Zostavax® must be administered by subcutaneous injection preferably in the deltoid region of the upper arm. It should not be given by intramuscular injection as there is insufficient data on the effectiveness of the vaccine given by this route. The vaccine must not be given intravascularly. Further information on injection technique can be found in Chapter 4.

Zostavax® may be administered by intramuscular or subcutaneous injection, preferably in the deltoid region of the upper arm. Intramuscular injection is the preferred route of administration, as injection-site adverse reactions were significantly less frequent in those who received the vaccine via this route of administration. For individuals with a bleeding disorder, Zostavax® should be given by deep subcutaneous injection to reduce the risk of bleeding. The vaccine must not be given intravascularly. Further information on injection technique can be found in Chapter 4.