



14 August 2018

Year: 2018

Week: 32

## In This Issue:

- Key messages.
- Syndromic indicators at a glance.
- Data summary.
- Indicators by syndrome.
- Total calls.
- Cold/flu.
- Fever.
- Cough.
- Difficulty Breathing.
- Sore throat.
- Diarrhoea.
- Vomiting.
- Eye problems.
- Heat/sun impact.
- Insect bites.
- Introduction to charts.
- Notes and further information.
- Acknowledgements.

## Key messages

Data to: 12 August 2018

Nothing new to report during week 32.

A Heat-Health Watch system operates in England from 1 June to 15 September each year. As part of the Heatwave Plan for England, the PHE Real-time Syndromic Surveillance team will be routinely monitoring the public health impact of hot weather using syndromic surveillance data during this period.

Heat-health watch level (current reporting week): Level 1/3 **Summer preparedness**/ **heatwave action**  
<http://www.metoffice.gov.uk/weather/uk/heathealth/>

## Syndromic indicators at a glance:

Indicator	Trend	Level *
Cold/flu	no trend	similar to baseline levels
Fever	decreasing	similar to baseline levels
Cough	no trend	below baseline levels
Difficulty breathing	no trend	below baseline levels
Sore throat	decreasing	below baseline levels
Diarrhoea	no trend	below baseline levels
Vomiting	decreasing	below baseline levels
Eye problems	decreasing	below baseline levels
Heat/sun impact	decreasing	similar to baseline levels
Insect bites	no trend	above baselines levels

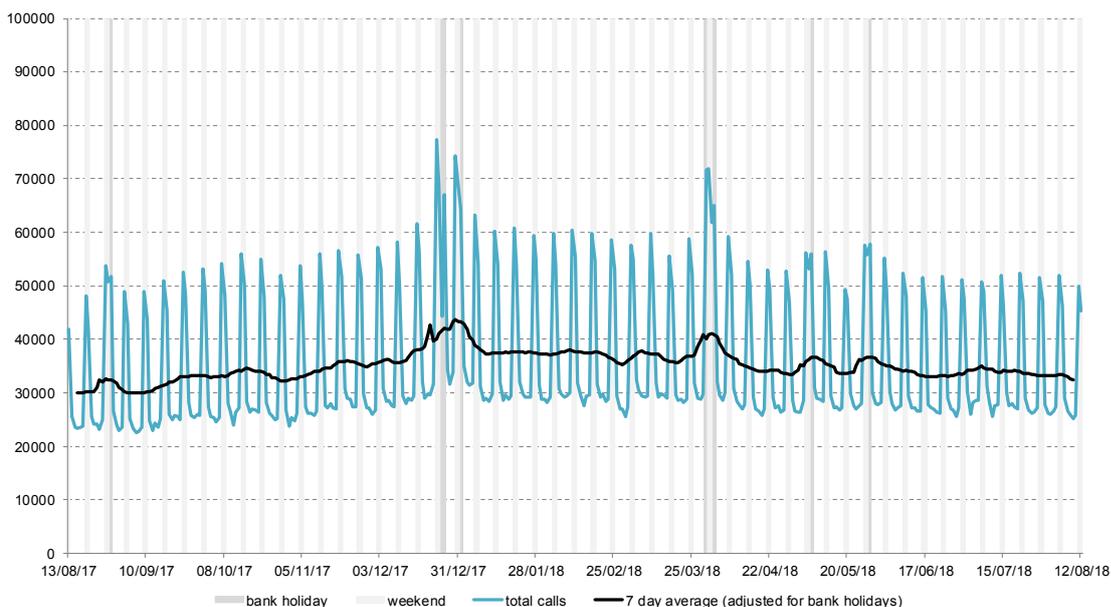
\*Since week 47 2014 new baselines have been introduced for comparison with previous years. Baselines use historical data from the NHS Direct surveillance system to estimate seasonal trend but with levels adjusted to reflect changes since the switch to using NHS 111 data in September 2013.

## Data summary:

Year	Week	Total calls
2018	32	198,722

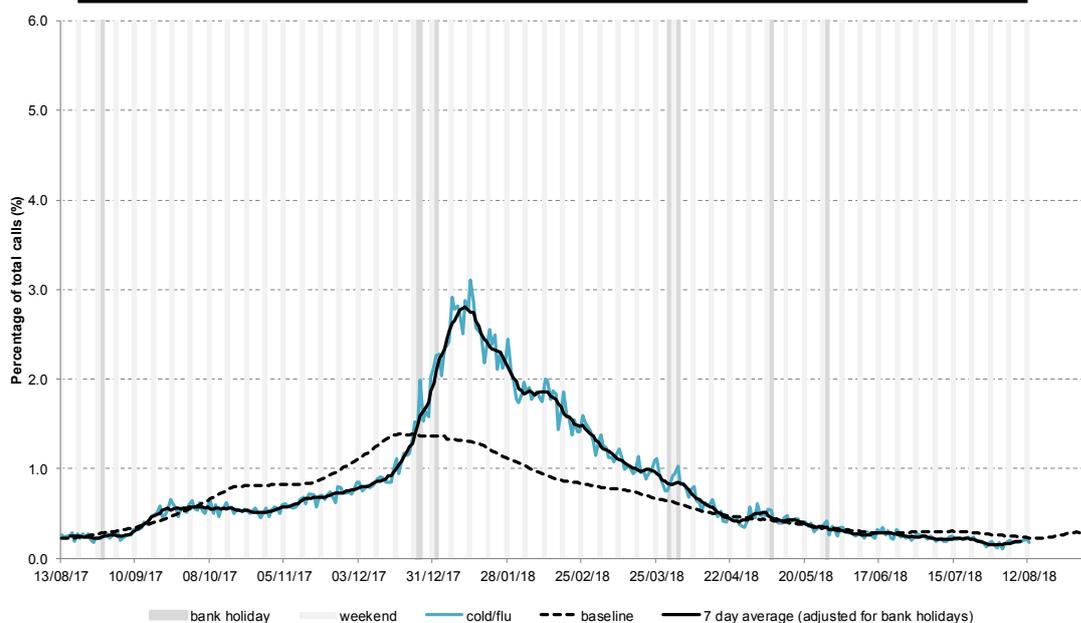
## 1: Total calls.

