Carer’s Allowance

Claim form for people getting State Pension

Carer’s Allowance gives financial help to people who cannot take up full-time paid work as they provide regular care to a disabled person.

The quickest and easiest way to claim Carer’s Allowance is online. Check if you can get Carer’s Allowance and make a claim at www.gov.uk/carers-allowance

We have many different ways we can communicate with you
If you would like us to communicate with you by Braille, British Sign Language, a hearing loop, translations, large print, audio or something else please contact us. Please see details below.

About this form
• Only use this form to claim Carer’s Allowance if you are getting State Pension. If you are not getting State Pension, contact us to find out how to claim.
• Check if you can get Carer’s Allowance by using the checklist on page 2 of the notes.
  If you cannot get Carer’s Allowance, go to www.gov.uk to see what other help you might be able to get.
• You, the carer, must fill in this form, not the person you provide care for.
• Please fill in this form with BLACK INK and in CAPITALS.
• Please answer all the questions and send us all the documents we ask for.
• Contact us if you cannot fill in this form or send us the documents we ask for, because this might delay your claim.
• This form and the notes are available in large print or Braille. Please ring 0800 731 0297.
• If you have speech or hearing difficulties, you can contact us by textphone on 0800 731 0317. The textphone service does not receive messages from mobile phones.

Calls to 0800 numbers are free from landlines and mobiles.

Normally, you can expect us to get back to you within 6 weeks. This may change at busy times of the year.

Remember
If someone else also cares for the same person as you, only one of you can claim Carer’s Allowance, or the carer’s element of Universal Credit.

If you both meet the criteria, you must decide between you who will claim.

When you claim Carer’s Allowance, the person you provide care for may stop getting:
• a severe disability premium paid with their benefits, if they get one
• an extra amount for severe disability paid with Pension Credit, if they get one
• reduced Council Tax, if their local council offers it
We will check the record of the person you provide care before making a decision on your claim. There is more information about how Carer’s Allowance affects other benefits in the Notes and at www.gov.uk/carers-allowance

You must tell the person you are providing care for, or their legal representative, before you claim Carer’s Allowance.

About your Carer’s Allowance

When do you want your Carer’s Allowance claim to start?
You must give us an exact date or your claim will be delayed. If you do not fill in the day, month and year, we cannot accept your claim and we will send this form back to you.

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<tr>
<th>Day</th>
<th>Month</th>
<th>Year</th>
<th>Example of an exact date:</th>
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<td>11 / 01 / 2019</td>
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Please make a note of this date. We will ask you about it again later.

Part 1: About you – the carer

Title
For example Mr, Mrs, Miss, Ms.

Surname or family name

All other names in full

All other surnames or family names you have used or have been known by

Your National Insurance (NI) number

You can get this from your NI number card, letters about benefits, payslips or form P60. If you do not tell us your NI number, it could delay your claim.

Your date of birth

What is your marital or civil partnership status?

single
married or civil partner
living with partner
separated
divorced or civil partnership dissolved
widowed or surviving civil partner
Part 1: About you – the carer

Address

Phone number

Mobile number
To help us deal with your claim or any queries you may have as quickly as possible, please give us your mobile phone number so we can contact you by text message.

If you have speech or hearing difficulties and want us to contact you by textphone, tick this box.

If you live in Wales and would like us to contact you in Welsh, tick this box.

What is your nationality?

If you are a Swiss or European Economic Area (EEA) national, were you living in the United Kingdom (UK) before 1 January 2021?

No
Yes
Don’t know

Which country do you normally live in?

Which country are you living in now?
**Part 1: About you – the carer** continued

Have you been present in Great Britain throughout the 3 years before the date you are claiming from? Great Britain is England, Scotland and Wales.

No ☐
Yes ☐

If No, please tell us in the table below about any countries you have lived in or visited in the 3 years before the date you are claiming from. If you had more than 5 visits abroad, tell us about them in Part 5.

<table>
<thead>
<tr>
<th>Country</th>
<th>From</th>
<th>To</th>
<th>Reason for being there.</th>
<th>Was the person you look after with you? Yes or No</th>
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<td>For example, you live there, for a holiday, for work.</td>
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Do you, or a member of your family, get any benefits or pensions from a country other than Great Britain?
By family we mean your spouse or civil partner and dependent children and adults.

