Assessment of the Trophic Status of Rivers Using Macrophytes: Supporting Documentation for the Evaluation of the Mean Trophic Rank

R&D Technical Report  E1/i694/1
Assessment of the Trophic Status of Rivers Using Macrophytes.
Supporting documentation for the evaluation of the Mean Trophic Rank

R&D Project Record E1/i694/01

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Environment Agency²

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Publishing Organisation:
Environment Agency
Rio House
Waterside Drive
Aztec West
Almondsbury
Bristol BS32 4UD Tel: 01454 624400 Fax: 01454 624409

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This document presents supporting information used in the evaluation of the Mean Trophic Rank (MTR) – a system for assessing the trophic status of rivers using macrophytes. It comprises reports of two workshops held for MTR users, a database of macrophyte and related data gathered during the project (excluding data subject to access restrictions) and a draft manual providing instructions on how to operate the database. It is intended as a permanent record of supporting information for use by those involved with future development of this and related methodologies.

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Environment Agency’s Project Manager
The Environment Agency’s Project Manager for R&D project E1-i694 was:
Karen J Rouen – North West Region.

R&D Project Record E1/i694/01
# CONTENTS

Acknowledgements ii

Abbreviations ii

Executive Summary iii

Key Words iii

## 1 Introduction
1.1 About this document 1
1.2 The Mean Trophic Rank 1
1.3 Overall objective of the project 1
1.4 Methods 2
1.5 Project findings and outputs 3

## 2 MTR Database
2.1 Introduction 5
2.2 Full, restricted-access database 5
2.3 Open-access database 5

## 3 MTR Training Workshop, 3–4 September 1997
3.1 Introduction 9
3.2 Course programme 10
3.3 List of delegates 12

## References 13

## Appendices

<table>
<thead>
<tr>
<th>Appendix</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Draft Macrophyte Database Manual.</td>
</tr>
<tr>
<td>3</td>
<td>Using Diatoms and Macrophytes to Assess the Trophic Status of Rivers. A report of a workshop held at Lancaster, 7–8 March 1996.</td>
</tr>
</tbody>
</table>
ACKNOWLEDGEMENTS

This report is the result of work undertaken by the Environment Agency in collaboration with the Scottish and Northern Forum for Environmental Research (Sniffer), English Nature, Countryside Council for Wales and Scottish Natural Heritage. The help of staff from Agency Regions in validating the database compiled during the project is greatly appreciated.

ABBREVIATIONS

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>CCW</td>
<td>Countryside Council for Wales</td>
</tr>
<tr>
<td>DQI</td>
<td>Diatom Quality Index</td>
</tr>
<tr>
<td>EN</td>
<td>English Nature</td>
</tr>
<tr>
<td>IFE</td>
<td>Institute of Freshwater Ecology</td>
</tr>
<tr>
<td>MTR</td>
<td>Mean Trophic Rank</td>
</tr>
<tr>
<td>NRA</td>
<td>National Rivers Authority</td>
</tr>
<tr>
<td>RHS</td>
<td>River Habitat Survey</td>
</tr>
<tr>
<td>SA[E]</td>
<td>Sensitive Area [Eutrophic]</td>
</tr>
<tr>
<td>SNH</td>
<td>Scottish Natural Heritage</td>
</tr>
<tr>
<td>STR</td>
<td>Species Trophic Rank</td>
</tr>
<tr>
<td>TDI</td>
<td>Trophic Diatom Index</td>
</tr>
<tr>
<td>UWWTD</td>
<td>Urban Waste Water Treatment Directive</td>
</tr>
</tbody>
</table>
EXECUTIVE SUMMARY

This document presents supporting information used in the evaluation of the Mean Trophic Rank (MTR) – a system for assessing the trophic status of rivers using macrophytes. It comprises reports of two workshops held for MTR users, a database of MTR and related data gathered during the project (excluding data subject to access restrictions) and a draft manual providing instructions on how to operate the database. Details of access arrangements for data not held with this document are provided. The document is intended as a permanent record of supporting information for use by those involved with future development of this and related methodologies.

KEY WORDS

1 INTRODUCTION

1.1 About this Document

This document presents supporting information used in the evaluation of the Mean Trophic Rank (MTR) – a system for assessing the trophic status of rivers using macrophytes. It is intended as a permanent record of supporting information for use by those involved with future development of this and related methodologies.

A brief outline of the MTR is given below, followed by a summary of the project under which the information was gathered: national R&D Project E1-i694 ‘Assessment of trophic status of rivers using macrophytes’. This outline includes the project objectives, methods, findings and outputs. The remainder of the document presents the information gathered. Chapter 2 gives a brief outline of the database of macrophyte and other data compiled during the project and Chapter 3 describes a training workshop held towards the end of the MTR evaluation. The appendices comprise three self-contained reports: Appendix 1 is a draft manual for the database and Appendices 2 and 3 describe a discussion workshop held at the start of the project (previously produced as progress/interim reports). The database itself is held in disc format at the back of this document and includes all data gathered for the project, except for data subject to access restrictions for which details of access arrangements are given in Chapter 2.

The findings of the project are presented in full in R&D Technical Report E39 (Dawson et al 1999) and the MTR methodology recommended by the project is described in R&D Technical Report E38 (Holmes et al 1999).

1.2 The Mean Trophic Rank

The Mean Trophic Rank (MTR) is a biotic index developed for the National Rivers Authority, a predecessor of the Environment Agency, specifically for the purposes required of biological monitoring under the EC Urban Waste Water Treatment Directive (UWWTD, 91/271/EC) (Holmes 1995, 1996). It is based on the presence and abundance of aquatic macrophytes and uses a simple scoring system to derive a single index describing the trophic status of a site. Species present are assigned a score (the Species Trophic Rank or STR) according to their tolerance to eutrophication (the higher the score, the lower the tolerance), and a mean score (MTR) for the site is then calculated, weighted according to the relative percentage cover of the individual species. MTR scores can range from 10 to 100 and increase with decreasing eutrophy.

1.3 Overall Objective of the Project

The main objective of the project was to evaluate the Mean Trophic Rank system developed by Holmes (1995, 1996), in order to produce a robust, transportable system for assessing the trophic status of rivers using macrophytes. A second objective was to compare this and other biological methods of assessing the trophic status of rivers and evaluate the role of each in such assessment. The third objective was to update and integrate this evidence and produce a recommended method. The principal application focused upon within the project, was the
presentation of data as evidence for designation of Sensitive Areas [Eutrophic] (SA[E]s) under the UWWTD. The potential use for other applications, however, was also considered.

1.4 Methods

1.4.1 Summary

The hypothesis tested was that the MTR is a useful tool to assess the trophic status of rivers in terms of the macrophyte community. First, a set of performance criteria for the ideal system was established. Suitable data and other information was then gathered together to allow evaluation of the performance of the MTR against these criteria. The data were analysed to assess the relationship between MTR and nutrient status and to examine the robustness of the method in terms of variability and error. Practical aspects of the methodology were then considered, such as whether it is easy to use and cost effective. Finally, the MTR was compared with other methods – principally the Diatom Quality Index (DQI, a transformation of the Trophic Diatom Index or TDI, Kelly 1996a & b). A detailed account of methods is given in Technical Report E39 (Dawson et al 1999).

