Public Health England

PHE National Influenza Report

Summary of UK surveillance of influenza and other seasonal respiratory illnesses

29 August 2019 - Week 35 report (up to week 34 data)

This report is published online. A summary report is being published once a fortnight while influenza activity is low. For further information on the surveillance schemes mentioned in this report, please see information available online.

Indicators for influenza show low levels of activity.

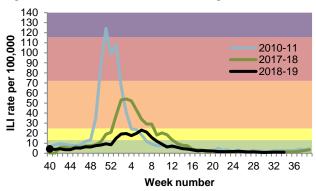
Community surveillance

GP consultation rates for influenza-like illness (ILI) remain low in all schemes in the UK (Table 1 & Figure 1).

Table 1: GP ILI consultations for all ages - week 33- 34 2019, UK

Scheme	GP ILI consultation rate per 100,000			Dook ogo group
	Week 33	Week 34		Peak age group
England (RCGP)	1.2	1.0	⇔	45-64 years
Scotland	0.8	1.8	仓	15-44 years
Northern Ireland	1.4	1.3	\$	75+ years
Wales	1.7	0.7	Û	65-74 years

Figure 1: RCGP ILI consultation rates, England





*The Moving Epidemic Method (MEM) has been adopted by the European Centre for Disease Prevention and Control to calculate thresholds for GP ILI consultations for the start of influenza activity (based on 10 seasons excluding 2009/10) in a standardised approach across Europe. For MEM intensity threshold values for this season, please visit: https://www.gov.uk/guidance/sources-of-uk-flu-data-influenza-surveillance-in-the-uk#clinical-surveillance-through-primary-care

- Syndromic surveillance
 - Syndromic surveillance indicators for influenza remained low, in weeks 33 and 34 2019.
 - o For further information, please see the Syndromic surveillance webpage.

Virological surveillance

- English Respiratory DataMart system
 - In week 34 2019, 18 (2.5%) of the 729 respiratory specimens tested were positive for influenza (5 influenza A(H1N1)pdm09, 9 influenza A(H3), 3 influenza A(not subtyped), and 1 influenza B).
 - o RSV positivity remained low (<1%).
 - Rhinovirus positivity remained stably low at 11.1% in week 34 2019.
 - Parainfluenza and adenovirus positivities remained low at 1.6% and 2.7%, respectively in week 34.
 - Human metapneumovirus (hMPV) positivity remained low at 0.9% in week 34.

Figure 2: Datamart samples positive for influenza, **England** Influenza A (n) Influenza B (n) 2017/18 total influenza (%) Total influenza (%) 1200 60 roportion positive 50 1000 💆 40 800 positive 30 600 20 400 10 200 ಠ Number 0 0 40 44 48 52 4 8 12 16 20 24 28 32 36 Week number (of sample)

Outbreak Reporting

• Thirteen new acute respiratory outbreaks have been reported in the past 2 weeks. Twelve outbreaks were reported from care homes where 2 tested positive for rhinovirus. One outbreak was reported from a hospital where it tested positive for parainfluenza. Outbreaks should be reported to the local Health Protection Team and Respscidsc@phe.gov.uk.

All-cause mortality surveillance

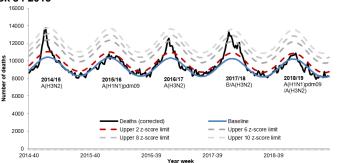
• In week 34 2019, no significant excess was reported overall, by age group after correcting ONS disaggregate data for reporting delay with the standardised weekly EuroMOMO algorithm (Table 2). Subnationally, excess mortality was seen in the North East region. This data is provisional due to the time delay in registration and so numbers may vary from week to week.

