

Easy-read summary



Some people with learning disabilities drink alcohol or take drugs to relax and have fun.



Some people with learning disabilities drink alcohol or take drugs to help them cope when things are difficult.

They might have been abused. They might be lonely or sad.



Some of these people may start to do this too much.

Drinking and taking other drugs might cause problems in their lives.



These people might need support to help them stop using alcohol or other drugs.



Drug and alcohol teams don't always know how to support people with learning disabilities.

Learning disability teams don't always know how to support someone with drug and alcohol problems.



The law says public services should put 'reasonable adjustments' in place to help people with learning disabilities use services.

This means they need to change their services so they are easier to use.



This report has examples of easy-read information. This can be used to help people with learning disabilities who have problems with alcohol and other drugs.



This report contains examples of how local services have put reasonable adjustments in place. This is to help people with learning disabilities who have problems with alcohol and other drugs get better care.



Drug and alcohol teams and learning disability teams should work together.

This will help people with learning disabilities who have problems with alcohol and other drugs to get the support they need.

The pictures in this report are from Photosymbols: www.photosymbols.co.uk

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