respiratory distress. The sick goats were treated successfully with corticosteroid and antibiotics after conducting sensitivity test.

# CONCLUSIONS

- The growth performance of goats belonging to concentrate group was higher followed by Fodder group and Urea molasses block group in comparison to control group and treatment group
- The dressing out percentage of goats belonging to concentrate group was also higher followed by Fodder group, Treatment group, Urea molasses group and Control group
- Liver fluke recovery was higher in the goats belonging to the Concentrate group followed by Urea molasses block group, Control group and Fodder groups. However, the condition of liver was fine, without prominent damage in the supplement groups in comparison to control group. This suggests that the goats supplemented with extra nutrition on top of their daily diet are capable of tolerating ill effects of flukes than the non-supplement goats
- Least liver fluke recovery from Fodder group suggests that the tree fodder are capable of reducing establishment of flukes in the liver of goat
- Above results indicate that the tree fodder supplement along with basal diet would be the best strategy to ameliorate the losses caused by fasciolosis in goats.
- In our context, tree fodder are easily available and affordable by the farmers in comparison to broad spectrum anthelmintic, concentrate feed and urea molasses block, and therefore, this technology would probably be an alternative for combating fasciolosis.

#### **REFERENCES:**

- Klesse, O (1997). The potential of dietary protein supplementation as a management strategy to control fasciolosis in ruminants. M.Sc. Thesis, Edinburgh University.
- Mahato, SN (1993). Epidemiology and Pathogenesis of fasciolosis in eastern Nepal. Ph.D. Thesis, Edinburgh University.
- Pearson, RA and Harrison, LJS (1995). The interaction between fasciolosis and nutrition in growing ruminants. A research project proposal, Edinburgh University.
- Sewell, MMH and Hammond, JA (1972). Detection of Fasciola eggs. Veterinary Record, 90:510-511.

# THE INTERACTION BETWEEN *FASCIOLA GIGANTICA* INFECTION AND NUTRITION IN GROWING NEPALESE HILL BUFFALOES

D.B. Subba, S.N. Mahato<sup>1</sup>, L.J.S. Harrison<sup>2</sup> and R.A. Pearson<sup>2</sup>

Agricultural Research Station-Pakhribas, Dhankuta, Nepal

#### SUMMARY

A feeding trial of UMB (Urea molasses block), Tree fodder (@3% live wt), Concentrate (@1% live wt) and a Control (local feeding practice) fitted in a completely randomised experimental design was conducted for 1 year in 5 equal groups of 40 growing local buffalo calves experimentally infected with metacercariae. One group was maintained on the diet similar to the control group, was treated with Fasinex (@24mg/kg live wt) at 20 WPI (weeks post infection). The animals were routinely monitored for any changes in the haematobiochemical values including the activities of the serum enzymes GGT ( $\gamma$ -glutamyl transpeptidase) and GLDH (Glutamate dehydrogenase), faecal fasciola egg counts and the live weight gains. At 37 WPI, the animals were slaughtered and the carcasses were evaluated. The benefits of the feed supplements were compared with the anthelmintics and the most cost-effective method of managing fasciolosis locally has been identified.

#### **INTRODUCTION**

Fasciolosis is now a well recognised parasitic disease of economic importance since it is one of the major causes of losses of livestock production and productivity in Nepal. The disease is widely spread at all ecological zones of the country including in the Yaks of the Himalayas (Joshi and Tewari (cited by Mahato et al 1997). The prevalence of fasciolosis in buffaloes in the hills and Terai are 57.9 and 41.3% respectively (Mahato, 1993). The prevalence of the disease depends upon the various feeding and management practices. Therefore, reduction or the control of the prevalence of this disease could be either through the improvement in the existing feeding management systems or through drenching with appropriate anthelmintics. Various anthelmintic drugs are available in the country to control the problem but they are expensive for a farmer to afford, those available are often found inferior in quality. Drenching with anthelmintics twice a year is the recommended practice to control fasciolosis in Nepal, however the local farmers find it tedious to follow this as a routine procedure or find the drug unaffordable or drench the animals once a while only when the animals are already ill.

<sup>&</sup>lt;sup>1</sup> Animal Health Division, Tripureshwor, Kathmandu, Phone: +977-1-261569, Fax:: +977-1-261521

<sup>&</sup>lt;sup>2</sup> Centre for Tropical Veterinary Medicine, Easter Bush, Roslin, Midlothian EH25 9RG, Scotland, Tel: +44 131 650 6217

Over the past, various efforts have been made to control the disease from both the private or the government sectors. However, the overall efforts to control this disease through the use of drug have largely been a failure. The control measures must be appropriate to the livestock production systems practised by the local farmers, otherwise the intended beneficiaries simply will not use them. Therefore, an alternative cost-effective approach to control the production losses due to fasciolosis would be through correcting the existing feed management system of the farmers. This approach which requires no extra investment would be an effective alternative system to counter-act the problem associated with low production due to fasciolosis. In this perspective a study was taken to see whether the improved nutrition including the use of local nutrient resources (e.g. tree fodder) could be an alternative means to control the fasciolosis problem in buffaloes in the hills of east Nepal.

### **MATERIALS AND METHODS**

#### Grouping of animals and allocation of treatment diets

A total of 40 male buffalo calves, aged between 7 months to 1.5 years having approximately 75 to 100kg live weight were purchased locally from mid and high altitude (above 1100 m) areas of Dhankuta district. The animals were grouped into 5, each group representing 8 animals and the groups were then randomly selected to represent the treatment. The details of the experimental plan is shown in Table 1, as follows:

Grou	ıp	No. of	Fasciol	Live wt	Diet		Treatment
Red		8	Yes	104 + 22	Basal	plus	Yes
Yello	)	8	Yes	103 + 20	Basal only		No
Gree	n	8	Yes	104+23	Basal plus	Tree	No
Blue		8	Yes	104+24	Basal	plus	No
Whit	e	8	Yes	$105 \pm 20$	Basal plus U	JMB	No

 Table 1: Experimental design

All the animals received basal diet i.e. seasonally available forages that include crop-residues, tree fodder and cut grasses.

As a basal diet, the top portion of the rice straw was provided *ad libitum* from February until April and the bottom portion of it from May until July whereas Monsoon grasses were supplied during July and September. These diets were supplied with portions of other forages including tree fodder, maize stover and husks and grasses depending upon their availability. The supplementary diets were concentrate feed (i.e. cattle feed from Hetauda cattle feed industry), good fodder (seasonally available tree fodder) and Urea Molasses Block (UMB) (Hetauda cattle feed industry).

The concentrate and the tree fodder were fed at 1% and 3% live wt basis respectively while the UMB was left in the night for *ad libitum* licking. Prior to the experiment all the animals were treated with Ivermectin, immunised against

clostridia infections and dewormed using Albendazole (2.5%). The animals received drinking water at free access and the heat of the sun during winter.

### Animal housing

The animals were accommodated in shed constructed with local materials to represent the local barn. The animals were tethered in separate groups in the shed or out side to allow animals to bask under the sun. During the middle of the experimental period, the animals at the extreme east pen were exchanged with the animals at the extreme west pen of the house and so on. The health status of the animals was regularly monitored and the animals were treated as necessary.

### Infection of animals with metacercariae

All the experimental animals were infected with fasciola metacercariaea at the rate of 2.5-numbers/kg live weight. One group of animals (Red group) was drenched with Fasinex (at double dose rate) against fasciolosis at 20 weeks post infection (WPI).

Prior to the experiment, the animals were allowed to undergo approximately 45 days adaptation period in order to accustom the animals with the diet. During the adaptation period the animals received their respective treatment diets on top of the basal diet. The control group received the "normal feed" available for feeding at that day or season.

#### Haematology and bio-chemical tests

The eosinophil counts were measured using the method of Dacie and Lewis (1963) using a modified Fuschs Rosenthal Chamber (Weber Scientific International Ltd, Lancing, England). The packed cell volume using Hawksley micro-haematocrit centrifuge and reader (Hawksley and Sons Ltd, lancing, England). The haemoglobin was measured in the form of cyanmethaemoglobin. The activities of the serum enzymes Glutamate dehydrogenase (GLDH) and  $\gamma$ -glutamyl transpeptidase (GGT) were also measured *in-vitro* using kits,  $\gamma$ -GT and GLDH activated (Randox Laboratories Limited) at weekly interval.

#### Faecal examination

Faecal samples were collected weekly, directly from the rectum and examined on the same day for helminth eggs using the differential floatation technique (Sewell and Hammond, 1972).

# Live weight gain

The animals were weighed at 8.00AM in the morning every week before feed and water was offered. The animals were weighed using an electronic scale (Electronic weigh bar system – model no 1200 KM3 Basic) until 28 WPI. From 29 WPI, because of the problem with the electronic scale, the animals were weighed out by measurement using the following formula by Yazman (1987):

W = -71.1+1.74L+1.05H W = wt in kg L = body length from collar-bone to pin bone (cm)H = heart girth (cm)

#### Statistical analysis

Comparison of the difference between the means of the treatments was analysed by the analysis of variation using MINITAB software computer programme. The difference between or within means, the post-test was carried out using GraphPad Instat software computer programme.

#### **Economic analysis**

The economic value of the feed supplementation and anthelmintic drenching was calculated by subtracting the purchase price, the total supplement cost and the cost of fasciolocide from the carcass value.

# RESULTS

### Intake of feed supplements

The average intake of concentrate feed on dry matter basis was  $0.80\pm0.39$ kg/d and that the average intake of the UMB was found to be  $0.93\pm0.46$  kg/d. Although the intake of the Concentrate and the UMB during the initial period was low, a gradual increase in the intake of the both diets was recorded over the period as compared to the intake at the initial periods. The average intake of the dry matter of tree fodder was found to be  $0.91\pm0.29$ kg.

# Live weight gain

The average body weight (kg) gained by the Blue group was the highest followed by the White and the Green groups of animals. The Yellow (control) and the Red groups (anthelmintic drenched) were the groups with lowest live weight gains. The percentage of the weight gains at 37 WPI with respect to the original average live weights were 26%, 31%, 44%, 69% and 43% for the Red, Yellow, Green, Blue and White groups respectively (Table 2). The overall mean live weight (kg±SD) from 0 to 37 weeks post infection is  $109\pm10$ ,  $108\pm11$ ,  $121\pm14$ ,  $133\pm21$  and  $127\pm12$  for Red, Yellow, Green, Blue and White Groups respectively (Table 2). The one way (repeated measure) analysis of variance indicated that the differences between the group means are extremely significant (p<0.0001). The mean live weight gained by the animals between the Red or Yellow groups and the other groups of animals was significantly different (p < 0.05).

