

Protecting and improving the nation's health

General surgery exposure prone procedure (EPP) categorisation Advice from the United Kingdom Advisory Panel for Healthcare Workers Infected with Bloodborne Viruses (UKAP)

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Executive summary

This exposure prone procedure (EPP) categorisation list is not exhaustive of all procedures carried out in general surgery, but is to be used as a guide only. Individual variation between surgeons does not allow for a higher EPP risk category to be incorporated in a personal interpretation of a procedure.

If any procedures in this document are semi-laparoscopic, when the hand is inserted into the abdomen via skin incision, then the procedures would certainly be categorised as EPP level 2, or possibly 3. Laparoscopic assisted procedures are likely to be EPP level 3. **Robotic procedures should be categorised the same as laparoscopic.**

In any case of uncertainty about any of the procedures listed here, or procedures that have not been included, please contact the UKAP Secretariat for guidance at: ukap@phe.gov.uk

Exposure prone procedures (EPPs)

Provided appropriate infection prevention and control precautions are adhered to scrupulously at all times, the majority of clinical procedures (including many which are invasive) in the healthcare setting pose no risk of transmission of BBVs from an infected HCW to a patient, and can safely be performed.

Those procedures where an opportunity for HCW-to-patient transmission of BBV does exist are described as 'exposure prone' procedures (EPPs), where injury to the HCW could result in the worker's blood contaminating the patient's open tissues. This is described as "bleed-back" in this guidance.

EPPs include procedures where the worker's gloved hands may be in contact with sharp instruments, needle tips or sharp tissues inside a patient's open body cavity, wound or confined anatomical space where the hands or fingertips may not be completely visible at all times.

The definition of EPPs covers a wide range of procedures, in which there may be very different levels of risk of bleed-back. A risk-based categorisation of clinical procedures has been developed, including procedures where there is negligible risk of bleed-back (non-EPP) and 3 categories of EPPs with increasing risk of bleed-back.

It should be noted that the majority of HCWs do not perform EPPs.

The definitions and examples of categories 1, 2 and 3 are:

Category 1

Procedures where the hands and fingertips of the worker are usually visible and outside the body most of the time and the possibility of injury to the worker's gloved hands from sharp instruments and/or tissues is slight. This means that the risk of the HCW bleeding into a patient's open tissues should be remote.

Examples: local anaesthetic injection in dentistry, removal of haemorrhoids.

Category 2

Procedures where the fingertips may not be visible at all times but injury to the worker's gloved hands from sharp instruments and/or tissues is unlikely. If injury occurs it is likely to be noticed and acted upon quickly to avoid the HCW's blood contaminating a patient's open tissues.

Examples: routine tooth extraction, colostomy.

Category 3

Procedures where the fingertips are out of sight for a significant part of the procedure, or during certain critical stages, and in which there is a distinct risk of injury to the worker's gloved hands from sharp instruments and/or tissues. In such circumstances it is possible that exposure of the patient's open tissues to the HCW's blood may go unnoticed or would not be noticed immediately.

Examples: hysterectomy, caesarean delivery, open cardiac surgical procedures.

Non-exposure prone procedures

Non-EPPs are those where the hands and fingertips of the worker are visible and outside the patient's body at all times, and internal examinations or procedures that do not involve possible injury to the worker's gloved hands from sharp instruments and/or tissues. These procedures are considered not to be exposure prone provided routine infection prevention and control procedures are adhered to at all times.

Examples in general surgery:

- flexible colonoscopy ± excision biopsy/destruction of lesion minor surface suturing
- rigid sigmoidoscopy including biopsy
- therapeutic endoscopic operations on pancreas
- endovascular procedures in transplantation