The total number of syndromic calls recorded each day by NHS 111.



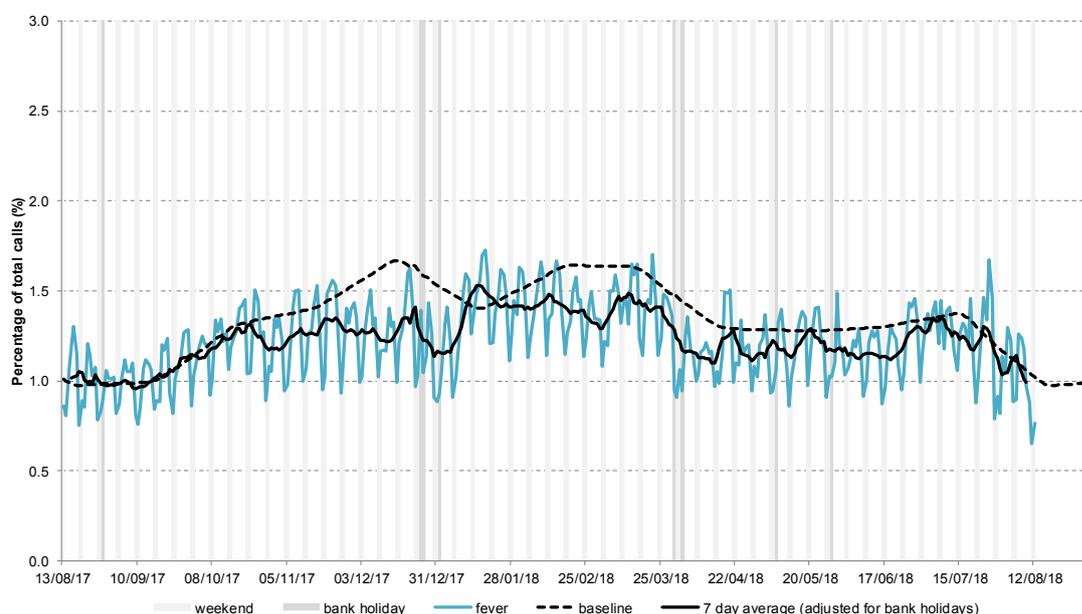
## 2: Cold/flu

Daily 'cold/flu' calls as a percentage of total calls. Baselines are constructed from historical data since 2010, including data from NHS 111 and NHS Direct.



## 3: Fever

Daily 'fever' calls as a percentage of total calls. Baselines are constructed from historical data since 2010, including data from NHS 111 and NHS Direct.



