Easy-read summary



This guide is about dental care. This is about looking after your teeth by keeping them clean and by going to the dentist.



It is important for people's health and happiness that they look after their teeth. Problems with teeth can hurt a lot.



Some people with learning disabilities may need help with keeping their teeth clean.



Some people with learning disabilities are anxious about going to the dentist.



The law says public services should put 'reasonable adjustments' in place to help people with learning disabilities use services. Reasonable adjustments are changes to services so they are easier to use.



Some people may need a bit of support or some extra time to help them go to the dentist.



There are special dentist services that people can use if they need a lot of extra help. Some of these are in hospitals.



If you need dental treatment you may need an injection to numb your mouth.





For some people the dentist may decide they need a general anaesthetic. This means you are given medicine to make you go to sleep so you do not feel anything.





This report has examples of easy-read information and films. These can be used to help people with learning disabilities look after their teeth.



This report has examples of reasonable adjustments in local services so that people with learning disabilities find dental services easier to use.