Trans people in the UK

Factsheet
What is trans?

Trans is the word for someone who has changed their gender from the one that was given them when they were born.

What is gender change?

Changing your gender may involve:

- Getting the law to say you have changed your gender
- Making some changes to your body

How many trans people are there?

The Government thinks that there is between 200,000 and 500,000 trans people in the UK.
Facts and figures

• About 4 out of 10 trans people have suffered from hate crime in the last 12 months

• About a quarter of trans people have been homeless at some time

• About 2 out of every 3 trans people have been afraid to be open about their gender

How can you legally change your gender?

• Your doctor needs to say you have a condition called ‘gender dysphoria’

• You need a report which explains the treatment you have had
- You need to prove that you have been living as the new gender for at least 2 years

- You have to sign to say you will live as the new gender for the rest of your life

- If you are married you need the permission of your spouse

- You have to pay £140

How many people have legally changed their gender?

Nearly 5000 people have legally changed their gender.
Consultation

The Government wants to know what people think about the way you can legally change your gender.

The Government may make some changes to the way people can legally change their gender.

Common issues

1. Women-only spaces and services

There will be no change to women-only spaces and services

2. Health services for trans people

There will be no change to any of the ways that trans people are treated by the NHS
3. **Children will not be put at risk**

There will be no change to the legal rights of trans children.

You will only be able to legally change your gender if you are 18 or over.

4. **All views will be heard**

The Government wants to hear everyone’s views, before suggesting any changes to the process.

5. **Making things easier**

The Government wants to make the lives of trans people easier.

The consultation is only about how to make the process of legally changing your gender easier.
For more information

If you want more information please contact:

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