1.4.2 Supporting information

Information gathered to allow evaluation of the MTR included: (i) macrophyte and related environmental data; (ii) comments and feedback from users of the methodology.

Macrophyte survey data were gathered from various sources. The primary source was the UWWTD MTR surveys undertaken by the Agency in 1993–1996. This was supplemented by data from four other sources, details of which are given in Technical Report E39 (Dawson et al 1999):

- MTR surveys undertaken by the Institute of Freshwater Ecology (IFE) specifically for this project;
- macrophyte survey data contributed by English Nature (EN), Countryside Council of Wales (CCW) and Scottish Natural Heritage (SNH), referred to in this project as the ‘Conservation Rivers’ dataset;
- MTR survey data contributed by the Industrial Research and Technology Unit and the Department of the Environment in Northern Ireland;
- macrophyte surveys undertaken by the Environment Agency at River Habitat Survey (RHS) ‘benchmark’ sites.

Survey data were combined, together with comparable chemical data where available, into an appropriate relational database to allow the required analyses (Chapter 2).

Useful comment and feedback on the MTR methodology was gathered by means of two workshops for MTR users. The first was a discussion workshop for MTR and TDI practitioners held by the National Rivers Authority (NRA) in Lancaster shortly after commencement of the project (March 1996). This workshop served both the MTR Project (i694) and the NRA/Agency’s TDI Project (R&D Project i618, Kelly 1996a, b). It was attended by delegates from all NRA Regions in addition to the authors of the two methods and other external parties. A summary and a full report of proceedings were produced and distributed to delegates (Newman et al 1997a & b) and are included as Appendices 2 and 3 in this Project Record. The second workshop was a training workshop for MTR users held in Crewe towards the end of the MTR evaluation (September 1997). This was attended by
delegates from all Agency Regions in addition to the authors of the MTR and TDI (see Chapter 3).

1.5 Project Findings and Outputs

1.5.1 Conclusions

The MTR system was found to perform sufficiently well to be used as a tool in the assessment of the trophic status of rivers, to provide evidence in support of the designation of SA[E]s under the UWWTD. It may be used to describe downstream changes in trophic status, provided the sites being compared are physically similar and an appropriate error margin is adopted to allow for variation within the survey season. The MTR system was found to be easy to use, relatively cost effective compared to other assessment systems currently in use and readily integrated with other sampling programmes. The methodology is reproducible and repeatable within limits and is nationally applicable. Only one substantive change to the MTR method was recommended, involving the removal of the algal species Stigeoclonium tenue from the list of scoring taxa.

Applications other than monitoring for UWWTD purposes were considered. It was concluded that although the MTR system may be used as a tool to assess the impact of discharges not qualifying under the UWWTD or in longitudinal surveys of individual rivers, the use of MTR values for comparisons between rivers and catchments should be treated with caution.

Comparative evaluation of the MTR and DQI showed that both methods are of value in the assessment of the trophic status of rivers. The methods are complementary and both should be used wherever possible. DQI should be used in preference to the TDI when making comparisons with MTR.

Recommendations resulting from the MTR evaluation, including those relating to the operation of the method itself and future method development, were reported in the final outputs from the project (see 1.5.2).

1.5.2 Outputs

There are three outputs from this project, in addition to this Project Record.


This describes the recommended MTR method. It incorporates recommendations resulting from the MTR evaluation that relate to where, when and how to undertake surveys. The manual includes guidance on the following: where and when to use MTR, including its recommended applications; how to undertake the survey in the field; how to process and interpret survey results; and how to improve the quality of results. It is intended as ‘best practice’ standard methodology for all MTR surveys, applicable throughout the UK.


This presents the main findings from the project. It describes the evaluation of the MTR system and compares it with the DQI. Recommendations for future method development are
listed in order of priority. The principal recommendation is for the development of a predictive element to the MTR system, to address the influence on MTR of the physical characteristics of the river.

**Technical Summary ES35** *Assessment of the Trophic Status of Rivers using Macrophytes – Evaluation of the Mean Trophic Rank.*

This summarises the main findings of the project.
2 MTR DATABASE

2.1 Introduction

Macrophyte and related environmental data gathered during the project were combined into an appropriate relational database (Microsoft Access 97) with a general access front-end (Dawson et al 1999). Plant data were validated by IFE and Agency Regions, and any errors found were corrected. Under formal written agreement with collaborating partners, two versions of the database were produced for retention by the Agency. The first holds the complete data gathered for the project and is subject to access restrictions (2.2). The second version holds only those data not subject to access restrictions (2.3).

2.2 Full, restricted access database

The constituent components of this database, in terms of the different sources of data, are summarised in Table 1. Further details of the data sources and of the data transformations required are given in Technical Report E39 (Dawson et al 1999).

A copy of the database on CD-ROM is held by the Agency’s R&D section, together with a copy of the formal written agreement describing access arrangements. A copy of both is also held by Dr Phil Boon at SNH, on behalf of SNH, CCW and EN. To apply for access to this database, please contact one of the following:

- R&D Management Support Officer, Environment Agency North West Region, Richard Fairclough House, Knutsford Road, WARRINGTON, WA4 1HG (tel 01925 653999)
- Dr Phil Boon, Scottish Natural Heritage, 2/5 Anderson Place, Bonnington Bond, EDINBURGH, EH6 5NP (tel 0131 447 4784).

Due to the shared origin of the data on this database, mutual agreement by both of the above is required for access to be granted.

2.3 Open-access database

This version of the database holds only those data not subject to access restrictions, this including all data except for those contributed by Scottish Natural Heritage, Countryside Council for Wales and Scottish Natural Heritage. A reference copy of this database, with its pre-programmed data input and outputs, is held in disc format at the back of this Project Record. Draft instructions on how to operate the database are to be found in Appendix 1.

Although not a specific objective of the project, the open-access database can be used for operational purposes on a single-user basis, allowing MTR users to enter, store and retrieve their own data as well as viewing some of the data collected during the R&D project.
Table 1a. Description of the datasets used within this project: Environment Agency, IFE and ‘Conservation Rivers’ datasets.

| **'Agency MTR'** |  |
| Source | Environment Agency (EA) |
| Description | Approximately 230 sets of sites, mostly pairs, surveyed upstream and downstream of QDs in England and Wales for UWWTD monitoring purposes. Mostly 4 surveys in 3 years at each site; 1994-96, with some in 1993. Dedicated MTR surveys, using 100m survey length and 9-point macrophyte cover scale, although with some variation before 1995 (e.g. optional use of 3-point cover scale). |
| No of sites/surveys | Sites: 523 Surveys: 1655 |
| Physico-chemical data available | Physical: Yes (85% of sites) Chemical: Yes |
| Purpose of using dataset | Data directly applicable to use of MTR for UWWTD designation purposes. |

| **IFE** |  |
| Source | Institute of Freshwater Ecology |
| Description | Dedicated MTR surveys, undertaken specifically for the purposes of this project in 1996. Targeted sites in selected catchments. Standard survey methodology using 100m survey length and 9-point macrophyte cover scale |
| No of sites/surveys | Sites: 105 Surveys: 117 |
| Physico-chemical data available | Physical: Yes Chemical: Yes |
| Purpose of using dataset | To check ‘unexpected’ results in EA dataset and to provide additional data on unpolluted rivers, rivers with differing geology, comparison of MTR and DQI and quality assurance. |

| **‘Conservation Agencies’** |  |
| Source | Conservation Agencies’ Rivers Database. courtesy of English Nature (EN), Countryside Council for Wales (CCW) and Scottish Natural Heritage (SNH). |
| Description | Surveys in England, Wales and Scotland, from 1978-1992. Not dedicated MTR surveys: usually 2x500m surveys per site and a 3- or 5-point cover scale. Sites selected to determine conservation status over a wide range of physical and chemical types, particularly those of high conservation value in Britain. |
| No of sites/surveys | Sites: 1563 Surveys: 3128 |
| Physico-chemical data available | Physical: Yes (some different categories to MTR methodology) Chemical: No |
| Purpose of using dataset | To supplement EA dataset with surveys from a range of high quality rivers; and to test applicability of the methodology to Scotland. |
Table 1b. Description of the datasets used within this project: 'Northern Ireland' and RHS Benchmark datasets.

