

# HMPPS Probation Reform Programme Update on scope of services (webinar)

8 August 2019



# **Introduction & Agenda**

#### Agenda

- Introduction
- Market Feedback
- Changes to Innovation Partner design
- Update on dynamic framework category definitions
- Future engagement plans

### **Market Feedback**

- Relating to design:
  - Scope of Innovation Partner concerns over commercial attractiveness, and ability to best use Programme delivery resources
  - Clarity needed on whether there is a requirement for ongoing delivery of Accredited Programmes that are not delivered nationwide currently
  - Is there a role for the Innovation Partner delivering programmes in prisons
  - Management of standalone unpaid work cases
  - The name 'Innovation Partner'
  - Flexibility for bidders on the dynamic framework
  - Evidence base for commissioning
- Feedback on the procurement process and other commercial matters will be covered separately
- In addition to market engagement events we have also engaged with:
  - Operational staff
  - Key stakeholders
  - Partners
  - Service Users

# **Changes to Innovation Partner design**

## **Unpaid Work (UPW)**

 No changes. Management of standalone UPW cases will sit with the NPS. The target for 20% of UPW hours that can be used to address identified ETE need will remain.

## **Accredited Programmes (APs)**

- Building Better Relationships (BBR) and the Thinking Skills Programme (TSP) will be mandated across all regions
- There will be an ongoing requirement to deliver other APs where they are currently delivered (see next slide for detail)
- The IP will not be required to deliver APs in prisons

#### Non Accredited Structured Interventions

- Interventions that were in the DF but will now sit in the IP contract will cover:
  - Attitudes, thinking and behaviour
  - Domestic abuse
  - Emotional management

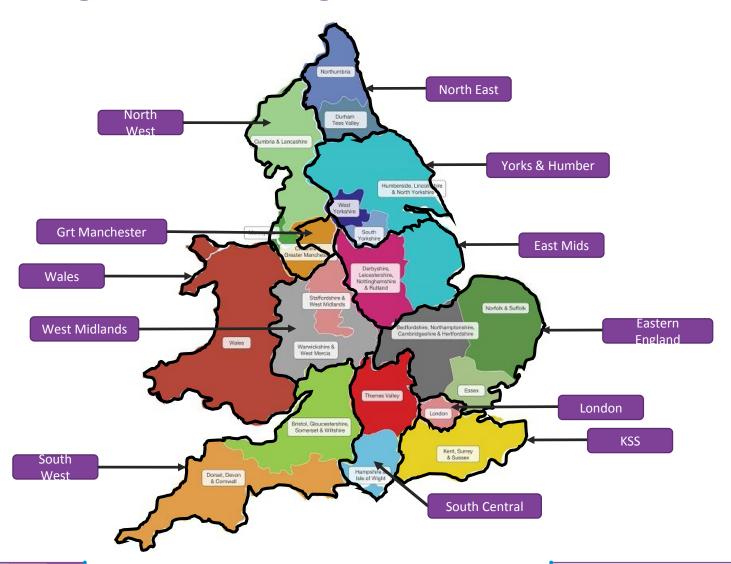
# **Accredited Programmes**

- Across 15 CRCs, a small number of other APs are delivered. We will require ongoing delivery of these Programmes in these areas (see below)
- The IP will not be required to deliver these programmes in parts of the new region where the programmes are currently not being delivered

	TV CRC	WWM CRC	KSS CRC	DLNR CRC	SWM CRC	London CRC	C&L CRC	Essex CRC	HIOW CRC	Merseyside CRC	C&GM CRC	W. Yorkshire CRC	HLNY CRC	DTV CRC	Northumbria CRC
Resolve	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
DID		Χ	Х	Х	X	X	Χ	Х	Х	X	X	Х	X	X	X
BSR					X			X							
BFO (Breaking Free Online)											X				

 In the future additional programmes may be commissioned by the Regional Probation Director based on regional need, or may be decommissioned if need/demand decreases

