Do you know

HEPATITIS A

also affects gay and bisexual men?

It’s caught from tiny amounts of faeces (poo) getting into your mouth during or after sex

GET VACCINATED
Ask about vaccination at your next sexual health clinic visit

HOW TO AVOID HEPATITIS A:
• have the hepatitis A vaccine
• wash your hands after sex (ideally buttocks, groin and penis too)
• use protection for fingering, rimming and fisting
• change condoms between anal and oral sex
• avoid sharing sex toys

For more information and the symptoms of hepatitis A, visit www.nhs.uk/hepa