

### Background

In low and middle income countries, **75%** of people do not get the mental health services that they need



Source: Mental Health & Poverty Project (MHAPP)

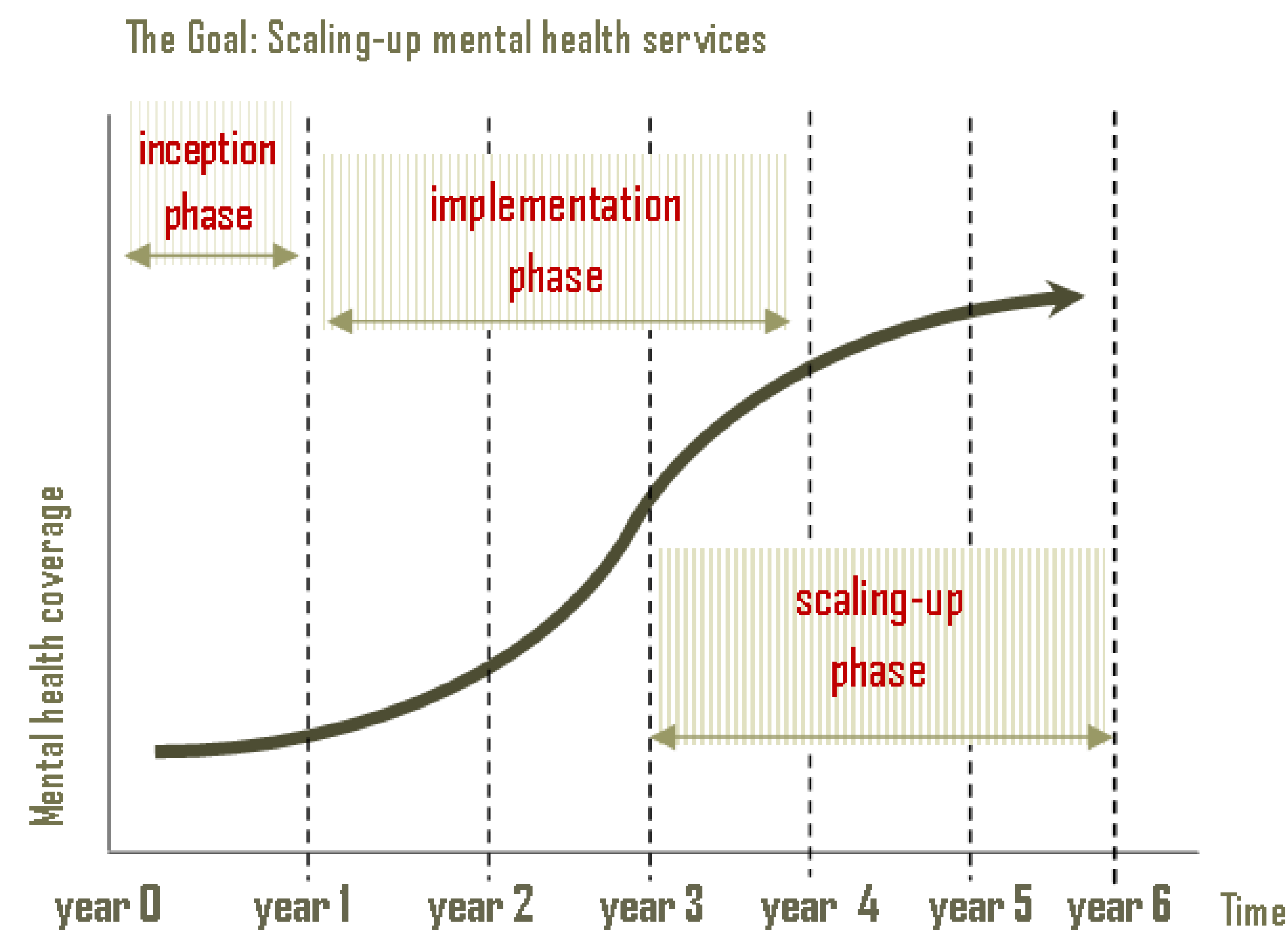
### Goal

The goal of PRIME is to generate world-class research **evidence** on the implementation and **scaling-up** of **treatment** programmes for **priority mental disorders** in **primary** and **maternal health care** contexts in **low resource** settings.

### Research

PRIME's research will be conducted in the following overlapping stages over a 6 year period:

- the **inception** phase, during which PRIME will develop an integrated mental health care plan comprising packages of mental health care for delivery in primary health care and maternal health care.
- the **implementation** phase, which will evaluate the feasibility, acceptability and impact of the packages of care in primary health care and maternal health care.
- the **scaling-up** phase, when PRIME will evaluate the scaling up of these packages of care at the level of administrative health units



### Research District Information



	DISTRICT	POPULATION	NO. OF PHC's	LITERACY RATE	NO. OF MENTAL HEALTH SPECIALISTS
ETHIOPIA	SODO	161,952	7	48%	2 psychiatric nurses
INDIA	SEHORE (Madhya Pradesh State)	1,311,008	17	71%	1 psychiatrist
NEPAL	CHITWAN	472,048	40	70%	5 psychiatrists 2 psychiatric nurses
SOUTH AFRICA	KENNETH KAUNDA (North West Prov)	632,790	58	88%	1 psychiatrist 1 psychiatric nurse
UGANDA	KAMULI	740,700	70	62%	1 psychiatric clinical officer

Source: PRIME Situational Analysis, 2011

### Capacity Building

A major goal of PRIME is to strengthen the capacity to generate, communicate and utilise mental health research in LMIC. PRIME has a number of capacity building opportunities including:

A **Small Grants Initiative**, intended to support innovative research ideas from partners that are consistent with PRIME's objectives; **Skills Development Training**, such as facilitating the participation of PRIME researchers in short courses & promoting **postgraduate training** by mentoring doctoral and postdoctoral researchers

### Research Uptake

Through a Research Uptake Strategy, PRIME is committed to enhancing the uptake of its research for policy-makers based on its **dissemination** and **communication** activities.

PRIME aims to develop **dissemination outputs** (including policy briefs, working papers, open-access peer-reviewed journal publications, audio-visual presentations), and communicate it through a range of vehicles. **Communication vehicles** include **global** and **national** advocacy initiatives such as World Mental Health Day (10 October annually), international (including community and local) media, social media and websites, conferences and local Community Advisory Boards (CABs).



DEVELOPING RESEARCH CAPACITY

BUILDING SUSTAINABLE PARTNERSHIPS

### Partners

PRIME is an international consortium of mental health **researchers** and **policy makers** who are committed to improving mental health in low resource settings.

It includes research institutions and Ministries of Health in five developing countries in Asia and Africa (**Ethiopia, India, Nepal, South Africa & Uganda**), as well as the **World Health Organization**, the **Centre for Global Mental Health** (incorporating **London School of Hygiene & Tropical Medicine** and **King's Health Partners**, UK) and international NGOs such as **Basic Needs, Healthnet TPO** and **Sangath**.

Launched in May 2011, PRIME is a six year programme led by the **Centre for Public Mental Health** at the **University of Cape Town**, and supported by the UK government's **Department for International Development (DFID)**.

