

### BECOME AN ANTIBIOTIC GUARDIAN

World Antibiotic Awareness Week, European Antibiotic Awareness Day and Antibiotic Guardian Campaign: Overview of Activities 2017









Antibiotic resistance is a complex global public health issue. An integrated cross-sector, One Health approach (human, animal and environment) across national, European and international levels is required to combat the spread of antibiotic resistance.

The Department of Health published the UK Five-Year Antimicrobial Resistance Strategy (AMR) in 2013. The overarching goal is to slow the development and spread of AMR by: improving the knowledge and understanding of AMR; conservation and stewardship of the effectiveness of existing treatments; stimulating the development of new antibiotics, diagnostics and novel therapies.

Each year, the World Health Organisation highlights the importance of antibiotics during World Antibiotic Awareness Week. During this time the theme, Antibiotics: Handle with Care, reflects the overarching message that antibiotics are a precious resource and should be preserved. They should be used to treat bacterial infections, only when prescribed by a certified health professional. Antibiotics should never be shared and should be taken as directed and not saved for the future.

European Antibiotic Awareness Day (EAAD) was initiated by the European Centre for Disease Prevention and Control (ECDC) in 2008 and is held on 18 November every year aiming to raise awareness on how to use antibiotics in a responsible way that will help keep them effective for the future.

For full details on the overview of activities for 2017, visit AntibioticGuardian.com



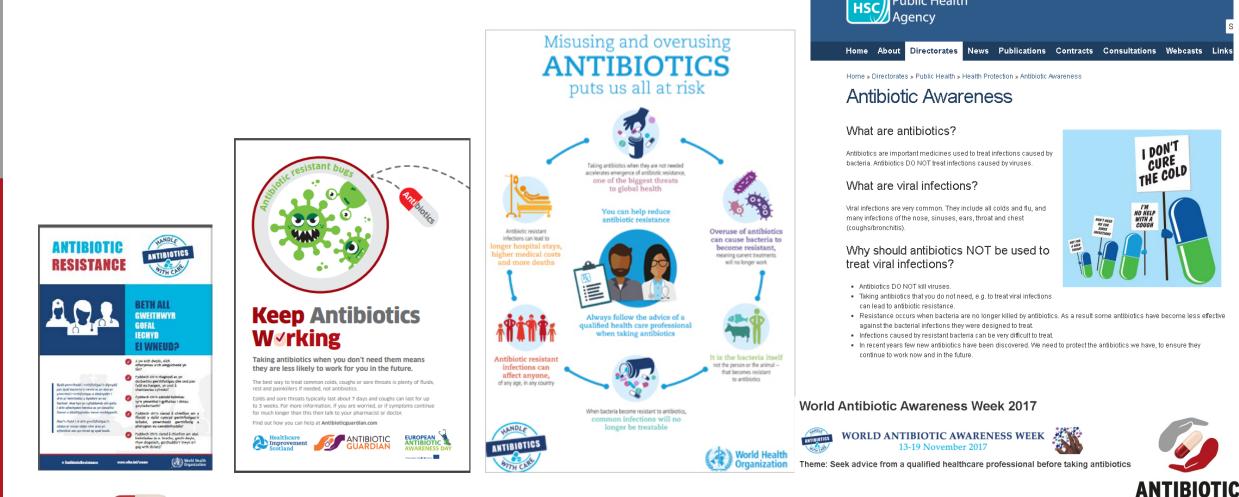






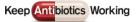


## EXAMPLES OF ANTIBIOTIC AWARENESS CAMPAIGNS IN 2017



**Public Health** 

GUARDIAN



## PLEDGING TO ACTION

The year-round Antibiotic Guardian campaign acts as a driver to increase engagement among healthcare professionals and provide an outcome measure of engagement by individuals and organisations. A pledge system helps people feel that they have taken concrete personal and collective action to help keep antibiotics active. This may in turn act as a catalyst for behaviour change that is measured through follow-up.

