

Personal Independence Payment

Award Review – Information to help you



Department
for Work &
Pensions

Completing the Award Review form

This form is for you to tell us **how** you carry out the 12 daily living and mobility activities and if anything has changed since we last awarded you PIP.

So we can make sure your award is still right we need to know:

- what has changed and when this happened? Is it easier or harder to do things now or have things stayed the same?
- if you need to use any aids. By this we mean objects that make an activity easier. For example, a button hook when getting dressed, a perching stool for use in the shower or adapted taps to make things easier in the kitchen or bathroom
- if you're getting the help you need. Do you need more or less help now?
- if you need supervising to do something safely. Tell us what might happen if you weren't supervised

This is an **example** of how to answer the questions and the **supporting information** you could send us.

1. Preparing food and cooking

Tell us if something has changed and approximately when.
<i>My arthritis has got worse since August 2016. I can't stand for long periods and I'm taking stronger medication.</i>
Tell us how you manage this activity now, including the use of any aids that you need.
<i>I'm still able to cook a meal but I now need to sit on a stool in the kitchen to do it.</i>
Tell us about any changes to the help you need or the help you get from another person.
<i>My partner helps me more now with preparing ingredients as I don't have the strength to chop them up.</i>

Any information, not just medical, about how your condition or disability affects you is really useful. To support your answers, you could send in the following **information**:

- a recent report from an occupational therapist
- a repeat prescription list
- a recent care plan
- a carer's diary or letter

Information you need to send us with your Award Review form

By sending us supporting information with your form, you may not need a face-to-face consultation with a health professional. We may be able to make a decision on your award more quickly and you'll continue to get the right award of PIP.

It's important you send us:

- information explaining **how your health condition or disability affects you**
- **photocopies** as we can't return original documents to you. Write your name and National Insurance number on the top of each document

What to send

Send us any information that you've received since your last award, for example:

- ✓ A summary of your patient record
- ✓ Hospital discharge or outpatient clinic letters
- ✓ Your current repeat prescription list

Reports or care or treatment plans from:

- ✓ Occupational therapists
- ✓ GP or consultants
- ✓ Social workers
- ✓ Community psychiatric nurses
- ✓ Learning disability support teams
- ✓ Physiotherapists
- ✓ Carers and family members

Test results from:

- ✓ Scans
- ✓ Diagnostic tests
- ✓ Hearing or vision tests

What NOT to send

- ✗ Appointment letters or cards
- ✗ A supporting letter from your GP
- ✗ Letters arranging hospital admissions
- ✗ General information or fact sheets about your condition
- ✗ Fact sheets about your medication
- ✗ Information about tests you're going to have
- ✗ Bus or train tickets to appointments you've attended
- ✗ Information you've sent us before

Don't delay sending your form back if you're waiting for information, send us what you've already got.

You don't need to send this sheet back with your form.