

Annex 13: Tier 3 regional summary results

The findings presented in the report and annexes are representative of the number of services that responded to the mapping exercise and it is not indicative of all weight management services available across the country. For example, for services not included due to insufficient information, there may be a service available in this area. However, this is not reported as there was insufficient data to include it in the analysis.

To note: 'n' numbers presented below are based on the number of respondents or the number of services depending on the whether aggregated or disaggregated was used. For further details refer to Annex 3.

Tier 3 service provision

Children and young people services

Response rates

Region	Total number of responses	Number of services available across the locality	Commissioners of the service			
			LA	CCG	Joint LA/CCG	Other*
East Midlands	3	3	2	1	-	-
London	7	6**	6	-		1
Yorkshire and Humber	6	4***	4	1	1	-
North East	No responses					
East of England	No responses					
North West	No responses					
South East	No responses					
South West	No responses					
West Midlands	No responses					

*Other' includes hospital dietetic services

**6 of out 6 respondents reported the service w as available across the locality

National mapping of weight management services

***4 out of 4 respondents reported the service was available across the locality

Delivery settings

Region	Community and/or leisure centre	School and/or after school	Hospital/ GP	Home
East Midlands (n=1)	1	-	1	-
London (n=7)	6	1	2	1
Yorkshire and Humber (n=4)	4	1	3	-

*Respondents had the option to choose more than one category

Eligibility criteria*

Region	> 91st centile BMI	> 95th centile BMI	> 98th centile BMI	Other
East Midlands (n=2)	1	-	1	-
London (n=7)	4	-	3	-
Yorkshire and Humber (n=4)	1	1	1	1**

** Respondents had the option to choose more than one category and where possible, the lowest BMI centile was included

**BMI>96th centile

Referral routes*

Region	Self-referral	GP or practice nurse and/or other health professional	School referral and/or NCMP	Other**
East Midlands (n=2)	1	2	-	-
London (n=7)	3	7	4	1
Yorkshire and Humber (n=5)	2	4	2	4

*Respondents had the option to choose more than one category

**'Other' includes voluntary sector or referral via tier 2

Delivery format*

Region	Group programmes	1:1 Support	Telephone	Family assessment
East Midlands (n=1)	-	1	-	-
London (n=7)	4	6	2	-
Yorkshire and Humber (n=4)	3	3	-	2

*Respondents had the option to choose more than one category

Service design (components)

Region	Multi component*	Single component :Behaviour change	Diet and behavioural change	Other**
East Midlands (n=2)	2	-	-	
London (n=7)	5	-	2	
Yorkshire and Humber (n=4)	2	1	-	1

*Multi component including diet/healthy eating, physical activity and behaviour change component.

** 'Other' reported as ratio based on individual needs

Length of service

Region	Minimum (weeks)	Maximum (weeks)	Most frequently reported (weeks)
East Midlands (n=1)	-	-	26*
London (n=9)	10	12	12
Yorkshire and Humber (n=4)	12	52	-

*Based on 1 service

Evidence base and evaluation

Region	Standard Evaluation Framework (SEF) / National Institute for Health and Care Excellence (NICE) guidance	Yes	No
East Midlands	Number of respondents using SEF (n=3)	1	2
	Number or respondents using NICE guidance (n=2)	2	-
London	Number or respondents using SEF (n=7)	2	5
	Number or respondents using NICE guidance (n=7)	7	-
Yorkshire and Humber	Number or respondents using SEF (n=4)	2	2
	Number or respondents using NICE guidance (n=4)	4	-

Follow up

Region	12 months or more	Less than 12 months	No follow up
East Midlands (n=1)	1	-	-
London (n=7)	6	-	1
Yorkshire and Humber (n=4)	4	-	-

Adult services

Response rates

Region	Total number of responses*	Number of services available across the locality	Commissioners of the service(s)			
			LA	CCG	Joint CCG/ LA	Other**
East Midlands	3	2***	2	1	-	-
East of England	4	3	1	2	-	1
London	4	4	2	-	1	1
North East	4	4	-	3	1	-
North West	1	1	-	1	-	-
South East	9	9	8	1	-	-
South West	4	3	-	4	-	-
West Midlands	1	1	-	-	1	-
Yorkshire and Humber	13	11****	5	7	1	-

*A response can include one or more service

**'Other' includes w ho have not specified w ho the commissioner is

***2 out of 2 respondents reported the service w as available across the locality

****11 out of 11 respondents reported the service w as available across the locality

Delivery settings*

Region	Community and/or leisure centre	Hospital/ GP	Home
East Midlands (n=2)	1	1	-
East of England (n=3)	1	2	-
London (n=4)	1	3	-
North East (n=4)	3	1	-
South East (n=8)	5	5	-
South West (n=3)	3	1	-
West Midlands (n=1)	-	1	-
Yorkshire and Humber (n=9)	6	7	1

