



# Managing Health at Work for Employers

Every year in the UK,

**131 million** working days

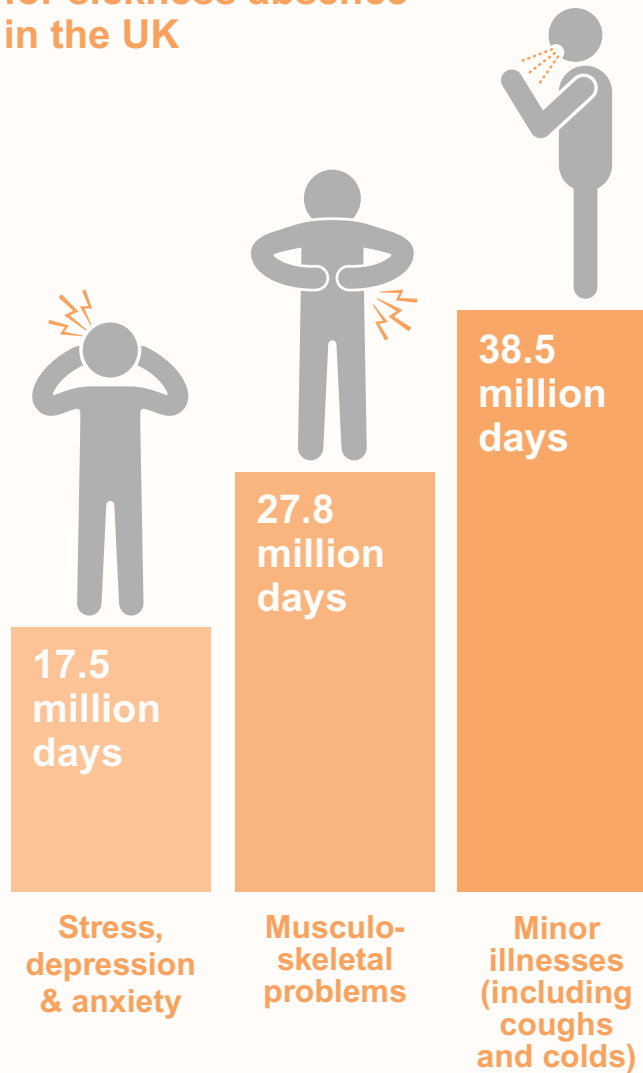


are lost to sickness absence



**4.1 days**  
are lost on average  
for each worker due  
to sickness absence

Main reasons  
for sickness absence  
in the UK



In the UK,

**1 in 3**  
employees



with a long term health  
condition have not discussed  
it with their employer