<table>
<thead>
<tr>
<th>'Northern Ireland database'</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Source</td>
<td>DoE/IRTU Surveys undertaken by Industrial Research &amp; Technology Unit (IRTU) for Department of the Environment (DoE), Northern Ireland.</td>
</tr>
<tr>
<td>Description</td>
<td>MTR surveys in Northern Ireland in 1995. One survey per site at routine biological monitoring sites, using 100m survey length and 9-point macrophyte cover scale.</td>
</tr>
<tr>
<td>No of sites/surveys</td>
<td>Sites: 271, Surveys: 271</td>
</tr>
<tr>
<td>Physico-chemical data available</td>
<td>Physical: RIVPACS data recorded but were not used in this project, Chemical: Yes</td>
</tr>
<tr>
<td>Purpose of using dataset</td>
<td>To supplement EA dataset and test the applicability of the methodology in Northern Ireland.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>'RHS Benchmark'</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Source</td>
<td>Environment Agency (R&amp;D Project 611)</td>
</tr>
<tr>
<td>Description</td>
<td>Data from selected surveys in England, Wales, Scotland and the Republic of Ireland, were made available for MTR evaluation. Not dedicated surveys; macrophyte surveys undertaken alongside River Habitat Surveys (RHS) in 1994-98, usually 500m surveys lengths and a 5-point cover scale. Site selected were high physical quality river habitat, to allow calibration of RHS habitat quality scores.</td>
</tr>
<tr>
<td>No of sites/surveys</td>
<td>Sites: 110, Surveys: 110</td>
</tr>
<tr>
<td>Physico-chemical data available</td>
<td>Physical: Not fully compatible, Chemical: No</td>
</tr>
<tr>
<td>Purpose of using dataset</td>
<td>To supplement the EA dataset with data from near pristine sites such as low-nutrient lowland sites.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total MTR database</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>No of sites/surveys</td>
<td>Sites: 2572, Surveys: 5281</td>
</tr>
</tbody>
</table>
3 MTR TRAINING WORKSHOP, 3-4 SEPTEMBER 1997

3.1 Introduction

A training workshop for MTR users within the Agency was held as part of the Uptake stage of the project. The purpose of the workshop was to:

- introduce the final procedural outputs and guidance from the project to key operational staff, to enable them to pass on this information to their colleagues in turn;
- build on the skills and experience already attained by operational staff, in the light of the research findings from the project;
- aid national consistency in the way MTR surveys are planned, undertaken and interpreted;
- raise awareness of common issues pertaining to both MTR and TDI.

The prime focus for the workshop was on the MTR, with the findings of the project incorporated where necessary and any changes to methodology highlighted. Emphasis was placed particularly on providing guidance on ‘problem areas’ in the methodology. Where appropriate, reference was made to the TDI/DQI and to potential applications other than UWWTD. The course programme is given in 3.2.

The workshop was organised and run by the IFE and the Centre for Aquatic Plant Management. The venue was the Jarvis Crewe Arms Hotel, Nantwich Road, Crewe (near to Crewe railway station).

The workshop was aimed primarily at staff already with some experience of MTR and/or TDI surveys. Regions were invited to send a team of 4–5 delegates with collective experience of all stages of the MTR (and preferably also TDI) survey process. Additional delegates were drawn from the Project Board, contractors and guest speakers (see 3.3). Regions were also asked to suggest UWWTD sites where the MTR methodology had proved to be either very straightforward or particularly difficult, for consideration as case studies during the workshop.

Prior to the course, participants were asked to familiarise themselves with the appropriate health and safety guidance for macrophyte surveys and informed that the survey to be undertaken during the course would not involve use of a boat. They were asked to bring the following equipment to the course:

- waders
- appropriate health and safety equipment for a wadeable river
- protective clothing
- glass-bottomed bucket (one per Region)
- clipboard or weather-writer (optional).

The training was based on a draft version of the MTR User’s Manual, which was distributed to all delegates at the start of the workshop. After the workshop, amendments suggested by delegates (see 3.2) were considered for incorporation into the Manual, together with additional changes resulting from the final stages of data analysis. A finalised version was published as R&D Technical Report E38 (Holmes et al 1999).
### 3.2 Workshop Programme

#### 3.2.1 Day One: Wednesday 3 September 1997

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0900</td>
<td>Welcome. General background and context. Purpose of course.</td>
<td>KR</td>
</tr>
<tr>
<td>0910</td>
<td>Introductions.</td>
<td>FHD</td>
</tr>
<tr>
<td>0915</td>
<td>Introduction to the course (summary of the programme).</td>
<td>FHD</td>
</tr>
<tr>
<td>0920</td>
<td>Brief outline of the MTR.</td>
<td>NH</td>
</tr>
<tr>
<td>0930</td>
<td>Outline and assessment of MTR.</td>
<td>FHD</td>
</tr>
<tr>
<td>1030</td>
<td>Coffee.</td>
<td></td>
</tr>
<tr>
<td>1100</td>
<td>Methodology (highlighting any changes). Including:</td>
<td>JN</td>
</tr>
<tr>
<td></td>
<td>- survey timing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- site selection</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- survey length selection</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- methodology</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- data processing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- brief mention of data interpretation</td>
<td></td>
</tr>
<tr>
<td>1140</td>
<td>Problems and perspectives in MTR survey planning and methodology:</td>
<td>JN &amp; NH</td>
</tr>
<tr>
<td></td>
<td>- site selection</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- survey length selection</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- area cover assessment</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- assessing whether plant specimens are in the channel or on the 'bank'</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- assessing comparability between sites and confidence in the survey.</td>
<td></td>
</tr>
<tr>
<td>1210</td>
<td>Problems and perspectives in DQI sampling.</td>
<td>MK</td>
</tr>
<tr>
<td>1230</td>
<td>Lunch.</td>
<td></td>
</tr>
<tr>
<td>1330</td>
<td>Quality assurance guidelines for MTR.</td>
<td>JN</td>
</tr>
<tr>
<td>1400</td>
<td>Workgroups (three groups in two rooms) to discuss issues, using five</td>
<td>FHD, JN, MG</td>
</tr>
<tr>
<td></td>
<td>example (un-named) case studies of sites identified as being</td>
<td></td>
</tr>
<tr>
<td></td>
<td>particularly problematic.</td>
<td>&amp; MK</td>
</tr>
<tr>
<td>1530</td>
<td>Tea break.</td>
<td></td>
</tr>
<tr>
<td>1600</td>
<td>MTR applications other than UWWTD. Outline of River Community Types.</td>
<td>NH</td>
</tr>
<tr>
<td>1610</td>
<td>Data interpretation. Guidelines for MTR. problems and perspectives in</td>
<td>FHD &amp; JN</td>
</tr>
<tr>
<td></td>
<td>relation to assessment of MTR.</td>
<td></td>
</tr>
<tr>
<td>1700</td>
<td>Break.</td>
<td></td>
</tr>
<tr>
<td>1730</td>
<td>The UWWTD experience: National Panel *</td>
<td>PH &amp; PB</td>
</tr>
<tr>
<td></td>
<td>(Peter Bird/Phil Harding 30 minute talk + 15 minutes questions)</td>
<td></td>
</tr>
<tr>
<td>1815</td>
<td>Practical plant identification problems: guidance on distinguishing certain</td>
<td>NH</td>
</tr>
<tr>
<td></td>
<td>key species which often cause problems such as <em>Juncus bulbosus,</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td><em>Vaucheria spp., Callitriche spp.</em> and <em>Ranunculus spp.</em></td>
<td></td>
</tr>
<tr>
<td>1845</td>
<td>Optional demonstration of MTR database and DQI software using portable</td>
<td>MG &amp; MK</td>
</tr>
<tr>
<td></td>
<td>PCs (to finish by 1930).</td>
<td></td>
</tr>
<tr>
<td>2000</td>
<td>Dinner.</td>
<td></td>
</tr>
</tbody>
</table>

