
A woman with blonde hair is lying in bed, looking distressed with her eyes closed. A man's hands are resting on her arms, suggesting a moment of care or concern. The scene is dimly lit, with a blueish tint, possibly from a nightlight or moonlight.

**“Dyw hi ddim fel  
petawn i wedi ei gorfodi...”**

**“Wnes i ddim ei tharo na dim”**

Mae rhyw gyda rhywun nad  
yw ei eisiau yn drais.

Am gymorth a gwybodaeth  
chwiliwch am

 camdriniaeth mewn perthynas