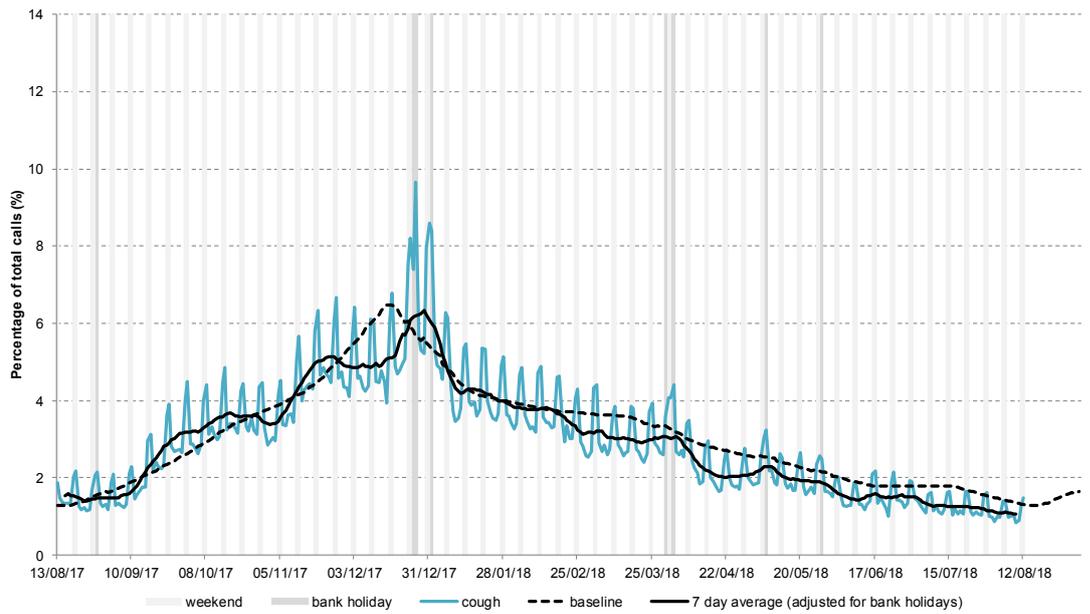
14 August 2018

Year: 2018

Week: 32

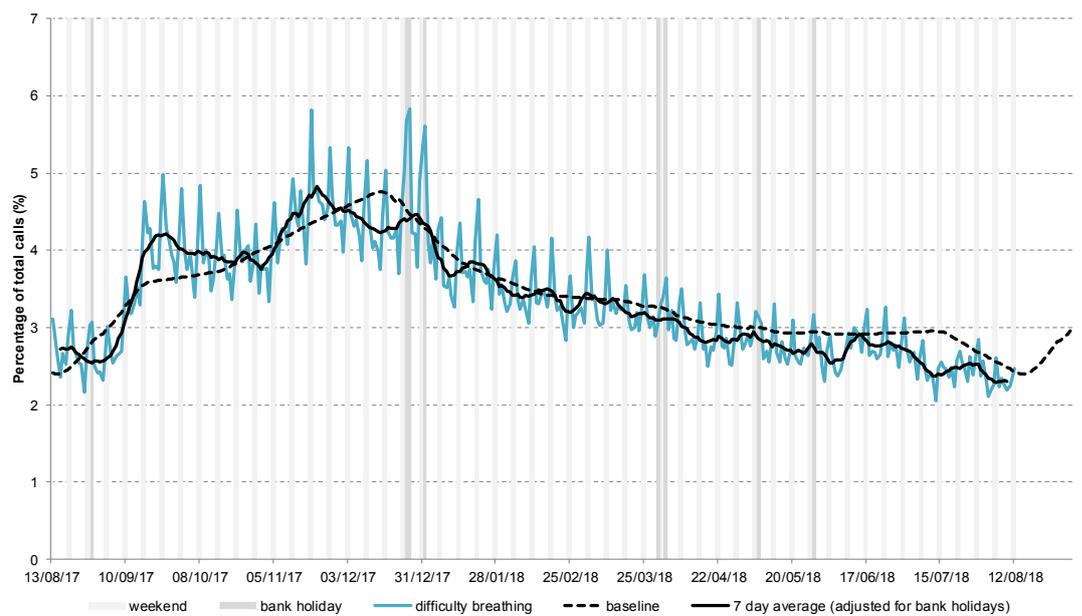
## 4: Cough

Daily 'cough' calls as a percentage of total calls. Baselines are constructed from historical data since 2010, including data from NHS 111 and NHS Direct.



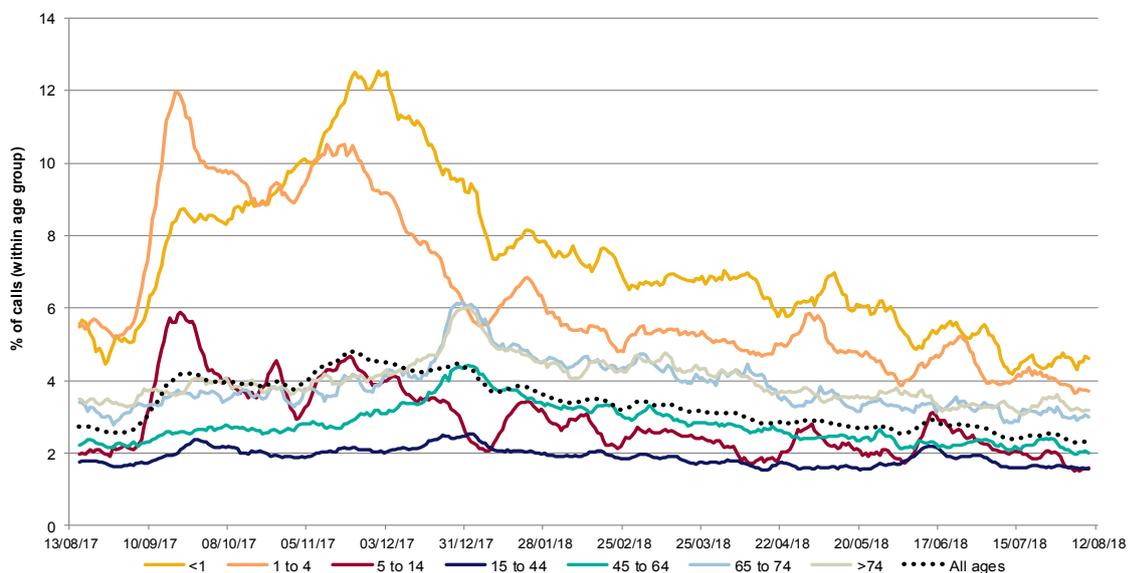
## 5: Difficulty breathing

Daily 'difficulty breathing' calls as a percentage of total calls. Baselines are constructed from historical data since 2010, including data from NHS 111 and NHS Direct.



## 5a: Difficulty breathing calls by age group

Difficulty breathing calls as a percentage of total calls within each age group, shown as a 7 day moving average adjusted for bank holidays.