Group	Average	Average	Average gain	Mean
	Initial	live wt. at	in wt (Kg)	live wt
	Body wt (kg)	37 WPI		±STD
Red	104±22	132±33	28	109±10 <sup>a</sup>
Yello	103±20	135±32	32	108±11 <sup>a</sup>
W				
Green	104±23	148±35	44	$121 \pm 14^{b}$
Blue	104±24	176±47	72	$133 \pm 21^{c}$
White	105±20	150±36	45	$127 \pm 12^{b}$
				с

 Table 2: Average live weight of Buffaloes

The group means with different subscripts in a column differ significantly from one another.

The growth rate trend based on the calculation of a difference between the weekly weight gain and the initial weight is shown in the Figure 1. The animals in the Red and Yellow groups gradually lost their body weights after they were infected with metacercariae but gained some weights from 26 weeks after infection.



#### Fig. 1 Average weekly live wt. gain

#### Blood values and serum enzymes

To monitor the fasciola infection, the serum enzymes were measured for the activities of GLDH and GGT. The results showed an increasing trend in the activities of GLDH after the animals were infected with metacercariae until 12 weeks post infection. Thereafter, the activity remained almost stationary until the end of the experiment. The GLDH level in the Red group of animals was found to be least followed by the Green, White and Blue groups of animals. The activity was the highest in the Yellow groups of animals. No general trend in the levels of GGT was observed between the groups of the animals. The blood values were also measured for Eosinophil counts, Hb and PCV levels so as to monitor the intensity of the infection.

In all the animal groups, the general trend of the Eosinophil counts was that the levels raised at 9, 17 and 18 weeks post infection with metacercariae. The level dropped at 20 with a sharp rise in the 30 weeks periods. The difference in the means of the Eosinophil counts among the groups was highly significant (p<0.001). The counts between the Red and Green or Blue groups was also highly significant (p<0.001).

The Haemoglobin (Hb) and Packed cell volume (PCV) levels were found to be comparatively lowest in the Yellow groups and lower in the Red groups as compared to the other treatment groups of animals. The difference in the Hb and PCV among the mean values of the groups was extremely significant (p<0.0001). While making multiple comparisons, the difference between the means of Hb or PCV of the Yellow group was extremely significant (p<0.001) from the means of Hb or PCV of the other treatment groups. Whilst the Hb or PCV means of the other groups were not significantly different (p>0.05). The animals of the Yellow group showed a progressive drop in the mean Hb and PCV levels from 2 to 3 weeks after infection while, the other groups maintained their original levels i.e. the other groups including the Red group (anthelmintic drenched animals) have shown more or less similar pattern in the levels of PCV and Hb. However, it was found that the Hb or PCV levels was comparatively the highest in the Green group followed by the White, Blue and the Red groups of animals.

### Fasciola infection and post-mortem examination

Fasciola eggs were detected in the faeces of the animals in the Yellow groups at 5 weeks after the animals were infected with metacercariae. However, from 12 to 13 weeks post infection only the eggs were detected from all other groups of animals. The egg counts rose sharply from 15 weeks which remained more or less in the same pattern until the end of the experiment except in the red groups. As no any helminth eggs were recovered from the faeces of the Red group of the anthelmintic drenched animals, this has shown that the anthelmintic treatment was effective to control the animals from fasciola infection. The weekly recovery of the helminth eggs recovered from the Yellow, Green, Blue and White groups of animals are shown in Figure 10.

The one way analysis of variance showed that there are significant differences among the EPG counts among the means of the groups. The multiple comparison between the means revealed that the Red and the Yellow groups are very significant (p<0.01) whereas the other means are insignificant (p>0.05) when compared one another.

At the end of the experiment i.e. 37 weeks post infection the animals were slaughtered using a humane killer. The internal organs were examined for any abnormalities. The examination included size and colour of the liver, size and condition of the gall bladder, condition of the bile and any abnormalities of these organs. The carcasses were examined with particular attention given to the condition of the liver. The number of flukes found in each liver and the duct was noted.

Only one fluke was recovered from one of the animals of the Red group. An average of 45 to 65 numbers of adult flukes was recovered from the ducts of the other groups of animals. The number of flukes recovered was ranging from a minimum of 10 to a maximum of 110. The average percentage of flukes recovered from each of the Yellow, Green, Blue and White groups was  $23\pm9$ ,  $18\pm6$ ,  $20\pm16$  and  $15\pm11$  respectively.

#### Dressing out percentage and body condition score

The dressing-out percentage given in Table 3 was calculated considering the weight of dressed carcass including edible offal (heart, spleen, liver and guts) calculated as a percentage of the live weight of the animal at slaughter (Table 3). The difference in the dressing out percentage among the group means was found highly significant (p<0.001).

The mean dead weights of the groups of animals were compared (Figure 2). The dressing out percentage was highest in the Blue group followed by the Green group. The difference between the means was insignificant (p > 0.05).





Table 3: The dead wt and dressing out percentages

Animal group	Total carcass	Carcass+Offa	Dead wt	Dressing-
Red	37.61±12.85	50.00±16.85	121.94±32.6	$40.40^{a}\pm3.43$
Yellow	40.75±11.79	53.76±14.02	129.28±28.2	$41.30^{a} \pm 2.54$
Green	52.13±16.62	66.36±18.97	146.38±36.6	$44.98^{b} \pm 4.03$
Blue	66.97±22.79	83.63±26.61	175.04±49.0	$47.33^{b}\pm 2.61$
White	47.93±17.56	$61.92 \pm 20.72$	146.98±37.6	$41.51^{a}\pm3.00$

**Note:** Offals include liver and guts. The group means with different subscripts in a column differ significantly from one another.

On the slaughter day, the animals were inspected for the body condition score. The average body condition score (1 to 5 scale) of the Red, Yellow, Green, Blue

and White groups were 1.5, 1, 2, 3 and 2 respectively. The Blue group of animals looked heavier and healthier followed by the White or the Blue groups of animals.

The post-test following ANOVA (F test) for comparison of the means are presented in Table 4.

Comparison of groups	Mean difference	Bonferroni p
		value*
Red group vs. Yellow group	1	NS (p>0.05)
Red group Vs Green group	-11	** (p<0.01)
Red group Vs Blue group	-21	*** (p<0.001)
Red group Vs White group	-16	***(p<0.001)
Yellow group Vs Green	-12	** (p<0.01)
group		
Yellow group Vs Blue	-22	*** (p<0.001)
group		
Yellow group Vs White	-17	***(p<0.001)
group		
Green group Vs Blue group	-10	* (p<0.05)
Green group Vs White	-5	NS (p>0.05)
group		
Blue group Vs White group	5	NS (p>0.05)

Probability is only 5% that any one (or more) of the comparisons would be significant with 'p<0.05' by chance alone.

#### **Economic analysis**

Considering the economy of feed supplementation, it appeared that the greatest profit, Rs. 514.00 was achieved from the group C i.e. the animals in the tree fodder supplemented group. The cost of the other feed costs, housing and labour have been made to zero assuming that these are available with a farmer (Table 5).

When the cost of tree fodder and the crop-residues were halved assuming that 50% of them are available to a household for feeding to their animals, the benefit was found to be negative for all treatments. The loss was calculated to be 4117, 3875, 3251, 5128 and 6778 for the Red, Yellow, Green, Blue and White groups of animals respectively.

As the animals were bought through a chain of 2 to 3 contractors, the real purchase price should have been different. To confirm this it was understood from a few of the suppliers that the real price was approximately Rs1000 to 1200 less than the price offered by ARSP. Therefore, if we consider the real purchase price then the Red, Yellow and the Green groups will be in profit whereas the Blue and White group will still be in loss.

Value	Cost /kg	/kg Animal Groups				
		Red	Yellow	Green	Blue	White
Carcass wt.	56	210	2282	2919	3750	2684
Guts	40	430	454	485	566	482
Liver	56	92	94	118	141	110
Head	150	150	150	150	150	150
Skin	150	150	150	150	150	150
Carcass value		292	3130	3822	4757	3575
Supplements						
Tree fodder	0.25	0	0	68	0	0
Urea molasses block	12	0	0	0	0	3348
Concentrate feed	12	0	0	0	2880	0
Triclabendazole	0.5	80	40	40	40	40
Total supplement costs		80	40	108	2920	3388
Other feeds						
Tree fodder	0	0	0	0	0	0
Green forages	0	0	0	0	0	0
Rice straw	0	0	0	0	0	0
Maize stover	0	0	0	0	0	0
Maize sheath	0	0	0	0	0	0
Total other feed costs		0	0	0	0	0
Others						
Housing	0	0	0	0	0	0
Labour cost	0	0	0	0	0	0
Purchase price of	3200	320	3200	3200	3200	3200
NET Profit		-	-110	514	-1363	-3013

#### Table 5: Economic value of feed supplementation and use of fasciolicide

#### DISCUSSION

#### Effect of treatments on live weight gains

As expected, the animals supplied with concentrate diets (Blue group) and the UMB (White group) gained more or less similar weights (p > 0.05). Interestingly, the Green group of animals fed with tree fodder also attained statistically similar (p > 0.05) weight gains to the White group. This has clearly indicated that the tree fodder supplied only at 3% live wt (fresh wt basis) could supply as much of nutrients as UMB could supply. This has clearly shown that the biological requirements of the nutrients by animals are related to the protein types rather than the other nutrients only. The tree fodder considered as the potential nutrient suppliers for ruminants particularly during the dry season in the hills of Nepal, are rich in protein content as well as anti-nutrients such as tannin (Subba, 1999). The supplementary tree fodder that was fed to the animals was composed largely of the Ficus spp trees supplying more than 12% of Crude protein. The protein fractionates available in these species are both the rumen soluble protein and the tannin bound protein. The bound protein could be freed in the lower gut for complete availability to the host ruminants at tissue level. However, the positive role of the phenolic compounds and their association with the improvement in the livestock performances has not yet been fully understood. There was no effect of the treatment on the weight gains in the animals of the Red group although they were treated against liver flukes. It appears therefore

that the animals in the Red and Yellow groups did not receive sufficient amount of nutrients from the supplied basal diets for growth as compared to the other 3 groups of animals. Both the groups of animals were loosing their weights until 21 WPI and regained weights from 21WPI onwards. The negative weight gains between 8 and 17 weeks post infection could be associated with the poor dry matter intake of the supplied feeds by the animals. The animals received rice straw in the form of basal diet until 18 WPI; the top portion of the rice straw was fed until 12 WPI and the bottom portion until 18 WPI. The poor performance could also be related to the animal housing which had been severely effected by the heavy and persistent rainfall of the monsoon. As a result the animals were partially limited to the access of fresh fodder as basal diet and the rice straw has low voluntary feed intake with poor digestible crude protein and dry matter digestibility as a result of the contents of lignin and biogenic silica. On the other hand, apart from the basal diets, the other three groups of animals received additional nutrients through the supplementary feed i.e. tree fodder, Concentrate feed and UMB. It can therefore be argued that the low body weight gains in the Yellow and Red groups of animals was related to the inadequacy in the dietary supply of nutrients. To support this argument, however, there is a need to experiment on the nitrogen balance of these diets.