No ☐
Yes ☐

If you have answered Yes to this question we will contact you for more information.

Have you, or a member of your family, claimed any benefit or pension which has not yet been decided, from a country other than Great Britain?

No ☐
Yes ☐

If you have answered Yes to this question we will contact you for more information.

Are you, or a member of your family, working in or paying insurance to an EEA country or Switzerland?
For a list of EEA countries, see page 4 of the Notes or go to www.gov.uk/claim-benefits-abroad/where-you-can-claim-benefits

No ☐
Yes ☐

If you have answered Yes to this question we will contact you for more information.

No ☐
Yes ☐

If you have answered Yes to this question we will contact you for more information.
Part 2: About your partner

Tell us about your partner, if you have one.
We use partner to mean:
• a person you live with who is your husband, wife or civil partner, or a
• a person you live with as if you are a married couple
We look at any money your partner gets from benefits when we work out
if you can get Carer’s Allowance.

Have you lived with a partner at
any time since the date you
want to claim from?

No ☐ Go to Part 3.
Yes ☐

Their title
For example Mr, Mrs, Miss, Ms.

Their surname or family name

All their other names in full

All other surnames or family
names they have used or have
been known by

Their National Insurance (NI)
number

Letters Numbers Letter

You can get this from their NI number card, letters about benefits,
payslips or form P60. If you do not tell us their NI number, this
could delay any benefit you may be entitled to.

Their date of birth

Their nationality

Have you separated from your partner since the date you want
to claim from?

No ☐
Yes ☐ When did you separate?

/ / /
Part 3: About the person you provide care for

Remember
You must tell the person you are providing care for, or their legal representative, before you claim Carer's Allowance.

Their title
For example Mr, Mrs, Miss, Ms.

Their surname or family name

All their other names in full

Their National Insurance (NI) number
Letters Numbers Letter

You can get this from their NI number card, letters about benefits, payslips or form P60. If they are aged 16 or under, their NI number is the reference number on letters about Disability Living Allowance for them.

Their date of birth
/
/

Their address
You do not have to live at the same address as the person you provide care for.

What is this person’s relationship to you?

Are they getting Armed Forces Independence Payment?

No
Yes

Is the person you care for receiving a disability benefit from an EU country or Switzerland?

No
Yes

If Yes, what is the name of the benefit?

Which country is paying the benefit?

Please send in a recent notification regarding this benefit award if you have one.
Part 3: About the person you provide care for continued

Have you spent 35 hours or more each week providing care for this person since the date you want to claim from?

No  [ ]  Yes  [ ]

Is another person getting the carer element of Universal Credit for providing care for them?

No  [ ]  Yes  [ ] Tell us about the person who is getting the carer element of Universal Credit. If you can, tell us their name, address, date of birth and NI number.

There is more information about what happens if there is more than one carer on page 4 of the Notes booklet.
### Part 3: About the person you provide care for  
continued

Has the person you provide care for been in hospital, a care home or respite care for at least a week in the 6 months before the date you want to claim from?

**Period 1**
- They were in
  - [ ] hospital.
  - [ ] a care home or respite care.
  
  When were they in hospital, a care home or respite care?
  - [ ] From [ ] / [ ] / to [ ] / [ ] /

While they were in hospital, a care home or respite care, did you still provide care for 35 hours a week?
- [ ] No
- [ ] Yes

If they were in a care home or respite care, were they getting care from a medical professional during this time?
- [ ] No
- [ ] Yes

**Period 2**
- They were in
  - [ ] hospital.
  - [ ] a care home or respite care.
  
  When were they in hospital, a care home or respite care?
  - [ ] From [ ] / [ ] / to [ ]

While they were in hospital, a care home or respite care, did you still provide care for 35 hours a week?
- [ ] No
- [ ] Yes

If they were in a care home or respite care, were they getting care from a medical professional during this time?
- [ ] No
- [ ] Yes

**Period 3**
- They were in
  - [ ] hospital.
  - [ ] a care home or respite care.
  
  When were they in hospital, a care home or respite care?
  - [ ] From [ ] / [ ] / to [ ]

While they were in hospital, a care home or respite care, did you still provide care for 35 hours a week?
- [ ] No
- [ ] Yes

If they were in a care home or respite care, were they getting care from a medical professional during this time?
- [ ] No
- [ ] Yes

Tell us about this below. If they had more than 3 periods in hospital, a care home or respite care, tell us about them in Part 5.

