This document was archived on 1 December 2014 and is now out of date following the introduction of the National Housing Prime contract for Service Family Accommodation (SFA) in the UK. New details can be found at: http://www.carillionamey.co.uk/



Should I leave the heating on all day in cold weather?

In cold weather you should always leave your heating on with the thermostat set at least to 15°C, or equivalent, to avoid extremes of temperature and ensure your home is fully protected from the cold over the winter period – this applies even if you are away. You can then turn the heat up as and when required for comfort.

Think energy saving

- Look out for information about energy efficiency when buying new appliances and technology and make that part of the decision making process.
- Replace light bulbs with energy efficient ones.
- Find out more about saving energy at www.energysavingtrust.org.uk
- Encourage everyone in the house to be aware of energy consumption including any children. They may respond to incentives or if saving energy is fun.

www.gov.uk/dio/sfa