While comparing the body condition score among the groups, the feed supplemented groups scored higher than either the Yellow (control) or Red (anthelmintic) groups. It is anticipated that the Green, Blue and White groups of animals might have compensated through supplementary feeds for protein losses as a result of fasciolosis. Whilst, the Red or the Yellow groups of animals might have lacked the nutrients particularly nitrogen to counter balance protein losses, hence the poor body conditions in the Yellow or Red groups as compared to the other groups of animals.

The study has shown that the local practice of supply of feed is not enough to improve immunity and compensate protein losses as a result of fasciola infection. Therefore, additional supply of nutrients particularly nitrogen is required to optimise the productivity of animals infected with liver flukes. The animals whether requires rumen degradable nitrogen supply or duodenum available protein supply is an area worth investigating. As the tree fodder (Green group) (which contains both rumen degradable and rumen by pass protein) and the UMB (White group) (contains rumen degradable protein only), the performances of the animals of both the groups are similar. It appears therefore that if animals were supplied with more tree leaves (i.e. more than 3% live wt.), the performances of the animals could have been further improved.

#### Fasciola infection and post-mortem examination

The recovery of the flukes was ranged from a minimum of 4% (in the animal no 3 of the White group) to a maximum of 45% (in the animal no 2 of the Blue group). Although the recovery of flukes in buffaloes in another experiment by Mahato (1993) was more or less similar, the low recovery of the flukes in this experiment could be because of either poor viability or the poor infectivity of the metacercariae. Due to some reasons, the metacercariae were stored for a quite longer period before being used to infect the animals. The viability of the metacercariae might have been lost during storage as a result of lack of dissolved oxygen. The other reasons involved could be the nutrition and management

practices of the host animals. At this range of the fluke burdens, the animals did not show any signs of fasciolosis. The clinical signs of fasciolosis could be evident at fluke burdens in excess of 144 (Mahato, 1993). However, one of the other 3 animals of the Yellow group that died during the experiment had carried a total of 421 flukes and had shown prominent features of fasciolosis e.g. depraved appetite, bottle neck etc. The other 2 animals from the Yellow and 1 from the Red group which carried less than 32 flukes, did not show any clinical signs of fasciolosis. The death of these animals could have been due to the association of the infection of flukes and the reduced feed intake as a result of weakness through an outbreak of severe dermatitis. One animal each of the Red and the Yellow group, which also suffered from dermatitis, were recovered after treatment with Ivermectin. This study has also shown that anthelmintic drenching to the animals is effective, however, the treatment is not sensible at lower fluke loads. In other words, the anthelmintics become meaningful only when treated to the animals loaded with heavier flukes that have profound effect on the productivity.

#### **Dressing out percentage**

The dressing out percentage was highest in the Blue group followed by the Green group (Table 2) as compared to the other treatment groups. It is interesting to note that the mean dressing out percentage was insignificant between Red, Yellow or White groups of animals. As the measurement of body wt alone could underestimate the extent of production losses in ruminants (Mahato, 1993), the measurement of dressing out percentage or carcass yield becomes a necessary step to evaluate the efficiency of feed supplementation. In comparison to the 72% weight attained by Blue groups, the weight lost by the Red, Yellow, Green and White groups was 61%, 56%, 39% and 38% respectively (Table 1). The rationale behind these heavy losses in the Red group of animals is unclear. As earlier mentioned, the only reason of reduced productivity could be attributed to the poor quality of the basal diet. However, further study should be made to confirm and understand the consequences.

#### **Economic analysis**

As the anthelmintic drugs or the UMB or the Concentrate feeds did not justify the cost (Table 3), the alternative methods of managing the disease to employ will be the use of tree fodder as every house hold maintains tree fodder sufficient for their animals at least for the dry winter season.

Although, the Blue group of animals performed better than either the Green or White groups of animals, promotion of the Concentrate or UMB feeding is not cost effective. Considering the cost involved and the accessibility of the Concentrate or UMB, the tree fodder could be genuine supplementary feed resource for nutrients for ruminants particularly the buffaloes. Along with the

feeding of tree leaves, prevention of animals grazing fasciola infected forages will further lower the incidence rate of fasciolosis thereby increasing the productivity of the animals.

#### CONCLUSIONS

The results showed that the supplementation of concentrate feed daily at the rate of 1% per kg body weight is the best among other treatments in terms of

the production yield i.e. live weight gain and carcass weight. However, considering the cost effectiveness and technology adoption risks, feeding of tree leaves at 3% live weight would be most appropriate for consideration. The efficiency of feed conversion can further be improved, if the animals are prevented from eating fasciola infected forages.

#### Future areas of research

It has been understood that the use of tree fodder as a supplement is an effective approach to minimise production losses in livestock caused by fasciolosis. The positive response could be associated with Tannin or the compensation of protein of the trees to the losses due to fasciola infection. It is necessary to study on the use of tannin rich tree fodder and examine their fasciola inactivating properties. Also, screening of local herbal materials recognised by local farmers having molluscicidal properties need to be fully investigated to effectively use to control this important disease.

The study has also shown that the quality of the local feed supply was not enough to a level sufficient to the production of an animal. Nutrients balance trials of the local feeds would therefore be worthwhile to confirm this argument.

# ACKNOWLEGDEMENTS

Thanks are due to the laboratory staff of the ARS-Pakhribas both past and present, particularly to Mr LB Rai, Mrs M Rai and Mrs Y Basnet for their excellent technical support. Thanks are also due to Mr C B Nepal and the hard working team of labourers for efficient record keeping, feeding and taking care of the experimental animals. The financial support of the Department for International Development, UK is gratefully acknowledged. The views expressed in this paper are not necessarily those of the DFID.

# REFERENCES

- Dacie, J.V. and Lewis, S.M. (1963) Practical Haematology, 3<sup>rd</sup> edn, pp. 58-60. J. & A. Churchill Ltd. London
- Joshi, D.D. and Tewari, HC (1975). Some observations on incidence of fasciolosis in yak and hilly cattle. *Bulletin of Veterinary Science and Animal Husbandry, Nepal*, 4:1-3.
- Mahato, S.N. (1993). Epidemiology and pathogenesis of fasciolosis in eastern Nepal, PhD Thesis, The University of Edinburgh, Scotland.
- Mahato, S.N., Harrison, LJS and Hammond, J A (1997). Epidemiological basis of the control of fasciolosis in Nepal, *Bulletin of Veterinary Science & Animal Husbandry Nepal*, Nepal Veterinary Association, Veterinary Complex, Kathmandu, NEPAL
- Sewell, MMH and Hammond, JA (1972). The detection of Fasciola eggs. *Veterinary Review*, 90:510-511.
- Subba, D.B. (1999). Tree fodders and browse plants as potential nutrient suppliers for ruminants, Paper presented in the Third livestock & fisheries workshop, Lumle Agricultural Research Centre, Lumle
- Yazman, J. (1987). Memorandum on body weight predictor equations. Agricultural research and production project, Ministry of Agriculture, Kathmandu, Nepal

### A FINANCIAL ASSESSMENT OF STRATEGIES TO MANAGE FASCIOLOSIS IN GOATS IN EASTERN NEPAL

#### **R. Anne Pearson and Peter Holloway**

University of Edinburgh, Department of Tropical Animal Health, Centre for Tropical Veterinary Medicine, Easter Bush, Roslin, Midlothian, Scotland, UK, EH25 9RG.

# **INTRODUCTION**

The purpose of this study was to construct simple financial models using data available from the experiment investigating locally derived feed management techniques compared to drug treatment in *Fasciola gigantica* infected goats (see paper by Dr B Pakhrin). The economic value of different management techniques in the control of fasciolosis was examined. The economics of dietary supplements were compared with the economics of drug control to help identify the most cost-effective techniques to manage fasciolosis in goats in Eastern Nepal. The models can be used as an aid to decision making in determining cost-effective and appropriate control measures for fasciolosis.

### **METHODS**

The information collected from the previously described, goat experiment on intake of supplements, and the comparative effects of the nutritional treatments and drug treatment, on live weight gain, were used along with current information (1998) on supplement, product and meat prices to construct simple financial models. The following figures were used in the financial analyses. The cost of the drug used in the analysis was 32.5 NRs per 900 mg tablet of triclabendazole. A dose of triclabendazole of 1.2 mg/kg was used to drug treat the goats when they weighed approximately 22 kg. Tree fodder was costed at 5 NRs /kg fresh weight. Each goat in the fodder-supplemented group was estimated to have consumed a total 95 kg of tree fodder as supplement during the period of study. Concentrate was priced at 11.3 NRs / kg with goats in the concentrate treatment group having consumed a total of 41 kg during the study. Consumption of urea molasses block by each goat was estimated at 29 kg and a blocks were costed at 13 NRs/kg. Performance and intake data was taken from the five goats in each group, which at examination *post-mortem* had been shown to have a positive fluke count.

#### ASSUMPTIONS

In creating the spreadsheet models certain assumptions were made:

No cost was included for routine husbandry or the basal diet. Also no account was taken of the cost of additional drugs, vaccinations, cost of buildings or infrastructure. The reasons for this were that such values were considered to be constant or similar for each group and so would make little overall difference

when comparisons of profitability were made. Furthermore, for most subsistence farmers the majority of these inputs will not carry any significant monetary cost.

