



Department of Health & Social Care



# WOMEN'S HEALTH

Let's talk about it

**The government is  
making a new plan about  
women's health**

**Please tell us your ideas for the plan**



# About the women's health plan



We are the government.



We are making a new plan for England about women's health.

The plan will be called the **Women's Health Strategy**.



We want to make sure that we listen to women and know what they need.

We would like your ideas. This will help us know what women want to be in the plan.



You can tell us your ideas if you are aged 16 or over and are from England.



There are some questions for you to answer in this document.

You can answer as many as you like.



Please give us your answers by 11.45pm on **13 June 2021**.

You can find out how on page 19.



## Why we are making the plan

We want all women to have the best health they can.

For example, we want to make sure that:



- Women feel OK about speaking up about health issues.

At the moment women may feel worried about talking about some health issues.



- Women are listened to when they do speak up.

- Women can get good and clear information about health issues.



- Women get the right support for their health all through their lives.

This includes support to stay well and stop health problems happening.



- Women get the right support with their health at work.



## The questions for you to answer

Please do not tell us the names of other people in your answers unless they have said yes first.

Please tick the boxes with the answers you choose.



## About you

What is your age?

What ethnic group are you from?

This is about things like where you and your family are from and the language you speak. Choose one group that feels most right for you:

White

Asian or British Asian

Black, African, Caribbean or Black British

More than one ethnic group

Another ethnic group



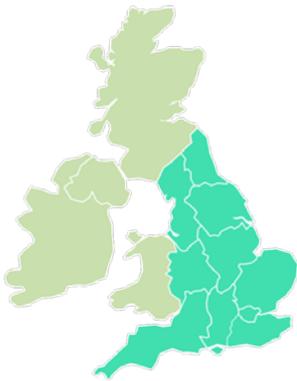


## Are you

A woman

A man

Other



## Where in England do you live?

North

South

Midlands

London

Not in England

# What subjects should be in the women's health plan?

You can choose up to 5.

Disability

Good health for women as they get older

Violence against women and girls

Periods and the menopause.  
The menopause is when women stop having periods

Mental health

Finding out more about health issues that only women have

Sexual health. To do with safe sex and things to stop people getting pregnant like the pill and condoms





Other things.  
You can say what if you like

## **Making sure women can speak up and are listened to**



**Do you feel OK talking about health issues with doctors, nurses or other health and care staff?**

**Care staff support people to live at home or do everyday things.**

Yes

No

Not sure



**Has there been a time when doctors or other health and care staff did not listen to you or do enough to help?**

Yes

No

**If you said yes what were you trying to talk to health or care staff about?**

**There is more on the next page.**



The health issue or disability you might have and how it feels.

Asking for more information about a health issue or disability.

Talking about what medicine or treatment you might need.

Asking to see an expert who knows a lot about your health condition or disability.





Saying that you were unhappy with your health care.

Something else. You can say what if you like.



You can tell us anything else about how health and care staff listen to women and what needs to change if you like.

# Information about women's health

Where do you usually get health information from?

Tick all the boxes that are right for you.



The internet

Family or friends

Doctors or other health and care staff

Libraries

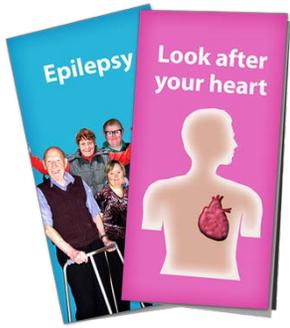
Health leaflets

Hospitals or chemists

NHS. Like the NHS 111 phone line or the NHS website

Somewhere else. You can say where if you like





## Have you been given enough information about women's health issues?

This could be health issues to do with periods, sex and having children. Or more general health issues.

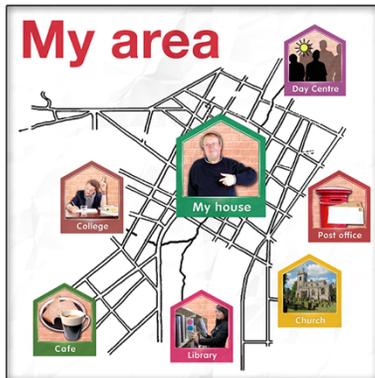
Yes  No  Not sure



## What would help women get better information about their health?

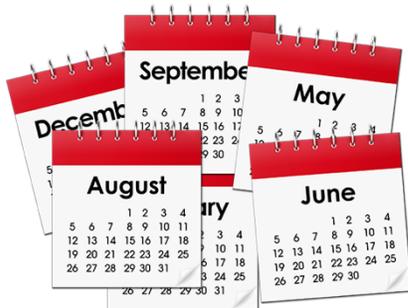
Or is there anything else you want to tell us about information on women's health?

# Women's health all through their lives. From when they are young to old



Can you get all the health or care services you need near to where you live?

Yes  No  Not sure



Can you get all the health or care services you need at the right time for you?

Yes  No  Not sure



**What would make it easier for you to get health or care services that work for you?**

**Please share any ideas you have.**



**Do you have any health conditions or disabilities?**

Yes  No  I don't want to say

**If you said yes what health conditions or disabilities do you have?**



**Do you get enough support from health services for your health condition or disability?**

Yes

No

Not sure



**What would make health services for your health condition or disability better for you or other women?**

**Please share any ideas you have.**

# Women's health at work



**Do you have a job at the moment?**

Yes

No

Not sure



**Do you feel OK talking about health issues at work?**

Yes

No

Not sure



**Do you get enough support from work for your health or disability?**

**This could be your work place now or the last place you worked.**

Yes

No

Not sure



**Has your work life changed at all because of a health condition or disability?**

**Please choose how your work life has changed**

No change

The money you earn

Your mental health

How much work you can do

How you get on with other people at work

Not sure

Something else. You can say what if you like



**What support would help you to work in the best way you can?**



**That is the end of the questions. Thank you.**

## **What next**



We will look at what everyone says. This will help us know what women want to be in the new plan.

We will write a report about what everyone has told us after the summer.

# How to give us your answers



To give us your answers you can:

1. **Print and scan** this document to your computer using a scanner.

Then email it to:

[whscallforevidence@dhsc.gov.uk](mailto:whscallforevidence@dhsc.gov.uk)



2. Or **post** this document with your answers to:

Women's Health Strategy Consultation  
Ministerial Correspondence and Public  
Enquiries Unit

Department of Health and Social Care  
39 Victoria Street

London

SW1H 0EU

United Kingdom

Please make sure that **Women's Health Strategy Consultation** is written clearly in the address so we know what it is.

**Thank you.**

