How to work safely

Putting on personal protective equipment (PPE)

PPE required when providing direct personal care, caring for an infectious, symptomatic or COVID positive person or where there is a risk of exposure to body fluids.

- Make sure you drink some fluids before putting on your PPE
- Tie hair back
- Remove jewellery
- Check PPE in the correct size is available

1. Clean your hands and wrists using alcohol hand rub/gel or use soap and water.
2. Put on apron and tie at waist.
3. Put on facemask – position upper straps on the crown of your head, lower strap at nape of neck.
4. With both hands, mould the metal strap over the bridge of the nose to ensure a close fit.
5. Don or put on your eye protection, due to the risk of splashing.
6. Put on gloves.