Since Healthcare UK was launched at the beginning of 2013, I have been privileged to visit China on a number of occasions to help develop partnerships between Chinese and UK public and private sector healthcare organisations. This culminated in December in the signing by our Secretary of State and the Chinese Minister of Health of two significant Memoranda of Understanding between the UK Department of Health and the National Health and Family Planning Commission of the People’s Republic of China.

On behalf of Healthcare UK, I was able to sign MoUs with the International Health Exchange and Co-operation Centre of the Ministry of Health and the Health Bureau of Zhejiang Province which identify a number of areas for collaboration aimed at strengthening partnerships between our respective health sectors. Other UK organisations signed MoUs with Chinese private and public companies paving the way for increased trade between our two countries.

China and the UK share many goals. These include providing high quality healthcare for all citizens, planning and delivering services for the rapidly growing elderly population, and adapting services to manage the rising burden of non-communicable diseases, including diabetes, respiratory conditions, cancer and dementia. The changing healthcare needs of our respective populations are placing enormous demands on our health systems and infrastructure.

The healthcare reforms initiated by China seek to develop a system providing “safe, effective, convenient and affordable” healthcare to both rural and urban residents by 2020. Having established near-universal insurance coverage, improving the quality and choice of healthcare services is a priority for China in 2013-2017.

Many of the areas of focus for the reforms such as improved service delivery, more effective public health and better hospital management, correspond with areas of expertise within the UK’s National Health Service (NHS) and its commercial healthcare sector.

Since the formation of the NHS in 1948, the UK has invested billions of pounds in constantly upgrading the quality of healthcare for the people of Great Britain. The UK’s primary care system is internationally renowned for providing the best possible care for families in a cost-effective way. What the NHS and its commercial partners offer is unique in both its quality and breadth, drawing on this long experience of running the world’s largest integrated health system.

The British Government signalled its ambition to foster strong international partnerships by creating Healthcare UK, a joint initiative between UK Trade & Investment, the Department of Health and the NHS in England.

Healthcare UK was established to link UK expertise with the healthcare requirements of countries around the world such as China. It aspires to provide an overview of what the NHS, UK industry and academia as a whole can practically offer to China in order to deliver high-quality care. It is already helping UK healthcare organisations to work effectively with Chinese national and provincial governments and a wide range of local healthcare providers.

This short brochure summarises the UK’s capabilities and innovative approaches relevant to China, including elderly care provision, training and development for healthcare professionals, and advances in hospital infrastructure and digital health.

I trust you will find this brochure of interest. I also hope it will encourage you to explore areas for cooperation. Our professional advisors at the British Embassies and Consulates throughout China are at your service.

Healthcare UK, on behalf of the British healthcare sector, is looking forward to the opportunity of building on our existing relationships and agreements in China to create further value-added collaborations of enduring mutual benefit.

Howard Lyons, Managing Director, Healthcare UK
China has stated that a priority for 2013-2017 is to improve quality of healthcare and central to this is the provision of hospitals and their efficient use.

Outside of the Tier 1 cities, it is recognised that the healthcare infrastructure in China is in urgent need of modernisation. At the same time, China’s health needs are changing. Conditions that have traditionally been common in the West, but not in China, are increasing. Cancer, obesity, diabetes, heart disease and the growing elderly population in China are all placing great demands on the existing healthcare infrastructure.

China is seeking to achieve its goal of delivering high quality healthcare infrastructure in a planned and structured way that responds to the evolving health needs of its population. China is looking to analyse and understand these new health needs to enable coordinated delivery of world class hospitals, in the right locations.

Developing world class hospital infrastructure

China and the UK: Partners in healthcare

Strategic service and business planning

UK expertise is ideally placed to help China to map existing services and infrastructure, forecast future health needs of the population, design new models of care, develop business cases, business plans, funding packages, microsimulation and feasibility studies that will allow projects to be taken forward with confidence and enable resources to be used most effectively to improve healthcare for the people of China.

Design services and Public Private Partnerships (PPP)

The UK’s designers and project managers have created outstanding and innovative hospital buildings all over the world. Britain has also been at the forefront globally in designing hospitals that are sustainable, energy efficient and low carbon.