Figure 3: Weekly observed and expected number of all-cause deaths in all ages, with the dominant circulating influenza A subtype, England, 2014 to week 34 2019

Table 2: Excess mortality by UK country, for all ages*

Country

Excess detected in week 34 Weeks week 34 2019



С	ountry	Excess detected in week 34 2019?	Weeks with excess in 2018/19
E	ngland	×	6; 16; 30
1	Wales	×	NA
North	ern Ireland	×	1;6; 11; 18
С	ountry	Excess detected in week 32 2019?	Weeks with excess in 2018/19
9	cotland	v	52-2: 10

^{*} Excess mortality is calculated as the observed minus the expected number of deaths in weeks above threshold

*Note: Delays in receiving all registered deaths from April 2018, following changes in IT systems at ONS, may result in some delays in the model to adjust for most recent deaths.

International Surveillance

- Influenza updated on 19 August 2019
 - In the temperate zone of the Southern hemisphere, influenza activity appeared to have peaked in most countries, based on data up to 04 August 2019. Overall the majority of detections accounted for seasonal influenza A viruses.
 In the temperate zone of the northern hemisphere influenza activity remained at inter-seasonal levels.
 - o In Oceania, influenza activity continued to have decreased across the transmission zone with influenza A(H3N2) predominating. In Australia, data up to 11 August 2019 indicate that at national level laboratory confirmed influenza detections has seen a slight increase in the proportion of influenza B over the previous two weeks and clinical severity is low. Influenza and ILI activity continued to decrease in New Zealand. Influenza positivity rates remained elevated, with influenza A(H3N2) and influenza B/Victoria lineage viruses detected.
 - o In South Africa, influenza activity continued to decrease with influenza A(H3N2) viruses continuing to predominate.
 - o In temperate South America, influenza activity appeared to decrease across the transmission zone, with all seasonal influenza subtypes co-circulating.
 - In the Caribbean, Central American countries and the tropical countries of South America, influenza activity remained low overall. In the tropical countries of South America, influenza activity was low in general amongst reporting countries.
 - In Western and Middle Africa, influenza detections were low across reporting countries.
 - In Eastern Africa, influenza detections continued to be reported across reporting countries.
 - In Southern Asia activity remained low. In South East Asia, influenza activity decreased from previous weeks or was low in reporting countries. Influenza activity remained high in Myanmar with influenza A(H1N1)pdm09 viruses predominating. Increased influenza activity was reported in Thailand, with influenza A(H3N2) and B/Victoria-lineage viruses co-circulating.
 - The WHO GISRS laboratories tested more than 42,723 specimens between 22 July 2019 and 04 August 2019. 3,660 were positive for influenza viruses, of which 2,340 (63.9%) were typed as influenza A and 1,320 (36.1%) as influenza B. Of the sub-typed influenza A viruses, 661 (38.9%) were influenza A(H1N1)pdm09 and 1,038 (61.1%) were influenza A(H3N2). Of the characterized B viruses, 59 (7.9%) belonged to the B-Yamagata lineage and 687 (92.1%) to the B-Victoria lineage.
- MERS-CoV updated on 14 August 2019
 - Since September 2012 up to 28 August 2019, a total of five cases of Middle East respiratory syndrome coronavirus, MERS-CoV, (three imported and two linked cases) have been confirmed in the UK. On-going surveillance has identified 1,586 suspected cases in the UK that have been investigated for MERS-CoV and tested negative.
 - Between <u>01 July and 31 July 2019</u>, the National IHR Focal Point of Saudi Arabia reported 9 additional cases of Middle East respiratory syndrome coronavirus (MERS-CoV) infection, including 4 deaths.
 - O Globally, since September 2012, WHO has been notified of 2,458 laboratory-confirmed cases of infection with MERS-CoV, including at least 848 related deaths. Further guidance on the management of possible cases in the UK is available online. The latest ECDC MERS-CoV risk assessment can be found here, where it is highlighted that risk of widespread transmission of MERS-CoV remains very low.
- Avian/Zoonotic influenza updated on 24 June 2019
 - Between <u>11 May to 24 June 2019</u>, one new laboratory-confirmed human case of influenza A(H1N1)v virus infection (swine variant) was reported from the United States of America. During the same period, no new laboratory-confirmed human case of influenza A(H5) or A(H7N9) virus infections have been reported to WHO.
 - o For further updates please see the <u>WHO website</u> and for advice on clinical management in the UK please see information available online.

^{*} NA refers to no excess seen