# RESULTS

# Spreadsheet 1:

This spreadsheet represents the scenario when the actual costs of the drugs and food supplements used during the course of the experiment are used in the financial model. From this spreadsheet it can be seen that the greatest profit, 387 NRs, occurred in the group treated with triclabendazole at 20 weeks post infection. The second most profitable management method was feeding supplementary concentrates with a net profit of 334 NRs. Following this the most profitable form of management was the control group where the goats received no supplement or fasciolocide. The use of the urea molasses block was barely profitable at all and the tree fodder group actually made a loss.

# Spreadsheet 1: Incorporating the Actual Cost of Supplements and Fasciolocide Used in Goat Experiment

	Basal	+	+	+	+
Purchase price (NRs)	1.200	1.200	1.200	1.200	1.20
Mean initial weight (kg)	11.48	11.82	11.64	11.94	11.9
Mean live weight gain (g/d)	37.96	46.18	40.30	63.20	41.8
Total weight gain (kg)	8.77	10.67	9.31	14.60	9.67
Body weight at 33wks	20.25	22.49	20.95	26.54	21.5
Killing out percentage	61.10	62.80	64.30	62.80	61.3
Carcass weight (kg)	12.37	14.12	13.47	16.67	13.2
Meat value (NRs/kg)	120	120	120	120	120
Carcass value (NRs)	1,485	1.695	1.616	2,000	1.58
Supplement cost (NRs/kg)	0	0	5	11.3	13
Total supplement intake	0	0	95.7	41.2	29.2
Total supplement cost	0	0	479	466	380
Fasciolocide cost (NRs/mg)	0.40	0.40	0.40	0.40	0.40
Fasciolocide dose (mg)	0	268.8	0	0	0
Fasciolocide x. cost (NRs)	0	107.52	0	0	0
Net profit (NRs)	285	387	-62	334	7

# Spreadsheet 2

In this model the cost of tree fodder has been reduced to zero. This assumes that most farmers are able to collect their own tree fodder without charge from communal or private sources. When the cost of the tree fodder is reduced to zero then the tree fodder supplement, becomes the most profitable group (416 NRs), followed by the drug treated group (387 NRs), then the concentrate group (334 NRs). This suggests that tree fodder can be an extremely effective form of supplement in fasciolosis control if it can be provided at very low cost and no labour charges are incurred in collection.

	Basal	+	+	+	+
Purchase price (NRs)	1.200	1.200	1.200	1.200	1.20
Mean initial weight (kg)	11.48	11.82	11.64	11.94	11.9
Mean live weight gain (g/d)	37.96	46.18	40.30	63.20	41.8
Total weight gain (kg)	8.77	10.67	9.31	14.60	9.67
Body weight at 33wks	20.25	22.49	20.95	26.54	21.5
Killing out percentage	61.10	62.80	64.30	62.80	61.3
Carcass weight (kg)	12.37	14.12	13.47	16.67	13.2
Meat value (NRs/kg)	120	120	120	120	120
<b>Carcass value (NRs)</b>	1.485	1.695	1.616	2,000	1.58
Supplement cost (NRs/kg)	0	0	0	11.3	13
Total supplement intake	0	0	95.7	41.2	29.2
Total supplement cost	0	0	0	466	380
Fasciolocide cost (NRs/mg)	0.40	0.40	0.40	0.40	0.40
Fasciolocide dose (mg)	0	268.8	0	0	0
Fasciolocide x. cost (NRs)	0	107.52	0	0	0
Net profit (NRs)	285	387	416	334	7

Spreadsheet 2: The Cost of the Tree Fodder Supplement is Reduced to Zero While all Other Supplement Costs Remain Unchanged

### Spreadsheet 3

Here the price of the fasciolocide has been increased by 100%, from 0.4 NRs/mg to 0.8 NRs/mg. In this situation there is no financial benefit in treating with fasciolocide because the additional liveweight gain achieved is outweighed by the cost of the drug. The net profit from the control group, 285 NRs, is approximately the same as that from the triclabendazole treated group, 280 NRs. Thus the use of triclabendazole is only of economic advantage when its cost is not too high, in this situation less than 0.8 NRs/mg.

# Spreadsheet 3: The Cost of the Fasciolocide is Doubled While all Other Costs Remain Unchanged from the Actual Goat Experiment

	Rasal	÷	+	+	+
Purchase nrice (NRs)	1 200	1 200	1 200	1 200	1 200
Mean initial weight (kg)	11 48	11.82	11.64	11 94	11 90
Mean live weight gain $(\sigma/d)$	37.96	46 18	40.30	63 20	41.86
Total weight gain (kg)	8 77	10.67	931	14 60	9.67
Body weight at 33wks	20.25	22 49	20.95	26 54	21 57
Killing out nercentage	61 10	62.80	64 30	62.80	61 30
Carcass weight (kg)	12 37	14.12	13 47	16.67	13.22
Meat value (NRs/kg)	120	120	120	120	120
Carcass value (NRs)	1 485	1 695	1 616	2.000	1 587
Supplement cost (NRs/kg)	0	0	5	113	13
Total supplement intake	0	0	95 7	41.2	29.2
Total sunnlement cost	0	0	479	466	380
Fasciolocide cost (NRs/mg)	0.80	0.80	0.80	0.80	0.80
Fasciolocide dose (mg)	0	268.8	0	0	0
Fasciolocide x cost (NRs)	0	215.04	0	0	0
Net profit (NRs)	285	280	-62	334	7

### **Spreadsheet 4**

In this spreadsheet the cost of the concentrate has been halved. This assumes that the farmer is able to provide a comparable concentrate diet of his own making at a reduced cost. Since the majority of farmers feed their own selection of concentrates this is a reasonable assumption. If this is the case the financial gain from such a system is good. The profit from the concentrate fed group, becomes 565 NRs, almost 50 percent greater than the profit from the drug treated group, 387 NRs, where the goats are treated with fasciolocide. This serves to emphasise the importance of feeding supplementary concentrates when they are available as low cost 'by products.'

### Spreadsheet 5

Here the price of the fasciolocide has been reduced by 50 percent from 0.4 NRs/mg to 0.2 NRs/mg. This might occur if the government were willing to subsidise the cost of the fasciolocide. This occurred in Thailand as part of a strategic liver fluke control programme (Srihakam and Pholpark, 1989). In view of the severity of the problem of fasciolosis in Nepal it is possible that the funding for such a programme might be made available.

If the price of fasciolocide is reduced in this way then the profitability of treating for liver fluke greatly increases. The profit from the drug treated group then becomes 441 NRs per goat, much higher than that of the concentrate supplemented group, where the net profit is 334 NRs per goat. Many farmers fail to treat their goats for fasciolosis because they doubt the economic benefit. If such a scheme could be implemented then farmers would be more likely to treat their goats and thus reap the economic benefit of doing so.

	Rasal	+	+	+	+
Purchase nrice (NRs)	1 200	1 200	1 200	1 200	1 200
Mean initial weight (kg)	11 48	11.82	11.64	11 94	11 90
Mean live weight gain $(g/d)$	37.96	46 18	40.30	63 20	41 86
Total weight gain (kg)	8 77	10.67	931	14 60	9.67
Body weight at 33wks	20.25	22 49	20.95	26 54	21 57
Killing out nercentage	61 10	62.80	64 30	62.80	61 30
Carcass weight (kg)	12 37	14.12	13 47	16.67	13.22
Meat value (NRs/kg)	120	120	120	120	120
Carcass value (NRs)	1 485	1 695	1 616	2.000	1 587
Supplement cost (NRs/kg)	0	0	5	57	13
Total supplement intake	0	0	95 7	41.2	29.2
Total sunnlement cost	0	0	479	235	380
Fasciolocide cost (NRs/mg)	0.40	0.40	0.40	0.40	0.40
Fasciolocide dose (mg)	0	268.8	0	0	0
Fasciolocide x cost (NRs)	0	107 52	0	0	0
Net profit (NRs)	285	387	-62	565	7

### Spreadsheet 4: The Cost of the Concentrate Supplement is Halved While all Other Costs Remain Unchanged from the Actual Goat Experiment

	Racal	+	+	+	+
Purchase price (NRs)	1 200	1 200	1 200	1 200	1 200
Mean initial weight (kg)	11 48	11.82	11.64	11 94	11 90
Mean live weight gain $(g/d)$	37.96	46.18	40.30	63 20	41.86
Total weight gain (kg)	8 77	10.67	931	14 60	9.67
Body weight at 33wks	20.25	22 49	20.95	26.54	21 57
Killing out nercentage	61 10	62 80	64 30	62.80	61 30
Carcass weight (kg)	12 37	14.12	13 47	16.67	13.22
Meat value (NRs/kg)	120	120	120	120	120
Carcass value (NRs)	1 485	1 695	1 616	2 000	1 587
Supplement cost (NRs/kg)	0	0	5	113	13
Total supplement intake	0	0	95 7	41.2	29.2
Total supplement cost	0	0	479	466	380
Fasciolocide cost (NRs/mg)	0.20	0.20	0.20	0.20	0.20
Fasciolocide dose (mg)	0	268.8	0	0	0
Fasciolocide x cost (NRs)	0	53 76	0	0	0
Net profit (NRs)	285	441	-62	334	7

Spreadsheet 5:The Cost of the Faciolocide is Halved While all Other Costs Remain Unchanged from the Actual Goat Experiment

#### Spreadsheet 6

If it were possible to distribute urea molasses blocks free of charge to farmers then the benefits of this would be approximately equal to those treating with fasciolocide. The net profit from both groups under these circumstances would be 387 NRs. Such a scheme could again be made possible through foreign aid perhaps administered through government projects in certain poorer. However in view of the poor performance of the urea molasses block in comparison to concentrate feeding or the use of fasciolocides it may be that this is not the best method of nutritional management of fasciolosis.