In 2017, following a successful pilot of a public facing media campaign on AMR, a national campaign called Keep Antibiotics Working (using TV, radio and social media) was launched. The message of the campaign was twofold: a) taking antibiotics when not needed puts you and your family at serious risk and b) trust your doctors' and healthcare professionals' advice.

Also in 2017, Keep Antibiotics Working and Antibiotic Guardian were aligned in look and feel, bringing together the purpose and credibility of the Antibiotic Guardian programme with the scale and recognition of the nationwide consumer campaign to establish Keep Antibiotics Working as PHE's unifying brand to manage AMR for the public. Both campaigns share objectives which support the government ambition to reduce inappropriate prescribing in the UK by half by 2020.





## PEER-REVIEW PUBLICATIONS ON ANTIBIOTIC GUARDIAN

Introductio Methods Results Discussion Conflict of i Supplemen References Supplemen

In addition to the two previously published peer review publications, in July 2017 a qualitative evaluation of the Antibiotic Guardian campaign was peer-reviewed and published in <u>BMC Public Health Journal</u>.

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Abstract	Research article Open Access Open Peer Review						Download	PDF	
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Keep Antibiotics Working



on	behavioural campaign across Europe to tackle antibiotic resistance: pilot phase and analysis of AMIR knowledge Sophie Newitt, Sibyl Anthierens, Samuel Coenen, Denila La Fa Wang, Cristiane Salvi, Richard Pulestan, Diane Ashiru-Oredape							
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entery dete	Abstract Antimicrobial resistance (AMR) is a major public health threat. The UK Antibiotic							
ents (0)	Guardian (AG) behavioural change campaign developed to tackle AMR was expanded across Europe through translation into Russian, Dutch and French. Demographics and knowledge of AGs were analyzed between 01 November 2016 and 31 December 2016. A total of 367 pledges were received with the emiority from the public and health care professionals. The pilot has significantly increased the properties of pledges from Europe (avaluate UN) $c^2 = 108 - 2$ P							

On 01 February 2018, the peer-reviewed manuscript: Expansion of the 'Antibiotic Guardian' one health behavioural campaign across Europe to tackle antibiotic resistance: pilot phase and analysis of AMR knowledge was published in <u>European Journal of</u> <u>Public Health</u>.



## GAINING SUPPORT

#### **Primary Care letter**

Public Health England Department of Health

Co: Chairs of Infection Control Committee and Antimicrobial Stewardship Groups Antimicrobial Pharmacists Trust Communication Leads

NHS

England

PHE Gateway Number: 2017471 NHS England Publications Gateway Reference: 07364

01 November 2017

Dear Colleague

Thank you for your ongoing commitment to reduce antimicrobial resistance (AMR) and drug resistance infections. You will be aware that we announced two national ambitions as part of our drive to tackle AMR. These are: by the end of March 2021, we aim to reduce healthcare-associated Gram-negative bloodstream infections (HA GNBSIs) and inappropriate antibiotic prescribing by 50%, underpinned by a drive for innovation and adoption of timely, patient-<u>centred</u>, cost-effective diagnostics.

Ensuring that we protect the effectiveness of our existing antibiotics and engaging with people remains a priority. International Infection Prevention and Control Week (15-21 October), World Attibiotic Awareness Week (WAAW) (13-19 November) and European Antibiotic Awareness Day (EAAD) (18 November) provide an excellent opportunity to engage with healthcare professionals (HCPs) and the public on AMR.

Ahead of WAAW and EAAD you can do the following:

Visit the improvement hub for gram negative bloodstream infections to develop local collaborative actions to reduce these infections: https://improvement.nis.uk/resources/proventina-gram-negative-bloodstream-infections/

Support the PHE National AMR Campaign for the public

On 23 October 2017 a national campaign <u>'Keep. Antibiotics Working'</u> was launched by PHE across England to support the government's efforts to reduce inappropriate prescriptions for antibiotics by raising awareness of the issue of antibiotic resistance and reducing demand from the public using TV, radio and social media. The messaging for the opmpaign aims to move patients to a better understanding that taking antibiotics when they don't need them puts them and their family at risk and to trust their doctors and

Page 1 of 4



PHE, in collaboration with NHS England and Department of Health, sent letters to chief executives in primary and secondary care.