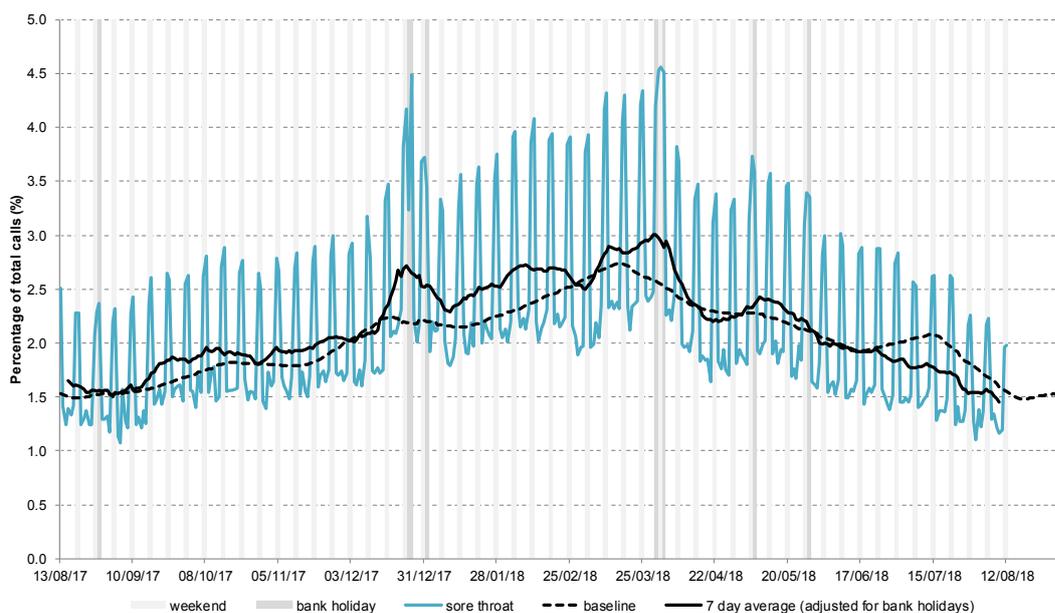
14 August 2018

Year: 2018

Week: 32

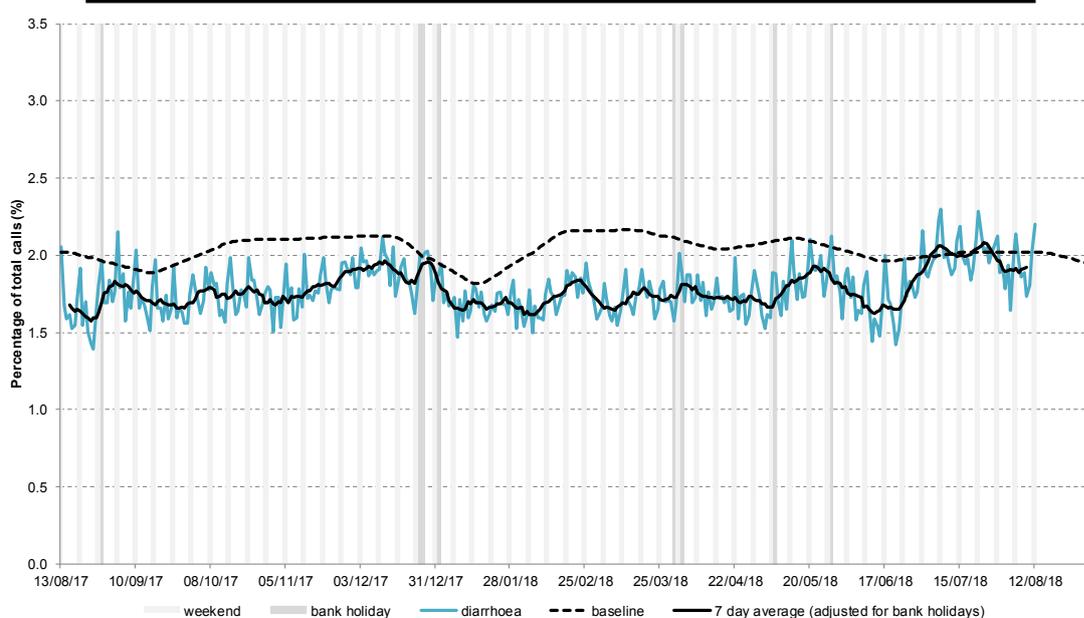
## 6: Sore throat

Daily 'sore throat' calls as a percentage of total calls. Baselines are constructed from historical data since 2013.



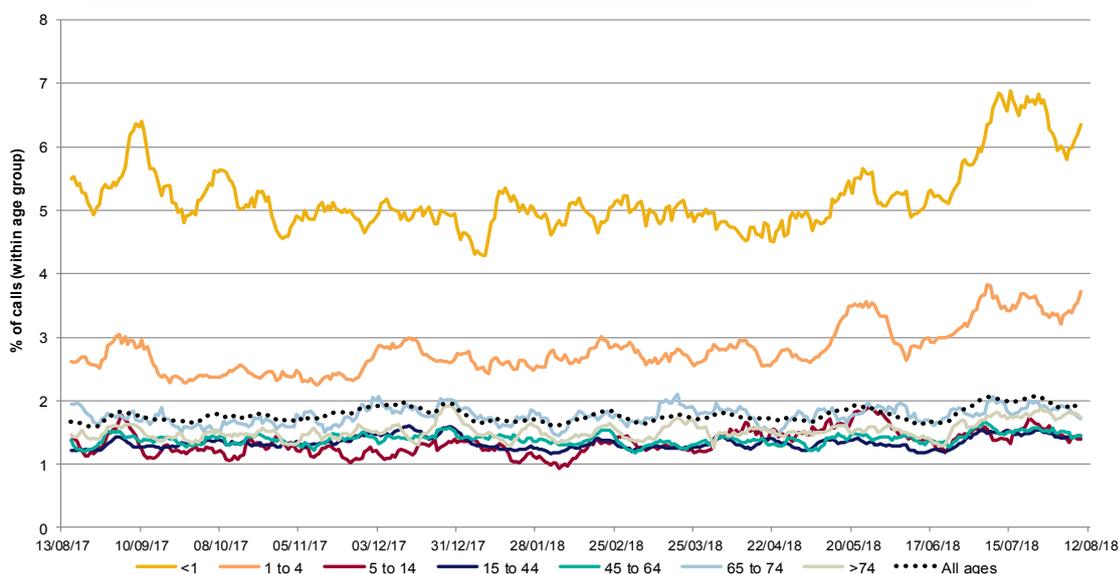
## 7. Diarrhoea

Daily 'diarrhoea' calls as a percentage of total calls. Baselines are constructed from historical data since 2010, including data from NHS 111 and NHS Direct.