Breast

EPP Category	Procedure
	Subcutaneous mastectomy with immediate implant
	Radical mastectomy (including block dissection)
	Modified radical mastectomy (including block dissection)
	Simple mastectomy (including axillary node biopsy)
	Excision of lesion of breast
	Segmental resection or quadrantectomy
	Wide local excision of breast lesion
	Repeat local excision to clear margins
	Excision biopsy of breast lesion after localisation
	Reconstruction of breast using local flap
	Removal of prosthesis from breast
	Implantation of prosthesis following mastectomy
	Stereotactic/guidewire excision of lesion of breast
Category 1	Drainage of breast abscess
(Lowest risk of bleed-	Microdochotomy
back)	Operation(s) on the nipple (where not included in other procedures)
	Block dissection of axillary lymph nodes (where not included in other
	procedures)
	Biopsy/sampling of axillary lymph nodes
	Subcutaneous mastectomy
	Skin/nipple sparing mastectomy (including axillary node biopsy)
	Mastectomy for gynaecomastia
	Local mobilisation of glandular breast tissue to fill surgical cavity Removal of prosthesis from breast (including capsulectomy)
	Reduction mammoplasty
	Augmentation mammoplasty
	Therapeutic mammoplasty for breast cancer
	Excision of mammary fistula
	Sentinel node mapping and sampling with blue dye and/or radioactive
	probe for breast cancer
	Mastectomy combined with reconstruction of breast using myocutaneous
	flap
	Reconstruction of breast using latissimus dorsi
	Reconstruction of breast using TRAMS
	Mastopexy
	Biopsy of internal mammary lymph nodes
Category 2	Reconstruction of breast using free TRAM (including delayed
	reconstruction)
(Intermediate risk of	Reconstruction of breast using deep inferior epigastric perforator flap
bleed-back)	(DIEP) (including delayed reconstruction)
	Reconstruction of breast using transverse upper gracilis (TUG) flap
	(including delayed reconstruction and nipple reconstruction)
	Reconstruction of breast using ALT (anterolateral thigh) flap (including
	delayed reconstruction)
	Reconstruction of breast using deep inferior epigastric perforator flap
	(DIEP) with vascularised lymph node transfer (including delayed

	reconstruction)
	Reconstruction of breast using SGAP (superior gluteal artery perforator) flap (including delayed reconstruction)
Category 3 (Higher risk of bleed- back)	NONE IDENTIFIED

	Procedure
	Percutaneous biopsy of lesion of breast
Category Zero (NOT exposure prone, no risk of bleed-back)	Fine needle aspiration cytology
	Ultrasound guided interstitial laser ablation of breast lesion
	Reconstruction of breast using fat transfer (including delayed
	reconstruction)
	Percutaneous suction core biopsy
	Nipple areola complex reconstruction +/- liposuction and fat transfer
	Micropigmentation (tattooing) of nipple areola complex
	Intraoperative sentinel node mapping, using One Step Nucleic Acid Amplification (OSNA), for breast cancer

Endoscopic and laparoscopic gastrointestinal tract EPP categorisation

Endoscopic gastro-intestinal tract

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	NONE IDENTIFIED
Category 2 (Intermediate risk of bleed-back)	NONE IDENTIFIED
Category 3 (Higher risk of bleed- back)	NONE IDENTIFIED

	Procedure
	Injection sclerotherapy of oesophageal varices
	Therapeutic oesophago-gastro-duodenoscopy including destruction of lesion, insertion of prosthesis, dilatation, recanalisation of tumour
	Rigid oesophagoscopy ± biopsy/removal/laser of diathermy destruction of lesions
	Intubation for investigation of GIT ± manometry, pH measurement, pancreatic function and jejunal biopsy
Category Zero	Therapeutic oesophago-gastro-duodenoscopy including removal of foreign body/polypectomy
(NOT exposure prone,	Diagnostic oesophago-gastro-duodenoscopy including biopsy
no risk of bleed-back)	Intragastric balloon
	Insertion of percutaneous endoscopic gastrostomy, jejunostomy or colostomy (PEG, PEJ, PEC)
	Therapeutic endoscopic operations on ileum through stoma (including dilatation)
	Rigid sigmoidoscopy including biopsy
	Flexible sigmoidoscopy ±biopsy/removal/destruction of lesion
	Flexible colonoscopy ± excision biopsy/destruction of lesion
	Fibreoptic colonoscopy and recanalisation of tumour
	Endoscopic retrograde cholangiopancreatography (ERCP)
	ERCP with therapeutic procedures

Laparoscopic gastro-intestinal tract

EPP Category	Procedure
	Laparoscopic repair of hiatus hernia
	Laparoscopic vagotomy/seromyotomy
	Laparoscopic gastro-jejunostomy
	Laparoscopic gastrostomy/jejunostomy
	Laparoscopic closure of perforated ulcer of stomach
Category 1	Laparoscopic closure of perforated ulcer of duodenum
(Lowest risk of bleed-	Laparoscopic appendectomy
back)	Laparoscopic colostomy
	Laparoscopic rectopexy
	Laparoscopic cholecystectomy
	Laparoscopic cholecystectomy with intraoperative cholangiogram
	Laparoscopic splenectomy
	Laparoscopic repair of groin hernia
	Laparoscopic resection of small intestine
Category 2	Laparoscopic colonic resection
(Intermediate risk of bleed-back)	Laparoscopic anterior resection of rectum and exteriorisation of bowel
Category 3 (Higher risk of bleed- back)	NONE IDENTIFIED