# **New regions vs existing CRC areas**



## **Non-Accredited Structured Interventions**

#### Identification of additional interventions for the IP

Having reviewed design following market engagement, we have taken a decision to incorporate more highly structured interventions within the scope of the IP. These are interventions that:

- Have a core fixed number of sessions with pre-set content which everyone receives.
- Can be assessed against the CSAAP principles for effective interventions.
- Have a primary aim to secure cognitive change with specific staff training required.
- Delivery model can be group or 1-1.
- The planned sessions will be the primary activity which will meet the need. (Liaison with local statutory services e.g. housing are not needed for these interventions).
- Probation providers are responsible for securing the outcomes.

## **Non-Accredited Structured Interventions**

#### Identification of additional interventions for the IP

Application of this rationale means that interventions to address the following need areas would be described as requiring structured interventions and sit with the IP:

- Attitudes / Thinking and Behaviour
- Domestic Abuse
- Emotional Management (this will also be a category within the DF for less structured interventions aimed at personal well-being)

## Non-Accredited Structured Interventions –

# **Attitudes, Thinking and Behaviour**

We will require a structured programme for those with cognitive deficits who are not eligible for the Thinking Skills Accredited Programme. The outcomes we seek are:

- An improved ability to solve problems, respond appropriately to challenging situations and use strategies which address cognitive skills deficits.
- Increased ability to identify and respond to triggers in relation to offending behaviour.
- Increased ability to identify and respond to triggers in relation to substance misuse including the motivation and ability to access universal and third sector provision.

## Non-Accredited Structured Interventions -

### **Domestic Abuse**

We will require a structured programme for those who are not eligible for the Building Better Relationships Accredited Programme. The outcomes we seek are:

- Increased ability to change and manage thoughts or beliefs that support abusive behaviour
- Development of skills to identify and break the cycle of harmful abusive behaviour.
- Improved ability to develop positive intimate relationships including communication, negotiation and assertiveness.

## Non-Accredited Structured Interventions -

# **Emotional Management**

We will require a structured programme for those who have poor emotional management. The outcomes we seek are:

- Improved coping skills and strategies to regulate mood and demonstrate perspectivetaking and self-management.
- Improved self-efficacy and confidence.
- Increased ability to build and maintain appropriate social interactions.

# **Update on Dynamic Framework**

Interventions which address the following needs will be procured for Day 1 through the Dynamic Framework:

- Accommodation
- Employment/ Training/ Education
- Family and significant others (excluding domestic abuse)
- Substance misuse (non-dependent alcohol misuse interventions. For drug misuse, delivery of interventions that facilitate or complement access to universal services)
- Lifestyle and Associates
- Finance/ Benefits/ Debt
- Emotional and Personal Well-being

We will also specify our requirements for:

- Women-specific interventions
- Mentoring (resettlement only)
- Young adults (Wales only)
- Out of hours rapid response (Wales only)

# Through the framework the authority seeks to commission services that are:

#### A set of core services available to all Offenders' subject to:

- A Community or Suspended Sentence Order
- Pre-release (resettlement transition points)
- Post-custody licence and post-custody statutory supervision

#### The core service is designed to support offenders:

- Develop responsible citizenship
- Have the confidence and competence to negotiate and manage interactions with providers of essential facilities and services i.e. Accommodation, Education Training & Employment providers, Lifestyle and Associates, Substance Misuse.
- Provides information, signposting with support to existing facilities and provision of specialist services to address identified needs and that meet a defined rehabilitative outcome.
- Manage the disruption to their domestic and other responsibilities i.e. tenure of accommodation and maintenance of family relationships as a result of prison or statutory supervision.
- Support continuity of access to rehabilitation and resettlement services.
- Providers will be required to work closely with practitioners, commissioners and other stakeholders to help offenders desist from crime.

