

## Working sheet

Allowable loss 2018 to 2019

(Adjusted loss)

A £

### Loss relief used

Year amount

2018 to 2019

(Loss from this tax year set-off against other income for 2017 to 2018)

B £

2017 to 2018

C £

2016 to 2017

D £

2015 to 2016

(Total of boxes C, D and E should equal loss to be carried back to previous year(s) and set-off against income or capital gains)

E £

Total losses claimed in this way (total of boxes B to E)

F £

Balance of allowable loss for 2018 to 2019 (A minus F)

G £

### Earlier years' losses

Losses brought forward from earlier years

H £

Losses brought forward from earlier years used this year

(Losses brought forward from earlier years set-off against this year's profit)

I £

Balance of earlier years' losses not yet allowed (H minus I)

J £

Loss carried forward to next year (box G + box J)

(Total losses to carry forward after all other set-offs including unused losses brought forward)

K £