Within the letter, organisations were invited to register their support for the campaign and join a national promotional network.

In 2017: letters signed by the Chief Medical Officer, Chief Nursing Officer, Chief Pharmaceutical Officer, Chief Dental Officer, Chief Scientific Officer, and CEOs of PHE and HEE were written for:

- NHS: Primary Care
- NHS: Secondary Care
- Local Authority
- Professional Organisations
- Universities

	University letter								
nt 1	Public Health England of Health	NHS England							
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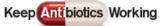
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On 23 October 2017 a national campaign Keep Antibiotics Working' was launched by

## EDUCATIONAL MATERIALS

Educational materials from previous years were updated with the new branding including the Prescriber's checklist; quizzes; toolkit for healthcare professionals and a new students' toolkit; posters and leaflets. More material including posters, leaflets and peer-review publications available at AntibioticGuardian.com





https://www.gov.uk/government/collections/european-antibiotic-awareness-day-resources

GUARDIAN

## **BECOME AN ANTIBIOTIC GUARDIAN**

As of 12 February 2018, there are 59,206 Antibiotic Guardians.

The Antibiotic Guardian website reflected updated branding for healthcare professionals and students that allowed them to support antibiotic awareness campaigns in the UK.





To enable subtitles for the video, click on cc (lower right section of the video screen)

### Antibiotic resistance is one of the biggest threats facing us today.

Why it is relevant to you: without effective antibiotics many routine treatments will become increasingly dangerous. Setting broken bones, basic operations, even chemotherapy and animal health all rely on access to antibiotics that work.

What we want you to do: To slow resistance we need to cut the unnecessary use of antibiotics. We invite the public, students and educators, farmers, the veterinary and medical communities and professional organisations, to become Antibiotic Guardians.

Call to action: Choose one simple pledge about how







## SOCIAL MEDIA

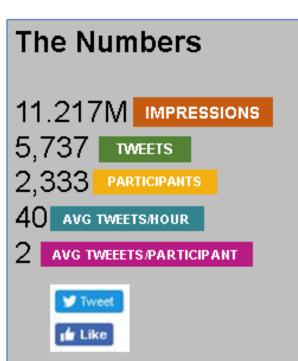
Graphics and tweets were used in conjunction for World Antibiotic Awareness Week and European Antibiotic Awareness Week to connect with the general public via social media outlets.



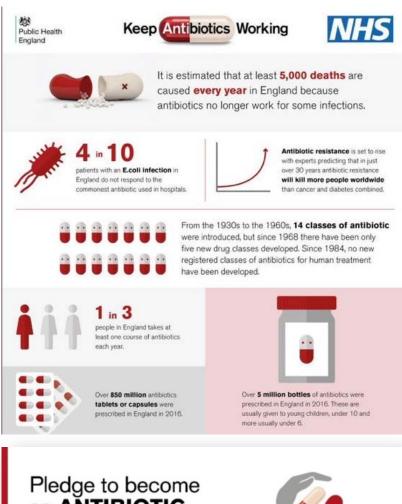
Cambridge University Hospitals NHS Foundation Trust

This week our staff have been busy signing up to be Antibiotic Guardians and pledging to keep #KeepAntibioticsWorking!

4.4k Views



Tweet data from the #AntibiotciGuardian hashtag from Sun, November 12<sup>th</sup> 2017, 11:25AM to Sat, November 18<sup>th</sup> 2017, 11:25AM (Europe/London).



an **ANTIBIOTIC GUARDIAN** and select the simple action you can take which will protect our antibiotics.





