Community Life Survey: Loneliness

This factsheet summarises official statistics on loneliness from the Community Life Survey: 2017-18

Correction notice: Social Interactions figures were updated on 17th August 2018 to include paper estimates which were previously excluded in error.

6% of adults reported they often or always feel lonely (over 1 in 20 adults aged 16+)

Who feels lonely often or always?

The proportion feeling lonely often or always is higher among…

16 to 34 year olds than those aged 65+

People living in urban areas

Men and women had similar rates of feeling lonely often/always

There were also no significant differences by region or ethnic group

Social Interactions with friends or family at least once a week

Social Support Networks

For more information see https://www.gov.uk/government/collections/community-life-survey--2