Category Zero	Procedure
(NOT exposure prone, no risk of bleed-back)	NONE IDENTIFIED

Abdomen (excluding urinary and reproductive organs)

Oesophagus

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	Thoracoscopic oesophageal mobilisation via mediastinumThoracoscopic repair of oesophagusThoracoscopic oesophagogastric myotomyLaparoscopic repair of hiatus herniaLaparoscopic Transabdominal anti-reflux operationsLaparoscopic Revision of anti-reflux operations
Category 2 (Intermediate risk of bleed-back)	NONE IDENTIFIED
Category 3 (Higher risk of bleed- back)	OesophagogastrectomyTotal oesophagectomy and interposition of intestineOpen excision/extirpation of lesion of oesophagusBypass of oesophagusRevision of oesophageal anastomosisClosure of bypass of oesophagusTransthoracic repair of oesophagusOesophagocardiomyotomy (Heller's operation)Transthoracic repair of hiatus herniaTransthoracic repair of diaphragmatic herniaTransabdominal repair of hiatus herniaTransabdominal repair of diaphragmatic herniaTransabdominal anti-reflux operationsRevision of anti-reflux operations

Category Zero	Procedure
(NOT exposure prone, no risk of bleed-back)	Injection sclerotherapy of oesophageal varices

Stomach

EPP Category	Procedure
	Laparoscopic closure of perforated ulcer of stomach
Category 1	Laparoscopic gastric bypass (Roux-en-Y)
(Lowest risk of bleed-	Laparoscopic vertical sleeve gastrectomy
back)	Laparoscopic Biliopancreatic diversion with duodenal switch
·	Laparoscopic adjustable gastric band
	Gastrojejunostomy*
	Revision of gastro-jejunostomy
Category 2	Gastrostomy
(Intermediate risk of	Closure of gastrostomy
bleed-back)	Closure of perforated ulcer of stomach†
	Pyloromyotomy
	Pyloroplasty
	Proximal gastric vagotomy
	Selective vagotomy
	Vagotomy and pyloroplasty
Category 3	Total gastrectomy and excision of surrounding tissue
(Higher risk of bleed-	Partial gastrectomy
back)	Other open operation(s) on stomach
	Open Gastric bypass (Roux-en-Y)
	Open Biliopancreatic diversion with duodenal switch
	Gastric bypass revision
* If endoscopic, then categ † If with excisional repair, a	

Category Zero	Procedure
(NOT exposure prone, no risk of bleed-back)	NONE IDENTIFIED

Duodenum

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	Laparoscopic closure of perforated ulcer of duodenum
Category 2 (Intermediate risk of bleed-back)	Bypass of duodenum
	Closure of perforated ulcer of duodenum
Category 3 (Higher risk of bleed- back)	Open excision of lesion of duodenum

Category Zero	Procedure
(NOT exposure prone, no risk of bleed-back)	NONE IDENTIFIED

Small intestine

EPP Category	Procedure
Category 1 (Lowest risk of bleed-	Laparoscopic feeding jejunostomy
	Laparoscopic resection of small intestine
back)	Attention to ileostomy
	Excision of jejunum
	Excision of lesion of jejunum
	Jejunostomy
	Open feeding jejunostomy
	Bypass of jejunum
Category 2	Intubation of jejunum for decompression of intestine
(Intermediate risk of	Bypass of ileum
bleed-back)	lleostomy
	Revision to ileostomy
	Closure of ileostomy (in isolation)
	Open operations on ileum (including reduction of intussusception)
	Open resection of ileum
Category 3 (Higher risk of bleed- back)	NONE IDENTIFIED

Category Zero (NOT exposure prone, no risk of bleed-back)	Procedure
	NONE IDENTIFIED

Large intestine

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	Laparoscopic appendectomy
	Appendectomy Drainage of abscess of appendix Bypass of colon
Category 2 (Intermediate risk of bleed-back)	Exteriorisation of caecum Closure of colostomy – extra peritoneal Laparoscopic colostomy
Diecu-Dacky	Colostomy (including revision) Intra-abdominal manipulation of colon (including reduction of intussusception)
	Laparoscopic colonic resection Total excision of colon and ileorectal anastomosis‡ Extended excision of right hemicolon and anastomosis‡
Category 3	Other excision of right hemicolon‡ Excision of transverse colon‡
(Higher risk of bleed- back)	Excision of left hemicolon <u></u> Excision of sigmoid colon
	Excision of lesion of colon (transabdominal) ‡ Closure of colostomy – intra peritoneal
‡ If laparoscopic, then cate	egory 2