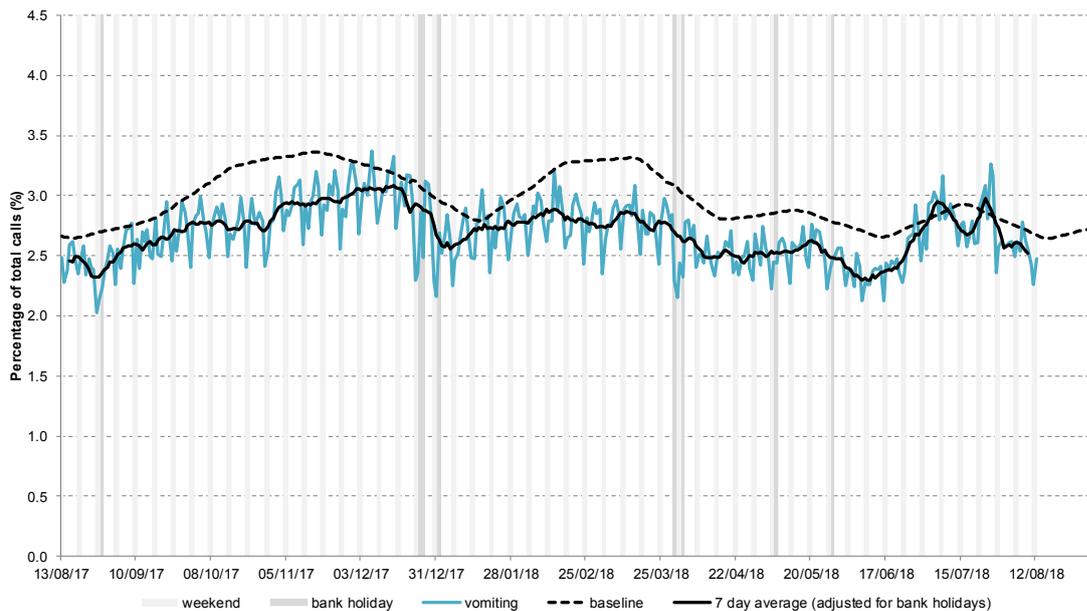
## 7a: Diarrhoea calls by age group

Diarrhoea calls as a percentage of total calls within each age group, shown as a 7 day moving average adjusted for bank holidays.



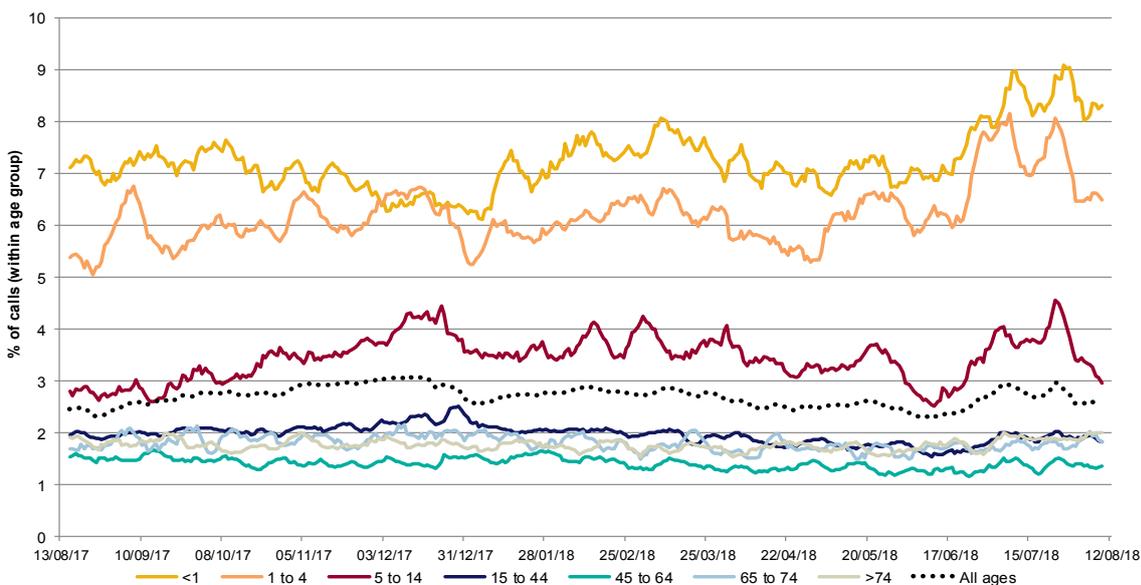
## 8: Vomiting

Daily 'vomiting' calls as a percentage of total calls. Baselines are constructed from historical data since 2010, including data from NHS 111 and NHS Direct.



