

### **Acrylamide**

### Incident management

This document provides information needed for response to a chemical incident, such as physicochemical properties, health effects and decontamination advice.

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### **Main points**

### General

Acrylamide is a colourless to white crystalline, odourless powder. It is combustible in its solid form and polymerises violently due to heating above 85°C or under the influence of light and oxidants. It reacts with strong bases and strong oxidants. Decomposes on burning, this produces toxic and corrosive fumes including nitrogen oxides.

#### Health

Acrylamide is a potent neurotoxin affecting both the central and peripheral nervous systems. May cause toxicity by skin contact, inhalation and ingestion.

Ingestion may cause burning and ulceration of the mouth and throat, vomiting, and abdominal pain. Contact with skin can cause irritation, numbness, tingling, excessive sweating, erythematous rash and peeling of skin. Inhalation may cause sore throat and cough.

Acute exposure can cause confusion, hallucinations, tremors, convulsions, metabolic acidosis, tachycardia, cardiovascular collapse, and respiratory depression. Thrombocytopenia and ecchymosis have also been reported.

Eye exposure can cause irritation and visual disturbances.

### Casualty decontamination at the scene

Following disrobe, improvised dry decontamination should be considered for an incident involving acrylamide, unless casualties are demonstrating signs or symptoms of exposure to caustic or corrosive substances.

#### Environment

Inform the Environment Agency where appropriate and avoid release into the environment.

Spillages, contaminated fire and decontamination run-off should be prevented from entering drains and surface and groundwaters.

### **Hazard identification**

Table 1. Standard (UK) dangerous goods emergency action codes for acrylamide, solid and acrylamide, solution

UN		2074	Acrylamide, solid		
	3426		Acrylamide, solution		
EAC	liquid-tight connections for whole body in combination w breathing apparatus [note 1].  Spillages, contaminated fire and decontamination run-of should be prevented from entering drains and surface as		liquid-tight connections for whole body in combination with		
APP	APP		-		
Hazards	Class	6.1	Toxic substance		
	Sub- risks				
HIN		60	Toxic or slightly toxic		

#### **Abbreviations**

UN = United Nations number.

EAC = emergency action code.

APP = additional personal protection.

HIN = hazard identification number.

#### Notes to Table 1

Note 1: Chemical protective clothing with liquid tight connections for whole body (Type 3) conforming to the relevant standards such as BS 8428 or EN 14605 in combination with breathing apparatus conforming to BS EN 137.

#### References

National Chemical Emergency Centre (NCEC), part of Ricardo-AEA. '<u>Dangerous Goods</u> <u>Emergency Action Code List</u>'. 2025 (viewed on 30 January 2025)

Table 2. The GB classification, labelling and packaging (CLP) regulation for acrylamide

Hazard class and category	Carc. 1B	Carcinogenicity, category 1B	
	Muta. 1B	Germ cell mutagenicity, category 1B	
	Repr. 2	Reproductive toxicity, category 2	
	Acute Tox. 3	Acute toxicity (oral), category 3	
	STOT RE 1	Specific target organ toxicity following repeated exposure, category 1	
	Acute Tox. 4	Acute toxicity (dermal, inhalation), category 4	
	Eye Irrit. 2	Eye irritation, category 2	
	Skin Irrit. 2	Skin irritation, category 2	

	Skin Sens. 1	Skin sensitisation, category 1		
Hazard	H350	May cause cancer		
statement	H340	May cause genetic defects		
	H361f	Suspected of damaging fertility		
	H301	Toxic if swallowed		
	H372	Causes damage to organs through prolonged or repeated exposure		
	H332	Harmful if inhaled		
	H312	Harmful in contact with skin		
	H319	Causes serious eye irritation		
	H315	Causes skin irritation		
	H317	May cause an allergic skin reaction		
Signal words	DANGER			

#### References

The Health and Safety Executive (HSE). 'GB CLP Regulation' (viewed on 31 December 2024).

