Avian flu
Have you travelled from China?

DO YOU HAVE ...

- a fever (38°C and over)?
- difficulty breathing?
- a cough?

AND DID YOU ...

- visit live bird and animal markets and poultry farms?
- pick up or touch dead or dying birds?

If you develop the above symptoms within 10 days of travel from China - contact NHS 111 or your own GP by telephone and tell them that you have travelled to China