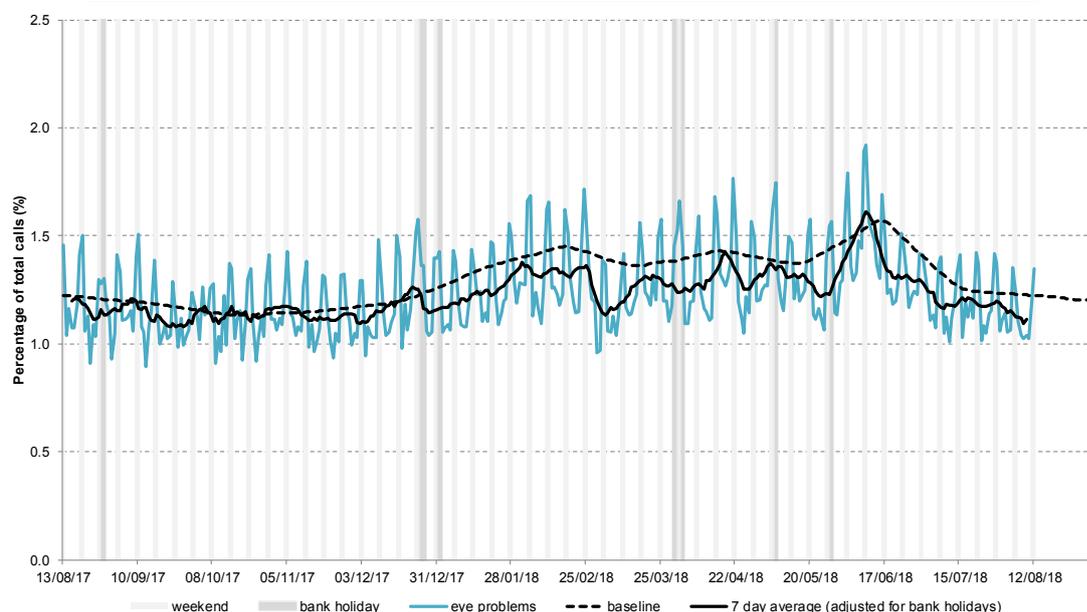
### 8a: Vomiting calls by age group

Vomiting calls as a percentage of total calls within each age group, shown as a 7 day moving average adjusted for bank holidays.



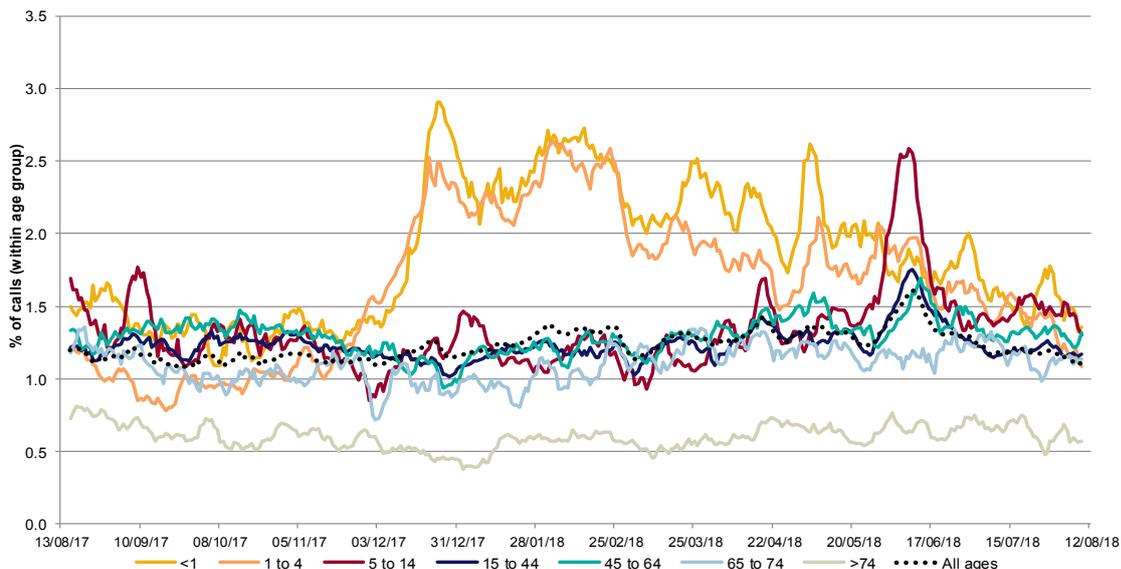
## 9: Eye problems

Daily 'eye problems' calls as a percentage of total calls. Baselines are constructed from historical data since 2010, including data from NHS 111 and NHS Direct.



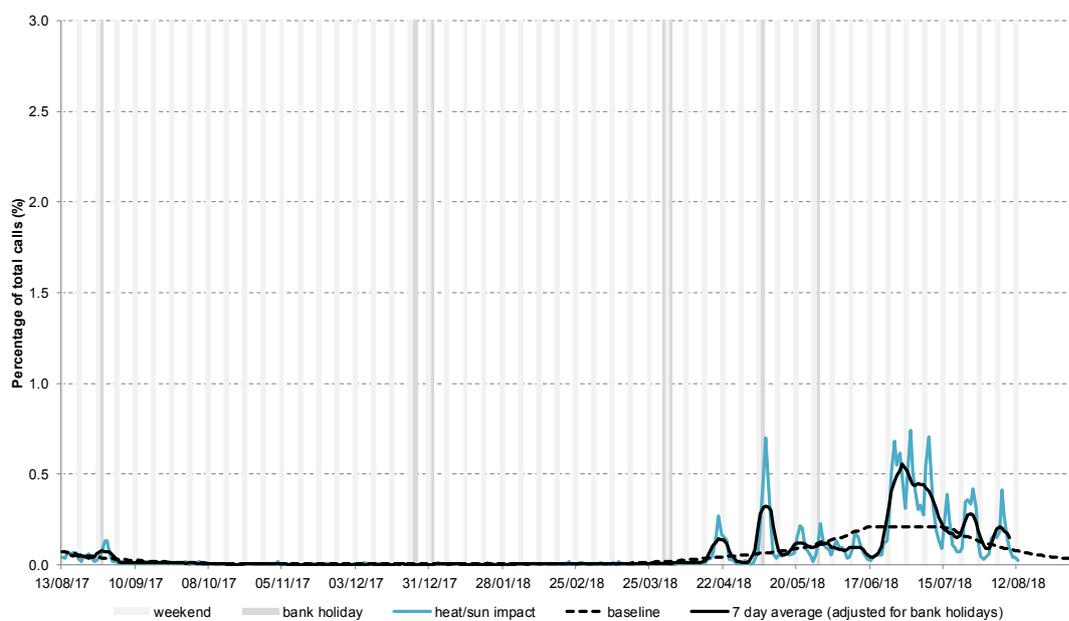
## 9a: Eye problems by age group

Eye problems calls as a percentage of total calls within each age group, shown as a 7 day moving average adjusted for bank holidays.



