

Objective

To expose the households in Kogony, Wathorego and Konya sub-locations to possible ways of dealing with their problems of kitchen management (particularly kitchen improvement and indoor air pollution).

Attendance.

Kogony

Households 28, 29 30 27 24
Community Representative P.O

Village Elder, Bandani B.H.
One interested community member

Konya

Households 01 02 03 04 05 06 07
08 09 10 11 12 13

Community Representatives D. A.; P.O.;F. N.; S. K.; J. O.;
Village Elder Y. M.

Wathorego

Households 15 16 17 18 20 21 23
Community Representatives J.O.; M.I.; B.O.; E.O.; C.O.
Village elder A. O.

The visit to Mumias

The team was divided into four for ease of entry into households in Mumias and they visited a total of 15 kitchens. Below are some of the remarkable realisations they had.

- Ample type of kitchen visited - they could bring a difference in their kitchen at no cost except by them providing time, proper mudding, building storage shelves, using improved stoves (mud stoves).
- Use of dry wood is key to smoke reduction.
- Proper ventilation – air spaces, windows and good orientation would help to reduce smoke.
- Cleanliness in the kitchen was striking to them.
- Those kitchens were not any different from their kitchens in terms of the superstructure, materials, size, outlay and general appearance.
- They could expand their knowledge and skills to improve their own kitchens.
- Realised the time savings they could make with the food was more.

Sample Kitchen visited

Iranjiri Women's Group

- Visited kitchens with improved stores food warmers, shelves and well smeared with mud.

Lusheha Community

- Visited kitchens with stoves, wood racks, shelves, kitchen pens.



Inyesi.

Visited kitchens with improved stoves, shelves, sofa sets beds-all made out of mud and well used and maintained.

Ichingo

Visited a kitchen with a smoke hood.

Plans

The households from Konya, Wathorego and Kogony hope to plan the improvements they will make in their kitchens and this information will be given during individual household discussions in September.

Requests

ITDG to link them with the Ichingo Community for exchange training.

Expenditures involved(Kshs)

- Vehicles hire and fuelling	-	22,000
- IT Kisumu office costs	-	4,000
- Subsistence –		14,000
- Communication	-	1,500
- Reporting	-	500
Total	-	42,000