### Physicochemical properties

**Table 3. Physicochemical properties** 

CAS number	79-06-1
Molecular weight	71.1
Formula	C <sub>3</sub> H <sub>5</sub> NO / CH <sub>2</sub> =CHCONH <sub>2</sub>
Common synonyms	Acrylamide monomer, 2-propenamide, acrylic acid amide, vinyl amide, propanoic acid amide, ethylene carboxamide
State at room temperature	Colourless to white crystalline powder
Volatility	Vapour pressure = 0.007 mmHg at 25°C
Specific gravity	1.13 g/cm <sup>3</sup> 2.45 (air = 1)
Flammability	Acrylamide is combustible in its solid form
Lower explosive limit	-
Upper explosive limit	-
Water solubility	Soluble in water
Reactivity	Polymerises violently due to heating above 85°C or under the influence of light and oxidants. Reacts with strong bases and strong oxidants.
Reaction or degradation products	Decomposes on burning this produces toxic and corrosive fumes including nitrogen oxides.
Odour	Odourless
Structure	NH <sub>2</sub>

#### References

World Health Organization. International Programme on Chemical Safety 'International Chemical Safety Card entry for Acrylamide' ICSC 0091, 2013 (viewed on 31 December 2024)

PubChem. Bethesda (MD): National Library of Medicine (US), National Center for Biotechnology Information. 'PubChem Compound Summary for CID 6579, Acrylamide' (viewed on 31 December 2024)

## Reported effect levels from authoritative sources

#### **Table 4. Exposure by ingestion**

mg/kg	Signs and symptoms R	
400	Has resulted in death.	а

These values give an indication of levels of exposure that can cause adverse effects. They are not health protective standards or guideline values.

#### References

National Poisons Information Service (NPIS). TOXBASE '<u>Acrylamide</u>' 2020 (viewed on 31 December 2024

### Published emergency response guidelines

Table 5. Acute exposure guideline levels (AEGLs)

	Concentration				
	10 minutes	30 minutes	60 minutes	4 hours	8 hours
AEGL-1 [note 1]					
AEGL-2 [note 2]		No	values specified		
AEGL-3 [note 3]					

#### Notes to Table 5

Note 1: Level of the chemical in air at or above which the general population could experience notable discomfort.

Note 2: Level of the chemical in air at or above which there may be irreversible or other serious long-lasting effects or impaired ability to escape.

Note 3: Level of the chemical in air at or above which the general population could experience life-threatening health effects or death.

# **Exposure standards, guidelines or regulations**

#### **Table 6. Occupational standards**

	LTEL (8-hour	reference period)	STEL (15-min reference period)	
	ppm	mg/m³	ppm	mg/m³
WEL	-	0.1	-	-

#### **Abbreviations**

WEL = workplace exposure limit.

LTEL = long-term exposure limit.

STEL = short-term exposure limit.

#### Reference

Health and Safety Executive (HSE). '<u>EH40/2005 Workplace Exposure Limits Fourth Edition</u>' 2020 (viewed on 31 December 2024)

Table 7. Public health standards and guidelines

Drinking water standard	0.1 μg/L
WHO guideline for drinking water quality	0.5 μg/L
UK indoor air quality guideline	No value specified
WHO indoor air quality guideline	No value specified
WHO air quality guideline	No value specified

#### Reference

<u>The Private Water Supplies (England) Regulations 2016</u> and <u>The Private Water Supplies (Wales) Regulations 2017</u> (viewed on 12 November 2024)

<u>The Water Supply (Water Quality) Regulations 2018</u> (Water, England and Wales) (viewed on 12 November 2024)

World Health Organization. 'Guidelines for Drinking-water Quality, 4th Edition Incorporating First and Second Addendum' 2022 (viewed on 12 November 2024)

### **Health effects**

Acrylamide is a potent neurotoxin affecting both the central and peripheral nervous systems. It causes toxicity by skin contact, inhalation and ingestion. Only the acrylamide monomer is acutely toxic.

Table 8. Signs or symptoms of acute exposure

Route	Signs and symptoms
Ingestion	Ingestion may cause burning and ulceration of the mouth and throat, vomiting, and abdominal pain.
Inhalation	Inhalation may cause sore throat and cough.
Systemic	Acute exposure: (onset of symptoms may be delayed for several hours) confusion, hallucinations, tremors, convulsions, metabolic acidosis, tachycardia, cardiovascular collapse and respiratory depression. Thrombocytopenia and ecchymosis have been reported. Peripheral neuropathy may occur several weeks after a significant exposure.  Subacute exposure (days to weeks): drowsiness, ataxia, loss of concentration, anorexia, urinary retention, nystagmus, and dysarthria may occur, followed by peripheral neuropathy several weeks later.
Eyes	Irritation and visual disturbances.
Skin	Irritation, numbness, tingling, excessive sweating, erythematous rash, and peeling of skin.

