Household and eating out food & drink codes

Some types of food and drink have been grouped together within each of the categories in this report for ease of reference. This document lists foods that make up the food and drink types.

Household Food Codes

Milk and milk products excluding cheese
- Whole milk, including UHT milk, sterilised, pasteurised, homogenised
- Fully skimmed milk
- Semi skimmed milk
- Condensed or evaporated milk
- Infant milks
- Instant dried milk
- Yoghurt and fromage frais
- Dairy desserts - not frozen
- Dried milk products
- Milk drinks and other milks
- Non-dairy milk substitutes
- Cream

Cheese
- Hard cheese
- Cottage cheese
- Soft natural cheese
- Processed cheese

Carcase meat
- Beef joints
- Beef steak
- Minced beef
- All other beef and veal
- Mutton
- Lamb joints
- Lamb chops
- All other lamb
- Pork joints
- Pork chops
- Pork fillets and steaks
- All other pork

Non-carcase meat and meat products
- Liver
- All offal other than liver
- Bacon and ham, cooked or uncooked
- Chicken and turkey cooked or uncooked - whole or pieces
- Corned beef
- Other cooked meat
- Canned meat and canned meat products
- Other poultry, uncooked (including frozen)
- Other fresh, chilled and frozen meat
- Sausages, uncooked – pork, beef or other
- Meat pies and sausage rolls, ready to eat
- Meat pies, pasties and puddings, frozen or not frozen
- Burgers, frozen or not frozen
- Complete meat-based ready meals
- Other convenience meat products
Pate and delicatessen type sausage
Meat pastes and spreads
Takeaway meat pies and pasties
Takeaway burger and bun
Takeaway kebabs
Takeaway chicken
Takeaway sausages and saveloys
Takeaway meat based meals
Takeaway miscellaneous meats

Fish
White fish, fresh, chilled or frozen
Herrings and other blue fish, fresh, chilled or frozen
Salmon, fresh, chilled or frozen
Blue fish, dried or salted or smoked
White fish, dried, salted or smoked
Shellfish
Takeaway fish
Salmon, tinned
Other tinned or bottled fish
Ready meals and other fish products - frozen or not frozen
Takeaway fish meals and fish products

Eggs

Fats
Butter
Margarine
Lard, cooking fat
Olive oil
Other vegetable and salad oils
Reduced fat spreads
Low fat spreads
Suet and dripping
Imitation cream

Sugar and preserves
Sugar
Jams and fruit curds
Marmalade
Syrup, treacle
Honey

Fresh and processed potatoes
Fresh new potatoes
Fresh baking potatoes
Other fresh potatoes
Chips and takeaway chips
Instant potato
Canned potatoes
Crisps and potato snacks
Other potato products, frozen or not frozen

Fresh and processed vegetables, excluding potatoes
Fresh cabbages
Fresh brussels sprouts
Fresh cauliflower
Fresh leafy salads
Fresh peas
Fresh beans
Fresh carrots
Fresh turnips and swede
Other fresh root vegetables
Fresh onions, leeks and shallots
Fresh cucumbers
Fresh mushrooms
Fresh tomatoes
Fresh vegetable stewpack, stirfry pack etc.
Fresh stem vegetables
Fresh marrow, courgettes, aubergine, pumpkin and other vegetables
Fresh herbs
Tomatoes, canned or bottled
Peas, canned
Baked beans in sauce
Other canned beans and pulses
Other canned vegetables
Dried pulses other than air-dried
Air-dried vegetables
Tomato puree and vegetable purees
Vegetable juices eg tomato juice, carrot juice
Peas, frozen
Beans, frozen
Ready meals and other vegetable products, frozen or not frozen
All vegetable takeaway products
Other frozen vegetables

**Fresh and processed fruit**

Fresh oranges
Other fresh citrus fruits
Fresh apples
Fresh pears
Fresh stone fruit
Fresh grapes
Other fresh soft fruit
Fresh bananas
Fresh melons
Other fresh fruit
Tinned peaches, pears and pineapples
All other tinned or bottled fruit
Dried fruit
Frozen strawberries, apple slices, peach halves, oranges and other frozen fruits
Nuts and edible seeds
Peanut butter
Pure fruit juices

