

# Musculoskeletal (MSK) England Programme Logic Model

**Programme Vision:** Help maintain and improve the **musculoskeletal health of the population in England** (across the life-course), supporting people to live with good lifelong MSK health and freedom from pain and disability (e.g. **prevention**).

**Premise:** Achieving the goal(s) below will help to achieve the vision, for example, by encouraging behaviour change among the population and System Leaders of England.

RATIONALE	STRANDS /OBJECTIVES	ACTIVITIES (WHAT YOU DO)	OUTPUTS (DELIVERABLES)	OUTCOMES (RESULTS)	IMPACTS
Informed opinion and intelligence suggests that the wider public health system, including the health and care (H&C) system in England, is not as effective as it could be to prevent, maintain and improve the musculoskeletal health of the population.	Whole system decision-makers informed and supported with evidence and knowledge required to affect change	<ul style="list-style-type: none"> <li>Leading and influencing the MSK Health Steering Group across Government and key stakeholders.</li> <li>Matrix working on Productive Healthy Ageing to support implementation of MSK interventions.</li> <li>Commissioning and influencing MSK Public Health research.</li> <li>Horizon scanning and responding to relevant consultations.</li> <li>Developing implementation tools and resources including collections of robust evidence, making successful programme case studies and lived experience narratives available.</li> <li>Advocate for comprehensive MSK data collection and develop effective innovative health intelligence and tools to support surveillance of MSK conditions across the population.</li> </ul>	<ul style="list-style-type: none"> <li>Governance structure across Government and key stakeholders to steer the MSK prevention agenda.</li> <li>MSK embedded within key PHE programmes to reach decision-makers and the general public.</li> <li>Research into prevention of MSK conditions prioritised and funded to address the gaps.</li> <li>High quality, accessible data and intelligence tools to support surveillance and reduce unwarranted variation of MSK conditions across the population pathway.</li> <li>Systematic collection, publication, analysis and development of MSK surveillance, data and indicator sets.</li> </ul>	<ul style="list-style-type: none"> <li>Decision-makers across the system are informed, engaged and implementing improvement initiatives.</li> <li>Increase in public awareness of how to maintain good MSK Health across the life course.</li> </ul>	Improved MSK health outcomes and Equity across the life course through primary prevention
GOAL	Wider Public Health and Health & Care system workforce engaged and skilled to deliver the goal	<ul style="list-style-type: none"> <li>Influence health professionals' and wider Public Health curriculum &amp; working practices, and delivering training.</li> <li>Ongoing support for Faculty of Public Health MSK Special Interest Group.</li> <li>Engaging, collaborating, bringing together system leaders locally and nationally.</li> <li>Maintain, improve and promote digital platforms for MSK Public Health collaboration.</li> </ul>	<ul style="list-style-type: none"> <li>Communication of MSK health is reflected in relevant health professional curricula and continuing professional development for health professionals.</li> <li>Virtual MSK public health networks.</li> <li>Cohort of MSK Public Health leaders.</li> </ul>	<ul style="list-style-type: none"> <li>Public Health and wider Public Health and Health &amp; Social Care system workforce adequately and appropriately resourced, engaged and skilled.</li> <li>Enhanced collaboration on MSK health across the public, private and third sector providers, commissioners and payers.</li> </ul>	Reduce the social and economic gap for people with a MSK condition
INPUTS	Improved provision and uptake of good MSK health workplace practice	<ul style="list-style-type: none"> <li>Raise awareness and support implementation of MSK toolkits for employers and self-management models.</li> <li>Commissioning evaluation of PHE's MSK tools &amp; resources (understanding the effectiveness, usage and impact of the current tools and resources, and gaps for further resources).</li> <li>Development and provision of training for employers across all sectors.</li> </ul>	<ul style="list-style-type: none"> <li>A large-scale uptake by employers of the current evidence-based resources and training.</li> <li>MSK menu of resources and interventions available through the online employee assistance programme.</li> <li>MSK is embedded within the staff wellbeing agenda, utilising cross - government human resources structures.</li> </ul>	<ul style="list-style-type: none"> <li>Increase in good MSK workplace health practice across all employment sectors.</li> <li>Reduced number of work days lost to MSK conditions.</li> <li>Opportunity for people with MSK conditions to return to work early and remain in employment until statutory pensionable age.</li> </ul>	Improve the employment outcomes of people disabled through MSK Conditions
Budgets Data Collection Digital resources and support Governance Leadership National Policy Research Tools Workforce	Effective health initiatives scaled up, spread and sustained	<ul style="list-style-type: none"> <li>Work collaboratively to influence commissioners and providers to deliver evidence-based interventions.</li> <li>Activities to support raising awareness of MSK's contribution to co-morbidities, multiple long-term conditions and frailty.</li> <li>Production, identification, synthesis, promotion and dissemination of interventions, frameworks, tools and resources.</li> <li>Market research developing and testing of messages.</li> </ul>	<ul style="list-style-type: none"> <li>High quality evidence-based interventions are identified and accessible and promoted to decision-makers, practitioners and patients.</li> <li>MSK is integrated into government and agencies' approach to multi-morbidity and frailty.</li> <li>Relevant community assets mapped, understood, updated and shared.</li> <li>Effective demand management strategies.</li> </ul>	<ul style="list-style-type: none"> <li>Successful sustained coverage of MSK health interventions across England are integrated into MSK health pathways.</li> <li>NHS interventions as enablers to shift focus upstream in pathways.</li> <li>Improved patient reported measures.</li> <li>Patients empowered to make informed decisions about their care.</li> </ul>	Increase in the Quality of Life (QALYs) for people living with MSK Health conditions

ENABLERS
<p>Strong flourishing relationships/ partnerships NHS England / Department for Work and Pensions / Health Education England / NHS Right Care / NHS Improvement / Health and Safety Executive / Department of Health and Social Care / NHS Digital/ Academic Health Science Networks</p> <p>Versus Arthritis / Arthritis and Musculoskeletal Alliance / Centre for Ageing Better/ Sport England / Royal Osteoporosis Society/ Chartered Society of Physiotherapy</p> <p>Professional bodies Academia Research Centres Royal Society of Public Health Faculty of Public Health</p> <p>Local Government, Association of Directors of Public Health, Regional Directors of Public Health</p> <p>Marketing Comms Digital IT</p> <p>People with MSK conditions, MSK Cross Government Coordination Group, National MSK Health Data Group</p> <p>PHE Centre Teams PHE National Teams – Life Course, Healthy Places, Work and Health, Public Mental Health, Physical Activity, Health Inequalities Unit, Diet, Obesity and Physical Activity, Knowledge and Intelligence, Healthcare Public Health</p>