#### Spreadsheet 6: The Cost of the Urea Molasses Block is Reduced to Zero While all Other Costs Remain Unchanged from the Actual Goat Experiment

	Rasal	+	+	+	+
Purchase nrice (NRs)	1 200	1 200	1 200	1 200	1 200
Mean initial weight (kg)	11 48	11.82	11.64	11 94	11 90
Mean live weight gain $(\sigma/d)$	37.96	46 18	40.30	63 20	41.86
Total weight gain (kg)	8 77	10.67	931	14 60	9.67
Body weight at 33wks	20.25	22 49	20.95	26.54	21 57
Killing out percentage	61 10	62.80	64 30	62 80	61 30
Carcass weight (kg)	12 37	14.12	13 47	16.67	13.22
Meat value (NRs/kg)	120	120	120	120	120
Carcass value (NRs)	1 485	1 695	1 616	2,000	1 587
Supplement cost (NRs/kg)	0	0	5	113	0
Total supplement intake	0	0	95 7	41.2	29.2
Total supplement cost	0	0	479	466	0
Fasciolocide cost (NRs/mg)	0.40	0.40	0.40	0.40	0.40
Fasciolocide dose (mg)	0	268.8	0	0	0
Fasciolocide x cost (NRs)	0	107 52	0	0	0
Net profit (NRs)	285	387	-62	334	387

# CONCLUSIONS

These spreadsheets are examples of the simple financial models, which can be produced to help identify the most cost-effective way of controlling fasciolosis within a location or on a farm. Issues such as availability and efficacy of the drugs for treatment and the range and availability of feed supplements that the farmers have access to also enter into the scenario. The choice of drug made by a farmer will usually have more to do with availability and cost than efficacy. Feeds available as supplements will also change during the season. Few farmers may purchase commercial concentrates for goats, but may buy some by-product concentrates such as brewers residue and mustard seed cake (Gatenby *et al.*, 1990). The majority of concentrates fed, such as maize flour, rice bran and vegetable waste are likely to come from farmers' own. Likewise farmers are more likely to collect their own fodder rather than purchase it at present, although shortages of tree fodder in some areas may mean that this becomes a tradable commodity in the future.

Because prices do not remain stable, and resources vary, so options change for farmers. Hence it is important in decision making to make use of financial models when planning and determining which strategies are currently economically attractive to farmers. The above simple models illustrate what can be done.

### ACKNOWLEDGEMENTS

This study was funded jointly by the Livestock Production and Animal Health Programmes of the UK Government Department for International Development DFID. However, the views expressed are not necessarily that of the DFID.

#### REFERENCES

- Gatenby, R.M., Shrestha, N.P. and Joshi, Y.R. 1990. The benefits of animal keeping in the Koshi Hills. *PAC Technical Paper*, Pakhribas Agricultural Centre, Dhankuta, Nepal.
- Srihakam, S. and Pholpark, M. 1989. Problem of fasciolosis in animal husbandry in Thailand. *Thai Journal of Veterinary Medicine*, 18 99-122.

# **REPORTS ON THE AFTERNOON DISCUSSION SESSIONS**

### Chaired by

# Dr. N.P. Shrestha

Director, Livestock and Fisheries Research, Nepal Agricultural Research Council Khumaltar, Lalitpur, Nepal

Delegates split into three discussion groups to consider

- Messages for immediate dissemination to Nepalese Farmers and dissemination pathways
- Further extension and development of findings
- Priorities for further research (adaptive and / or strategic)

Following detailed discussion, the rappoteurs prepared summaries of the group conclusions and recommendations, which are presented below.

### **DISCUSSION GROUP NO. 1**

Topics for discussion	n: Messages for immediate dissemination to Nepalese Farmers and dissemination pathways
Co-ordinator:	Mr. Shyam Paudel
Group members:	Mr. A.S. Ranjit, Dr. B. Parajuli, Dr. P.S. Kushwaha, Dr. R.M. Shrestha, Dr. N.P. Ghimire, Dr. N.B. Rajwar and others

#### **Recommendations:**

#### 1. Drug treatment messages

- Strategic drug treatment for fasciolosis (usually February and August) listen to announcements on radio, TV, news papers or messages from extension workers for the time to treat animals
- Treat clinical cases of fasciolosis as and when they arise
- Do NOT use Triclabenzadole (Fasinex) for the treatment of buffalo fasciolosis use Oxyclosanide, Rafoxanide or Albendazole. Use Triclabendazole (Fasinex) for the treatment of cattle, sheep and goat fasciolosis.
- Do NOT use carbontetrachloride for the treatment of fasciolosis as it is toxic

#### 2. Feed management messages

• The bottom parts of rice straw are a potential source of fluke infection especially just after harvest. To reduce the risk feed only the top half of the rice straw. Either send the bottom halves of the rice straw to the paper mill or store it and use as feed from the 1st of April onwards.
- Aim to feed a diet which contains up to 14% protein. To help achieve this level of protein feed supplement the basic diet with either tree fodders or feed concentrate or urea/molasses blocks as available.
- Tree fodder has added advantages as a supplement: it is nutritious, can be grown and harvested on farm and it reduces the severity of fasciolosis.
- •

# 3. Make use of the available sources of information

- Radio, television, newspapers
- Information literature video and audio tape, posters, pamphlets, booklets and brochures.
- Listen to extension workers messages and information given at farmers group meetings

# 4. Adoption and uptake of ideas

- It is important for extension workers to hear farmers responses to suggested control measures, whether the measures are practical, whether the farmers carry out the suggested control measures and if not why they don't.
- Such information can be relayed to decision-makers to help them develop the best and most appropriate control plans.

# **DISCUSSION GROUP NO. 2**

Topics for discussion	Further extension and development of findings
Co-ordinator:	Dr. D.R. Ratala
Group members:	Dr. L. Sherchand, Dr. B.K.P. Shah, Mr. S.K. Shrestha, Mr J. Bajracharya Dr. S.C. Ghimire, Dr. K. Bhattarai, Dr. K Chand Thakuri, Dr. S.M. Amatya, Dr. R.P. Ghimire and others

### **Recommendations:**

# 1. Drug Treatment

- The value of strategic drug treatment for fasciolosis has been verified in a series of farmers field trials/demonstration projects conducted in the Eastern and Western Regions of Nepal. This needs to be extended to the Far West, Mid West and Central Regions. Apart from an east to west variation in the duration of the Monsoon (which is known from meteorological data) the epidemiology of fasciolosis is similar between regions. However, because of the differences in the Monsoon, there may be slight differences in the optimum dates for strategic drug treatment for fasciolosis. This should be investigated.
- Routine evaluation of efficacy of locally available anthelmintics against fasciolosis. This work will be co-ordinated by the central / regional laboratories but carried out on selected farms in collaboration with the farmers and district staff.
- Financial evaluation of the all strategic control programme based on opportunity cost of the inputs and outputs

# 2. Feed Management

# **Rice Straw**

- Verify optimal storage times for the bottom parts of the rice straw under different climatic conditions in order to ensure that the metacercariae are dead before the rice straw is used as feed.
- In some areas there is a shortage of rice straw fodder to feed animals. An investigation should be conducted to determine whether, instead of cutting the rice straw in half, if it can be cut further down the stalk. This would ensure that there was enough rice straw to feed the animals until it was safe to feed the stored bottom parts of the straw.
- Studies should be conducted to obtain feed-back on rice straw use and the acceptability of handling and storing the straw in the suggested manner.

# Diet

- Studies should be carried out to determine the protein content of the diets fed to ruminants in the various area of Nepal to determine if the diets vary from the generally recommended level of c14% crude protein.
- The reasons for the non-uptake of the urea treatment of rice straw should be examined
- An investigation should be conducted to determine whether ensiling rice straw (with of without urea) kills metacercariae.
- On-farm trials should be conducted on the practicality of feeding tree fodder in the country as a whole.
- Economic verification should be conducted on different feeding regimes, e.g. fodder, rice straw, concentrate etc. in relation to fasciolosis control
- Financial evaluation of feed management based on cost of the inputs and outputs.
- 3. Making use of and developing messages for dissemination Extension methods
- Develop dissemination messages to increase awareness regarding the control of fasciolosis, incorporating feed management techniques.
- Develop audio-visual, poster, pamphlets, booklets, agricultural diaries etc. media for the use of extension workers.
- Conduct mass awareness campaigns through organised extension outlets, farmers groups, institutions and other agents.

# 4. Other suggestions:

- Research is required on the treatment of rice straw with chemicals and herbs to reduce the viability or kill metacercariae and thus reduce the infectivity of the bottom parts of rice straw.
- Due to the method of spring-fed irrigation, some fields remain water logged after harvest. These fields are a better habitat for the intermediate snail hosts of *Fasciola gigantica* and represent a greater risk than fields that are dry after harvest. The management of rice straw from the water-logged fields should be investigated as should methods to avoid water logging.
- Food laws prohibit use of urea in concentrates, but not in medicine or for treatment of roughages. If the research results support the conclusion that urea treatment is effective, the act should be amended appropriately.

## **GROUP NO. 3**

**Topics for discussion:** Priorities for further research (adaptive and / or strategic)

**Co-ordinator:** Dr. A. Pradhan

**Group members:** Dr. S.K. Singh, Dr. P. Pathak, Dr. K.R. Regmi, Dr. B.R. Thapa, Mr. S.B. Panday, Dr. J.N. Rai, Dr. Ranjana Gupta, Mr. J.P. Thikey, Dr. B.R. Joshi, Mr. Raju Chhetri, Dr. Banshi Sharma, Mr. Kishor Panday and others

## 1. General comments and suggestions

- Institutional strengthening is required to improve the research capabilities of animal health research stations / institutions in Nepal
- A regulatory veterinary authority is required in order to conduct quality control and efficacy trials on anthelmintics supplied within the country. This would be organised centrally but the testing would be conducted on selected farms.
- Available data on tree fodders their tannin content, nutritional value and toxicity levels, at various times of year, should be collated and presented in an easily available form. This data can then be updated on a regular basis.
- Research proposals have to be prioritised in order of importance. While assessment of field problems, economic analysis of the disease etc. are important aspects of research, it is a proven fact that fasciolosis is widely prevalent in Nepal. Almost 60% of veterinary drugs sold in Nepal are used to control this disease. Farmers realise its importance. Efforts should not therefore be wasted just to "reinvent the wheel". Instead available resources should be directed to adaptive research such as verifying and promoting promising control strategies.

# 2. Drugs

• Screening of local herbs having flukicidal / molluscicidal properties should continue. However, such work may be considered of low priority since its was noted that a large proportion of local herbs in the Eastern hills were screened for their flukicidal / molluscicidal properties, but none were found effective.