## SENIOR SUPPORT FOR ANTIBIOTIC GUARDIAN

Antibiotic Guardian has received support from high-profile individuals including Jeremy Hunt and Professor Sally Davies.



#### World #AntibioticAwarenessWeek & #EAAD @UKParliament, TY @BrineMinister hansard.parliament.uk/Commons/2017-1 ... #AntibioticGuardian #KeepAntibioticsWorking $\equiv$ A Hansard Online House of Commons Hansard Back to Contents World Antibiotics Awareness Week

O 1.30 pm 10:15 AM - 17 Nov 2017



Share this debate 16 November 2017 Volume 631





Elizabeth Beech @elizbeech Delighted @Jeremy\_Hunt agreed to pledge to be #AntibioticGuardian at #improveIPC today @DrDianeAshiru Look forward to the photo #evidence

future generations #StopSuperBugs

If you have not yet pledged please do so a ...



Steve Brine MP



I have today pledged to be an #AntibioticGuardian to #KeepAntibioticsWorking. Our actions protect #antibiotics. Join me at



Antibiotic Guardian antibioticguardian.com

15/11/2017, 15:00





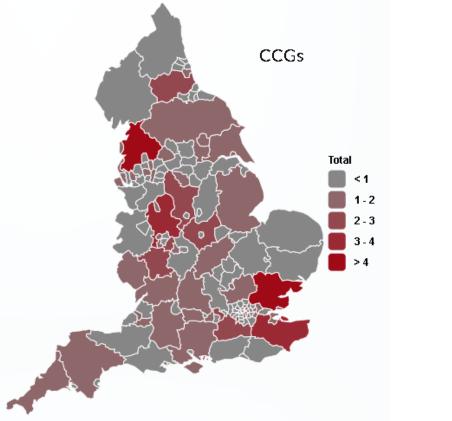
## ANTIBIOTIC GUARDIAN REACH

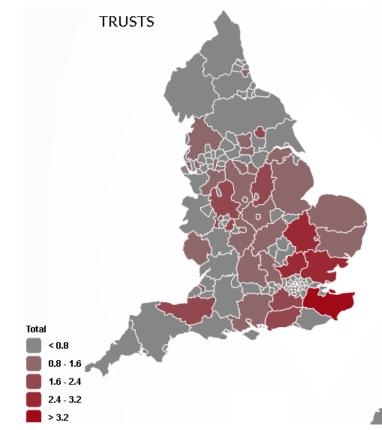




## CCGs AND TRUSTS THAT REGISTERED PLANNED ACTIVITIES FOR 2017 WAAW

#### Coverage in England





In 2017, 149 organisations registered planned activities, leading to a 166% increase in registrations from the prior year (90 organisations). http://antibioticguardian.com/register ed-organisations/

These are showcased in the following slides.





### EXAMPLES OF ACTIVITIES LED BY INDIVIDUAL ORGANISATIONS Wiltshire Council

Bath and North east Somerset, which continued use of the #SeeltSnapltSharelt campaign materials to deliver AMR messaging all winter in 2017 and for 2018 plan to focus on Antibiotic Amnesty – adopt/adapt Imperial and CPPE campaign to encourage public to return unused antibiotics to community pharmacies.

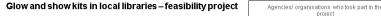
University Hospitals of Leicester (UHL), working in conjunction with local CCGs, community pharmacies, Universities and County Scout Group to deliver a regional campaign.

Bristol City Council, where activities were run teaching children an understanding of resistance and the importance of handwashing, alongside social media engagement, for example, development of a superbug Snapchat geofilter by e-Bug and NICE.

University of Manchester, where events and workshops were run, alongside international school outreach initiatives/.

Wiltshire Council, where 'glow and show' kits were developed for local libraries that provided information on handwashing and infection prevention and control.