# **Substance Misuse**

#### The services in this category will aim to achieve the following outcomes:

- Understanding of own substance misuse and options to reduce dependency
- Delivery of 'alcohol brief interventions'.
- Enabling service users to improve their physical health and mental resilience
- Equip users with skills to manage risky situations and promote their ongoing belief in ability to change

#### Support Services may include but are not limited to:

- Enabling improved access to, and use of, support
- Access to activities which give a sense of purpose and aspiration for the future. i.e. engaging in constructive activities to appropriately substitute harmful behaviours for positive (sport, leisure activities)
- · Mentoring support
- Devising of relapse prevention strategies to include recovery cycles and lapse management.
- Support for service users in understanding triggers and habits i.e. (keeping a diary, utilising this as a tool to understand patterns)
- Assessment of impact of dependency on others and support for service users to understand and make amends.
- Structured interventions (to address areas not provided by other commissioning bodies) one to one / group

# **Lifestyle & Associates**

#### The services in this category will aim to achieve the following outcomes:

- To enable service users to develop pro-social self-image and support network and develop pro-social leisure interests and purposeful activities.
- To reduce influence of pro-criminal associates and activities.
- Service users to feel that they have a stake in their community, stays within the law and can make a conscious contribution.
- Equip service users with the knowledge and confidence to successfully negotiate periods of transition from structured environments (i.e. prisons to community, Approved Premises to independent living).

#### Support Services may include but are not limited to:

- Improved access and increased use of support
- Access to activities which give a sense of purpose and aspiration for the future.
- Advocacy support to enable access to services that develop social networks and skills, that ultimately reduce social isolation. These include:
- learning how to play a sport
- · developing a hobby
- · use mobile phone
- cooking and other domestic tasks
- · using public transport
- Joining a gym or class
- · Volunteering in an area of interest
- · Developing new social bonds, unrelated to offending

# **Emotional and personal well-being**

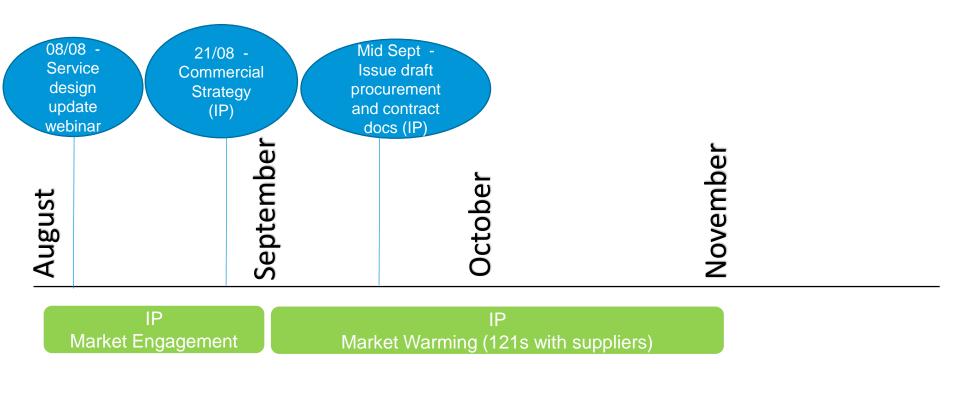
#### The services in this category will aim to achieve the following outcomes:

- Develop a range of coping skills and strategies.
- Demonstrate an appropriate level of self-efficacy and confidence.
- Enhanced positive experience of mental health services, where appropriate
- Awareness of triggers, compliance with medication & / treatment programme

#### Support Services may include but are not limited to:

- Developing skills to understand and to appropriately address trauma.
- Supporting users to access opportunities that allow for social acceptance and inclusion
- Building an identity that is congruent with pro-social lifestyle and wellbeing (learning to be kind to self and others, coming to terms with past behaviour, building compassion and hope)
- Building resilience strategies to problem solve and demonstrate perseverance.
- Promoting Self-care
- Fostering confidence and trust in others (i.e. guarding against anxiety, isolation, overcoming stigma by knowing how and from whom to access appropriate support)

# **Future engagement plans**



For services which we will want to procure in Day 1 – we will run dedicated market engagement

DF

'Join the framework' events