# 3. Feed Management techniques

- Complete database on various aspects of fodder trees in relation to nutrient content, such as performance, anthelmintic properties, nutrient and balance trials of local tree fodders
- The role of tannins as flukicide should be investigated, especially since as pointed out elsewhere a balance will have to be struck between the beneficial effects of tannins in killing flukes and the negative effects tannins have as nutrient inhibitors.
- Studies have concentrated on protein balance in the diet but the interaction between fasciolosis and energy metabolism also required investigation.

# 4. Integrated Approaches

- Integrated approach on fluke control using anthelmintic, biological methods and feeding management
- Effect of fasciolosis in ruminants under different feeding regime and field management
- Effect of interaction of fasciolosis and nutrition on draught power of animals

### **APPENDIX 1**

### LIST AND ADDRESSES OF PARTICIPANTS

#### MINISTRY OF AGRICULTURE

**Dr M N Shrestha** Secretary to the Ministry of Agriculture His Majesty's of Government of Nepal Singhdarbar, Kathmandu, NEPAL Phone: +977-1-225108

Dr S K Shrestha Joint Secretary, Planning Division Ministry of Agriculture His Majesty's of Government of Nepal Singhdarbar, Kathmandu Phone: +977-1-226465

Dr Lila Pathak Joint Secretary, Woman Development Division, Ministry of Agriculture His Majesty's of Government of Nepal Singhdarbar, Kathmandu Phone: +977-1-223441

#### CENTRE FOR TROPICAL VETERINARY MEDICINE (CTVM)

**Dr LJS Harrison** 

Parasitologist CTVM Easter Bush, Roslin, Midlothian Scotland, EH25 9RG Tel: +44 131 650 6217, Fax: + 44 131 445 5099 Email: leslie.harrison@ed.ac.uk

Dr R A Pearson

Livestock Production CTVM Easter Bush, Roslin, Midlothian, Scotland, EH25 9RG Tel: +44 131 650 6217, Fax: + 44 131 445 5099 Email: anne.pearson@ed.ac.uk

# NEPAL AGRICULTURAL RESEARCH COUNCIL (NARC)

Mr D Joshy Executive Director, NARC, Khumaltar, Lalitpur Tel: 525708

### Dr N P Shrestha

Director, Livestock and Fisheries Research NARC, Khumaltar, Lalitpur Tel:524040

Mr H R Shrestha Chief, Bovine Research Division NARC, Khumaltar, Lalitpur Tel: 521423

**Dr S P Neopane** Chief, Animal Breeding Division NARC, Khumaltar, Lalitpur, Phone::532922

**Mr S M Pradhan** Chief, Fodder & Pasture Division, NARC, Khumaltar, Lalitpur, Phone: 523038)

**Mr R C Khanal** Chief, Animal Nutrition Division NARC, Khumaltar, Lalitpur, Phone: 523039

**Dr Adarsha Pradhan** Chief, Animal Health Research Division NARC, Tripureswor, Tel: 261732/250716

# AGRICULTURAL RESEARCH STATION, PAKHRIBAS (ARS-P)

Dr K R Regmi Station Chief ARS-P, Dhankuta Fax: 026 20345,Tel: 026 20365/381 email: arsp@ccsl.com.np

**Dr R P Thakur** Scientist-3 ARS-P, Dhankuta

**Mr D B Subba** Animal Nutritionist ARS-P, Dhankuta

Mr Kisan Rai

Chief Technician ARS-P, Dhankuta Present address : Panchratna Groups of Hatcheries and Feed Industries, Narayangarh, Chitwan,

Mrs Mina Rai Lab technician ARS-P, Dhankuta

Mrs Yasoda Basnet Lab technician, ARS-P, Dhankuta

# AGRICULTURAL RESEARCH STATION, LUMLE (ARS-L)

Dr R P Sah Station Chief ARS-L, Kaski Tel: 061 29456, Fax: 061 22653 email: dirlarc@mos.com.np

Dr B R Joshi Scientist 3 ARS-L, Kaski

**Dr R S Rana** Animal Nutritionist ARS-L, Kaski

#### **REGIONAL AGRICULTURAL RESEARCH** STATIONS (RARS)

Mr S B Panday Regional Director RARS, Nepalgunj, Banke Tel: 081-20052

Mr Chita Ranjan Yadav Regional Director, RARS, Tarhara, Sunsari Tel: 025 80461, Fax: 025 81018

Mr Pulakit Mandal Buffalo Research Programme RARS, Tarhara, Sunsari

SHEEP AND GOAT FARM, BANDIPUR Mr C R Upreti Sheep and Goat Farm, Bandipur, Tanahu, Tel: O65 20137, Fax: 065 80035

#### DEPARTMENT OF LIVESTOCK SERVICES

**Dr Prahalad Sapkota** Director General Department of Livestock Services Hariharbhawan, Lalitpur Phone: +977-1-522056, Fax: +977-1-522058 E-mail: dg@dls.wlink.com.np

**Dr. N P S Karki** Deputy Director General Department of Livestock Services Harihar Bhawan, Lalitpur Phone: +977-1-521610

Mr. S K Shakya Deputy Director General Department of Livestock Services Harihar Bhawan, Lalitpur Phone: +977-1-521610

Mr. Dalaram Pradhan Project Manager Third Livestock Development Project Harihar Bhawan, Lalitpur Phone: +977-1-531007, Fax: +977-1-531006

**Dr Prabhakar Pathak** Co-director SVSLDC Project Harihar Bhawan, Lalitpur Phone: +977-1-542914, Fax: +977-1-542915

**Dr N B Rajwar** SVSLDC Project Harihar Bhawan, Lalitpur

#### LIVESTOCK SERVICES TRAINING DIVISION

**Dr B M Shrestha** Chief, Training Division Harihar Bhawan, Lalitpur Phone: +977-1-522059

**Mr Shyam Poudel** Livestock Officer Training Division, Harihar Bhawan, Lalitpur

Mr Kul Prasad Bhandari Cameraman Training Division, Harihar Bhawan, Lalitpur

#### ANIMAL PRODUCTION DIVISION

**Dr B K P Shah** Chief Livestock Officer Animal Production Division Harihar Bhawan, Lalitpur Phone: +977-1-522031

Mr Lila B Karki Marketing Specialist Animal Production Division, Harihar Bhawan,

**Dr L. Sherchand** Chief, Animal Breeding & A I Section Khumaltar, Phone: 526234

**Mr J Bajracharya** Chief, Pasture and Animal Nutrition Section Harihar Bhawan, Lalitpur Phone: +977-1-527020

**Dr B Sharma** Livestock Officer, Sheep and Goat Section, Harihar Bhawan Phone: +977-1-54390

### Mr J M Thike

Livestock Officer, Milk Production Section Harihar Bhawan, Lalitpur Phone: +977-1-522031

#### NEPAL VETERINARY COUNCIL Dr D Joshi Chairman, Nepal Veterinary Council Tripureshwor, Kathmandu

#### Phone: +977-1-252348 ANIMAL HEALTH DIVISION

**Dr Shubh N Mahato** Chief Veterinary Officer Animal Health Division, Tripureshwor, Kathmandu Phone: +977-1-261569, Fax: +977-1-261521 E-mail: ahd@healthnet.org.np

**Dr Bharat Khadka** Veterinary Officer Animal Health Division, Tripureshwor, Kathmandu

**Dr Rajesh Yadav** Veterinary Officer Animal Health Division, Tripureshwor, Kathmandu

**Dr P Mainali** Chief, Central Veterinary Hospital Tripureshwor, Kathmandu Phone: +977-1-261382

**Dr N P Ghimire** Veterinary Officer, Central Veterinary Hospital Tripureshwor, Kathmandu

**Dr R M Shrestha** Chief, Central Veterinary Laboratory, Tripureshwor Phone: +977-1-261938, Fax: +977-1-261 E-mail: cvl@wlink.com.np

**Dr Banshi Sharma** Veterinary Officer Central Veterinary Laboratory, Tripureshwor

Dr Balram Thapa Veterinary Officer, Animal Quarantine Section, Tripureshwor, Phone: 261605

**Dr J N Rai** Veterinary Officer Rabies Control and Veterinary Public Health Section, Tripureshwor, Phone: 251123

**Dr B Parajuli,** Chief, Biological Production Section Tripureshwor, Kathmandu, Phone: 252348

**Dr S C Ghimire** Senior Veterinary Officer Central Epidemiology Unit Tripureshwor, Phone: 250717

**Dr G N Gongal** Chief, National Foot and Mouth Disease Control Section Budhanilkanth, Kathmandu, Phone: 370657

#### **REGIONAL DIRECTORATE, LIVESTOCK** SERVICES

Mr. A S Ranjit Regional Director Livestock Services Directorate Eastern Region, Biratnagar Phone: +977-21-26958, Fax: +977-21-28924

## Fasciolosis 2000 - Nepal

Strategies for feed management in areas endemic for fasciolosis

### Dr S K Singh

Regional Officer Livestock Services Directorate, Eastern Region, Biratnagar

Mr S Sah Regional Director Livestock Services Directorate, Central Region Harihar Bhawan, Lalitpur, Phone/Fax: 522057

Dr. Karuna Bhattarai

Veterinary Officer Livestock Services Directorate, Central Region,

**Dr M S Karki** Regional Director, Livestock Services Directorate, Western Region Pokhara, Phone: +977-61-20454

#### Dr D R Ratala Regional Director, Livestock Services Directorate

Mid-Western Region, Shurkhet, Phone: 083-20937 Dr K B Bogati Regional Director, Far-Western Region, Dipayal Phone: +977-94-40146

#### **REGIONAL VETERINARY LABORATORIES**

Dr K C Thakuri Chief, Regional Veterinary Laboratory Western Region, Pokhara, Phone: 061-20419

**Dr Pitamber Kushwaha** Chief, Regional Veterinary Laboratory Mid-Western Region, Surkhet, Phone: 083-20937

#### DISTRICT LIVESTOCK SERVICE OFFICES

**Dr T P Prasai** Chief, District Livestock Services Office Tehrathum, Phone: 026-20283

**Dr Yogendra Yadav** Chief, District Livestock Services Office Ilam, Phone: 027-20043

**Dr T P Subba** Chief, District Livestock Services Office Kabhre, Phone: 011-61266

**Dr R Jha** Chief, District Livestock Services Office Nuwakot, Phone: 010-60012

**Dr R P Ghimire** Chief, District Livestock Services Office Baglung, Phone: 068-20121

#### DEPARTMENT OF AGRICULTURE

**Mr B. Bimoli** Chief, Agriculture Communication Division Harihar Bhawan, Lalitpur Phone: +977-1-522248, Fax: +977-1-522258