#### Reference

National Poisons Information Service (NPIS). TOXBASE '<u>Acrylamide</u>' 2020 (viewed on 31 December 2024

### **Decontamination at the scene**

### Chemical specific advice

The approach used for decontamination at the scene will depend upon the incident, location of the casualties and the chemicals involved. Therefore, a risk assessment should be conducted to decide on the most appropriate method of decontamination.

Following disrobe, improvised dry decontamination should be considered for an incident involving acrylamide unless casualties are demonstrating signs or symptoms of exposure to caustic or corrosive substances.

People who are processed through improvised decontamination should subsequently be moved to a safe location, triaged and subject to health and scientific advice. Based on the outcome of the assessment, they may require further decontamination.

Emergency services and public health professionals can obtain further advice from the UK Health Security Agency (UKHSA) Radiation, Chemicals, Climate and Environmental Hazards Directorate using the 24-hour chemical hotline number: 0344 892 0555.

### Disrobe

The disrobe process is highly effective at reducing exposure to HAZMAT/CBRN material when performed within 15 minutes of exposure.

Therefore, disrobe must be considered the primary action following evacuation from a contaminated area.

Where possible, disrobing should be conducted at the scene and by the casualty themselves. Disrobing should be systematic to prevent transfer of contaminant from clothing to skin. Clothing should not be pulled over the head if possible.

Clothing stuck to the casualty by the contaminant should not be forcefully removed, as this risks causing further harm.

Consideration should be given to ensuring the welfare and dignity of casualties as far as possible. Immediately after decontamination the opportunity should be provided to dry and dress in clean robes or clothes.

### Improvised decontamination

Improvised decontamination is an immediate method of decontamination prior to the use of specialised resources. This should be performed on all contaminated casualties unless medical advice is received to the contrary. Improvised dry decontamination should be considered for an incident involving chemicals unless the agent appears to be corrosive or caustic.

Unprotected first responders and members of the public should not approach casualties incapacitated by exposure to administer improvised decontamination, as they may be exposed to contaminants and become a casualty themselves.

Important note: Improvised decontamination should continue until more structured interventions such as Interim or Specialist Operational Response are present.

### Improvised dry decontamination

Improvised dry decontamination should be considered for an incident involving acrylamide unless casualties are demonstrating obvious signs of chemical burns or skin irritation.

Any available dry absorbent material can be used such as kitchen towel, paper tissues (for example blue roll) and clean cloth.

Exposed skin surfaces should be blotted first and then rubbed, starting with the face, head, and neck, and moving down and away from the body.

Blotting and rubbing should not be too aggressive, as it could drive contamination further into the skin.

Casualties should also blow their nose to remove contaminants from the nasal cavities.

All waste material arising from decontamination should be left in situ, and ideally bagged, for disposal at a later stage.

### Improvised wet decontamination

Wet decontamination should be used if contamination with a caustic chemical substance is suspected.

Water should only be used for decontamination where casualty signs and symptoms are consistent with exposure to caustic or corrosive substances such as acids or alkalis.

Wet decontamination may be performed using copious amounts of water from any available source such as taps, showers, water bottles, fixed installation hose-reels and sprinklers to gently rinse the affected skin. Other natural sources of water may be considered unless this creates greater risks to the individuals affected. Wet wipes or baby wipes may be used as an effective alternative.

Improvised decontamination should not involve overly aggressive methods to remove contamination as this could further damage affected tissues and drive the contamination further into the skin.

Where appropriate, seek professional advice on how to dispose of contaminated water and prevent run-off going into the water system.

### Additional notes

Following improvised decontamination, remain cautious and observe for signs and symptoms in the decontaminated person and in unprotected staff.

If water is used to decontaminate casualties this may be contaminated, and therefore hazardous, and a potential source of further contamination spread.

All materials (paper tissues and so on) used in this process may also be contaminated and, where possible, should not be used on new casualties.

The risk from hypothermia should be considered when disrobe and any form of wet decontamination is carried out.

People who are contaminated should not eat, drink or smoke before or during the decontamination process and should avoid touching their face.

When vulnerable people are affected by a hazardous substance, they may need additional support to remove themselves, their clothing or the substance.