No [ ] Go to the next page.
Yes [ ]

[ ]

Go to the next page.
Part 3: About the person you provide care for continued

Have you been in hospital or a care home or respite care for at least a week in the 6 months before the date you want to claim from?

Period 1
You were in

When were you in hospital, a care home or respite care?
If you were in a care home or respite care, were you getting care from a medical professional during this time?

No ☐ Go to the next page.
Yes ☐ Tell us about this below. If you had more than 3 periods in hospital, a care home or respite care, tell us about them in Part 5.

Period 2
You were in

When were you in hospital, a care home or respite care?
If you were in a care home or respite care, were you getting care from a medical professional during this time?

No ☐
Yes ☐

Period 3
You were in

When were you in hospital, a care home or respite care?
If you were in a care home or respite care, were you getting care from a medical professional during this time?

No ☐
Yes ☐
Part 3: About the person you provide care for

Have there been any other times you have not provided care for the person named on page 6 of this form for 35 hours a week in the 6 months before the date you want to claim from? This includes holidays.

**Period 1**
When did you not provide care for 35 hours a week?

The person you provide care for was

You were

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**Period 2**
When did you not provide care for 35 hours a week?

The person you provide care for was

You were

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</table>
Part 3: About the person you provide care for

Period 3
When did you not provide care for 35 hours a week?

The person you provide care for was

You were

Part 4: Other details

Have you been on a course of education since the date you want to claim from?
If you are on holiday or temporary leave from your course, still tick Yes.

Have you been employed at any time in the 6 month period before the date you want to claim from?
Still tick Yes if you are off work because you are sick, on paid or unpaid leave.
If you are a company director, you should tick Yes.

Are you or have you been self-employed at any time since the week before the date you want to claim from?
By self-employment we mean:
• working for yourself
• being a partner or sleeping partner in a business
• receiving income from property or land you own, or
• renting out any part of the home you live in for example, to a lodger
Have you received any payments for the person you provide care for or anybody else since the date you want to claim from?
For example payments for fostering, adult placements, direct payments or any payments from your local council.

No ☐
Yes ☐

What is this payment called?

Who pays you?

How much do they pay you and how often?

£ every
Part 5: More information

Use this box to tell us anything else you think we need to know.
Part 6: Declaration

Even if someone else has filled in this form for you, you must sign the declaration yourself.

By submitting this claim you agree that the information you have given is complete and correct.

While you are getting Carer’s Allowance, you will report changes to your circumstances straightaway by calling 0800 731 0297, or by textphone on 0800 731 0317. Or you can report changes to your circumstances by accessing www.gov.uk/carers-allowance

If you give wrong or incomplete information, or you do not report changes straightaway, you may:
- be prosecuted
- need to pay a financial penalty
- have your Carer’s Allowance reduced or stopped
- be paid too much Carer’s Allowance and have to pay the money back

If we pay you less than we should, we may pay you the money that we owe you.

Signature

Date / /
What to do now

- Check that you have answered all the questions.
- Get in touch with us if you cannot fill in the form. Your Carer’s Allowance may be delayed. If you have speech or hearing difficulties, you can contact us by textphone on 0800 731 0317. The textphone service does not receive messages from mobile phones.
- Check that you have signed the form.
- Send the form to us in the envelope that came with this claim pack. The envelope does not need a stamp. Our address is:
  
  Carer’s Allowance Unit  
  Mail Handling Site A  
  Wolverhampton  
  WV98 2AB
How the Department for Work and Pensions collects and uses information

When we collect information about you we may use it for any of our purposes. These include:
• social security benefits and allowances
• child maintenance
• employment and training
• investigating and prosecuting tax credits offences
• private pensions policy and
• retirement planning

We may get information about you from other parties for any of our purposes as the law allows to check the information you provide and improve our services. We may give information about you to other organisations as the law allows, for example to protect against crime.

To find out more about our purposes, how we use personal information for those purposes and your information rights, including how to request a copy of your information, please visit [www.gov.uk/dwp/personal-information-charter](http://www.gov.uk/dwp/personal-information-charter)