More information on participating organisations, both locally and internationally available at the Antibiotic Guardian website: <u>http://antibioticguardian.com/news/</u>



- One library used Trowbridge
- Presentation and information folder provided to library staff
- Invitations to take part in project:
  - For example Local hotels; pharmacies; dentists; schools; domiciliary care agencies..... (80)
- List of applicants supplied to library staff
- Voucher system used by borrower

#### Feedback:



#### Next steps:

- · Obtain sponsorship for consumables
- · Agree how it will be managed
- · Roll out to two other main libraries in Wiltshire
- · Wider publicity

#### University of Manchester - 2017

- Manchester Body Experience
- Direct engagement with >800 of the 2,500 visitors; 22 parents wanted us to run workshop at their school hundreds signed up to be Antibiotic Guardians on Ipads
- Launch of 'OUTBREAKAMR'-novel scavenger-hunt team-based game, combined with mobile App.
  - · Piloted with 81 people across ten teams. Fantastic feedback

#### WAAW17

- · Focus on 'One-Health AMR and ecology'
- · Partnership with Man. Met. Univ.
- · Led by team of 27 students
- · All Faculties represented. Events on five days
- Seminar series, 'bug club' and evening symposium
- 207 attendees Outreach with school children in Nigeri





GPsurgerie

Applied Borrowed k





Twitter campaign recycling previous infographics and key messages

Twitter polls to determine public knowledge on AMR

Supported other organisations via their twitter campaigns e.g. retweeting

VMD Stand at the London Vet Show

RUMA/VMD conference – fully booked (~200 attendees, including national press); Lord Gardiner opened the day; launch of VARSS and Sector Specific Targets; CVO interviewed at BBC breakfast

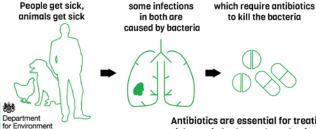
Antibiotic facts in animals

#### Antibiotic facts in animals



Antibiotic facts in animals

Food & Rural Affairs



Antibiotics are essential for treating sickness in both people and animals

Survey https://www.surveymonkey.co.uk/r/WTM2568



before the animal

(or its milk or eags)

can be sold as food









#### Other activities from stakeholders

**Liverpool University** – debates on antimicrobial use and stewardship between medical and veterinary students. Blogpost on AMR publicised on the university Facebook page with ~3000 followers; blog on AMR for dairy farmers.

FSA – Combined their AMR messages with some of MHRA's. Launched an EU AMR survey.

**RUMA** – released case study videos daily over WAAW on reduced antibiotic use on farm. Supported a One-Health conference with PHE. Many networking opportunities as a result. RUMA/VMD AMR conference.

**NOAH/Bella Moss Foundation** – launch of survey to assess understanding of how antimicrobial works amongst general public. Survey closes 18 March.

**AHDB** – recycled infographics and pushed via social media with a focus on the sheep industry. Generated valuable discussion around antibiotics usage data.

**British Equine Veterinary Association** – launched a campaign to encourage people to discuss how antibiotic use has been successfully reduced. Results to be shared as case studies for 2018 EAAD

**Nottingham university** – One-health society united for an annual AMR project – treasure hunt to identify antibacterial properties within samples collected from the environment

BVA - created a blog to discuss work achieved to address AMR. Published information on their website.

Red Tractor – shared and retweeted messages. New standards were launched 1<sup>st</sup> October

**Scotland**– promoted the issue of AMR with information on human and animal isolates on the Scottish animal health website. Publication of their one-health report.

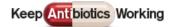
Northern Ireland: AMR workshop organised by the NI Department of health – 145 people took part.





# 2017 WAAW/EAAD activities in Scotland, Wales and Northern Ireland





## SCOTTISH ANTIMICROBIAL PRESCRIBING GROUP FOR NHS SCOTLAND 2017 WAAW/EAAD OVERVIEW OF ACTIVITIES

Keep Antibiotics Working posters and leaflets displayed in all Community Pharmacies during Oct and Nov.

Printed posters, leaflets, colouring sheets, pens and stickers supplied by SAPG to health boards for use in hospital and community settings

Letter from Scottish Government to health boards seeking support for local EAAD activities.