The UK has also led the world in the development of PPP as a procurement route. With over 20 years’ experience, our PPP specialists are able to assist with developing and introducing PPP models to hospital projects in China. PPP brings the benefits of private sector investment and expertise, improved efficiency and transfer of risk from the public to the private sector.

Construction services and equipping

Working in a consultancy capacity, the UK’s construction experts are able to bring to China the benefit of their expertise in areas such as decanting, modularisation and off-site construction, to improve the efficiency of construction and minimise costs.

In addition, the UK’s extensive medical equipment supply chain can provide everything needed to fit out a hospital, from scanners to surgical supplies and pharmaceuticals.

Service improvement

China’s desire to improve healthcare provision does not only mean building new hospitals – there is much that can be achieved within existing hospitals. The UK is well placed to help China drive up the quality of both clinical care and hospital management. The UK’s NHS hospitals and consultancy practices are able to provide quality audits, improvement plans and education programmes that will allow China to benefit from the UK’s unique skills and experience.

Hospital management and operation

By combining the skills and expertise of the UK’s private hospital, support services and NHS sectors, UK consortia can offer China hospital management and operation services that can deliver both improved clinical, financial and support services efficiency and higher quality clinical care for patients.
Sustainability, reliability and energy efficiency for a first-ranked medical centre, Pingtan Union Hospital, Fujian: Arup

Located in China’s Western Coast Economic Zone the Pingtan Union Hospital will be a grade-A hospital designed with reference to international standards, serving as a centre of medical care, education and research.

Arup was responsible for reviewing all architectural and MEP layout designs. The hospital building will be served by a central utility plant to improve the sustainability and reliability for this first-ranking medical centre.

Arup has introduced sustainable strategies to enhance daylight use and to reduce water, materials and energy consumption. Energy efficient features have been adopted, including high efficiency chillers with heat recovery, demand control of fresh air supply, heat energy reclaim of exhaust air and a building energy management system. A high performance façade will be installed to reduce cooling load.

Upgrade and expansion of a major hospital Hong Kong Sanatorium and Hospital: Arup

With more than 400 beds and numerous specialty centres offering diagnostic and therapeutic services, Hong Kong Sanatorium and Hospital is a renowned private hospital established in 1922, consisting of two buildings sited on a hill slope.

Arup has provided structural, civil engineering and geotechnical services for the schematic design of the Phase 4 and 5 redevelopment of the hospital.

Arup also provided the MEP engineering for the programming and design of the enabling and upgrade works in preparation for the expansion of the hospital. This project involved the detailed design of two hospital blocks and the internalisation of all services to enable a site-wide road to be constructed.

UK organisations available to work with China

Architects
BDP
Foster + Partners
Murphy Phillips
Steffian Bradley Architects
Swanke Hayden Connell Architects
TFP/Ryder

Consultant Engineers
Arup
Gleeds
Mott MacDonald

Consultancy
Boulting & Co
EC Harris
New Level Group
PwC China Business Group

Contractors
Blue Sky Building

Health Planning
ArcHealth
Capita Symons
Fusion Health
Strategic Healthcare Planning

Hospital Management
Orient Asian Partners

National Health Service
Great Ormond Street Hospital for Children NHS Foundation Trust
Guy’s & St Thomas’ NHS Foundation Trust
Kings College Hospital NHS Foundation Trust
North West London Hospitals NHS Trust
Royal Free London NHS Foundation Trust

Provider/Developers
China Britain Healthcare Consulting
Excalibur
Mhealth
Sinophi
Caring for older people

Due to an increase in life expectancy and fewer births per capita, China’s elderly population will grow substantially in the coming years, with studies estimating a third of the population being over 60 by 2050.

With a smaller population of working age people supporting a larger elderly population, planning for the future is now critical to China’s long term progress.

China’s Twelfth Five Year Plan (2011-2015) proposed the expansion of care for older people as well as maintaining responsibilities of the family, targeting in-home care as well as residential, doubling the number of government residential home beds and establishing Management Centres responsible for guidance and monitoring care providers in each region.

In order to achieve this, there is a need to increase significantly the housing, wellness, care and treatment services to respond to demand and to improve the quality of existing services. For example, it is estimated that China needs about 10 million nursing home beds and an elderly care workforce of 10 million. The government expects the beds to meet the needs of about 3% of the population with 7% cared for in residential settings and the majority continuing to be cared for at home.

