



# United Kingdom in the United Arab Emirates

## List of Charitable Organisations and Counsellors in Dubai and the Northern Emirates

Prepared by British Embassy Dubai

[www.gov.uk](http://www.gov.uk)

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**Author** British Embassy Dubai  
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# List of Charities

## **Alcoholics Anonymous**

[AAMiddleEast@gmail.com](mailto:AAMiddleEast@gmail.com)

[www.aauae.net](http://www.aauae.net)

## **Al Noor Training Centre**

[www.alnooruae.org](http://www.alnooruae.org)

The centre serves children with special needs from different nationalities and can accommodate up to 300 children.

## **Brest Friends**

[www.brestfriends.org](http://www.brestfriends.org)

[info@brestfriends.org](mailto:info@brestfriends.org)

## **The British Community Assistance Fund (BCAF)**

[www.bcaf.ae](http://www.bcaf.ae)

04 337 1413

## **Dubai Autism Center**

[www.dubaiautismcenter.ae](http://www.dubaiautismcenter.ae)

The Dubai Autism Center is a non-profit organization that aims to serve children with autism spectrum disorders in Dubai, UAE.

## **Dubai Foundation for Women and Children (DFWAC)**

Helpline: 04 800 111

04 6060 300

[www.dfwac.ae](http://www.dfwac.ae)

The Dubai Foundation for Women and Children (DFWAC) is the first licensed non-profit shelter in the UAE for women and children victims of domestic violence, child abuse, and trafficking. It was established in 2007 to offer victims immediate protection and support services in accordance with international human rights obligations. The foundation provides a helpline, emergency shelter, and support services to women and children victims. DFWAC aims to protect physically, sexually, and emotionally abused and the escalation of violence, and promote social awareness through education and outreach.

## **Dubai Center for Special Needs**

[www.dcsneeds.com](http://www.dcsneeds.com)

The Dubai Center for Special Needs is an established, non-profitable institution that aims to provide the highest standards of service in specialized education and therapy, for children with various disabilities.

## **Friends of Cancer Patients**

[www.focp.ae](http://www.focp.ae)

Minimize the impact of cancer through providing financial support, guidance, and various other types of assistance to needy cancer patients and their families throughout the UAE.

## **Manzil Centre for Challenged Individuals**

[www.manzil.ae/index.aspx](http://www.manzil.ae/index.aspx)

This organisation provides educational and adaptive living skills programmes for students with special needs between the ages of 3 to 30 years since its inception in 2005.

## List of Charities

### **Rashid Paediatric Therapy Centre**

[www.rashidc.ae](http://www.rashidc.ae)

The Rashid Paediatric Therapy Centre has provided therapies and special educational services to hundreds of children from many nationalities.

### **Red Crescent for United Arab Emirates**

02 641 9000

[www.rcuae.ae/Dubai\\_en.aspx](http://www.rcuae.ae/Dubai_en.aspx)

The UAERC is a national, humanitarian and voluntary authority that provides aid and assistance to the vulnerable without discrimination as in nationality, race, gender, and colour, religious, political or ideological beliefs.

### **Veterans' Gateway**

[www.veteransgateway.org.uk](http://www.veteransgateway.org.uk)

The Veterans' Gateway put veterans and their families in touch with the organisations best placed to help with the information, advice and support they need.

# List of Counsellors

## Mental Health

### **American Centre for Psychiatry and Neurology**

Sunset Mall, Jumeirah 3, Dubai

04 314 1000

[www.americancenteruae.com](http://www.americancenteruae.com)

[info@americancenteruae.com](mailto:info@americancenteruae.com)

### **Camali Clinic**

Healthcare City and Jumeirah lake Towers, Dubai

04 276 6064

[www.camalclinic.com](http://www.camalclinic.com)

[info@camalclinic.com](mailto:info@camalclinic.com)

### **Counselling & Development Clinic**

Jumeirah Beach Road, Jumeirah 3, Dubai

04 394 6122

[www.drmmcCarthyPsychologyClinic.com/index.htm](http://www.drmmcCarthyPsychologyClinic.com/index.htm)

[samiem@emirates.net.ae](mailto:samiem@emirates.net.ae)

### **Dubai Community Health Centre**

Oud Metha, Dubai

04 507 8000

[www.dubaicommunityhc.com](http://www.dubaicommunityhc.com)

[dubaicommunityhc@gmail.com](mailto:dubaicommunityhc@gmail.com)

### **Human Relations Institute and Clinics**

Cluster Y, Jumeirah lake Towers, Dubai

04 365 8498

[www.hricdubai.com/en](http://www.hricdubai.com/en)

[hric@hricdubai.com](mailto:hric@hricdubai.com)

### **The LightHouse Arabia**

Al Safa 2, Dubai

04 380 2088

[www.lighthousearabia.com](http://www.lighthousearabia.com)

[info@lighthousearabia.com](mailto:info@lighthousearabia.com)

### **Singhania Children's Clinic**

Cluster T, Jumeirah lake Towers, Dubai

04 429 8498

[www.singhaniaclinic.com](http://www.singhaniaclinic.com)

[reception@singhaniaclinic.ae](mailto:reception@singhaniaclinic.ae)

### **Zulekha Hospital Dubai and Sharjah**

Al Qusais, Dubai

Al Nasserya Park, Sharjah

600 52 4442

[www.zulekhahospitals.com](http://www.zulekhahospitals.com)

[info@zulekhahospitals.com](mailto:info@zulekhahospitals.com)

# List of Counsellors

## Grief Counselling

### **Raymee Grief Centre (Part of The Lighthouse Arabia)**

Al Safa 2, Dubai

04 380 2088

[www.lighthousearabia.com/services/grief-support/](http://www.lighthousearabia.com/services/grief-support/)

[info@lighthousearabia.com](mailto:info@lighthousearabia.com)

### **Stillbirth & Neonatal Death Society (UK)**

[www.sands.org.uk](http://www.sands.org.uk)

SANDS offer support to those who have lost a baby whether through stillbirth, neonatal loss or termination for medical reasons. This charity are based in the UK.

## Family & Relationship Counselling

### **Dubai Community Health Centre**

Oud Metha, Dubai

04 507 8000

[www.dubaicommunityhc.com](http://www.dubaicommunityhc.com)

[dubaicommunityhc@gmail.com](mailto:dubaicommunityhc@gmail.com)

### **Out of the Blues**

[www.outoftheblues.support](http://www.outoftheblues.support)

[outofthebluesdubai@gmail.com](mailto:outofthebluesdubai@gmail.com)

Out of the Blues is non-profit peer support group for suffers or Postnatal Depression (PND), Antenatal Depression and Postpartum Psychosis. We offer email and website for support and information. We work closely with health care providers to ensure that our members get the best support we can give. We are British expat mums who have experienced PND and together we are determined to help all the other families suffering from PND in their "hour of need". You do not need to suffer alone.

PND is a recognised and treatable condition. There are very few support services here in Dubai and in the UAE as a whole for AND/PND and PPP sufferers and their families but we are here to help.