UK Standards for Microbiology Investigations

Potassium hydroxide test

"NICE has renewed accreditation of the process used by Public Health England (PHE) to produce UK Standards for Microbiology Investigations. The renewed accreditation is valid until 30 June 2021 and applies to guidance produced using the processes described in UK standards for microbiology investigations (UKSMIs) Development process, S9365, 2016. The original accreditation term began in July 2011."
Acknowledgments

UK Standards for Microbiology Investigations (UK SMIs) are developed under the auspices of Public Health England (PHE) working in partnership with the National Health Service (NHS), Public Health Wales and with the professional organisations whose logos are displayed below and listed on the website [https://www.gov.uk/uk-standards-for-microbiology-investigations-smi-quality-and-consistency-in-clinical-laboratories](https://www.gov.uk/uk-standards-for-microbiology-investigations-smi-quality-and-consistency-in-clinical-laboratories). UK SMIs are developed, reviewed and revised by various working groups which are overseen by a steering committee (see [https://www.gov.uk/government/groups/standards-for-microbiology-investigations-steering-committee](https://www.gov.uk/government/groups/standards-for-microbiology-investigations-steering-committee)).

The contributions of many individuals in clinical, specialist and reference laboratories who have provided information and comments during the development of this document are acknowledged. We are grateful to the medical editors for editing the medical content.

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UK Standards for Microbiology Investigations are produced in association with:

Logos correct at time of publishing.
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**Amendment table**

Each UK SMI method has an individual record of amendments. The current amendments are listed on this page. The amendment history is available from standards@phe.gov.uk.

New or revised documents should be controlled within the laboratory in accordance with the local quality management system.

<table>
<thead>
<tr>
<th>Amendment number/date</th>
<th>6/02.04.19</th>
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<tr>
<td>Issue number discarded</td>
<td>3</td>
</tr>
<tr>
<td>Insert issue number</td>
<td>4</td>
</tr>
<tr>
<td>Anticipated next review date*</td>
<td>02.04.22</td>
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<table>
<thead>
<tr>
<th>Section(s) involved</th>
<th>Amendment</th>
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</thead>
<tbody>
<tr>
<td>Whole document.</td>
<td>Document updated. Techincal limitations updated with subheadings. References updated with grades. Modified GRADE table added in the references section to explain the grades given to references.</td>
</tr>
<tr>
<td>Quality control organisms.</td>
<td>Alternative NCTC control strains that could be used have been added and updated in the document. These have also been validated by NCTC.</td>
</tr>
</tbody>
</table>

*Reviews can be extended up to five years subject to resources available.*
UK SMI#: scope and purpose

Users of UK SMIs

Primarily, UK SMIs are intended as a general resource for practising professionals operating in the field of laboratory medicine and infection specialties in the UK. UK SMIs also provide clinicians with information about the available test repertoire and the standard of laboratory services they should expect for the investigation of infection in their patients, as well as providing information that aids the electronic ordering of appropriate tests. The documents also provide commissioners of healthcare services with the appropriateness and standard of microbiology investigations they should be seeking as part of the clinical and public health care package for their population.

Background to UK SMIs

UK SMIs comprise a collection of recommended algorithms and procedures covering all stages of the investigative process in microbiology from the pre-analytical (clinical syndrome) stage to the analytical (laboratory testing) and post analytical (result interpretation and reporting) stages. Syndromic algorithms are supported by more detailed documents containing advice on the investigation of specific diseases and infections. Quality guidance notes describe laboratory processes which underpin quality, for example assay validation.

Standardisation of the diagnostic process through the application of UK SMIs helps to assure the equivalence of investigation strategies in different laboratories across the UK and is essential for public health surveillance, research and development activities.