Importantly, the Chinese Government is open to foreign investors and service providers so that elderly care services can expand rapidly to meet these goals.

The UK has a well-established and regulated housing, care and health industries designed to meet the needs of people as they approach retirement and live to an old age. The NHS and the UK private sector has experience and expertise to meet the care needs of people as they become more dependant and the health needs of people suffering from dementia, diabetes, respiratory and heart disease and orthopaedic problems.

As well as a range of specially designed housing for older people, UK operators are able to meet the care and treatment needs of people as they get older, in areas ranging from the prevention of ill health all the way through self-care, diagnosis, treatment, rehabilitation, home care and end of life care.
China and the UK: Partners in healthcare

Planning and programme delivery
The UK has experience in countries around the world in creating care services for older people, ranging from cancer care, dementia services and health promotion programmes, covering:

- designing and planning both whole systems and individual health and care services
- managing their implementation
- defining the workforce, the staff roles and competences required to provide older people’s care
- organising staff recruitment

Staffing and staff development
UK hospitals, universities, colleges and training companies have a wide range of certified programmes to train the professionals and support staff to care for older people.

The UK has some of the most advanced leadership and management frameworks and programmes that can be adapted for the leadership of Chinese nursing homes, clinics and hospitals.

Service provision
UK service providers from the NHS and the private and social enterprise sectors excel in:

- advice, advocacy and health education programmes
- domiciliary and residential care
- community and hospital treatment

As well as their service operating skills, for example in running nursing homes, UK providers are able to:

- bring integrated pathways for the management of conditions such as diabetes or dementia
- offer professional practice and research exchange

Quality management systems
One of the foundations for quality improvement in older people’s care in the UK is the data that is available from case records. This is used for managing care, treatment and referral to neighbouring facilities. The UK systems can be adapted to the Chinese context, along with case management systems and training.

The UK can provide skills in developing and using:

- quality and outcomes frameworks
- quality assurance and accreditation systems
- practice guidelines
- decision support for practitioners
- consumer satisfaction feedback systems

The UK’s regulators ensure services and professionals meet basic standards. This experience can also be adapted for Chinese use.

The UK has over two decades of experience of purchasing older people’s care and commissioning services by both Government and in which it can bring to the Chinese:

China: UK collaboration in elderly care
Heythrop Healthcare and Jiangsu Far East (Yadong) have signed a Memorandum of Understanding for the joint venture to develop a mixed use healthcare facility which will include elderly nursing, specialist dementia services and care trusts in Jiangsu.

IXICO has signed a Memorandum of Understanding with the Beijing Union Medical Centre, University of Birmingham NHS Leadership Academy

UK organisations available to work with China

Planning and programme delivery
EC Harris
CBN Care Group
SP Solutions
Skills for Health
Centre for Workforce Intelligence
IXICO

Staff development
MSI Group
BMJ
The National Gold Standards Framework (GSF) Centre for End of Life Care
CareShield
Affinity Training
Somerset College
Grantham College
Ashridge Business School
Heythorp Healthcare and Jiangsu Far East (Yadong) have signed a Memorandum of Understanding for the joint venture to develop a mixed use healthcare facility which will include elderly nursing, specialist dementia services and care trusts in Jiangsu.

IXICO has signed a Memorandum of Understanding with the Beijing Union Medical Centre, University of Birmingham NHS Leadership Academy

Service providers – domiciliary and residential care
BUPA
Shaw Healthcare
Affinity Care Management
Gilmark
LJ Care
Elderly Care Visions at Home
Heythorp Healthcare
Management Systems
University of Keele Centre of Medicine Optimisation
Medicines Management Solutions
BMJ Evidence
Future Health Care Group
QHA Trent Accreditation UK
Field Fisher Waterhouse
National Institute for Health and Care Excellence (NICE)
Patient Opinion

Rehabilitation and senior care facility development Dalian Altac Hospital, Liaoning Province: EC Harris

EC Harris was appointed as a strategic advisor for the development of new health and senior care facilities in Dalian in late 2012. They have provided premium consultancy services including strategic healthcare planning, capacity modelling and development of the overall long term business plan. This enabled a phased approach to the development, ensuring smarter use of the facility as the business grew and consequently a better financial position during the early stages of operations. EC Harris is also currently supporting Dalian Altac to find appropriate investment partners and international operators for both new and existing health operations within the Dalian Wtip portfolio.

