**Tips for a smoother move abroad**

**from the Foreign & Commonwealth Office and A Place in the Sun**

- **Don’t rush into buying abroad**
  - Visit the area and consider renting first. Take time to make an informed choice.

- **Do your homework**
  - Visit expat forums to get a feel for the area, and research the local laws and customs.

- **Be a part of the community**
  - Making an effort to learn the local language can help you settle in to your new home.

- **Read up on tax regulations**
  - Research the taxes that will apply to you in your new home and in the UK at gov.uk/tax-right-retire-abroad-return-to-uk

- **Consider your long-term financial requirements**
  - Find out how exchange rates and inflation will affect your income, pension and/or benefits, and calculate the cost of living.

- **Plan for your health**
  - Take out health insurance until you are registered under the local state system. Visit nhs.uk/NHS-England/Healthcareabroad/movingabroad

- **Seek independent legal advice**
  - Choose a legal advisor who understands the law in the country you are moving to. For advice on buying a property abroad visit gov.uk/guidance-for-buying-property-abroad

- **Tell us you’re leaving**
  - You need to notify:
    - Social Security Office
    - HM Revenue & Customs
    - Department of Work & Pensions
    - Your GP
  - For more information visit gov.uk/browse/abroad/living-abroad

**Know before you go**

*A Place in the Sun*