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North West	No response
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*Respondents had the option to choose more than one category

Eligibility criteria*

Region	Adults BMI > 25	Adults BMI > 30	Adults BMI > 35	Adults BMI > 35 with comorbidities	Adults BMI > 40	Other**
East Midlands (n=3)	-	-	-	3	3	1
East of England (n=4)	-	1	1	-	2	1
London (n=4)	1	-	2	1	1	-
North East (n=4)	-	-	1	2	3	-
South East (n=9)	-	1	3	5	4	1
South West (n=3)	-	-	1	2	2	-
West Midlands (n=1)	-	-	-	-	1	-
Yorkshire and Humber (n=12)	-	-	5	1	4	5
North West	No response					

*Respondents had the option to choose more than one category

**'Other' includes BMI>45; BMI>30w ith comorbidities; BMI45-50 or BMI>50

Referral routes*

Region	Self-referral	GP or practice nurse and/or other health professional	NHS Health Checks	Other**
East Midlands (n=3)	1	3	-	-
East of England (n=4)	-	4	-	-
London (n=4)	1	4	-	-
North East (n=4)	-	4	-	-
North West (n=1)	-	1	-	-
South East (n=9)	-	9	-	1
South West (n=4)	-	4	-	1
West Midlands (n=1)	1	1	-	-
Yorkshire and Humber (n=13)	3	12	1	6

*Respondents had the option to choose more than one category

**'Other' includes voluntary sector, referral via tier 2, and diabetes education programme

Delivery format*

Region	Group programmes	1:1 Support	Online support	Telephone	Family assessment
East Midlands (n=3)	1	3	-	-	-
East of England (n=3)	3	3	1	2	-
London (n=4)	3	4	-	-	-
North East (n=4)	3	4	-	2	-
South East (n=8)	6	8	1	3	-
South West (n=3)	3	3	-	1	-
West Midlands (n=1)	-	1	-	-	-
Yorkshire and Humber (n=10)	7	9	-	1	1
North West	No response				

*Respondents had the option to choose more than one category

Service design (components)

Region	Multi component*	Single component: Diet/healthy eating	Single component :Behavioural	Diet and physical activity	Diet and behavioural	Other**
East Midlands (n=3)	3	-	-	-	-	-
East of England (n=3)	2	-	-	1	-	-
London (n=4)	3	-	-	-	1	-
North East (n=4)	1	1	-	-	-	2*
North West (n=1)	-	-	-	-	-	1*
South East (n=8)	6	-	1	-	-	1*
South West (n=3)	2	-	1	-	-	-
West Midlands (n=1)	1	-	-	-	-	-
Yorkshire and Humber (n=9)	7	1	1	-	-	1*

*Multi component including diet/healthy eating, physical activity and behaviour change component.

**Based on individuals needs

Length of service

Region	Minimum (weeks)	Maximum (weeks)	Most frequently reported (weeks)
East Midlands (n=3)	24	52	-
East of England (n=2)	26	52	-
London (n=3)	6	26	-
North East (n=4)	26	52	52
South East (n=8)	10	52	52
South West (n=3)	15	104	-
West Midlands (n=1)	-	-	*104
Yorkshire and Humber (n=10)	12	52	52
North West	No response		

Evidence base and evaluation

Region	Standard Evaluation Framework (SEF) / National Institute for Health and Care Excellence (NICE) guidance	Yes	No
East Midlands	Number or respondents using SEF (n=2)	2	-
	Number or respondents using NICE guidance (n=2)	2	-
East of England	Number or respondents using SEF (n=3)	1	2
	Number or respondents using NICE guidance (n=3)	3	-
London	Number or respondents using SEF (n=4)	3	1
	Number or respondents using NICE guidance (n=4)	4	-
North East	Number or respondents using SEF (n=4)	4	-
	Number or respondents using NICE guidance (n=3)	3	-
North West	Number or respondents using SEF (n=1)	1	-
	Number or respondents using NICE guidance (n=1)	-	1
South East	Number or respondents using SEF (n=7)	4	3
	Number or respondents using NICE guidance (n=8)	5	3
South West	Number or respondents using SEF (n=3)	-	3
	Number or respondents using NICE guidance (n=3)	3	-
West Midlands	Number or respondents using SEF (n=1)	-	1
	Number or respondents using NICE guidance (n=1)	1	-
Yorkshire and Humber	Number or respondents using SEF (n=9)	5	4
	Number or respondents using NICE guidance (n=9)	9	-

Follow up

Region	12 months or more	Less than 12 months	No follow up
East Midlands (n=2)	2	-	-
East of England (n=2)	1	1	-
London (n=4)	2	1	1
North East (n=4)	3	-	1
South East (n=8)	6	1	1
South West (n=3)	3	-	-
West Midlands (n=1)	-	-	1
Yorkshire and Humber (n=6)	6	-	-
North West	No response		