**Bread**

White bread
Brown, granary and wholemeal bread
Rolls - white, brown or wholemeal
Malt bread and fruit loaves
Vienna and French bread
Starch reduced bread and rolls
Continental breads (e.g garlic, ciabatta, bagel, naan)
Sandwiches
Sandwiches from takeaway
Takeaway breads

**Flour**

**Cakes, buns and pastries**

Cakes and pastries, not frozen
Takeaway pastries
Buns, scones and teacakes

Biscuits and crispbreads
Chocolate biscuits
Sweet biscuits (not chocolate) and cereal bars
Cream crackers and other unsweetened biscuits
Crispbread

Other cereals and cereal products
Oatmeal and oat products
Muesli
High fibre breakfast cereals
Sweetened breakfast cereals
Other breakfast cereals
Canned or fresh carton custard
All canned milk puddings
Puddings
Rice - dried, cooked or takeaway
Invalid foods, slimming foods and sports foods
Infant cereal foods
Cakes and pastries - frozen
Canned, dried and fresh pasta
Takeaway pasta and noodles
Pizzas, frozen and not frozen
Takeaway pizza
Cake, pudding and dessert mixes
Cereal snacks
Quiches and flans, frozen and not frozen
Takeaway crisps, savoury snacks, popcorn, popadums, prawn crackers
Other cereals

Beverages
Tea
Coffee beans and ground coffee
Instant coffee
Coffee essences
Tea and coffee from takeaway
Cocoa and chocolate drinks
Malt drinks and chocolate versions of malted drinks

Other food and drink
Mineral or spring waters
Baby foods
Soups - canned or cartons
Soups - dehydrated or powdered
Soups - from takeaway
Salad dressings
Other spreads and dressings
Pickles
Sauces
Takeaway sauces and mayonnaise
Stock cubes and meat and yeast extracts
Jelly squares or crystals
Ice cream tub or block
Ice cream cornets, choc-ices, lollies with ice cream
Ice lollies, sorbet, frozen mousse, frozen yoghurt
Takeaway ice cream, ice cream products, milkshakes
Soya and novel protein foods (e.g. Quorn)
Salt
Other takeaway food brought home
**Soft drinks**
- Soft drinks, concentrated, low calorie or not low calorie
- Soft drinks, not concentrated, low calorie or not low calorie

**Confectionery**
- Chocolate bars
- Chewing gum
- Mints and boiled sweets
- Fudges, toffees, caramels
- Takeaway confectionery

**Alcoholic drinks**
- Beers
- Lagers and continental beers
- Ciders and perry
- Wine and champagne
- Spirits with mixer
- Fortified wines
- Spirits, liqueurs and cocktails
- Alcopops
Eating out purchases

**Indian, Chinese or Thai food**
- Meat or fish-based curry with or without sauce
- Vegetable or fruit-based curry
- Dhal and dhal dishes
- Samosas
- Other Indian dishes
- Indian breads
- Indian buffet or shared meal
- Chinese or Thai meat or fish-based dishes
- Chop suey and fu yung dishes
- Chinese or Thai vegetable-based main course dishes
- Spring rolls
- Other Chinese or Thai dishes
- Chinese or Thai buffet or shared meal

**Meat and meat products**
- Steak - without sauce (e.g. braised, sirloin)
- Roast meat with sauce or gravy
- Pork chops with sauce or gravy
- Lamb chops with sauce or gravy
- Spare ribs
- Bacon, gammon or ham
- All offal including liver, kidney, tongue
- Chicken or turkey with sauce or gravy
- Chicken or turkey in breadcrumbs or batter
- Duck with sauce or gravy
- Game with sauce or gravy
- Burgers
- Kebabs - all types
- Sausages and sausage rolls
- Hot dogs and sausage sandwiches
- Meat pies (pastry or potato topped) and pasties
- Meat and vegetable stews, casseroles or hotpots
- Chicken or turkey stews, casseroles or hotpots
- Meat-based oven baked dishes (e.g. lasagne, cannelloni, moussaka)
- Paté