Equal partnership working

UK SMIs are developed in equal partnership with PHE, NHS, Royal College of Pathologists and professional societies. The list of participating societies may be found at [https://www.gov.uk/uk-standards-for-microbiology-investigations-smi-quality-and-consistency-in-clinical-laboratories](https://www.gov.uk/uk-standards-for-microbiology-investigations-smi-quality-and-consistency-in-clinical-laboratories). Inclusion of a logo in an UK SMI indicates participation of the society in equal partnership and support for the objectives and process of preparing UK SMIs. Nominees of professional societies are members of the Steering Committee and working groups which develop UK SMIs. The views of nominees cannot be rigorously representative of the members of their nominating organisations nor the corporate views of their organisations. Nominees act as a conduit for two way reporting and dialogue. Representative views are sought through the consultation process. UK SMIs are developed, reviewed and updated through a wide consultation process.

Quality assurance

NICE has accredited the process used by the UK SMI working groups to produce UK SMIs. The accreditation is applicable to all guidance produced since October 2009. The process for the development of UK SMIs is certified to ISO 9001:2008. UK SMIs represent a good standard of practice to which all clinical and public health microbiology laboratories in the UK are expected to work. UK SMIs are NICE accredited and represent neither minimum standards of practice nor the highest level.

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Microbiology is used as a generic term to include the two GMC-recognised specialties of Medical Microbiology (which includes Bacteriology, Mycology and Parasitology) and Medical Virology.
of complex laboratory investigation possible. In using UK SMIs, laboratories should take account of local requirements and undertake additional investigations where appropriate. UK SMIs help laboratories to meet accreditation requirements by promoting high quality practices which are auditable. UK SMIs also provide a reference point for method development. The performance of UK SMIs depends on competent staff and appropriate quality reagents and equipment. Laboratories should ensure that all commercial and in-house tests have been validated and shown to be fit for purpose. Laboratories should participate in external quality assessment schemes and undertake relevant internal quality control procedures.

**Patient and public involvement**

The UK SMI working groups are committed to patient and public involvement in the development of UK SMIs. By involving the public, health professionals, scientists and voluntary organisations the resulting UK SMI will be robust and meet the needs of the user. An opportunity is given to members of the public to contribute to consultations through our open access website.

**Information governance and equality**

PHE is a Caldicott compliant organisation. It seeks to take every possible precaution to prevent unauthorised disclosure of patient details and to ensure that patient-related records are kept under secure conditions. The development of UK SMIs is subject to PHE Equality objectives [https://www.gov.uk/government/organisations/public-health-england/about/equality-and-diversity](https://www.gov.uk/government/organisations/public-health-england/about/equality-and-diversity).

The UK SMI working groups are committed to achieving the equality objectives by effective consultation with members of the public, partners, stakeholders and specialist interest groups.

**Legal statement**

While every care has been taken in the preparation of UK SMIs, PHE and the partner organisations, shall, to the greatest extent possible under any applicable law, exclude liability for all losses, costs, claims, damages or expenses arising out of or connected with the use of an UK SMI or any information contained therein. If alterations are made by an end user to an UK SMI for local use, it must be made clear where in the document the alterations have been made and by whom such alterations have been made and also acknowledged that PHE and the partner organisations shall bear no liability for such alterations. For the further avoidance of doubt, as UK SMIs have been developed for application within the UK, any application outside the UK shall be at the user’s risk.

The evidence base and microbial taxonomy for the UK SMI is as complete as possible at the date of issue. Any omissions and new material will be considered at the next review. These standards can only be superseded by revisions of the standard, legislative action, or by NICE accredited guidance.

UK SMIs are Crown copyright which should be acknowledged where appropriate.

**Suggested citation for this document**

Scope of document

Many organisms such as *Bacillus* and *Clostridium* species that have lost some of the integrity of their cell wall appear Gram negative on staining resulting in possible misidentification.

The potassium hydroxide test may aid in differentiation between Gram positive and Gram negative organisms and is a useful complement to the Gram stain and the antibiotic disc test\(^1\)\(^2\). Like the Gram stain reaction, the test is based on differences in the chemistry of the bacterial cell wall.

This UK SMI should be used in conjunction with other UK SMIs.

Introduction

In the presence of potassium hydroxide, Gram negative cell walls are broken down, releasing viscid chromosomal material which causes the bacterial suspension to become thick and stringy. Gram positive organisms remain unaffected hence the alternative name for this procedure, the “String Test”.