Blog aimed at care providers and parents about eye infections in young children.

Antimicrobial pharmacists visited schools to promote e-bug.

Novel approaches - one board made video featuring school children and one board featured treasure hunt for beach pebbles painted with antibiotic pictures and messages.



Taking antibiotics when you don't need them means they are less likely to work for you in the future.





## EXAMPLES OF 2017 WAAW/EAAD IN SCOTLAND



HOME ANTEROTE SURBOAN ARABES ANTEROTE WORKHOPE WORKHOPEPONEORE WORKHOPEUPPORTERE WEEKARE JONESYDENCEREPORT AMERICOTLAND CONTACTUS

#### ANTIBIOTIC GUARDIAN WORKSHOPS, AWARDS & AMR SCOTLAND



Antibiotic resistance is one of the biggest threats facing us today!



#### Why it is relevant to you:

Without effective antibiotics many routine treatments will become increasingly dangerous. Setting broken bones, basic operations, even chemotherapy all rely on access to antibiotics that work.

#### What we want you to do:

To slow resistance we need to cut the use of unnecessary antibiotics. November 18th is European Antibiotic Awareness Day. As part of that we're asking everyone in the UK, the public and the medical community to become Antibiotic Guardians.

#### Call to action:

Choose one simple pledge about how you'll make better use of antibiotics and help save this vital medicine from becoming obsolete. To ensure that the information and knowledge on Antibiotic Stewardship is disseminated to those practising healthcare across the nation, a senes of awareness and educational events have been developed. These educational workshop events, to be held in Leeds, Bristol and London, will provide guidance, resources and information for practitioners on topics associated with antibiotic awareness. The events will provide an opportunity to understand how you and your organisation can support combat the global challenge faced by antibiotic resistance whilst gaining advice, support and resources to inform patients and staff.



Sarah Thomson @SarahJ\_Thomson · Jan 14 2017 #EAAD bug rock turned up in Broughty Ferry today - just about surviving the Scottish winter! #AntibioticGuardian #KeepAntibioticsWorking #CarnoustieRocks #NHSTayside



### Ø Q ...

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azulalnacer\_ What a beautiful surprise! I'll fight against the abuse of antibiotics @carnoustierocks #carnoustierocks #nhs

Sarah's post

13\_fali, guasnoxes, ejanni, dale\_brucey, tanttaka, susanita.39 and carnoustierocks like this

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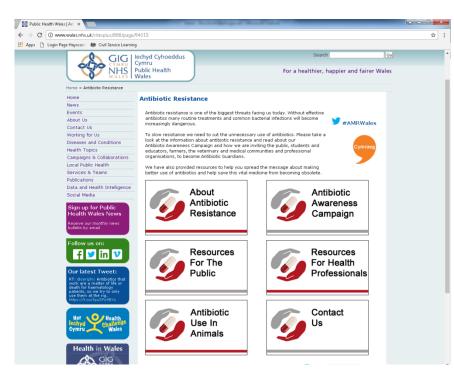
## NHS WALES 2017 OVERVIEW OF ACTIVITIES

- Nov 2017 Welsh Government funding £21k for targeted public health campaign as part of AMR plan
- Community Pharmacy Wales:
  - One of two Public Health Campaigns a year, supported by Chief Pharmacists
  - Materials included posters, leaflets, prescription inserts, AG pledges and staff evaluation
  - Clinical focus on UTI prophylaxis and patient education
  - All 700 community pharmacies in Wales participated
  - Photoshoot plus media launch in University Hospital Wales, Cardiff
- AG campaign, aimed at general public plus all health care professionals approx. 3000 pledges
- WCPPE and RPS support incl. podcast (general public) and webinar (pharmacists & GPs)
- Targeted social media campaign run by PHW, women 25-40, 345k hits across multiple platforms
- Cardiff Uni Mpharm student workshops & AG pledges
- Extensive work in HBs, stands and visits on 5 days WAAW with different themes each day
- Vet and farming communities mirrored human campaign including 262 AG pledges





