

Occupational health raising the bar review



Raising the bar standard number 12, occupational health has been updated and posted on the website, the updated document includes enhanced information and details of permitted alcohol limits, definition of safety critical workers and medical assessments

Further details can be found on this [microsite](#)

No new alerts were issued this month. Previous safety alerts can be found [here](#)



Service avoidance going underground campaign

As we move into month 3 of the [service avoidance campaign](#), the focus is on monitoring and reviewing.

- Supply chain partners are encouraged to forward their best practice
- A series of lifesaver rules will be issued during the month
- Site visits to be completed to review campaign actions
- A web based survey will be launched to give feedback and to share good practice
- Raising the bar document reviewed to capture good practice and feedback

Fatal incident review

During carriageway closure works on the evening of 15 January 2015, a member of the supply chain was struck by a runaway heavy goods vehicle (HGV). He was fatally injured and pronounced dead at the scene. Following a full investigation two primary recommendations have been made:



To ban, within 6 months, all HGV coupling and uncoupling operations on site, unless the semi-trailer is fitted with a device that prevents the trailer's parking brakes being released when the airlines are reconnected, until the driver is back in his cab and in control of the vehicle.

To promote, via trade bodies and manufacturers, the fitting of

driver's door activated audible alarms, warning that the parking brake has not been applied. Such an alarm is to be distinctively different to the audible alarm warning for other matters – such as that the vehicle's lights have been left on.

Getting set for the occupational health campaign (August – October 2015)

The follow on campaign from service avoidance will be occupational health. Starting in August with blood pressure awareness, this will be followed in September with personal wellbeing.

The campaign will conclude in October with noise and dust awareness as part of European health and safety week.

Further details (links to materials and suppliers) can be found on the [microsite](#)

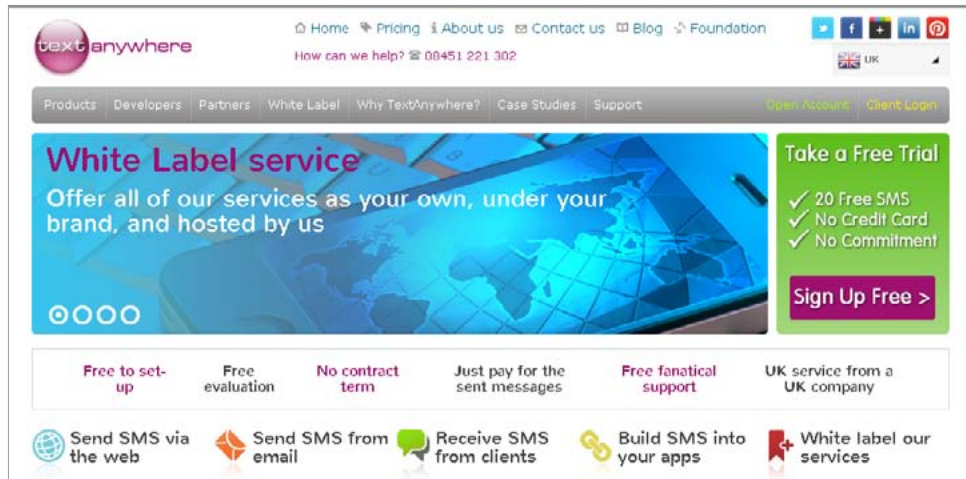
Text anywhere – text- online

As part of a safe systems of work for road worker safety, the M1 junctions 39 to 42 smart motorway uses its text alert facility.

The system is used to advise the workforce of incidents which may require an emergency response, and where there is a high

likelihood of access problems that would necessitate use of the haul routes by the emergency responders.

The initiative also enables communication of health and safety alerts and Daily access and egress closure notifications.



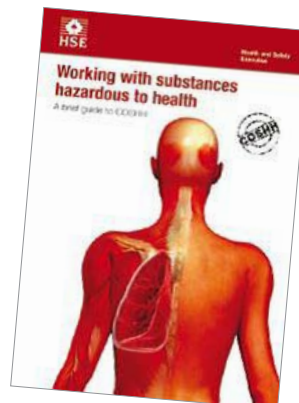
For further details please view the [Textanywhere Website](#)

Health and Safety Executive news

The Health and Safety Executive has launched a COSHH essentials tool kit

The tool kit outlines simple steps on what is required and how to control exposure to hazardous substances. The tool kit utilises simple factsheets (control guidance sheets) to give information on the methods of control available for substances identified.

For further details please view the [HSE Website](#)



Wasp and bee stinging hazards

The effects of being stung by a bee or wasp usually only cause minor irritation. However, some stings can trigger serious and even potentially fatal conditions. If any of the following symptoms are encountered seek immediate medical attention:

- Wheezing, difficulty breathing, nausea, vomiting or diarrhoea
- A fast heart rate, confusion, anxiety, agitation, feeling dizzy, faint or difficulty swallowing

For further details and advice on how to treat and prevent stings please view the following website's: [Click here](#) and [here](#)



2015 CIHT awards ceremony:

The Chartered Institution of Highways and Transportation (CIHT) 10th annual awards ceremony took place on the 10 June, with the A1 Leeming to Barton scheme winning CIHT/ Colas Technological Application Award.

Collaboration between contractors Carillion, Morgan Sindall, North Yorkshire Police, Highways England, and Redspeed International has resulted in a five point change process to nurture a step change of large goods vehicles (LGV) whilst travelling through traffic management

For further details please view the [CIHT Website](#)

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