* These two items were reversed on the day, for logistical reasons.
3.2.2 Day Two: Thursday 4 September 1997

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>0900</td>
<td>Assemble for field trip.</td>
<td></td>
</tr>
<tr>
<td>0915</td>
<td>Field surveys at preselected locations to provide practical training in:</td>
<td>FHD, JN, MG,</td>
</tr>
<tr>
<td></td>
<td>• general MTR and DQI methodology</td>
<td>MK &amp; NH</td>
</tr>
<tr>
<td></td>
<td>• assessing width and area cover</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• assessing whether plant specimens are in the channel or on the 'bank'</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• assessing comparability between sites and confidence in the survey</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• locating scarce species</td>
<td></td>
</tr>
<tr>
<td>1230</td>
<td>Depart site and return to hotel for lunch.</td>
<td></td>
</tr>
<tr>
<td>1315</td>
<td>Lunch.</td>
<td></td>
</tr>
<tr>
<td>1415</td>
<td>Feedback from field sessions.</td>
<td>FHD</td>
</tr>
<tr>
<td>1515</td>
<td>Concluding comments, including suggestions and comments relating to the</td>
<td>FHD, JN &amp;</td>
</tr>
<tr>
<td></td>
<td>MTR manual and this course. Delegates asked to write with specific</td>
<td>KR</td>
</tr>
<tr>
<td></td>
<td>comments requested by mid-October.</td>
<td></td>
</tr>
<tr>
<td>1600</td>
<td>Finish.</td>
<td></td>
</tr>
</tbody>
</table>

3.2.3 Course tutors

Peter Bird          PB
Hugh Dawson         FHD
Michael Gravelle    MG
Nigel Holmes        NH
Phil Harding         PH
Martyn Kelly        MK
Jonathan Newman     JN
Karen Rouen         KR

3.2.4 Field work

The field work session was held on the River Bollin at the Carrs, Wilmslow (SJ 840 823). This site has public access and is owned by Macclesfield Borough Council. The contact for access permission is the Countryside Officer at Macclesfield Borough Council (Leisure Services section). The field visit was arranged for the final day of the workshop so that had there been inclement weather it could have been curtailed or cancelled and the end of the workshop brought forward.

Delegates were organised into four groups prior to departure from the hotel (approximately 10 per group), each including delegates with differing levels of MTR experience. The groups were led by Hugh Dawson, Jonathan Newman, Michael Gravelle and Nigel Holmes. Each group was provided with field recording sheets and four different 100m survey lengths were marked out with ranging poles. Each group then carried out a survey of one of the four survey lengths, with Nigel Holmes completing an independent survey of one length to provide an additional comparison. Martyn Kelly discussed DQI surveying with each group and Sarah Chadd demonstrated the use of an underwater camera. Survey results were compared and discussed back at the hotel after lunch.
3.3 List of Delegates

**Project Board**
- Karen Rouen: North West Region (Project Manager)
- Sarah Chadd: Anglian Region
- Phil Harding: Midlands Region
- Anne Lewis: North East Region

**Contractors**
- Hugh Dawson: Institute of Freshwater Ecology
- Michael Gravelle: Institute of Freshwater Ecology
- Jonathan Newman: Centre for Aquatic Plant Management (Subcontractor)

**Guest speakers**
- Peter Bird: Head Office (Wednesday 3 September only)
- Nigel Holmes: Alconbury Environmental Consultants
- Martyn Kelly: Bowburn Consultancy

**Regional users**
- Chris Adams: Anglian Region
- Dave Balbi: Anglian Region
- Terry Clough: Anglian Region
- Ayleen Clements: Midlands Region
- Gary Fretwell: Midlands Region
- Shelley Howard: Midlands Region
- Lucy Morris: Midlands Region
- Pete Sibley: Midlands Region
- Helen Webb: Midlands Region
- Daryl Buck: Thames Region
- Claire Gladdy: Thames Region
- Janet Moore: Thames Region
- John Steel: Thames Region
- Lucy Brown: South West Region
- Andy Hicklin: South West Region
- Katherine Ivall: South West Region
- Mitch Perkins: South West Region
- Phil Smith: Southern Region
- Kathy Taylor: Southern Region
- Shelagh Wilson: Southern Region
- Vicky Ellis: Environment Agency Wales
- Julie Gething: Environment Agency Wales
- Judith Bennett: North West Region
- Fiona Duke: North West Region
- Andy Goodwin: North West Region
- Alison Miller: North West Region
- Elaine Axford: North East Region
- Amanda Best: North East Region
- Ed Clegg: North East Region
- Richard Jennings: North East Region
REFERENCES


Appendix 1
Draft Macrophyte Database Manual
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CONTENTS

Macrophyte Database Manual.

1. Introduction. 2
1.1. System requirements. 2
1.2. Starting the database. 2
2. Using the database. 3
2.1. Viewing Data 3
2.2. Editing existing data. 5
2.3. Addition of new data. 6

TABLE OF FIGURES

Figure 1. Opening screen of the Macrophyte database. 3
Figure 2. The data viewing screen as initially displayed. 4
Figure 3. The screen to display the summary details for paired sites. 5
Figure 4. The select site screen. 5
Figure 5. Flow chart for entry of data. 6
Figure 6. Screen for selection of river and site for entry of new data. 7
Figure 7. Screen for entry of new site information. 8
1. **Introduction.**

This manual provides instructions on the use of the Mean Trophic Rank Macrophyte Database.

1.1 **System requirements.**

This database is designed to run on Microsoft Access 97 in 800x600 resolution; on lower resolutions parts of the forms will be out of view. A PC running Windows 95 or better is required with 20mb of free disk space. On old machines with little memory performance will be severely inhibited.