Category Zero	Procedure
(NOT exposure prone, no risk of bleed-back)	Radiological reduction of intussusception of colon using barium enema

Rectum/Anus

EPP Category	Procedure
	Laparoscopic rectopexy
	TEMS resection for rectal cancer
	Full or partial thickness rectal biopsy
	Excision of lesion of anus
	Destruction of lesion of anus
	Haemorrhoidectomy
	Stapled haemorrhoidectomy
Category 1	Ligation of haemorrhoids
(Lowest risk of bleed-	Laying open low anal fistula
back)	Laying open high anal fistula
	Treatment of anal fistula including plug, LIFT and seton
	Lateral sphincterotomy of anus
	Excision of anal fissure
	Chemical sphincterotomy including Botox injection
	Drainage through perineal region (including ischio-rectal abscess)
	Excision of pilonidal sinus and suture/skin graft/flap
	Laying open pilonidal sinus
Cotogory 2	Laparoscopic anterior resection of rectum and exteriorisation of bowel
Category 2	Transanal excision of lesion of rectum
(Intermediate risk of	Repair of anal sphincter
bleed-back)	Repair of anal trauma
	Ileoanal anastomosis and creation of pouch‡
	Panproctocolectomy and ileostomy
	Excision of rectum [‡]
	Abdominoperineal pull through resection with colo-anal anastomosis and associated colostomy or ileostomy [‡]
	Abdominoperineal excision of rectum and anus (including distal sacrectomy)
Category 3	Total, anterior or posterior pelvic exenteration
	Anterior resection of rectum and anastomosis of colon to rectum
(Higher risk of bleed-	Anterior resection of rectum and end colostomy (with closure of rectum
back)	and end colostomy)(Hartmann's procedure)
	Partial excision of rectum and sigmoid colon for prolapse‡
	Reversal of Hartmann's procedure‡
	Open excision of lesion of rectum
	Fixation of rectum for prolapse
	Transanal resection for rectal cancer
	Repair of faecal fistula (colovaginal or colovesical)
‡ If laparoscopic, then cat	egory 2
	See overleaf for rectum/anus non-EPPs

See overleaf for rectum/anus non-EPPs

	Procedure
Category Zero	Rigid sigmoidoscopy including biopsy
(NOT exposure prone,	Dilation of stricture of rectum
no risk of bleed-back)	Injection of sclerosing substance into haemorrhoids
	Banding of haemorrhoids
	Anorectal stretch (including EUA and sigmoidoscopy)

Adrenal

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	Laparoscopic/Retroperitoneoscopic adrenalectomy§
Category 2 (Intermediate risk of bleed-back)	
Category 3 (Higher risk of bleed- back)	Adrenalectomy
	Operations on aberrant adrenal tissue
§ If hand-assisted, then category 2	

Category Zero	Procedure
(NOT exposure prone, no risk of bleed-back)	NONE IDENTIFIED

Liver and biliary tree

EPP Category	Procedure
Category 1 (Lowest risk of bleed-	Laparoscopic liver resection§
	Laparoscopic radiofrequency ablation of liver lesions
	Diagnostic laparoscopic examination of liver (including biopsy)
back)	Laparoscopic exploration of bile duct
back)	Laparoscopic cholecystectomy
	Laparoscopic cholecystectomy with intraoperative cholangiogram
Category 2	Radiofrequency ablation of liver lesions
(Intermediate risk of	Open biopsy of liver
bleed-back)	Creation of peritoneovenous shunt (LeVeen/Denver)
Dieeu-Dack)	Anastomosis of gall bladder (to another viscus)
	Partial excision of liver
	Hemihepatectomy
	Removal of liver tumour
	Repair of liver
	Open drainage of liver
	Creation of portocaval shunt
	Oesophagogastric devascularisation procedure (Sugiura or variations)
	Partial excision of bile duct and anastomosis of bile duct to
Category 3	duodenum/jejunum
(Higher risk of bleed-	Excision of lesion of bile duct
back)	Anastomosis of hepatic duct
	Anastomosis of common bile duct
	Open introduction of prosthesis into bile duct
	Repair of bile duct
	Exploration of bile duct
	Sphincterotomy of bile duct and pancreatic duct using duodenal approach
	Hepatoportoenterostomy (Kasai's procedure)
	Cholecystectomy (including minicholecystectomy)
	Cholecystectomy with exploration of common bile duct
§ If hand-assisted, then ca	tegory 2