**Mr Prakash Sharma** Radio Broadcaster, Agriculture Communication Division, Harihar Bhawan, Lalitpur

#### DEPARTMENT OF FORESTRY

**Dr. S.M. Amatya** Department of Forestry Research and Survey Babarmahal, Kathmandu

**Dr. S. B. Singh** Hills Leasehold Forestry and Forage Development Project, Babarmahal, Kathmandu

UNIVERSITIES

#### Dr Ranjana Gupta

Reader, Department of Zoology, Tribhuvan University, Kirtipur, Phone: 331896, 330537

Dr I P Dhakal

Chief, Veterinary program Institute of Agriculture and Animal Sciences, Rampur, Fax: 056-22245

**Dr H B Rana** Parasitologist Institute of Agriculture and Animal Sciences

Mr Kishor Panday Student, Dept. of Zoology, Tribhuvan University

Miss Sarah Wythe Student

School of Biological and Earth Sciences Liverpool John Moores University, James Parsons Building Bryam Street, Liverpool L3 3AF, England, UK

Miss Sanju Mahato Student, Budhanilkantha School, Cambridge University

NGOs/INGOs

**Dr Balram Thapa** CARE International-Nepal Pulchowk, Lalitpur

**Dr Mahendra N Lohani** Country Director Heifer Project International, Satdobato, Lalitpur Phone: +977-1-532554, Fax: +977-1-542873 E-mail: hpinmnl@mos.com.np

**Dr Bidur Pakhrin** Technical Officer Heifer Project International, Satdobato, Lalitpur Phone: +977-1-532554, Fax: +977-1-542873 E-mail: hpinbp@mos.com.np

Mr M N Mahato Executive Director Himalayan Community Development Forum, Dhaubadi, Nawalparasi, Phone: 078-39300/ 40145

**Mr R P Gupta** Plan International Hetauda, Makawanpur, Phone: 20642

**Mr Sandip Mahato** Plan International Padam Pokhari, Makawanpur, Phone: 20642

**Mr. Raju Chhetri** Nepal Agro-forestry Foundation, Baneswor, Kathmandu

#### DFID/HARP

Mr Sam Bickersteth Natural Resources Advisor, Department for International Development-Nepal Ekantkuna, Lalitpur, Phone: 542980, 542981

Mr J B Abington Director Hill Agriculture Research Programme Pulchowk, Lalitpur, Phone:545180, Fax: 521425

Mr P. G. Rood Research Advisor, HARP c/o HARP Office, Pulchowk,

#### FARMERS/CBOs

Mrs Nanda Maya Neupane Women's Buffalo Farmers Group, Dairy Co-operative, Itahari, Sunsari

Mrs Nirmala Nepal Women's Buffalo Farmers Group, Dairy Co-operative, Itahari, Sunsari Mr Purna Prasad Nepupane Dairy Co-operative, Itahari, Sunsari

Mr Ganesh Poudel Dairy Co-operative, Itahari, Sunsari

Mrs Gita Acharya Womens Goat Farmers Group, Everest Club, Bardibas, Mahottari

Mrs Kunta Thapa Womens Goat Farmers Group, Everest Club, Bardibas, Mahottari

**Mrs Saroj Devi Jha** Nabadurga Goat Farmers Group Madai, Mahottari District

**Mrs Rita Jha** Nabadurga Buffalo Farmers Group Madai, Mahottari District

### MEDIA

**Mr Nav Raj Pokharel** Editor, Nepal Television, Singhdarbar Phone: 228447

Cameraman Nepal Television, Singhdarbar

Mr Bipramani Acharya Radio Nepal, Singhdarbar, Phone: 223910

Mr Surendra Pokharel National News Agency Singhdarbar Plaza, Phone:262636

### WORKSHOP ADMINISTRATION

Mrs Vishnu Devi Poudyal Baneswor, Kathmandu, Phone: 491529

Miss Srijana Mahato Tripureswor, Kathmandu, Phone: 261210

Mr Gobind Ghimire Tripureswor, Kathmandu

**Mr Damber Prasad Timilsina** Tripureswor, Kathmandu

## DISSEMINATION OF INFORMATION AND UPTAKE PATHWAYS CURRENTLY OPERATING IN THE ANIMAL HEALTH SECTOR OF NEPAL.

### SN Mahato and SC Ghimire

Animal Health Division, Veterinary Complex, Tripureswor, Kathmandu

### 1. The pathways for dissemination

The media currently used for dissemination is defined in section 3, while this section outlines the pathways through which information is channelled and how the decisions on what information is to be delivered are made in Nepal.

Decisions are made on suitable information for dissemination by the Animal Health and Animal Production Divisions of the Department of Livestock Services. Each of these Divisions is divided into several specialist sections for example the Central Veterinary Laboratory and Animal Disease Control Section would be responsible for fasciolosis control. Staff in these sections access information from scientific meetings, workshops, institute reports and scientific publications in order to make recommendations as to what information should be disseminated. Alternately requests are made, through DLSO, by field technicians and village level animal health workers, who encounter problems, for help from section staff. The information gathered to solve these problems might be considered suitable for dissemination on a wider basis. There are several different pathways through which dissemination is accomplished

- The dissemination messages are incorporated by the Livestock Services training Division into inservice training or refresher courses for field technicians and village animal health workers who are in day to day contact with farmers and farmers groups.
- The Animal Health Division and other central and regional institution within DLS organise regular workshops, seminars and conferences on various topics such as animal health, investigation of epidemics and disease control, laboratory diagnostics etc. New findings on e.g. disease management and disease control technologies are discussed and documented in the meeting proceedings. The meeting and circulation of the meeting proceedings help disseminate the technology to field staff and technicians.
- Preparation of information by the Animal Health Division, the Livestock Services Training Division or concerned technical sections. The information is prepared in various media formats and is distributed to field workers, farmers, farmers groups and village level animal health workers via the District Livestock Service Offices (DLSO). Television and radio broadcasts are aired through Radio Nepal and Nepal Television.
- Important messages and technology packages are incorporated into the District Animal Health Extension Programmes by the following approaches:

**Demonstration programmes:** The field staff selects sites and implements a particular programme, such as strategic drug treatment on farm. The services are provided free of charge to the farmers and the results monitored in comparison with control farms in order to demonstrate the value of the programme to the farmers. The participating farms are selected following discussion with local farmers groups. In some cases the farmers groups decide to pay the cost price of the drug into the group account for future bulk purchases etc.

**'Camps' (Targeting specific areas):** DLSOs each have an annual work plan which is based on the needs of their service areas and prepared in consultation with local farmers groups. As part of this programme the above two parties will either target specific problems or attempt to increase general awareness of animal health issues. The plans will be advertised when a certain village is targeted. At

the 'camps' specific disease problems will be treated and through this, general awareness of animal disease problems and the services available to help control them will be increased.

*Schools Teaching Programmes:* In some areas of Nepal adult literacy is low and there is some resistance to novel ideas amongst these farming communities. In these areas schools are targeted by DLSOs with the animal health messages so that the children can convey these new approaches to their parents. This takes advantage of the fact that the young people are very receptive to new ideas and generally will be motivated to improve farm productivity and farm income.

*Special Veterinary Field Services Teams:* As new technologies become available or new problems arise specialist teams of veterinarians are assembled so that they can run short training courses in the field. For example, in giving information on feeding rice straw or strategic drug treatment for fasciolosis or in diagnosis of disease.

### 2. The current pathways to monitor uptake

Progress reports are prepared on a monthly basis by Livestock Service Centre / Sub-centre staff and are presented at the district meetings. This information is used as a basis for the District monthly report. As with other meetings such as workshops, seminars and conferences (see section 1) the level of adoption of novel ideas and practices is not recorded formally but a subjective impression is taken by the field workers and this is reported verbally. If the problems continue then the District Officers will report this verbally at the four monthly Regional Level Review meetings. This system has the effect that problems are recorded while successful uptake of new ideas may not receive the deserved recognition. It is, therefore, suggested that the reporting should be improved to formally record uptake or adoption of novel strategies and that funds should be sought to carry out projects which will allow the rates of uptake and the consequent impact to be quantified.

### 3. The media employed in dissemination

Within the agricultural sector, there are several mechanisms employed in order to rapidly disseminate information to farmers and extension workers alike. National television and radio are accessed in order to broadcast immediate news items, while current event radio and television programmes are employed to cover information in greater detail. Although some information is delivered through conventional reporting methods such as newspapers and magazines, much of it for broadcast is channelled through two special units that produce dissemination material. These are the Livestock Services Training Division and the Agricultural Communication Division (ACD) of HMG/Ministry of Agriculture. The units have, at their command, well appointed radio and television/video production studios, which can rapidly produce material for broadcast or on audio or videotape. The ACD has a complete printing unit which prints information in booklet, pamphlet, brochures or poster formats, which can if desired be mainly pictorial in nature. The unit also produces a quarterly bulletin, diaries and calendars. The media produced by the units is distributed as appropriate to extension workers, farmers groups, farmers and schools etc. It is the role of extension workers to interact with farmers and farmers groups in order to ensure that the desired information is imparted to farmers and farmers groups. Finally it should be pointed out that although there is an awareness of the potential of the Internet and CD-ROMs as dissemination mechanisms, these are not as yet in wide use in Nepal. These mechanisms will undoubtedly be of much value in the future and their use should be encouraged. To date only limited numbers of people have access to this technology, but undoubtedly its use will increase in the near future and funds re actively being sought by the epidemiology unit of the AHD to do this.

### APPENDIX 3

# DISSEMINATION OF INFORMATION - TV, RADIO, NEWS PAPER OFF-CUTS AND PRESS RELEASE

Reports of the meeting were aired on Nepalese National television and radio on the six pm and 10pm news on the 5th of March 2000. Two current event radio programmes, *Ghatana Vichar* and *Pariwesh* devoted 10-15 minute slots on the 5th and 6th March 2000 respectively to the problems of fasciolosis and its control in Nepal. Further radio programmes for farmers which were based on the participants interviews (Dr NP Ghimire and Dr DR Ratala) were aired on 2nd, 9th and 16th March 2000. A copy of the press release and photocopies of the newspaper off-cuts are presented below and in the next page respectively. The media coverage was presented in both Nepali and English.