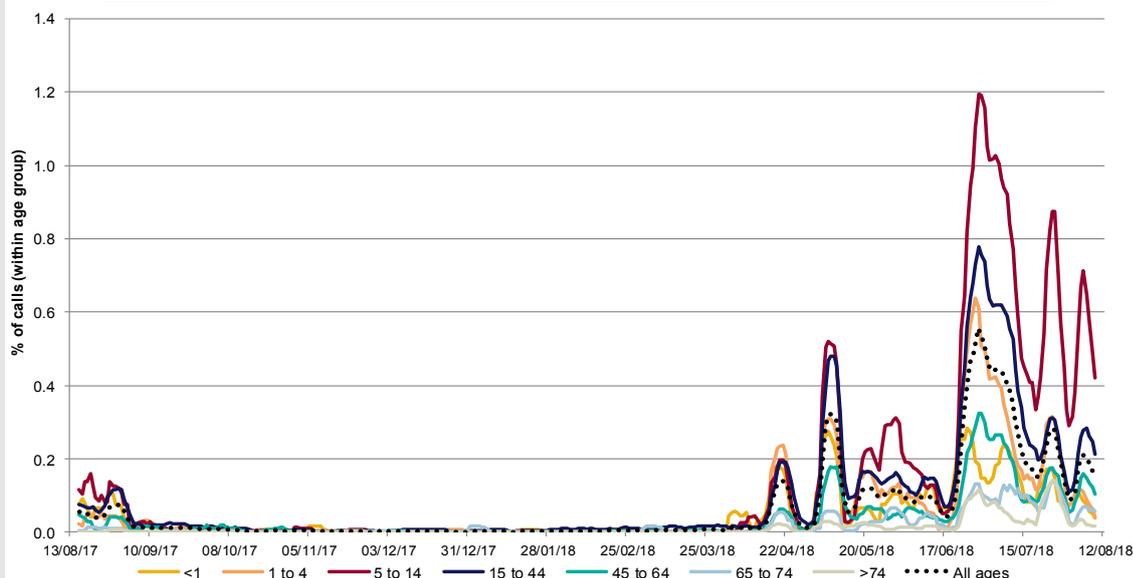
## 10: Heat/sun impact calls

Daily 'heat/sun impact' calls as a percentage of total calls. Baselines are constructed from historical data since 2010, including data from NHS 111 and NHS Direct.



## 10a: Heat/sun impact calls by age group

'Heat/sun impact' calls as a percentage of total calls within each age group, shown as a 7 day moving average adjusted for bank holidays.