1.2 **Starting the database.**

To use the database a version of Microsoft Access 97 must be available. Simply run Access and then open the MTR.OPEN.MDB file. (If you have a zipped version then first unzip this and then open it in Access.)
2. **Using the database.**

Once you start the Macrophyte database you will be presented with the initial screen (Figure 1) from where the main features are available.

![Main Menu](image)

**Figure 1. Opening screen of the Macrophyte database.**

The features available are;
- To view existing data
- To edit the data
- To enter new data
- To open the Access database window
- To exit Access

2.1 **Viewing Data**

Selecting the *View Data* button from the main screen (Figure 1) will open the main data presentation screen (Figure 2).
Figure 2. The data viewing screen as initially displayed.

The data are sub divided into several sections, each accessible from the appropriate buttons:

1. **Site Information**, which contains details such as grid references and site altitude, slope of river and other data derived from maps. It also shows the site number for a predefined upstream or downstream ‘paired’ site. Phosphate and nitrate data are expressed in terms of phosphate-P and nitrate-N.

2. **Survey Information**, which contains details of the survey date, surveyor and any comments relating to the survey. It also shows the suffix of confidence in the physical comparability with the predefined ‘paired’ site and the suffix of confidence in the survey (labelled “Typicality” for convenience).

3. **Plant data**, where the bulk of the data are displayed. This is an alphabetical list of all species recorded for that survey with both scoring and non-scoring species together with their cover score.

4. **Physical data** displays the width, depth, substrate, habitat and other physical data recorded for each survey.

The MTR score, number of highlighted species and suffix of confidence in the MTR score are displayed throughout.

The **Survey Pairs** button is used to display a comparison of summary data for the selected site and its predefined ‘paired’ site (Figure 3). To return from this screen press **<Done>**. The details can also be printed with the **<Print>** button.

To return to the main menu from the view/edit screen press **<Finished>**. The full survey details can be printed with the **<Print>** button on this screen.
Figure 3. The screen to display the summary details for paired sites.

2.1.1 Selecting surveys to view.

There are two methods to move between survey records. The record selector buttons at the bottom of the screen can be used to move sequentially through records or the <Select Site> button can be used to move to a chosen site and survey, pushing this button displays Figure 4.

Figure 4. The select site screen. First choose the river name in the top box and then the particular survey from the full list displayed in the lower box. Press <View Site> to display data for that site and survey.

2.2 Editing existing data.

The layout of the edit data screen is almost identical to that for viewing the data. The main difference is that a <Recalculate MTR> button will be displayed which allows you to recalculate the MTR if you change the plant data.

All data can be edited and changes are effective immediately, i.e. you are not prompted to save changes to your data.
Note that when replacing a scoring species with a non-scoring species, or vice versa, you will need to delete one and add the other rather than editing the existing entry.

2.3 Addition of new data.

Entry of new data utilises a similar screen layout to the data display option. The difference is that a blank form is displayed ready for data entry. Follow the flow chart (Figure 5) to enter the new data.

Figure 5. Flow chart for entry of data.

Select river and site for which new data is to be entered.

Is the survey a repeat or at a new site?

Repeat

New

Type the river name and then select <Add New Site> (Figure 6). The river need not be one already used in the database.

Enter all the new site information available on the blank form (Figure 7). A new, unique, sequential site number will be automatically generated. Press <Add Survey Data> to move to the next screen.

The blank screen will be displayed ready for entry of new data. Each new survey is automatically assigned a unique, sequential survey number. Enter survey information first (see notes below), then press <Done> and enter plant data.

A blank screen will be displayed for entry of plant data. Species can be entered in any order and either typed in or selected from the drop alphabetic list. As you type the database automatically searches for the first match and so you may only need to type the first few letters of the plant name.

Once the species have been entered, press the <Physical Data> button and enter the physical data using either percentage values or cover categories (in the columns % or C respectively).

Press the <Calculate MTR> button. This calculates the MTR score, the number of highlighted species and the suffix of confidence in the MTR score (a, b or c). If scoring species are absent an MTR value of zero and a suffix of c will be displayed, but these must NOT be used to indicate trophic status.

Press the <New Survey> button to enter another set of survey data or <Finished> to return to the main screen.
When entering Survey Information, use the following formats:

- Survey Length: e.g. 100 or 500
- Survey Method: e.g. Wadeable
- Audit?: Yes / No (refers to whether this survey was for audit purposes or not)
- Date: e.g. 01-Jul-1999
- Start Time: e.g. 12:00
- Form Used: This is currently not used, but refers to the type of field survey sheet used.
- Cover Scale: Select one of the options provided.
- Comparability: I, II or III (refers to the suffix of confidence in the physical comparability of the site with the predefined ‘paired’ site).
- Typicality: A, B or C (refers to the suffix of confidence in the survey).
- Percentage Vegetated: eg 45 (refers to the overall percentage macrophyte cover)
- 100m Map / 500m / 1-2km Map: Yes / No (refers to whether a sketch map has been drawn for the 100m or 500m survey length or for a 1-2 km section of the river containing the survey(s), primarily for relocation purposes)
- Photo looking U/S / Photo looking D/S; enter the number of photos taken in each direction.

When entry of new Survey Information is complete, the <Done> button MUST be pressed before the plant data can be entered. Pressing the button twice, or failing to press at all will result in an error message. Before you have pressed <Done> data entry can be cancelled by either pressing the <New Survey> or <Finished>, but once the <Done> button has been pressed, the survey record is saved.

If plant data are edited after pressing the <Calculate MTR> button but before pressing the <Finished> button, then the <Calculate> MTR button must be pressed again to update the MTR score.

![Select River and Site to View](image)

**Figure 6. Screen for selection of river and site for entry of new data.**

A list of MTR scoring species can be found in the MTR users manual. Note that *Stigeoclonium tenue* was removed from the list of scoring species following evaluation of the MTR between 1996 and 1999. For surveys in 1996 and before, the database assigns an STR of 1 to *Stigeoclonium tenue*. For surveys after 1996, *Stigeoclonium tenue* is treated as a non-scoring species.
Figure 7. Screen for entry of new site information.
Appendix 2
Using Diatoms and Macrophytes to Assess the Trophic Status of Rivers
A Workshop Summary, Lancaster, 7–8 March 1996

This report was previously distributed as a progress report to delegates of the workshop.

R&D Project Record E1/i694/01
Using Diatoms and Macrophytes to Assess the Trophic Status of Rivers

A report of a workshop held at Lancaster, 7-8 March 1996

J.R Newman, F.H. Dawson, K.J. Rouen

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NERC Institute of Freshwater Ecology
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Dissemination status
Internal:    Restricted
External:    Restricted

Statement of Use
This report is the third output from Project 694. It summarises the findings of a workshop to discuss the applicability of the Mean Trophic Rank System and the Trophic Diatom Index to assessment of trophic status of rivers. It is to be used for information as to the findings and recommendations of the workshop.

