



Open Minds Therapy

We, the undersigned, commit to honour the Armed Forces Covenant and support the Armed Forces Community. We recognise the value Serving Personnel, both Regular and Reservists, Veterans and military families contribute to our business and our country.

Signed on behalf of:

Open Minds Therapy

A handwritten signature in black ink, appearing to be "R. Khan".

Signed: _____

Name: _____

Position: Business Owner & Principal Therapist

Date: 29/01/18



Open Minds
Therapy

The Armed Forces Covenant

An Enduring Covenant Between

The People of the United Kingdom

Her Majesty's Government

– and –

All those who serve or have served in the Armed Forces of the Crown

And their Families

The first duty of Government is the defence of the realm. Our Armed Forces fulfil that responsibility on behalf of the Government, sacrificing some civilian freedoms, facing danger and, sometimes, suffering serious injury or death as a result of their duty. Families also play a vital role in supporting the operational effectiveness of our Armed Forces. In return, the whole nation has a moral obligation to the members of the Naval Service, the Army and the Royal Air Force, together with their families. They deserve our respect and support, and fair treatment.

Those who serve in the Armed Forces, whether Regular or Reserve, those who have served in the past, and their families, should face no disadvantage compared to other citizens in the provision of public and commercial services. Special consideration is appropriate in some cases, especially for those who have given most such as the injured and the bereaved.

This obligation involves the whole of society: it includes voluntary and charitable bodies, private organisations, and the actions of individuals in supporting the Armed Forces. Recognising those who have performed military duty unites the country and demonstrates the value of their contribution. This has no greater expression than in upholding this Covenant.

Section 1: Principles of the Armed Forces Covenant

1.1 **Open Minds Therapy** will endeavour in our business dealings to uphold the key principles of the Armed Forces Covenant, which are:

- *no member of the Armed Forces Community should face disadvantage in the provision of public and commercial services compared to any other citizen.*
- *in some circumstances special treatment may be appropriate especially for the injured or bereaved.*

Section 2: Demonstrating our Commitment

2.1 We recognise the value serving personnel, reservists, veterans and military families bring to our business. We will seek to uphold the principles of the Armed Forces Covenant, by:

- *promoting the fact that we are an armed forces-friendly organisation;*
- *seeking to support the employment of veterans and working with the Career Transition Partnership (CTP), in order to establish a tailored employment pathway for Service leavers;*
- *striving to support the employment of Service spouses and partners;*
- *aiming to participate actively in Armed Forces Day;*
- *offering a discount to members of the Armed Forces Community;*
- *any additional commitments the company could make (based on local circumstances).*

2.2 We will publicise these commitments through our literature and/or on our website, setting out how we will seek to honour them and inviting feedback from the Service community and our customers on how we are doing.

- *promoting the fact that we are an armed forces-friendly organisation;*
 - *Advertising any logo or affiliate logo on website/social media/business communications*
- *seeking to support the employment of veterans and working with the Career Transition Partnership (CTP), in order to establish a tailored employment pathway for Service leavers;*
- *To supply Psychotherapeutic training and/or 1:1 support within the resettlement process to help service leavers transition into civilian life. This will be with a 15% reduction of normal fees for this type of training and/or support offered to the general public*
- *striving to support the employment of Service spouses and partners;*

- *To supply Psychotherapeutic training and/or 1:1 support within the resettlement process to help service leavers transition into civilian life. This will be with a 15% reduction of normal fees for this type of training and/or support offered to the general public. This could include family therapy work in order to help everyone transition successfully*
- *aiming to participate actively in Armed Forces Day;*
- *Actively participate and promote a positive light on Mental Health and Wellbeing and the importance of building an additional type of resilience within our Armed Forces. This is emphasised with the message that asking for help is a strength – not a weakness.*
- *offering a discount to members of the Armed Forces Community;*
- *Consistent discounted rates for 1:1 therapy, family therapy, couples counselling and all relevant training to groups of the Armed Forces Community. Would also consider setting up group support to aid like-minded people share and provide peer support for others as well as their own development and mental health wellbeing*
- *any additional commitments the company could make (based on local circumstances).*
- *A commitment that any referrals through from the Armed Forces Community would be offered a Triage phone call for issues within 24hrs of making contact and a face to face apt within 48 of that phone call. Thus meaning that no member of the Armed Forces Community would have a waiting time of no longer than 72hrs to seek professional help. This is dependent on recipient being within a 25 mile radius of OMT. However, OMT could also aid the service user find a suitable therapist in their area. They would, however, be subject to that Therapists timeframe to be able to make an appt.*