

# Mental Capital and Wellbeing: Making the most of ourselves in the 21st century

The Foresight Programme in the UK Government Office for Science is under the direction of the Chief Scientific Adviser to HM Government. Foresight strengthens strategic policy-making in Government by embedding a futures approach.

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### 1. Engagement to date

A wide range of organisations have taken an interest in the Project and its findings. Many interested parties contributed their expertise to the process of assembling and analysing the evidence. Additionally, in a variety of ways, the work of the Project has already contributed to shaping people's thinking. For example:

Organisation	Initiative	Project engagement
Central Government:		
Cabinet Office Strategy Unit	Childcare and Families	The Strategy Unit and others in
and relevant lead Government Departments	Economic Prosperity	central government, including HM Treasury, drew upon Project science
	Life Chances	evidence papers and emerging findings, shared ahead of publication, to develop their analysis of strategic issues in these areas
	Health Team	The Project findings have informed ongoing work, particularly in the areas of improving health and wellbeing at work and older people's services
Department for Work and Pensions / Strategy Unit / Department of Health	Strategy for an Ageing Population	The Project science evidence base and emerging findings have informed the initial analysis and scenario-building work

Organisation	Initiative	Project engagement
Department for Work and Pensions / Department of Health	Government response to the Dame Carol Black Review of the health of Britain's working age population	The emerging Project findings, shared ahead of publication, are informing this work
	Mental Health and Employment Strategy	The Project is informing strategy development work through the sharing of emerging findings and the lead Project expert's membership of the Strategy's High-level Steering Group
Department of Health	Dementia Strategy	The emerging Project findings, shared ahead of publication, have contributed to the development of the National Dementia Strategy, which is due for publication in November
Department for Children, Schools and Families	Child Health Strategy	The Project has shared its science evidence base and emerging findings
	Various	DCSF has welcomed the resonance of the final Project report with its ongoing work on children's health and wellbeing; the role of families; the review of the primary curriculum; and the review of the child and adolescent mental health services. It will consider the report's findings as it takes forward these areas of work

Organisation	Initiative	Project engagement
Department for Innovation, Universities and Skills	Wellbeing Strategy	The Project findings have provided a central input to the development of the Department's internal strategy on wellbeing
Cabinet Office		The Project lead expert on wellbeing and work has input Project science evidence and findings into internal work on wellbeing issues
Other organisations:		
National Institute of Adult Continuing Education	NIACE-sponsored Inquiry into the Future of Lifelong Learning	The Project has shared its cost- benefit analyses with the NIACE- sponsored Inquiry, as examples of best practice
Nuffield Council on Bioethics	Forthcoming report Dementia: ethical issues	The Project has shared the outputs of its Ethics Workshop with the Nuffield Council as it prepares its forthcoming report on dementia
Office of National Statistics	Article by the National Statistician for the ONS journal Population Trends	The Project has input its thinking on responses to population ageing to the National Statistician's Annual Article on the Population, which this year focuses on the topic of ageing. This will appear in the winter issue of their journal <i>Population Trends</i>
The Rayne Foundation	Dyscalculia charity	The Project has influenced the thinking of The Rayne Foundation which is considering setting up a charity to develop numeracy skills

### 2. Future engagement

In addition to the activities undertaken through the life of the Project, the organisations in the table below have committed themselves to engaging with and disseminating the findings in the ways specified. These commitments will be reported on at the One Year Review in autumn 2009.

Organisation	Action
Central Government:	
Government Analysts	The Heads of the Analysis across Government will consider the implications of the economic analysis undertaken for the Project and Foresight will work with them to facilitate wider discussions across the analytic community in Government, including running a best-practice seminar in 2009
Cabinet Office Strategy Unit	The Strategy Unit will continue to use the MCW material as it takes forward future work
Cabinet Office	Cabinet Office will consider the implications of the report's findings in its ongoing work on employee wellbeing
Department for Work and Pensions / Strategy Unit / Department of Health	The evidence base from the Project has informed the analysis stage of the refresh of the 2005 Opportunity Age strategy undertaken jointly between DWP, SU and DH. This has included working with Foresight's Horizon Scanning Centre on scenario-building work. Following this analysis stage, the Departments and the SU will draw upon the MCW findings and conclusions, among other inputs, in building a strategy that helps promote the mental capital and wellbeing of an ageing population

Department for Work and Pensions / Department of Health	The Project findings will continue to inform the development of the Mental Health and Employment Strategy; in particular, through the lead Project expert's membership of the Strategy's High-level Steering Group
National Social Inclusion Programme, Department of Health	Building on the Project findings relating to improving inclusion outcomes, Foresight will work with NSIP to facilitate a workshop on the findings of the Project and the implications for the work of the Programme
Department of Health	Foresight will work with the Public health, Social care and Mental health sections of the Department of Health to hold a "science-based conversation", which will consider the implications of the Project findings for future policy work
Department for Children, Schools and Families	Foresight will continue the relationship established between the MCW Project and the "Technology, Children, Schools and Families: – Beyond Current Horizons" programme and will input the findings of the report into the work of the programme
Department for Innovation, Universities and Skills	DIUS will consider the implications of the report's findings to inform the development of the Department's internal strategy on wellbeing, as an example of good practice in using science evidence in policy making
Ministry of Justice	Foresight will work with The Office for Criminal Justice Reform to hold a seminar with the analytical communities in the Ministry of Justice, Home Office and Attorney General's Office on the science of mental wellbeing and the implications for the Criminal Justice System