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Dr K.J. Rouen (North West Region)
CONTENTS

EXECUTIVE SUMMARY iii

2. PURPOSE OF THIS DOCUMENT 1
2.1 Context of this report within the Project 1

3. SUMMARY AND RECOMMENDATIONS 1

3.1 Objectives and aims of the workshop 1
3.2 Definition of Eutrophication 1
3.3 Success of the methods to date 2
3.4 Broader application of the methods 2
3.5 Quality Assurance 2
3.6 Presentation of results 3
3.7 Identification of future needs 3
3.8 Modifications of the MTR Method 3
3.9 Post-P-stripping monitoring 3
3.10 Further Research on the MTR system 4
3.11 Other Research Areas 5
3.11.1 Development of an alkaline phosphatase assay 5
3.11.2 Funding of Freshwater Algal Flora project 5
3.11.3 Macrophyte sediment interactions and ecology 5

APPENDIX 1: LIST OF PARTICIPANTS 6

APPENDIX 2: WORKSHOP PROGRAMME 7
1. EXECUTIVE SUMMARY

1.1 This Progress Report summarises the main conclusions of a workshop held at Lancaster on 7-8 March 1996 to discuss the application of biological methods, namely the Trophic Diatom Index and the Mean Trophic Rank system, to monitor eutrophication under the direction of the EU Urban Waste Water Treatment Directive.

1.2 A more detailed report discussing the rationale behind the methods and the general applicability of the methods is available from the NW Region of the Environment Agency, entitled "Using Diatoms and Macrophytes to Assess the Trophic Status of Rivers: A report of a workshop held at Lancaster, 7-8 March 1996", R&D Interim Report 694/NW/02. The latter document acts as a working document for Project 694.
2. PURPOSE OF THIS DOCUMENT

This Progress Report sets out the main recommendations from a Workshop held in Lancaster in March 1996 to discuss the application of the Mean Trophic Rank System (MTR) and the Trophic Diatom Index (TDI) to biological monitoring for the purposes of designating areas sensitive to eutrophication (SA[E]s) under the requirements of the Urban Waste Water Treatment Directive (UWWTD).

This document is the third report produced under R&D Project 694 - Assessment of the trophic status of rivers using macrophytes.

3. SUMMARY AND RECOMMENDATIONS

3.1 Objectives and aims of the workshop

The workshop served both R&D project 694 and Project 618, the latter project being the testing of the TDI in NRA Regions (Project leader A. Lewis, North East Region).

The objectives of the workshop were to exchange experiences and ideas on the MTR and TDI; to discern the usefulness of the methods for both the UWWTD and other applications; to digest the most recent findings from the two projects and; to feed recommendations into R&D Projects 618 and 694 and into the management of trophic status monitoring programmes within the Environment Agency. This was achieved by integrating practical experiences of the MTR and TDI from Environment Agency Staff with comments from the authors of the two methods and other interested parties from English Nature, the Institute of Freshwater Ecology, the Centre for Aquatic Plant Management, the Clyde River Purification Board and the Industrial research and Technology Unit (Northern Ireland). A list of participants is given in Appendix 1 to this report. The programme of the workshop is given in Appendix 2. This was organised to allow both formal presentations, group feedback, structured and more general discussion. The workshop produced a list of priorities for further action and research and a list of recommendations on the implementation and further use of the two methods in biological monitoring programmes.

3.2 Definition of Eutrophication

It was suggested that the working definition of eutrophication used within the Environment Agency should be clarified and standardised. It should be expressed in terms which are measurable and achievable. Improvements could be measured against the criteria set out in the definition. A clear statement of what is included in the definition (water column, sediment, holistic picture of river system) should be made. The definition used for the purposes of the UWWTD states:

"Enrichment of water by nutrients, especially compounds of N and/or P, causing an accelerated growth of algae and higher forms of plant life to produce an undesirable disturbance to the balance of organisms present in the water and to the quality of the water concerned."

R&D Project Record E1/i694/01  3
There are two other definitions of eutrophication in current use, one for the Nitrates Directive and one used by the Toxic and Persistent Substances centre of the Environment Agency. It is envisaged that one definition will be adopted for all purposes.

3.3 Success of the methods to date

Both the TDI and MTR are capable of detecting differences in the trophic status downstream of qualifying STW discharges, although the sensitivity of the methods may be dependent upon the concentration of P and/or other nutrients upstream of the discharge. The importance of complicating factors such as direct organic pollution is separable with the TDI but not at present with the MTR and should be investigated in the latter. In addition, it is recommended that the introduction of a system of weighted averages into the MTR system be investigated. Weighted averages would take account of regionally rare species and species with a known defined tolerance of organic pollution. This should allow a more comprehensive environmental appraisal to be made.

3.4 Broader application of the methods

It was recognised that the TDI and the MTR have much wider applications than monitoring eutrophication for the purposes of the UWWTD.

English Nature has used the macrophyte-based survey methods successfully in typing riverine SSSIs, in order to categorise rivers into 10 distinct plant community types. It has also investigated the use of the MTR in assessing the impact of non-qualifying discharges.

The Industrial Research and Technology Unit (Northern Ireland) has used the MTR system for tracking non-point source pollution and measuring improvements in the aquatic habitat. The timescale of response of macrophyte communities to improved water quality was identified as an unknown factor requiring further investigation. It is envisaged that post P-stripping monitoring might contribute to increased knowledge of this factor. This might allow the MTR (and TDI) to be used as a predictive tool to estimate the direction and extent of recovery (or deterioration) in aquatic ecosystems subject to eutrophication.

3.5 Quality Assurance

The importance of Quality Assurance as an integral part of both methods was emphasised. It is important that data derived from these methods should be right and robust. Suggestions for inclusion in the training element of a Quality Assurance programme were made. In Anglian Region, a successful programme of internal AQC has been carried out, with a random selection of MTR sites being re-surveyed by another survey team. There are several components to a successful Quality Assurance system.

- Standardised Training for all surveyors and auditors:
- to include a mandatory training course and annual refresher days in plant identification, methodology and database input;
- A procedural manual;
- Re-surveys;
- Appropriate site selection.
Recommendations for a QA system are described within the “Standard Methodology for the assessment of Freshwater Riverine Macrophytes for the purposes of the Urban Waste Water Treatment Directive” (Environment Agency, May 1996).

3.6 Presentation of results

It was emphasised that results should be presented in a clear, easily understandable format. Both the TDI and the MTR should operate on the same scale and in the same direction. Actual scores and percentage downstream change in scores will be used for the purposes of the UWWTD. For other purposes, such as large scale national maps of eutrophication, a banding system will be developed, if appropriate.

3.7 Identification of future needs

Areas where the MTR method requires further testing were identified. Situations in which the MTR gives values which do not correspond to the hypothesis of decreasing scores with increasing P-loading should be investigated further and recommendations made for improving the MTR method. Priorities for the TDI system are presented in the outputs from R&D Project 618.

Research priorities not already included in the programme of R&D Project 694 are to be fed into the Project. Improvements to the method were identified and recommendations made for their implementation. Further trialing of both the TDI and MTR is necessary in all Environment Agency Regions, to establish the relationship between the two methods.

3.8 Modifications of the MTR Method

Minor revisions to, and clarifications of, the way MTR data is collected and recorded are necessary. This will be achieved by amendment of the standard methodology produced by the NRA for UWWTD macrophyte surveys. These amendments form part of a revised methodology produced by the Environment Agency in May 1996 in a document entitled “Standard Methodology for the Assessment of Freshwater Riverine Macrophytes for the Purposes of the Urban Waste Water Treatment Directive”, Version 2, (produced subsequent to the workshop).

