

National Standard for Cycle Training

Course Ratios and Times

All courses can be taught 1:1 and the guide time is a minimum of 2 hours per session. Many working practices do not allow single instructors to work alone with groups and therefore the ratios below may be multiplied to achieve the correct course size (e.g. 1:6 is 2:12 etc.)

For Level 1 and 2 courses the maximum ratio of Instructor Assistants to Instructors is 2:1.

The following guidelines regarding ratios and minimum lengths of sessions are the expected delivery standards for courses. Any proposed variations which represent a departure from the guidelines must be approved by the Department for Transport before implementation.

Level 1

Maximum number of trainees per instructor: 15

Minimum course time: 2 hours

Level 2

Maximum number of trainees per instructor: 6

Minimum on road¹ course times vary according to number of trainees per instructor

- 6 trainees per instructor: 6 hours
- 5 trainees per instructor: 6 hours
- 4 trainees per instructor: 5 hours
- 3 trainees per instructor: 4 hours
- 2 trainees per instructor: 2 hours
- 1 trainee per instructor: 2 hours

Level 2 courses with more than 3 trainees per instructor must be taught in 2 or more sessions and not delivered in a single day.

Level 3

Maximum number of trainees per instructor: 3

All courses are based on a 2 hour session but longer times or additional sessions may be needed for groups of 2 or 3. When training 1:3 it is recommended that at least 2 instructors are present.

¹ Previously course minima for Level 2 were split between the off road assessment of 2 hours and the on road sessions. Level 1 has now been adjusted to be the same regardless of whether it is taught as part of a combined course or not and therefore all of Level 2 is presumed to be taught on road.