The Project findings will be used to inform work the AMS is undertaking to inform the MRC strategy on ageing
Age Concern welcomes the emphasis placed in the report on mental health, quality of life and opportunities to contribute in later life. In 2009 Age Concern England will be launching a new charity for older people by merging with Help the Aged. Working with Foresight, Age Concern England will use this report to inform decisions about the new charities' services and activities
CBI Northwest will work with Foresight to consider the Project findings relating to work and mental wellbeing, and the implications of these findings for their future work programme
The Dutch Council for Health Research will work with Foresight and the lead Project expert to consider the Project findings and implications for future work
The findings of the Project will be presented by Foresight to the European Commission and wider European stakeholders in Brussels in the coming months
The FCC will work with the lead Project expert on mental health to liaise with financial institutions about appropriate responses to the Project findings of the links between debt, mental disorder, financial hardship and financial exclusion

Future Vision Coalition	The Future Vision Coalition will consider the Project findings as part of their consultation on "A new vision for mental health". In addition they will look to hold a joint workshop with Foresight later this year to discuss the issues and policy options raised in their consultation and the Project  The Future Vision Coalition is a grouping of nine national organisations working to stimulate debate on the best direction for future mental health policy. Its members are Association of Directors of Adult Social Services, Mental Health Foundation, Mental Health Providers Forum, Mind, The NHS Confederation's Mental Health Network, Rethink, Sainsbury Centre for Mental Health, Royal College of Psychiatrists and Together
Mind	The Project report shows that mental wellbeing has come of age in government. It's the first time a truly joined up perspective has been taken, recognising that we all have mental health from cradle to grave. Mind is looking forward to working with Foresight to consider the implications of the Project findings
Medical Research Council	MRC welcomes the MCW report and will consider its findings in the context of the development of the cross-councils' ageing initiative "Lifelong health and Wellbeing", which MRC leads on behalf of the Research Councils
	The report is also timely in informing MRC's developing strategy in the neurosciences area, where MRC has recently launched initiatives in both neurodegeneration (including dementias) and addiction. MRC is also about to undertake a major review on mental health research, which will embrace many of the themes highlighted within the Project

National College for School Leadership	Foresight will work with the NCSL to hold a workshop to discuss the Project findings and the implications for NCSL's future work
National Institute for Health and Clinical Excellence	The Project science evidence papers will make an important contribution to the evidence base for the development of NICE intervention guidance on promoting mental wellbeing through productive and healthy working conditions. In addition, the lead Project expert will input Project findings through membership of the "expert reference group"
National Institute of Adult Continuing Education	NIACE welcomes the breadth of the MCW study, notably the interconnections it makes between learning, wellbeing, mental health, and healthy ageing, and the attention it draws to inter-generational effects  NIACE will use its networks with local, voluntary and trade union organisations to actively disseminate the reports findings. It will work with Foresight to stimulate debate and engagement. In particular, NIACE will hold a joint workshop on learning and mental wellbeing in older people in spring 2009  NIACE will exploit the Project evidence and findings as it continues its programme of work on family learning, drawing out issues of inter-generational building of mental capital. NIACE also believes the report raises challenges for work-life balance, work organisation, and for retention and successful re-entry into work, after a period of mental ill-health and will work on the learning issues related to each of these

North East Regional Forum on Ageing	The Institute for Ageing and Health at Newcastle University and Years Ahead – the North East Regional Forum on Ageing – will work with Foresight to run a regional foresight exercise. This will promote the Project findings, consider how they can best be implemented at regional level, and inform future strategy to develop a flourishing, sustainable region with a population age-structure much older than that experienced by previous generations
Research Councils UK	Foresight will present the findings of the Project to the Chief Executives of the Research Councils and will discuss with them implications for research agendas
Swedish Government	Foresight will, in consultation with appropriate UK Government departments, explore possibilities for collaboration on mental capital and wellbeing issues with the Swedish Government and within the EU
Technology Strategy Board	The Technology Strategy Board and Foresight will establish a programme of engagement, during winter 2008/09, to explore in detail aspects of the Project and how the findings could be taken forward within the Technology Strategy Board's programmes
Time to Change	The Project's work on stigma and discrimination, in particular the systems maps that the Project has developed, will be used as a tool by the Time to Change consortium as they take forward their four-year programme to end stigma and discrimination faced by people who experience mental health problems, as well as improving the nation's wellbeing Launched in October 2007, Time to Change is an ambitious £18m programme in England funded by the Big Lottery Fund and Comic Relief and delivered by three voluntary sector providers: Mental Health Media, Mind and Rethink, and evaluated by the Institute of Psychiatry at King's College, London

Trade Unions Congress	Foresight will work with the TUC to discuss the findings of the report and the implications for their work
Training and Development Agency for Schools	The TDA will use the findings of the report to inform their work in developing a Masters Level qualification in Teaching
UK Commission for Employment and Skills	UK CES will work with Foresight and the lead Project expert to consider the Project findings and the implications for their work

All the reports and papers produced by the Foresight Mental Capital and Wellbeing Project may be downloaded from the Foresight website (www.foresight.gov.uk). Requests for hard copies may be made through this website.

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