**Fish and fish products**
- White fish - grilled, steamed, baked or boiled
- White fish - fried (including in batter or breadcrumbs)
- Trout, tuna and salmon
- Herring, mackerel, sardines
- Shellfish
- Kippers and other smoked fish (e.g. smoked salmon)
- Fish, processed, in breadcrumbs (e.g. fish fingers, fish cakes, scampi)
- Fish burgers (in bun)
- Fish based pie or other dish (e.g. paella, kedgeree, tuna pasta bake)

**Cheese and egg dishes or pizza**
- Cottage cheese including with pineapple
- Soft, continental or processed cheese (e.g. brie)
- Cheddar, blue or other hard cheese and unspecified 'cheese'
- Quiche and cheese pies or pasties
- Other cheese dishes (e.g. Welsh rarebit, cheese and biscuits)
- Pizza
- Eggs - boiled or poached
Eggs - scrambled, fried, omelettes or unspecified 'egg'
Other egg dishes (e.g. egg mayonnaise)

**Fresh and processed potatoes**
- Chips and French fries - from fast food outlet or served with meal
- Potatoes - boiled, mashed, roast
- Sautéed potatoes, potato croquettes, hash browns etc.
- Baked or jacket potatoes
- Other potato dishes (e.g. wedges, potato salad)

**Vegetables**
- Lettuce and cress
- Green vegetables (e.g. spinach, cabbage, sprouts)
- Peppers - raw or cooked
- Courgettes, marrow, aubergine, pumpkin, plantain, cucumbers
- Peas and sweetcorn
- Baked beans and other beans or pulses
- Tomato - fresh, cooked or processed
- Carrots
- Onions - raw, cooked
- Other root vegetables or tubers (e.g. turnip, parsnip, radish, beetroot)
- Mushrooms
- Mixed vegetables or unspecified 'vegetable'
- Other vegetables (e.g. artichoke, asparagus)
- Vegetables in batter or breadcrumbs (e.g. onion rings)
- Onion and other vegetable bhajis and pakora
- Vegetarian burger, bean burger, vegetarian sausage, nut roast
- Oven-baked vegetable dishes (e.g. vegetable lasagne, cannelloni, moussaka)
- Stuffed vegetables (e.g. stuffed pepper) and vegetable-based starter
- Vegetable-based stews and casseroles and vegetable-based pies

**Salads**
- Mixed salad, with or without dressing
- Green salad, with or without dressing
- Vegetable or fruit and nut salad
- Pasta, rice, mixed bean or cereal-based salads
- Meat salad (e.g. beef, lamb, chicken salads)
- Fish salad (e.g. tuna, salmon salads)
- Cheese salad including ploughmans
- Egg salad
- Other salads (e.g. Greek, Florida, Russian)
- Salad buffet or buffet meal where items not specified

**Rice, pasta or noodles**
- Fried rice and risotto
- All cooked rice (e.g. boiled, pilau, savoury)
- Pasta - not filled and plain noodles
- Pasta - filled (e.g. ravioli, tortellini)
- Noodles with meat, vegetables etc.

**Soups**
- Meat & fish soups
- Vegetable based soups
- Chinese soups, consommé (e.g. meat, fish or vegetable)

**Breakfast cereals**
- Muesli and oat crunch cereals
- Other high fibre breakfast cereals (e.g. All bran, Weetabix)
- Sweetened breakfast cereals (e.g. Frosties, Sugar Puffs)
- Hot breakfast cereals (e.g. porridge, Ready Brek)
Other breakfast cereals (e.g. Cornflakes, Rice Krispies, Special K)

**Fresh and processed fruit**

- All citrus fruit (e.g. orange, grapefruit)
- Bananas
- Apples
- Pears
- Stone fruit (e.g. apricot, plum, peach, cherry, avocado)
- Grapes
- Soft fruit or berries (e.g. strawberries, blackberries)
- Melon
- Pineapple
- Fresh fruit salad
- Other fresh fruit (e.g. kiwi, passion)
- Free school fruit
- Dried fruit (e.g. sultanas, raisins)
- Tinned, stewed, baked or processed fruit

**Yoghurt and fromage frais**

- White bread (toasted or untoasted)
- Brown or wholemeal bread (toasted or untoasted)
- Rolls, baguettes etc. (white, brown or wholemeal)
- Garlic bread
- Croissant
- Continental breads (e.g. pitta, ciabatta, focaccia)
- Muffins, crumpets
- Fried bread, including croutons
- Other bread, rolls, toast, unspecified 'bread' etc.

