

# Over to YOU!

## Children and Young People



Your name:

Your ID:

Here are some descriptions of the way many young people think about different things in their lives. Please read each one and then say how much it is like you.

### Your family and where you live

Some young people:

1. move around and live with lots of different people
2. never stay away from home without asking
3. know that people in their family care about them
4. see people in their family having fights and arguments
5. feel safe in the place they live
6. live with people who get into trouble with the police
7. can talk to adults about their problems
8. have lost someone special from their life

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Who is most important to you in your life at the moment?

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### School

Some young people:

9. need help with reading and writing
10. are bullied by people from their school
11. bully other people from their school
12. often stay away from school with or without permission
13. like learning or working
14. get on with their teachers at school
15. do not like their school
16. are (or have been) excluded from school

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What sort of things at school are you good at?

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## Where you live and about your friends

Some young people:

17. live in places where there is lots of crime
18. live in places where it is easy to get drugs
19. have lots of friends who get into trouble
20. have choices about what to do in life
21. live in areas where there is not much to do
22. are always busy doing something out of school hours
23. do things they know are dangerous
24. do not have enough money

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What do you like doing in your spare time?

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## Smoking, drinking and drugs

Some young people:

25. have family or friends who often use drugs
26. often smoke cigarettes, drink alcohol or use drugs
27. spend a lot of money on cigarettes, alcohol or drugs
28. do things they know are wrong when drunk or on drugs
29. only drink, smoke or take drugs when with their friends

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Do you have any problems because of smoking, drinking or taking drugs (or glue)? For example, problems at school or at home.

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## Your health

Some young people:

30. do things that they know will be bad for their health
31. worry about something that might happen in the future
32. do not see much of their real dad
33. feel good about themselves
34. are good at coping with problems

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What sort of things about your health worry you?

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## How you think and behave

Some young people:

- 35. rush into things without thinking
- 36. often get angry and lose their temper
- 37. threaten or hurt other people
- 38. get into trouble because it is exciting
- 39. damage their own or other people's things
- 40. are sorry for any harm they cause
- 41. want to sort out the problems in their lives
- 42. think of themselves as an offender
- 43. can see reasons for not getting into trouble
- 44. know people who will help them to stop getting into trouble

| Not like me | A bit like me | A lot like me | Just like me |
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What is the best thing about your life at the moment?

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What is the worst thing about your life at the moment?

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What would you like to be different about your life in three months time?

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Is there anything else you would like to talk about?

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