Category Zero	Procedure
(NOT exposure prone,	Percutaneous radiofrequency ablation of liver lesions
no risk of bleed-back)	Percutaneous biopsy of lesion of liver
	Percutaneous examination of bile duct

Pancreas

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	Minimally invasive pancreatic necrosectomy
Category 2 (Intermediate risk of bleed-back)	NONE IDENTIFIED
	Total pancreatectomy and excision of surrounding tissue‡
	Total pancreatectomy NEC‡
	Total pancreactectomy with autologous islet cell transplantation
	Pancreatoduoenectomy and excision of surrounding tissue (Whipple's procedure) ‡
Category 3	Distal/other partial pancreatectomy‡
(Higher risk of bleed-	Excision of lesion of the pancreas‡
back)	Anastomosis of pancreatic duct to another viscus
	Open drainage of cystic lesions of pancreas including abscesses
	Open examination of pancreas‡
	Local resection of pancreatic head with lateral pancreaticojejunostomy
	(Frey's procedure)
	Operations for chronic pancreatitis
<i>‡ If laparoscopic, then category 2</i> <i>∥ If laparoscopic, then category 1</i>	

Category Zero (NOT exposure prone, no risk of bleed-back)	Procedure
	Therapeutic percutaneous operations on pancreas Therapeutic endoscopic operations on pancreas

Spleen

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	Laparoscopic splenectomy
Category 2 (Intermediate risk of bleed-back)	NONE IDENTIFIED
Category 3 (Higher risk of bleed- back)	Open splenectomy (including partial)

Category Zero (NOT exposure prone, no risk of bleed-back)	Procedure
	NONE IDENTIFIED

Major vessels

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	NONE IDENTIFIED
Category 2 (Intermediate risk of bleed-back)	NONE IDENTIFIED
	Open cannulation of intra-abdominal artery for infusion chemotherapy
Category 3 (Higher risk of bleed- back)	Creation of portocaval shunt
	Plication of vena cava
	Repair of wound of major artery of vein of abdomen (including aorta and vena cava)

Category Zero	Procedure
(NOT exposure prone, no risk of bleed-back)	NONE IDENTIFIED

Abdominal wall

EPP Category	Procedure
	Simple excision of inguinal hernia sac
	Primary repair of inguinal hernia
	Laparoscopic repair of groin hernia
	Repair of recurrent inguinal hernia
Category 1	Primary repair of femoral hernia
(Lowest risk of bleed-	Repair of recurrent femoral hernia
back)	Repair of umbilical hernia
Buoky	Repair of port site hernia
	Laparoscopic repair of incisional hernia
	Repair of other hernia of abdominal wall
	Laparoscopic repair of abdominal wall hernia
	Laparoscopic repair of parastomal hernia
	Primary repair of strangulated inguinal hernia
Category 2	Primary repair of strangulated femoral hernia
(Intermediate risk of	Primary repair of incisional hernia (excluding port site hernia)
bleed-back)	Repair of recurrent incisional hernia
	Resuture of previous incision in abdominal wall (burst abdomen)
Category 3 (Higher risk of bleed- back)	Repair of congenital diaphragmatic hernia

Category Zero (NOT exposure prone, no risk of bleed-back)	Procedure
	NONE IDENTIFIED

Peritoneum

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	Laparoscopic excision of peritoneal lesion Laparoscopic biopsy of lesion of retroperitoneal space Laparoscopy including biopsy and adhesiolysis Suprapubic drainage of pelvic abscess Insertion of peritoneal dialysis catheter Laparoscopic insertion of peritoneal dialysis catheter
Category 2 (Intermediate risk of bleed-back)	Operations on omentum
Category 3 (Higher risk of bleed- back)	Laparotomy for post-operative haemorrhage Laparotomy and repair of visceral trauma Open drainage of subphrenic abscess Excision of peritoneal lesion Excision of lesion of retroperitoneal space Biopsy of lesion of retroperitoneal space Excision of presacral tumour Freeing of adhesions of peritoneum

Category Zero (NOT exposure prone, no risk of bleed-back)	Procedure
	Paracentesis abdominis for ascites
	Percutaneous insertion of peritoneal dialysis catheter

Transplant

EPP Category	Procedure
Category 1 (Lowest risk of bleed- back)	
Category 2 (Intermediate risk of bleed-back)	
	Abdominal solid organ transplantation (any)
Category 3 (Higher risk of bleed- back)	Living donor operation for transplant (any)
	Removal of transplanted organ
	Anastomotic revisions in transplanted organs

Category Zero (NOT exposure prone, no risk of bleed-back)	Procedure
	Pancreatic islet cell transplantation (isolated) Endovascular procedures

Contributors

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