3.9 Post-P-stripping monitoring

It was recognised that monitoring of trophic status should be continued after the introduction of P-stripping at designated qualifying discharges using both TDI and MTR, to determine the ability of the methods to demonstrate changes in aquatic plant communities. This is dependent on the availability of a reliable and consistent historical data set. Lack of such a data set may limit the application of methods to demonstrate an improvement in a historical context. However post-P-stripping monitoring may be able to show measured improvements from 1996 data. Data from the 1996 surveys should be used as the baseline for improvement.
An examination of the time series of change to establish baseline variation in MTR scores should be carried out. Any changes due to P-reductions will be superimposed on this natural change.

3.10 Further Research on the MTR system

It is recommended that in addition to the issues included within the project specification the following questions require further research.

The project should examine the use of regional weightings for local taxa (nationwide rare) and for taxa at the edge of their geographical range.

The application of a weighted average value should be considered (indicator value, cf. TDI).

The validity of 100 m reaches for survey purposes should be established. Consecutive 100 m reaches should be surveyed within 500 m of the discharge (or in the recovery zone where appropriate).

Consideration should be given to identifying those taxa which respond quickly to nutrient inputs and/or changes in nutrient levels. The changes would be measured on a temporal and spatial scale of response.

Consideration should be given to the reproducibility of biomass estimates. Guidance on how and when to record this, plus interpretation, is required.

The inherent variability of the method should be defined.

Consideration should be given to ensuring that changes in MTR scores are due to nutrient enrichment rather than other factors. Investigation of the use of a grid to facilitate interpretation of results, taking into account the influence of organic pollution, should be devised for MTR, as has been developed for TDI.

The use of composite data from different seasons, or from different surveys within the same season, should be investigated to establish trends or patterns of eutrophication and susceptibility of species.

3.11 Other Research Areas

Other recommended areas for future research are as follows.

3.11.1 Development of an alkaline phosphatase assay

This system is based on a cheap and easy assay of alkaline phosphatase activity of aquatic plants. It reflects the nutrient status of submerged plants. The surface enzyme activity of mosses, some angiosperms and algae can be assessed. The phosphatase activity in the plant is
a measure of the phosphate concentration, or the availability of phosphate, at the time of the assay, or over an indeterminate time in the recent past.

3.11.2 Funding of Freshwater Algal Flora project

This project is under the direction of a committee of the British Phycological Society. It requires substantial extra funding if it is to achieve its goal of publication by the year 2000. It will encompass CD-Rom technology and allow easy identification of every algal species in the UK.

3.11.3 Macrophyte sediment interactions and ecology

Underpinning research on the relationship between river macrophyte communities and nutrients, including the influence of sediment chemistry is urgently required to support some of the contentions within this project. The influence of accumulation of nutrients in sediments has not been adequately addressed in this context.
APPENDIX 1: LIST OF PARTICIPANTS

C.S. Adams NRA Anglian Region
D. Balbi NRA Anglian Region
Dr. S.M. Chadd NRA Anglian Region
Dr. A.J.D. Ferguson NRA TAPS (Anglian Region)
L.J. Sharp NRA Anglian Region
E.M. Clegg NRA Northumbria & Yorkshire Region
R.J. Jennings NRA Northumbria & Yorkshire Region
A. Lewis NRA Northumbria & Yorkshire Region
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Dr. K.J. Rouen NRA North-West Region
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Dr. J.R. Newman Centre for Aquatic Plant Management
S Pritchard Clyde R.P.B.
J. Southey English Nature
Dr. B.A. Whitton University of Durham
APPENDIX 2: WORKSHOP PROGRAMME

DAY ONE

Arrival
1. Assemble. Coffee/tea. 1230
2. Lunch 1300

A. General Introduction
1. Purpose of Meeting 1400 Chair: Roger Sweeting
2. Requirements to monitor trophic status
   a NRA: UWWTD 1410 Roger Sweeting
   b English Nature 1425 Simon Leaf
   Mary Gibson

B. TDI
1. Introduction 1435 Chair: Anne Lewis
2. Results of Assessments by NRA Staff 1
   i Anglian Region, Northern Area 1450 Martyn Kelly
   ii Anglian Region, Eastern Area 1500 Dave Balbi
   iii Severn-Trent Region 1510 Chris Adams
   iv Thames Region 1520 Ruth Maddocks
3. Tea 1530 Anna McQueen/
4. Use of artificial substrates 1
   Ben Goldsmith
5. Analytical Quality Control procedures 1 Chair: Anne Lewis
   1610 Martyn Kelly
6. Feedback & Discussion 2
   Finish 1620
   Chair: Anne Lewis
   1800
7. Feedback from external organisations 1
   a English Nature 1100
   b IRTU (Northern Ireland) 1115

8. Evening meal 1900

DAY TWO

C. MTR
1. Introduction & Latest Developments 1 0915 Chair: Phil Harding
   (Chair: Karen Rouen)
2. Feedback from practitioners: NRA Regions 3
   One representative from each NRA region 0935 Nigel Holmes
3. Coffee 1030
4. Feedback from external organisations 1
   a English Nature 1100
   b IRTU (Northern Ireland) Jane Southey
   Peter Hale

R&D Progress Report E1/694/01
5. Discussion (including Quality Assurance) ²
   Summary and Recommendations  
   Chair: Phil Harding

6. Lunch
   Time 1230

D. General Discussion

1. Discussion ²  
   Time 1345
   Chair: Roger Sweeting

2. Summary and Recommendations 
   Time 1510
   Roger Sweeting/
   Karen Rouwen

3. Tea
   Finish 1530
   1600

Notes:

1. Formal presentation(s)
2. General discussion session
3. Group feedback session. A panel of MTR practitioners, one per NRA region, addressed a series of pre-circulated questions regarding the practicalities of the MTR methodology. Questions regarding the performance of the MTR were open to discussion by all participants at the workshop. A list of the questions addressed is given in the full workshop report (R&D Interim Report 694/NW/02).
Appendix 3
Using Diatoms and Macrophytes to Assess the Trophic Status of Rivers
A report of a workshop held at Lancaster, 7–8 March 1996

This report was previously distributed as an interim report to delegates of the workshop.
Using Diatoms and Macrophytes to Assess the Trophic Status of Rivers

A report of a workshop held at Lancaster, 7-8 March 1996

J.R. Newman, F.H. Dawson, K.J. Rouen

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Statement of Use
This report is the second output from Project 694. It summarises the findings of a workshop to discuss the applicability of the Mean Trophic Rank System and the Trophic Diatom Index to assessment of the trophic status of rivers. It is to be used for information as to the findings and recommendations of the workshop. A résumé is produced as R&D Progress report Ei/694/01.