Selection of the right partners for this exciting project is critical with a focus on those who are committed to long term delivery of quality health services in China.

echarris.com
China and the UK: Partners in healthcare

One of the main healthcare challenges for China outlined in the Chinese Ministry of Health's Twelfth Five Year Plan is the development of the skill and know-how of the healthcare workforce. Aspects of this challenge highlighted in the plan include:

- the current healthcare workforce does not meet the healthcare needs of the population
- there is a shortage of particular categories of healthcare workers for example, nurses and public health workers
- there is a mismatch in the supply and demand of healthcare workers

China estimates it requires at least 450,000 more nurses by 2015 to bring the total up to 2.86 million. It also needs an additional 20,000 professionals trained in TCM. China is seeking to overcome these challenges by:

- training more healthcare workers in a number of specialised areas such as public health, community services, ageing care and chronic disease
- enabling healthcare staff to manage the change in the structure of the healthcare workforce through management and leadership training
- establishing training centres for specific areas of medicine, covering intensive care, emergency medicine, blood, mental health, oncology, and operating theatre technicians

Given its wide range of capabilities and international experience, the UK healthcare education and training sector is very well placed to work with China to meet the challenges of developing the healthcare workforce for the future.

The UK is home to 4 of the world’s top 10 universities for clinical, pre-clinical and health subjects and it can offer:

- primary, nurse and allied health professionals training
- specialist short course continuing professional development (CPD) training and assessment in areas such as surgery, non-communicable diseases including diabetes and elderly care
- research expertise and collaboration
- hospital management and governance
- quality assurance and accreditation linked to international benchmarking
- leadership and management training and development
- English language training
CHECK - China Healthcare Education Consortium UK: assisting our partners to meet their healthcare needs

Recognised as one of the world leaders in healthcare education, the UK is very well placed to assist China to meet its goals for healthcare education, training and development. However as the size and scale of China prevents one institution making a significant contribution on its own, the China Healthcare Education Consortium UK (CHECK) was established.

CHECK consists of 10 UK universities who have joined together so that any collaborative healthcare opportunity from China can be met effectively. The initial CHECK members are:

- Anglia Ruskin University
- Bangor University
- University of Brighton
- De Montfort University
- University of East Anglia
- Edinburgh Napier University
- Glasgow Caledonian University
- London South Bank University
- Sheffield Hallam University
- Swansea University

CHECK is led by senior UK academics that all have extensive experience of working collaboratively in China. This has many benefits in terms of ensuring that the services provided are fit for purpose.

Due to the size and scale of CHECK, it can provide a one-stop healthcare partner for Chinese public and private agencies. CHECK has access to 1500 highly qualified healthcare staff, of which 83 are at professorial level, and currently provides a wide range of healthcare education for 4500 postgraduate and 17,000 undergraduate healthcare students.

The size of CHECK makes it unique in terms of the depth and breadth of the healthcare education and research that it can provide which includes:

- Healthcare education and research opportunities for a wide range of healthcare professionals, for example:
  - GPs
  - nurses
  - occupational therapists
  - dieticians
  - physiotherapists
  - podiatrists
  - sports and exercise therapists

- A bespoke service to ensure that the type of provision is suitable for purpose:
  - degree programmes
  - short courses
  - online learning, research and evaluation
  - train the trainers

- Consultancy services for public and private organisations

Specialist expertise in a large range of areas:

- health promotion
- care of the elderly
- primary care
- public health
- rehabilitation
- chronic conditions (diabetes, cancer, stroke, dementia)
- mindfulness
- health optimisation
- dietetics

The Royal College of Surgeons of England (RCS) in China

RCS Quality Assurance and Accreditation activities aim to acknowledge and promote excellence in surgical education and training. The RCS has recently accredited four education and training centres in China (Beijing, Shanghai, Chengdu, Guangzhou) in collaboration with Johnson & Johnson Medical Education Centres. The centres now fully employ RCS QA and monitoring process as per RCS standards with online & faculty participant evaluation being run in Chinese and English.

