



Public health recommendations for asymptomatic contacts of an Ebola case in the UK

Category	Actions
Category 0 (no known contact with Ebola case)	<ul style="list-style-type: none">• reassure• information
Category 1 (no direct contact in last 21 days) Household contact of case while case asymptomatic and no direct contact with their body fluids or other potentially infectious material OR UK MoD/NHS Aeromed staff undertaking a controlled patient transfer OR clinical staff if patient in Trexler or other controlled environment OR PHE laboratory staff in level 4 diagnostic laboratory	<ul style="list-style-type: none">• reassure (very low risk of exposure)• information (category 1 factsheet)• if feeling ill take temperature, and if $\geq 37.5^{\circ}\text{C}$ phone 111• normal activities (no restrictions)

Category	Actions
<p>Category 2 (direct contact in last 21 days – low risk of exposure)</p> <p>Household or other direct contact with Ebola case while symptomatic, but no contact with body fluids (including contact prior to onset of bleeding or vomiting or diarrhoea)</p> <p>OR</p> <p>Direct (close) contact with Ebola cases or their body fluids, but trained and wore appropriate protective equipment/clothing (PPE), and had no known breaches in PPE</p> <p>OR</p> <p>Laboratory staff in non-level 4 facilities who have had no breach of laboratory practice/PPE</p>	<ul style="list-style-type: none"> • reassure (low risk of exposure) • information (category 2 factsheet) <p>For 21 days following last exposure:</p> <ul style="list-style-type: none"> • self-monitor and record temperature and symptoms x2 daily and report if feel unwell and/or temperature $\geq 37.5^{\circ}\text{C}$ • travel – no restrictions • normal activities except: <ul style="list-style-type: none"> postpone any non-essential medical or dental treatment (including vaccination), and inform healthcare provider of contact if any essential treatment needed <p>if unwilling to comply with public health recommendations, consider actions on a case-by-case basis</p>

Category	Actions
<p>Category 3 (direct contact in last 21 days – high risk of exposure)</p> <p>Direct contact with a case at home once symptomatic with potential exposure to body fluids, includes vomit, faeces, kissing and/or sexual contact</p> <p>OR</p> <p>Unprotected sexual contact with a recovered Ebola case within three months of their illness</p> <p>OR</p> <p>Direct (close) contact with Ebola cases or their body fluids without effective PPE, or where there has been a breach</p> <p>OR</p> <p>Direct exposure of skin or mucous membranes to potentially infectious blood or body fluids, including on clothing and bedding. This includes:</p> <ul style="list-style-type: none"> • unprotected handling of clinical or laboratory specimens • mucosal exposure to splashes • needlestick injury 	<ul style="list-style-type: none"> • inform about risk (high risk of exposure) • information (category 3 factsheet) <p>For 21 days following last exposure:</p> <ul style="list-style-type: none"> • self-monitor and record temperature and symptoms x2 daily and report to designated person by noon daily. If there is inability to take temperature a face-to-face arrangement will be made with relevant health services <p>If willing to comply with public health recommendations, normal activities (while no symptoms) except:</p> <ul style="list-style-type: none"> • local travel only • if a HCW – no patient contact for 21 days • postpone any non-essential medical or dental treatment (including vaccination) and inform healthcare provider of contact if any essential treatment needed • do not share toothbrushes or razors • use barrier contraception or avoid unprotected sex for 21 days <p>If unwilling to comply with public health recommendations, consider actions on a case-by-case basis</p>

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