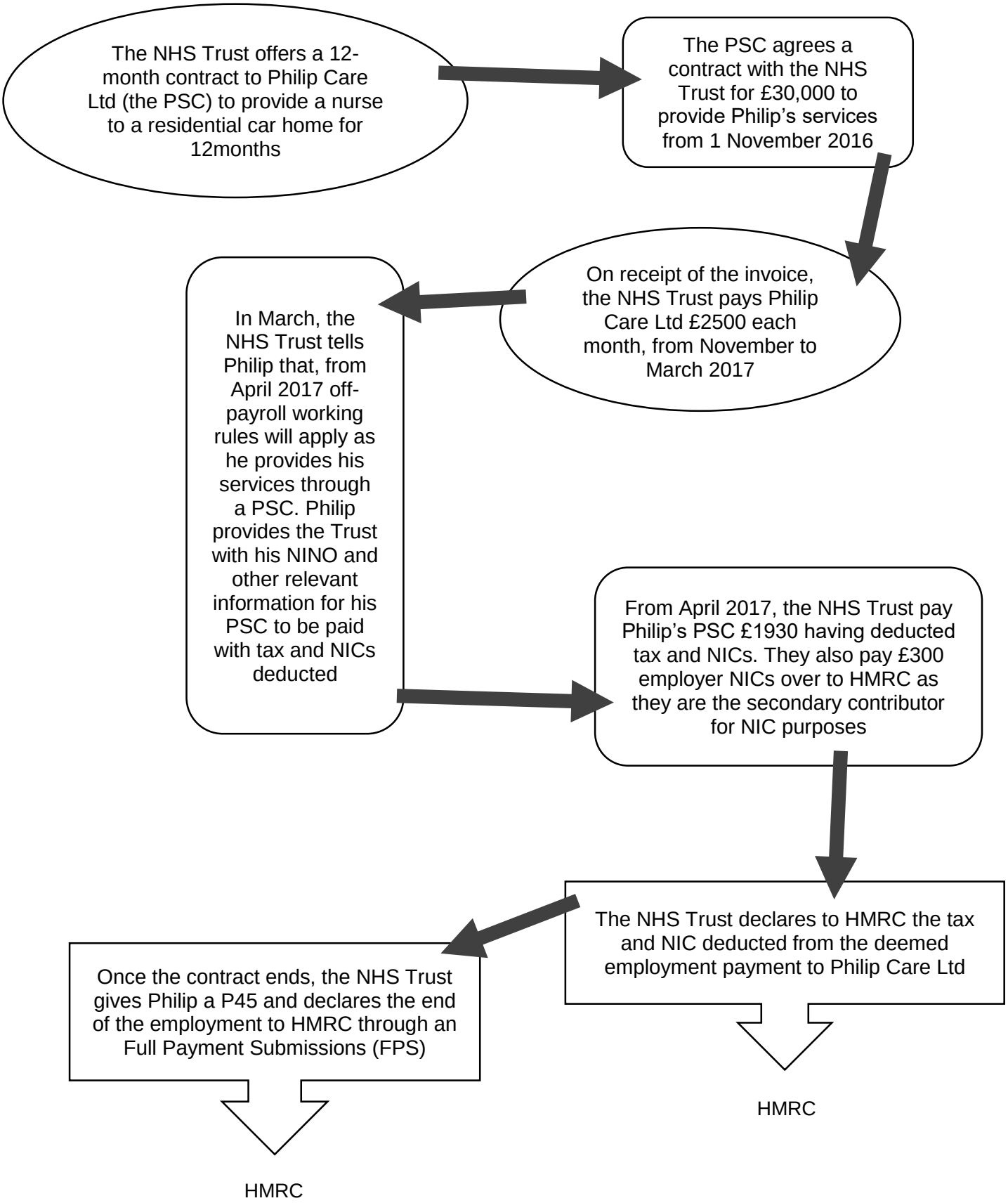The NHS Trust's Journey