Technical information/limitations

Benefits of using potassium hydroxide test

The potassium hydroxide test has its advantages; it is simple and easy to use, rapid and inexpensive. In laboratories where large numbers of cultures have to be processed, the above test may be used in addition to Gram stain for preliminary differentiation.

Although useful, a negative test does not prove conclusively that an organism is Gram positive\(^3\).

Misidentification of older cultures

Older cultures (>48hr) may give unreliable results after mixing the bacteria in the KOH solution. This is common with certain species such as *Achromobacter* species, *Brucella melitensis*, *Pseudomonas paucimobilis*, *Moraxella* species, etc\(^3\).

Quality control

Potassium hydroxide solution should be freshly prepared and any bottle containing a white precipitate must be discarded.
1 Safety considerations

Refer to current guidance on the safe handling of all organisms and reagents documented in this UK SMI.

Potassium hydroxide solution is an irritant.

All work likely to generate aerosols must be performed in a microbiological safety cabinet.

The above guidance should be supplemented with local COSHH and risk assessments.

Compliance with postal and transport regulations is essential.

2 Reagents and equipment

Discrete colonies growing on solid medium

3% potassium hydroxide in water

Microscope slide

Bacteriological straight wire/loop or disposable alternative

3 Quality control organisms

Positive control

*Escherichia coli* NCTC 10418 or NCTC 12241

Negative control

*Staphylococcus aureus* NCTC 6571 or NCTC 12973

Note: These strains have been validated by NCTC to give this result.

4 Procedure and results

4.1 Potassium hydroxide procedure

- place one drop of 3% potassium hydroxide solution on a clean microscope slide
- emulsify a few colonies of the suspect organism in the drop of potassium hydroxide to make a dense suspension
- stir continuously for 60 sec and then gently pull the loop away from the suspension
- observe any changes – if positive, a string of the suspension will follow the loop when it is raised
Interpretation

Positive result
Organisms become thick, stringy and form long strands within the first 30 sec. This is seen in Gram negative bacteria.

Negative result
Organisms leave the suspension unaltered or there is absence of stringing. This is seen in Gram positive bacteria.
Appendix: Potassium hydroxide test

Place a drop of 3% potassium hydroxide solution on a clean slide

Take a loop of isolated discrete colony growth and emulsify in the solution

Stir continuously for 60s
Pull the loop away from the suspension

Thick and stringy, forming long strands
Suspension remains unaltered

Gram negative organism
Gram positive organism

Note:
Positive control *Escherichia coli* NCTC 10418 or NCTC 12241

Negative control *Staphylococcus aureus* NCTC 6571 or NCTC 12973

The flowchart is for guidance only.
Modified GRADE table used by UK SMIs when assessing references

Grading of Recommendations, Assessment, Development, and Evaluation (GRADE) is a systematic approach to assessing references. A modified GRADE method is used in UK SMIs for appraising references for inclusion. Each reference is assessed and allocated a grade for strength of recommendation (A-D) and quality of the underlying evidence (I-VIII). A summary table which defines the grade is listed below and should be used in conjunction with the reference list.

<table>
<thead>
<tr>
<th>Quality/certainty of evidence</th>
<th>Types of evidence</th>
</tr>
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<tbody>
<tr>
<td>A Strongly recommended</td>
<td>I Evidence from randomised controlled trials, meta-analysis and systematic reviews</td>
</tr>
<tr>
<td>B* Recommended but other alternatives may be acceptable</td>
<td>II Evidence from non-randomised studies</td>
</tr>
<tr>
<td></td>
<td>III Evidence from documents describing techniques, methods or protocols</td>
</tr>
<tr>
<td>C* Weakly recommended: seek alternatives</td>
<td>IV Non-analytical studies, eg case reports, reviews, case series</td>
</tr>
<tr>
<td>D Never recommended</td>
<td>V Expert opinion and wide acceptance as good practice but with no study evidence</td>
</tr>
<tr>
<td></td>
<td>VI Required by legislation, code of practice or national standard/guideline</td>
</tr>
<tr>
<td></td>
<td>VII Letter/short communication/editorials/conference communication</td>
</tr>
<tr>
<td></td>
<td>VIII Electronic citation</td>
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