### MEETING FRIENDS AND FAMILY

Maximum of six indoors or outdoors, apart from with members of a single household or support bubble.

### BARS, PUBS AND RESTAURANTS

Venues must be table service only. They must stop taking orders at 10pm and must close by 11pm.

### RETAIL

Open.

### WORK AND BUSINESS

Everyone who can work from home should do so.

### EDUCATION

Early years settings, schools, colleges and universities open. Childcare, other supervised activities for children, and childcare bubbles permitted.

### INDOOR LEISURE

Open.

### ACCOMMODATION

Open.

### PERSONAL CARE

Open.

### OVERNIGHT STAYS

Permitted with household, support bubble, or up to 6 people.

### WEDDINGS AND FUNERALS

15 guests for weddings, civil partnerships, wedding receptions and wakes; 30 for funerals.

### ENTERTAINMENT

Open.

### PLACES OF WORSHIP

Open, but cannot interact with more than six people.

### TRAVELLING

Walk or cycle if possible, plan ahead and avoid busy times and routes on public transport. Avoid car sharing with those outside of your household or support bubble. Avoid travelling into a Tier 3 area, other than where necessary such as for work or education. Further exemptions apply.

### EXERCISE

Classes and organised adult sport can take place outdoors, but must follow the rule of six indoors. Organised activities for elite athletes, under-18s and disabled people can continue.

### RESIDENTIAL CARE

COVID-secure arrangements such as substantial screens, visiting pods, and window visits. As an interim measure, indoor visits in the absence of testing will be limited to two people from a Tier 1 area with with social distancing, no physical contact, PPE use and good hand hygiene observed at all times. Where testing is available, it should be used.

### LARGE EVENTS

Sport, live performances and business meetings limited to 50% capacity or 4000 people outdoors (whichever is lower) and 50% capacity or 1000 people indoors (whichever is lower).

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Around 1 in 3 people with Covid-19 have no symptoms so will be spreading the virus without realising. We must all take action to protect each other and our hospital capacity.

For support and more information visit: [gov.uk/coronavirus](https://gov.uk/coronavirus)