



**Home is where we feel safe. Or it should be.**

# **NOT EVERY HOUSE IS A HOME**



British Embassy  
Lisbon

**IF YOU KNOW ANYONE SUFFERING  
DOMESTIC ABUSE, REACH OUT.**

*Reminder from the British Consular Network Portugal*

- EMERGENCY LINE 112** if someone is at risk
- HELPLINE 800 202 148** (24/7) for information and emotional help
- British Consulate** support in English **+351 21 392 4000** (24/7)
- Victim Support Portugal (APAV): 116006**  
(Mon-Fri 9AM-9PM) gives qualified, free of charge and confidential support to victims (in English)