**Sandwiches**

- Meat-based sandwich
- Chicken or turkey-based sandwich
- Bacon and egg-based sandwich
- Fish-based sandwich
- Cheese-based sandwich
- Egg-based sandwich
- Vegetarian-based sandwich
- Sweet-filled sandwich
- Unspecified sandwiches

**Other food products**

- Cheese or cream-based sauce (e.g. carbonara, cauliflower cheese)
- Meat-based sauce (e.g. bolognese, chilli con carne)
- Fish or seafood-based sauce
- Tomato-based sauce containing vegetables, including ratatouille
- Other savoury sauce
- Sweet sauce (e.g. syrup, treacle, chocolate sauce)
- Fruit or vegetable-based condiments
- Other condiments or sauces
- Salad dressings and dips
- Mayonnaise
- Coleslaw
- Fruit filling (e.g. peaches for pancakes)
- Vegetable filling
- Cheese filling including cheddar cheese, cottage cheese
- Fish-based filling (e.g. tuna mayonnaise)
- Butter and margarine
- Jam, marmalade and honey
Cream - single, double, sour etc.
Custard
Sugar (as an addition to tea, coffee etc.)
Commercial baby food in a jar or can
Yorkshire puddings and dumplings
Unspecified meal (e.g. 'meal', 'school meal' or 'meal at work')

Beverages
Coffee (e.g. black, white, latte)
Tea (e.g. white, black, herbal, fruit)
Hot chocolate or cocoa

Soft drinks including milk
Mineral water
Soft drink (including carbonates and still)
Pure fruit juices
Vegetable juices (e.g. tomato juice, carrot juice)
Milk as a drink
Milk on cereal
Milkshake and flavoured milk
Free school milk

Alcoholic drinks
Spirits
Liqueurs
Cocktails
Spirits or liqueurs with mixer e.g. gin & tonic, Bacardi & coke
Table wine
Sparkling wines (e.g. Champagne) and wine with mixer (e.g. Bucks Fizz)
Fortified wine (e.g. sherry, port, vermouth)
Cider or perry
Alcoholic soft drinks (alcopops), and ready-mixed bottled drinks
Bitter
Lager or other beers
Round of drinks, alcohol not otherwise specified

Confectionery
Solid, unfilled chocolate bars and sweets
Filled chocolate-coated bars and sweets (e.g. Mars, Snickers, Minstrels)
Single chocolate (after dinner)
Chewing gum and bubble gum
Mints (e.g. Polo, Extra Strong)
Boiled sweets, jellies
Toffee or fudge (e.g. chocolate éclairs, caramels)
Pick 'n' mix, nougat, liquorice and other sweets

Ice cream, desserts and cakes
Ice cream
Iced lollies and sorbets
Doughnut
Cream pastries (e.g. chocolate éclairs, profiteroles)
Cream sponge or gateau
Rich chocolate cake or chocolate gateau
Fruit and other pies or pastries
Fruit cake
Other sponge cakes or desserts
Custard desserts or sweet soufflé
Meringue desserts including pavlova
Cheesecake
Fool, trifle and mousse desserts
Jelly
Milk and rice puddings including tapioca, semolina
Other cakes and desserts, unspecified
Waffles and pancakes
Teacakes, scones, currant buns, iced buns

**Biscuits**
- Fully-coated chocolate biscuits or wafers
- Sweet biscuits including half-coated chocolate biscuits
- Cereal bars and cereal based cakes
- Savoury biscuits

**Crisps, nuts and snacks**
- Nuts, nut products and seeds
- Potato crisps or snacks including unspecified 'crisps', prawn crackers
- Cornsnacks, based on maize
- Wheat-based savoury snack
- Popcorn
- Other savoury snacks (including hors d'oeuvres)