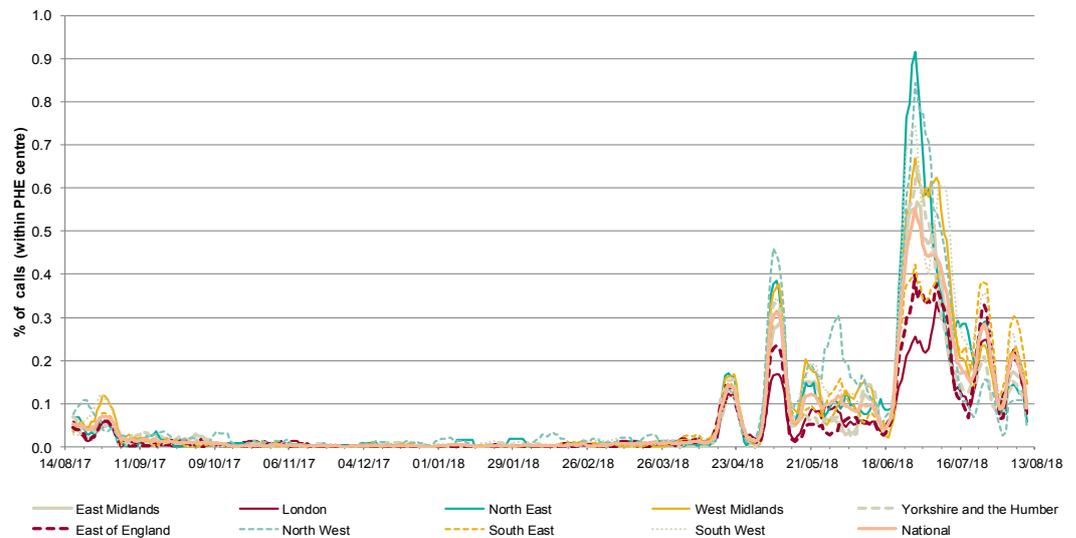
14 August 2018

Year: 2018

Week: 32

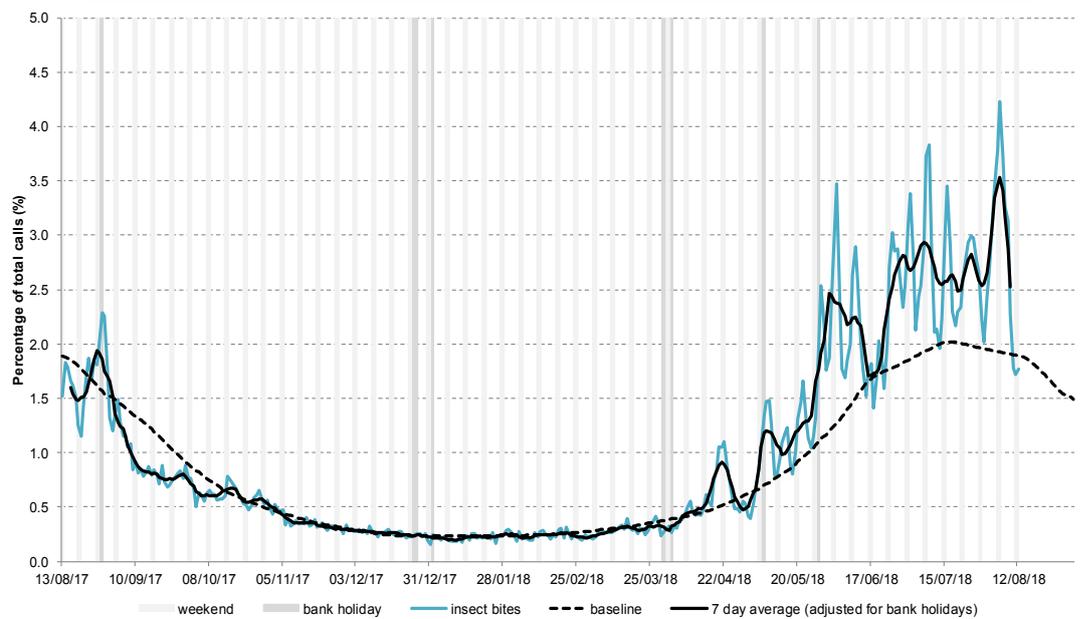
## 10b: Heat/sun impact calls by PHE centre

'Heat/sun impact' calls as a percentage of total calls within each PHE centre, shown as a 7 day moving average adjusted for bank holidays.



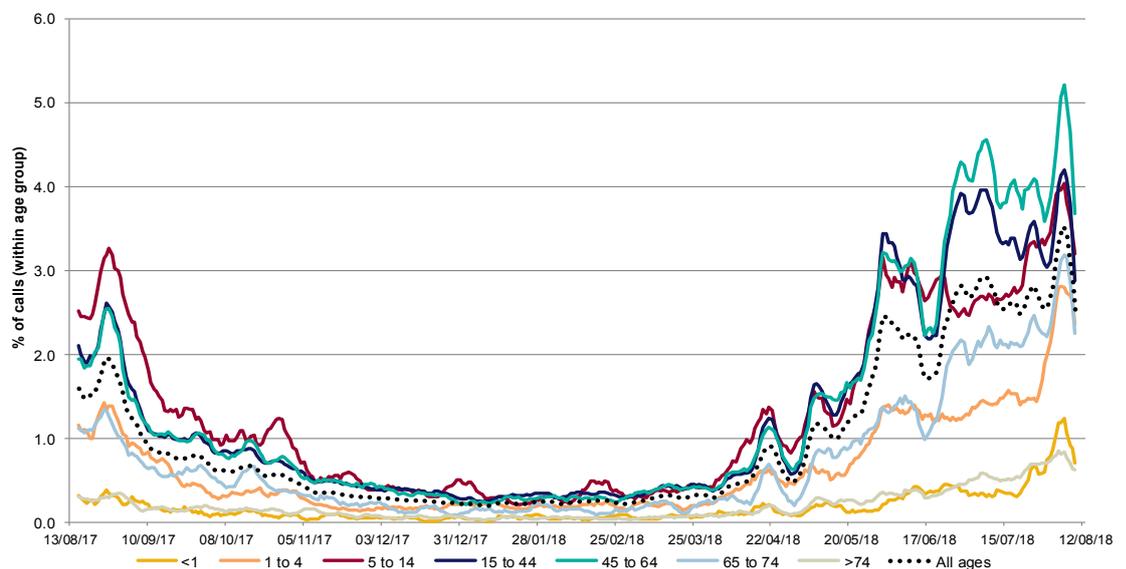
## 11: Insect bite calls

Daily insect bite calls as a percentage of total calls. Baselines are constructed from historical data since 2013.



## 11a: Insect bites by age group

Insect bite calls as a percentage of total calls within each age group, shown as a 7 day moving average adjusted for bank holidays.



## Introduction to charts:

- Weekends and bank holidays are marked by vertical **grey** lines (bank holidays **darker grey**).
- A 7-day moving average (adjusted for bank holidays) is overlaid on the daily data reported in each chart, unless specified.
- Baselines represent seasonally expected levels of activity and are constructed from historical data. Furthermore, they take into account any known substantial changes in data collection, population coverage or reporting practices. Baselines are refreshed using the latest data on a regular basis.
- NHS 111 call data are analysed on a daily basis to identify national and regional trends. A statistical algorithm underpins each system, routinely identifying activity that has increased significantly or is statistically significantly high for the time of year. Results from these daily analyses are assessed by the ReSST, along with analysis by age group, and anything deemed of public health importance is alerted by the team.

## Notes and further information:

---

Further information about NHS 111 can be found at:

<http://www.nhs.uk/NHSEngland/AboutNHSservices/Emergencyandurgentcareservices/Pages/NHS-111.aspx>

The Remote Health Advice Syndromic Surveillance bulletin can also be downloaded from the PHE Real-time Syndromic Surveillance website which also contains more information about syndromic surveillance:

<https://www.gov.uk/government/collections/syndromic-surveillance-systems-and-analyses>

## Acknowledgements:

---

We are grateful to NHS 111 and to NHS Digital for their assistance and support in providing the anonymised call data that underpin the Remote Health Advice Syndromic Surveillance System.

---

### Remote Health Advice Syndromic Surveillance System Bulletin.

**Produced by:** PHE Real-time Syndromic Surveillance Team  
1<sup>st</sup> Floor, 5 St Philip's Place, Birmingham, B3 2PW

**Tel:** 0344 225 3560 > Option 4 > Option 2

**Fax:** 0121 236 2215

**Web:** <https://www.gov.uk/government/collections/syndromic-surveillance-systems-and-analyses>