rcseng.ac.uk

Withdrawn 16 May 2019
### UK organisations available to work with China

A broad range of UK organisations are keen to assist China to increase its healthcare capacity and skills via a range of partnership models including:

- direct collaboration
- staff exchanges
- train the trainer
- knowledge transfer schemes
- blended learning solutions to include online and face-to-face training

### UK Universities with branch campuses established in China

- University of Nottingham at Ningbo
- Liverpool University with Xian Jiaotong University
- The Shanghai British University College which represents nine UK Universities

### Medical Royal Colleges working with local partners in China:

- Royal College of Surgeons of England (RCS)
- Royal College of Obstetricians and Gynaecologists (RCOG)
- Royal Colleges of General Practitioners (RCGP)

### Education and training providers

A wide range of UK healthcare education and training providers are interested in further developing their training, education and research work with China and these include:

- Ashridge (leadership and management)
- British Acupuncture Council
- Skills for Health (workforce planning and skills development)
- NHS Foundation Trusts
- Academic Health Science Networks (AHSN)
- Other Medical Royal Colleges including: Royal Colleges of Anaesthetists (RCoA), Royal College of Pathology (RC Path), Royal College of Nursing (RCN)
- Bespoke private training providers

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Withdrawn 16 May 2019
China and the UK: Partners in healthcare

Digital health is rightly viewed as a key enabler for the achievement of China’s healthcare reform agenda. Providing both universal and high-quality care are ambitions which both China and the UK share. Digital health opens up new and cost-effective ways for patients to access healthcare. It supports comprehensive data collection to enable better patient management and sophisticated analysis of the health needs of the population and how they change over time.

The opportunity for collaboration within digital health is significant for both countries. With China’s ‘35212’ project providing the framework for cooperation, the UK’s digital health community can make a significant and positive impact in this collaboration.

Aspects of digital health important to China include:

- A national patient identifier, to make it possible to identify patient records across electronic health records systems at a national or even provincial level.
- High-quality, interoperable, primary care systems to support the current healthcare reforms being implemented.
- Systems capable of handling referrals from the newly set up community healthcare centres to hospitals and throughout the health system.
- The capability for population-level analytics to enable governments at different levels to monitor the incidence of epidemics and the level of demand for different services.
- Enabling care in the community and at home, to deal with the rapid increase in chronic disease and dementia.

Over the last 30 years, information technology has played a key role in the improvement of the quality of care provided in the NHS and it continues to do so. The UK has world-leading expertise in three areas of digital health:

**Central systems and services:** systems and services which exist at a national or regional level to facilitate the entire digital health ecosystem.

**Local systems and services:** systems and services which operate at the point of care, for example primary care records.

**Personal care solutions:** solutions and services which are used by individual patients as part of the increasing trend towards self-care in a mobile-internet world.

"UK physicians stand out compared to physicians from other countries for receiving information about their performance. The vast majority of UK doctors reported that they received and reviewed physicians performance information."

The Commonwealth Fund, 2012

Withdrawn 16 May 2019
### Central systems and services

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unique patient Identifier (UPI)</td>
<td>The UPI is the basis for identifying patient records across healthcare IT systems</td>
</tr>
<tr>
<td>Centralised demographics service</td>
<td>This service would enable healthcare IT systems across the country to access the right patient record using the UPI</td>
</tr>
<tr>
<td>Centralised electronic health records</td>
<td>A central patient record accessible from local systems and visible for specific purposes such as emergency care</td>
</tr>
<tr>
<td>Patient referral system</td>
<td>A system for electronic referral of patients across all settings</td>
</tr>
<tr>
<td>Service quality management system</td>
<td>Automated quality and performance monitoring of individual settings and providers within the healthcare service</td>
</tr>
<tr>
<td>Population health analytics solutions</td>
<td>Automated demand analysis, to manage public health delivery and develop national policy</td>
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</table>