## EXAMPLES OF 2017 WAAW/EAAD IN WALES











## PUBLIC HEALTH AGENCY – NORTHERN IRELAND 2017 OVERVIEW OF ACTIVITIES

Public Engagement event at W5 interactive science discovery centre – 18 Nov "Become an antibiotic guardian"

In partnership with Centre from Excellence for Public Health Northern Ireland and the STEM Ambassador Hub based at W5

Children and their families journeyed through W5 with an Antibiotic Guardian Passport which they had to complete by attending the different activities and demonstrations on each level of W5. Activities included:

- Visual and interactive demonstrations showing the children what different microbes are and how antimicrobial resistance develops
- An interactive game to help older children decide do they need an antibiotic or not.
- Engagement with parents and younger children to discuss antibiotics and when they are needed.
- 'Design your own Microbe' colouring in activity.
- The use of IPads and Tablets for children to play antimicrobial resistance games. <u>https://longitudeprize.org/superbugs</u>
- Various antimicrobial resistance videos and cartoons on display throughout event.

Those who completed their passport received a certificate

Feedback from the event was extremely positive - 89% of those who completed our evaluation forms would attend this event again and felt that the information provided had given them a better understanding of when antibiotics are necessary.











## EXAMPLES OF 2017 WAAW/EAAD AT PUBLIC HEALTH AGENCY – NORTHERN IRELAND

Public Engagement event at the Northern Ireland Science Festival, University of Ulster "The Antibiotic Apocalypse"

This event was targeted at adults and children aged 16 years and over and approximately 120 people attended. Members of the audience watched a short film about AMR called "Catch". This was followed by presentations from local AMR experts including one from Public Health. This was an opportunity to share key messages about reducing the burden of AMR through careful antibiotic use and preventing infections in the first instance. The presentations were followed by a panel discussion which gave the audience an opportunity to ask questions.

E Bug resources were launched in Northern Ireland in partnership with Centre from Excellence for Public Health Northern Ireland and the STEM Ambassador Hub based at W5.













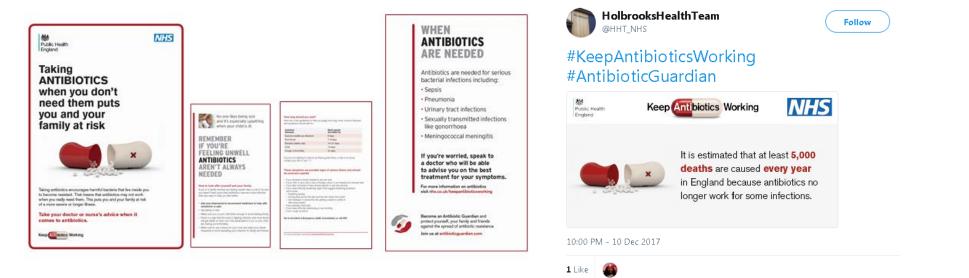


## CONCLUSION

2017 World Antibiotic Awareness Week continued to expand interest, raise awareness and increase engagement with healthcare professionals across all UK countries.

The fourth year of the Antibiotic Guardian campaign continued to gain support and engagement, expanding to include more activities, as evidenced by the first student national AMR Conference, the updated branding in relation to the public's 'Keep Antibiotic Working' campaign and other activities.

The video for the Keep Antibiotics Working campaign across England was viewed 10 million times on social media platforms with 81% of the audience agreeing with the message that 'Taking antibiotics when you don't need them puts you and your family at risk of antibiotic resistant infections'.







## SAVE THE DATE

## World Antibiotic Awareness Week 12-18 November 2018



## European Antibiotic Awareness Day 18 November (Focussed activities on 14 and 15 November)

Toolkits for UK countries via http://antibioticguardian.com/healthcare-professionals/









Our actions protect antibiotics
BECOME AN
ANTIBIOTIC GUARDIAN

Join us at antibioticguardian.com