### PRESS RELEASE

An International Workshop was held on March 5th 2000 at the Blue Star Hotel, Tripureshwor. The Workshop 'Strategies for Feed Management in Areas Endemic for Fasciolosis' was jointly organised by the Agricultural Research Station - Pakhribas (ARSP), Ministry of Agriculture, Department of Livestock Services, Animal Health Division (AHD) and the Centre for Tropical Veterinary Medicine, University of Edinburgh (CTVM), Scotland UK.

The purpose of the workshop was to discuss appropriate ways of controlling fasciolosis, which is a serious and important disease of domestic animals in Nepal. Drug treatment is not always immediately available or affordable for small-scale farmers and so alternative means to control the disease are needed.

In 1996 the Agricultural Research Station, Pakhribas (ARS-P) and the Centre for Tropical Veterinary Medicine (CTVM), Edinburgh were successful in obtaining funds from the British Government Department for International Development (DFID) to undertake a collaborative project on 'the interaction of fasciolosis and nutrition in growing ruminants'. The DFID Animal Health and the Livestock Production Programmes jointly funded the project. ARS-P and CTVM have collaborated for over 15 years on various livestock management and health projects and have a good record in working together.

The project has investigated whether food supplementation using locally available feeds could be an option in alleviating the effects of the disease in growing ruminants.

### The main findings were:

Extra feed supplementation can be a viable alternative to drug treatment in alleviating the effects of fasciolosis in growing ruminants, provided it is of medium protein content (about 14% crude protein), so that supplementation with many of the tree fodders would be suitable). High protein supplements (over 19% crude protein - such as oil seed cakes, fodder legumes or dairy cow concentrates) and low protein supplements (about 7% crude protein) were not suitable alternatives to drug treatment.

In the mid-hills supplementation of the normal feed of buffaloes and goats with 3% tree fodder was the most economic strategy to use in alleviating the effects of the disease.

Earlier work at the then Pakhribas Agricultural Centre (now ARS-P) has shown that, when feeding rice straw to buffaloes in the hills, only the straw tops (over 40 cm from the base) should be fed until April. After April it is safe to feed the bottom of the rice straw stalks. This is because the parasite is rarely found on straw tops and the parasites on the bottom part of the straw die after storage.

At the workshop, the project findings and how best they, and other information about fasciolosis control can be advertised in Nepal to help farmers keep their animals healthy and productive were discussed. Seventy five people with an interest in the subject attended the workshop including farmers, extensionists, media specialists, NARC scientists, DLS officers, International scientists involved in livestock research and development, representatives from NGOs.

### **PHOTOCOPIES OF THE NEWSPAPER CUTTINGS**

THE RISING NEPAL, KATHMANDU, MARCH 6, 2000 MONDAY PAGE 7

# Fasciolosis claims 70% of buffaloes in mid-hill region

Kathmandu, Mar. 5 (RSS): Fasciolosis or liver-rot claims the disease. some 70 per cent of buffaloes in the mid-hill region of Nepal causing a loss of some Rs. 1,685 million every year.

According to a survey of 1972, 50 to 90 per cent of buffaloes in the mid-hill region contracted the disease causing a loss of someUS \$ 20 million, while a study carried out in 1993 incurred a loss of some supplements can be a viable US \$ 30 million. As compared to other animals, buffaloes are more alleviating the effects of fasciolosis likely to contract the disease.

Despite public awareness about the disease and investment 14 per cent). of some 60 per cent of the budget for eradication of livestock E. G. 19 per cent crude protein diseases, there is no decline in the cases of fasciolosis.

The disease spreads from the grazing ground and hay before and after harvesting Sluggishness, weight loss, reduction in milk-producing Shambhu Narayan Mahato,

capacity, etc are the synaptims of ris, aboth B. P.M." Subba of the A

for the past four years by the international worksho. Agriculture Research Station Pakhribas (ARS-P) and the Centre for Tropical Veterinary Medicine (CTVM) with the assistance of Department of International Development (DFID) of the United alternative to drug treatment in

But, high protein supplements, such as oil seed cakes and fodder legumes were not suitable alternative to drug treatment.

crops. Livestock Services Department their views at the function. Animal Health Division Dr.

research jointly conducted expressed these views ា្ "strategies for feed manay nent-in dieas endemin for fasciolosis" iointly, argumited by the ARS-P and CTVM of scotland fibre today

Joint Secretary at the Ministry of Agriculture Dr. S. K. Shrestha Kingdom shows that extra feed inaugurating the workshop, said it is necessary to control fasciolosis which farmers can also identify.

Director General of the in growing ruminants, provided it - Department of Livestock Services is of medium protein content (about Dr. Prathad Sapkota, from the 14 per cent). Chair, noted that livestock farming contributes 31 per cent to the gross igniculture production. Various other speakers

including chief of ARS-P Dr K.... R. Regmi and NARC executive Chief veterinary officer of the director Dr. D. Joshi also expressed

Some 75 persons flad taken part in the day-long workshop.

नम्ल रगबाट 30 बढाक

काठमाडौ, फागुन २२ गते । भैसीमा लाग्ने नाम्ले रोगका कारण मात्र नेपालले प्रतिवर्ष करिब रू. एकअर्ब ६८ करोड ४० लाख ८४ हजार बराबरको क्षति बेहोर्न् परिरहेको छ । यो रोगबाट नेपालको मध्य पहाडी भेगका करिब ७० प्रतिशत भैसीहरू बर्वेनि मूर्ने गरेका छन् ।

सन् १९७२ मा गरिएको एक अध्ययनमा मध्य पहाडी भेगका भैसीमा यो रोगको संकमण ४० देखि ९० प्रतिशत रहनुका साथै वार्षिक क्षति करिब दई करोड अमेरिकी डलर थियो भने सन् १९९३ मा भएको अध्ययनमा संकमणको प्रतिशत समान रहे पनि वार्षिक क्षति तीन करोड ७० डलर पुगेको थियो । अन्य धरपालुबा जनावरको त्लनामा भैसीमा यो रोगको संक्रमण बढी रहेको पाइएको छ ।

पश् रोग निवारणका लागि हने खर्चको ६० प्रतिशत यही रोगका लागि हने भए पनि नाम्ले रोगको संक्रमण दरमा कमी भएको पाइएको छैन ।

धान रोपाइअघि र काटिसकेपछि बढी देखिने तथा गाइवस्तुको चरन र परालबाट सनें यो रोग लागेको गाईवस्तुले कम खान थाल्छ, उसको तौल घट्छ, दूधको उत्पादन घटछ, र उत्पादित दूधको गुणस्तर पनि खस्कन्छ । करिब १४ प्रतिशत प्रोटिनयुक्त घाँस

खाने बढ्ने पश्मा केही डाले घाँस बढी दियो भने औवधिको प्रयोग बिना नै नाम्लेको असरलाई न्यून गर्न सकिने करा कृषि अनुसन्धान केन्द्र पाखिनास र सीटीभीएमले संयुक्त अधिराज्यको डीएफओडीको सहयोगबाट विगत ४ वर्षदेखि सञ्चालन गरेको अनुसन्धानबाट पुष्टि भएको छ।

तर धेरै प्रोटिन (१९ प्रतिशत)भन्दा माथि र कम प्रोटिन (७ प्रतिशतभन्दा कम) भएको खाब बस्तु दिएमा नाम्लेको असर कम हुँदैन ।

सोही केन्द्रमा गरिएको एक अर्को अनुसन्धान अनुसार ४० से मी भन्दा मायिको पराल चैतसम्म र त्यसपछि फेदसमेतको पराल खुवाएमा नाम्ले परजीवीको असर न्यून हुने पाइएको ୟ ।

कृषि अनुसन्धान केन्द्र पाखिवास, पशु स्वास्थ्य महाशाखा र सेन्टल टपिकल भेटेरिनरी मेडिसिन एडिनबरा स्कटल्यान्डको संयुक्त तत्वावधानमा आज यहाँ आयोजित 'नाम्ले प्रभावित क्षेत्रमा पशु आहार व्यवस्थापन' विषयक कार्यशालामा पशु सेवा विभाग पश स्वास्थ्य महाशाखांका प्रमुख भेटेरिनरी अधिकृत डा. शुभनारायण महतो, सीटीभीएमका विशेषज्ञ डा. एलजेएस ह्यारिसन र डा. आरए पियर्सन तथा पाखिबास अनुसन्धान केन्द्रका डा. बी.

पाखिन र डीबी स्व्वाद्वारा प्रस्तुत कार्यपत्रमा उक्त जानकारी दिइएको हो ।

गोष्ठीको उद्घाटन गदै कृषि मन्त्रालयका सहसचिव डा. एसके श्रेष्ठले स्यानीय कृषकहरूले सजिलोसँग यो रोग पहिचान गर्नसक्ने बताउनभयो ।

सभापतिको आसनबाट पशु सेवा विभागका महानिर्देशक डा. प्रहलाद सापकोटाले दीर्घकालीन कषि योजनामा हाल पशुपालनले कुल कृषि उत्पादनको ३१ प्रतिशत योगदान दिंदै आएकोमा त्यसलाई बढाई ४४ प्रतिशत प्ऱ्याउने लक्ष्य रहेको उल्लेख गदै सम्पूर्ण पशुजन्य उत्पादनमा ३० प्रतिशतले क्षति प्ऱ्याउँदै आएको नाम्ले रोगको रोकथामबाट मुलुकको अर्थतन्त्रमा पनि सकारात्मक प्रभाव पर्ने धारणा व्यक्त गर्नुभयो ।

पाखिवास कृषि अनुसन्धान केन्द्रका प्रमुख डा. के आर रेंग्मी, नार्कका कार्यकारी निर्देशक डा. डी जोशी र एचएआरपीका निर्देशक जेबी एब्रिडटनले पनि आ-आफ्नो मन्तव्य व्यक्त गर्नुभयो ।

एक दिने उक्त कार्यशाला गोष्ठीमा कथिविज्ञ, किसान, पत्रकार, पशु चिकित्सक, राष्ट्रिय तथा अन्तर्राष्ट्रिय स्तरका पशुविज्ञ तथा गैर सरकारी संस्थाका प्रतिनिधिसहित करिब ७५ जनाको सहभागिता थियो । रासस

. बेरी बेवार	फागुन २३ गते २०४६ साल	<b>गाररवापत्र</b> (११)