Casualties should remain in the area and should not leave to seek care at a hospital, as this presents a contamination risk. Further care will be administered on site by the appropriate emergency services.

### Interim wet decontamination

Interim decontamination is the use of standard Fire and Rescue Service equipment to provide a planned and structured decontamination process prior to the availability of purpose-designed decontamination equipment.

### Decontamination at the scene references

Home Office. 'Initial operational response to a CBRN incident' Version 2.0 2015 (viewed on 31 December 2024)

National Health Service England. 'Emergency Preparedness, Resilience and Response (EPRR): Guidance for the initial management of self-presenters from incidents involving hazardous materials' 2019 (viewed on 31 December 2024)

Joint Emergency Service Interoperability Programme. 'Initial Operational Response IOR to Incidents Suspected to Involve Hazardous Substances or CBRN Materials' 2024 (viewed on 31 December 2024)

### Clinical decontamination and first aid

Clinical decontamination is the process where trained healthcare professionals, using purpose-designed decontamination equipment, treat contaminated persons individually.

Detailed information on clinical management can be found on TOXBASE.

### Important notes

Once body surface contaminants have been removed or if your patient was exposed by ingestion or inhalation, the risk that secondary care givers may become contaminated is very low. Secondary carers should wear standard hospital PPE as a precaution against secondary contamination from vomit and body fluids.

If the patient has not been decontaminated following surface contamination, secondary carers must wear appropriate NHS PPE for chemical exposure to avoid contaminating themselves.

The area should be well ventilated.

For comprehensive clinical advice consult **TOXBASE** directly.

## Clinical decontamination following surface contamination

Avoid contaminating yourself.

Carry out decontamination after resuscitation. This should be performed in a well-ventilated area preferably with its own ventilation system.

Contaminated clothing should be removed, double-bagged, sealed and stored safely.

Decontaminate open wounds first and avoid contamination of unexposed skin.

Any particulate matter adherent to skin should be removed and the patient washed with soap and water under low pressure for at least 10 to 15 minutes.

Pay particular attention to mucous membranes, moist areas such as skin folds, fingernails and ears.

The earlier irrigation begins, the greater the benefit.

### Dermal exposure

Decontaminate (as above) the patient following surface contamination.

If features of systemic toxicity are present, manage as per ingestion/inhalation.

Other supportive measures as indicated by the patient's clinical condition.

### Ocular exposure

If symptomatic immediately irrigate the affected eye thoroughly.

At home – use lukewarm water, trickled into the eye or in a small cup held over the eye socket. An eye dropper is an alternative.

In hospital - Immediately irrigate the affected eye thoroughly with 1000 mL 0.9% saline or equivalent crystalloid (for example via an infusion bag with a giving set) for a minimum of 10 to 15 minutes. A Morgan Lens may be used if anaesthetic has been given.

If symptoms persist seek medical assistance.

Carry out other supportive measures as indicated by the patient's clinical condition.

### Ingestion and Inhalation

Maintain a clear airway and ensure adequate ventilation.

For ingestion - The benefit of gastric decontamination using activated charcoal is uncertain. See <u>TOXBASE</u> for further advice.

Monitor vital signs and cardiac rhythm; check the capillary blood glucose.

Check and record pupil size.

Perform a 12-lead ECG in all patients who require assessment.

Other supportive measures as indicated by the patient's clinical condition.

### Clinical decontamination and first aid references

National Poisons Information Service (NPIS). TOXBASE 'acrylamide' 2020 (viewed on 31 December 2024)

National Poisons Information Service (NPIS). TOXBASE '<u>Eye irritants - features and management</u>' 2022 (viewed on 31 December 2024)

National Poisons Information Service (NPIS). TOXBASE <u>'skin decontamination - irritants'</u> 2019 (viewed on 31 December 2024)

### About the UK Health Security Agency

UKHSA is responsible for protecting every member of every community from the impact of infectious diseases, chemical, biological, radiological and nuclear incidents and other health threats. We provide intellectual, scientific and operational leadership at national and local level, as well as on the global stage, to make the nation health secure.

<u>UKHSA</u> is an executive agency, sponsored by the <u>Department of Health and Social Care</u>.

This document from the UKHSA Radiation, Chemicals, Climate and Environmental Hazards Directorate reflects understanding and evaluation of the current scientific evidence as presented and referenced here.

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