### Local systems and services

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Electronic Health Record (EHR) interconnectivity</td>
<td>A single view of multiple patients’ health records achieved through interconnectivity of individual systems</td>
</tr>
<tr>
<td>Primary care systems</td>
<td>Electronic health record systems including operational workflows, decision tools and interoperability with other healthcare IT systems</td>
</tr>
<tr>
<td>Clinical decision support systems</td>
<td>Interactive software based on best practice clinical protocols and guidance, designed to assist physicians and other health professionals with clinical decision making</td>
</tr>
<tr>
<td>Telemedicine</td>
<td>A range of technology used to extend the reach of specialist care in a cost-effective manner to remote, and often rural, care settings</td>
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### Personal care solutions

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-care and automated triage</td>
<td>Online or app-based solutions which people can use to obtain a diagnosis and treat health-related issues. Automated triage uses an automated symptom checking and problem identification software to determine the most appropriate action for the patient</td>
</tr>
<tr>
<td>Telehealth</td>
<td>Remote monitoring of chronic disease patients within the community</td>
</tr>
<tr>
<td>mHealth</td>
<td>Apps and peripherals incorporating clinical and operational expertise. mHealth could cover a vast range of applications already covered by other propositions but delivered over the mobile platform</td>
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### UK organisations available to work with China

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Country</th>
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<tbody>
<tr>
<td>BT Health</td>
<td>CBBC</td>
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<tr>
<td>NHS England</td>
<td>IXICO</td>
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<tr>
<td>NHS Direct</td>
<td>YourMD</td>
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<tr>
<td>TPP</td>
<td>Yecco</td>
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<tr>
<td>BSS</td>
<td>New Level Health</td>
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<tr>
<td>mHealth international</td>
<td>University of Coventry</td>
</tr>
<tr>
<td>CBBC</td>
<td>Medvivo</td>
</tr>
<tr>
<td>IXICO</td>
<td>Sitekit</td>
</tr>
<tr>
<td>YourMD</td>
<td>Seetok</td>
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<tr>
<td>Yecco</td>
<td>Safe Patient Systems</td>
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</tbody>
</table>

Withdrawn 16 May 2019
China and the UK:
Partners in healthcare

The National Health Service
With an international reputation for excellence, the National Health Service (NHS) is at the forefront of healthcare delivery, research and training.

The NHS works in collaboration with commercial healthcare companies and academia to develop innovative, integrated, high-quality and cost-effective systems of care. Uniquely, the UK’s commercial healthcare sector has in-depth experience of working in partnership with the NHS in planning and delivering facilities, clinical services and deploying new technologies.

NHS is the world’s largest integrated health system and one of the most efficient healthcare providers globally, treating 1 million patients every 36 hours.

The UK spends 9.3% of GDP on health, around half of the USA’s expenditure.

The Commonwealth Fund rated the NHS as the best system in terms of efficiency, effective care and cost-related problems in comparison with the healthcare systems of six other countries (Australia, Canada, Germany, Netherlands, New Zealand and USA).

Healthcare UK
Drawing on UKTI’s network of professional advisors in more than 100 countries, Healthcare UK works with governments and healthcare providers around the world to co-develop healthcare solutions reflecting specific needs and priorities.

Healthcare UK facilitates:
- major government-to-government engagement on behalf of the UK health industry, bringing together the NHS and commercial sector to work in collaboration to deliver substantial programmes of healthcare provision, implementation and improvement.
- partnerships between individual healthcare organisations and NHS providers, commercial companies and national agencies to create tailored programmes for healthcare services.
- professional exchange programmes and the delivery of education and training for healthcare professionals.

The NHS in England:

Healthcare UK delivers:

- family doctor consultations per year
- day case procedures per year
- healthcare PPP projects in the UK. The UK is an acknowledged world leader in public-private partnerships (PPP).

The UK is home to:

of the world’s top 10 universities for clinical, pre-clinical and health subjects, with the University of Oxford in first place globally, followed by Cambridge, Imperial College London and University College London.

For further information and to discuss how Healthcare UK could assist you, contact:

Healthcare UK
Call: +44 (0)207 215 5000
Email: healthcare.uk@ukti.gsi.gov.uk
Web: www.gov.uk/healthcareuk

UK Trade & Investment Beijing
Call: +86 (0)10 5192 4000
Email: commercialmail.beijing@fco.gov.uk
Web: www.gov.uk/world/China