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## CONTENTS

**EXECUTIVE SUMMARY**

1. **INTRODUCTION AND BACKGROUND**
   - National Rivers Authority
   - The Workshop

2. **THE NEED**
   - English Nature, riverine SSSIs, non-UWWTD qualifying discharges

3. **TROPHIC DIATOM INDEX (DIATOM QUALITY INDEX)**
   - Development
   - Current Evaluation
   - Use of Artificial Substrata
   - Quality Assurance

4. **MEAN TROPHIC RANK SYSTEM**
   - Development
   - Further modification
   - Does the MTR work for UWWTD monitoring purposes?
   - Practical Application of Survey Methodology
   - The Checklist
   - Performance of the MTR for UWWTD monitoring purposes
   - Preliminary report from IFE on NRA data
   - Surveys for non-UWWTD purposes?
   - English Nature
   - Department of the Environment (Northern Ireland)
   - Improvements to the MTR system
   - Quality Assurance

5. **GENERAL DISCUSSION**
   - Definition of Eutrophication
   - Sensitivity
   - Delimiting Sensitive areas
   - Temporal Variation / Changes
   - Results
   - Interpretation
   - Presentation and Communication
   - Widening the scope of the methods
   - Links with other/future Environment Agency funded research
   - Ecotoxicological research
   - National Control of Eutrophication Strategy
   - Phosphatase assay development
   - UK Freshwater Algal Flora Project
   - Biological Methods Manual

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R&D Interim Report 694/NW/02
### 5.7.6 Phosphate Cycling in Sediments

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.</td>
<td>20</td>
</tr>
<tr>
<td>RECOMMENDATIONS</td>
<td>20</td>
</tr>
<tr>
<td>6.1 Definition of eutrophication</td>
<td>20</td>
</tr>
<tr>
<td>6.2 Criteria for methods</td>
<td>20</td>
</tr>
<tr>
<td>6.3 Data collection</td>
<td>21</td>
</tr>
<tr>
<td>6.3.1 Further trialling</td>
<td>21</td>
</tr>
<tr>
<td>6.3.2 Additional data</td>
<td>21</td>
</tr>
<tr>
<td>6.3.3 Minor revisions</td>
<td>21</td>
</tr>
<tr>
<td>6.3.4 Post-P-Stripping monitoring</td>
<td>22</td>
</tr>
<tr>
<td>6.4 Training</td>
<td>23</td>
</tr>
<tr>
<td>6.4.1 Standardised training</td>
<td>23</td>
</tr>
<tr>
<td>6.4.2 IdQ</td>
<td>23</td>
</tr>
<tr>
<td>6.5 Quality assurance</td>
<td>24</td>
</tr>
<tr>
<td>6.6 Communication of results</td>
<td>24</td>
</tr>
<tr>
<td>6.7 Publication and promotion of results</td>
<td>25</td>
</tr>
<tr>
<td>6.8 Applications</td>
<td>25</td>
</tr>
<tr>
<td>6.8.1 UWWTD</td>
<td>25</td>
</tr>
<tr>
<td>6.8.2 Other applications</td>
<td>26</td>
</tr>
<tr>
<td>6.9 Artificial substrata for TDI</td>
<td>26</td>
</tr>
<tr>
<td>6.10 Project 694</td>
<td>27</td>
</tr>
<tr>
<td>6.11 Other research</td>
<td>28</td>
</tr>
<tr>
<td>6.11.1 Phosphatase assay</td>
<td>28</td>
</tr>
<tr>
<td>6.11.2 Funding of UK Freshwater Algal Flora Project</td>
<td>28</td>
</tr>
<tr>
<td>6.11.3 Macrophyte sediment interactions and ecology</td>
<td>28</td>
</tr>
</tbody>
</table>

Appendix 1: List of abbreviations and acronyms 29
Appendix 2: References 30
Appendix 3: List of participants 31
EXECUTIVE SUMMARY

1. This report summarises the main conclusions of a workshop held at Lancaster on 7-8 March 1996 to discuss the application of the biological methods, namely the Trophic Diatom Index and the Mean Trophic Rank system, to monitor eutrophication under the direction of the EU Urban Waste Water Treatment Directive.

2. The objectives of the workshop were to exchange experiences and ideas on the two methods; to discern the usefulness of the methods for both the UWWTD and other applications; to digest the most recent findings from the two projects and; to feed recommendations into R&D Projects 618 and 694 and into the management of trophic status monitoring programmes within the Environment Agency.

3. Particular attention was focused on the experiences of practitioners of the two methods over the last two years. The workshop used these experiences to set recommendations for method development and further R&D requirements.

4. The working definition of eutrophication used within the Environment Agency should be clarified and standardised. It should be expressed in terms which are measurable and achievable. Improvements could be measured against the criteria set out in the definition. A clear statement of what is included in the definition (water column, sediment, holistic picture of river system) should be made.

5. Both the TDI and MTR are capable of detecting differences in the trophic status downstream of qualifying STW discharges, although the sensitivity of the methods may be dependent upon the level of P and/or other nutrients upstream of the discharge. The importance of complicating factors such as direct organic pollution is separable with the TDI but not at present with the MTR and should be investigated in the latter. In addition, it is recommended that the introduction of a system of weighted averages into the MTR system be investigated. Weighted averages would take account of regionally rare species and species with a known defined tolerance of organic pollution. This should allow a more comprehensive environmental appraisal to be made.

6. It was recognised that the TDI and the MTR have much wider applications than monitoring eutrophication for the purposes of the UWWTD. Macrophyte survey methods, incorporating the MTR have been used successfully by English Nature and the Department of the Environment (Northern Ireland) in typing riverine SSSIs (categorisation into 10 distinct plant community types), tracking non-point source pollution and measuring improvements in the aquatic habitat.

7. The importance of Quality Assurance as an integral part of both methods was emphasised. It is important that data derived from these methods should be right and robust. Suggestions for inclusion in the training element of a Quality Assurance programme were made.

8. It was emphasised that results should be presented in a clear, easily understandable format. Both the TDI and the MTR should operate on the same scale and in the same...
direction. Actual scores and change in scores will be used for the purposes of the UWWTD. For other purposes, such as large scale national maps of eutrophication, a banding system will be developed.

9 Areas where the MTR method requires further testing were identified. Those not already included in the programme of R&D Project 694 were to be fed into the Project. Improvements to the method were identified and recommendations made for their implementation.

10 Minor revisions to, and clarifications of, the way MTR data are collected and recorded are necessary. This will be achieved by amendment of the standard methodology produced by the NRA for UWWTD macrophyte surveys.

11 Further trialling of both the TDI and MTR is necessary in all Environment Agency Regions, to establish the relationship between the two methods.

12 A set of detailed recommendations are presented in section 6 of this report, these feeding into R&D Project 694, the Agency's UWWTD monitoring programme and other research. Detailed recommendations concerning Project 618 are included in the output from that project (R&D Technical Reports E2 & E3).

13 Priorities for R&D are detailed in sections 6.9 to 6.11. These relate mainly to the use of artificial substrates for the TDI method, the establishment of levels of confidence in the MTR method and further underpinning research required.
1. INTRODUCTION AND BACKGROUND

1.1 National Rivers Authority

This report relates to a workshop held by the National Rivers Authority (NRA), a predecessor organisation to the Environment Agency, the latter being formed on 1 April 1996. The NRA R&D and operational programmes referred to in the text transferred to the Agency on vesting day.

1.2 The Workshop

This workshop was held in Lancaster, 7-8 March 1996, as part of two NRA R&D projects evaluating biological methods of assessing trophic status in rivers. The purpose of the first project (Number 618) was to test the diatom-based Trophic Diatom Index (TDI), developed by Kelly and Whitton, in several NRA Regions. This project was being led by A Lewis of Northumbria and Yorkshire Region, undertaken by Kelly (Bowburn Consultancy), and was completed in June 1996. The purpose of the second project (Number 694) is to evaluate the macrophyte-based Mean Trophic Rank (MTR), developed by Holmes (Alconbury Environmental Consultants) and to compare this with other biological methods, principally the TDI. This project is being led by KJ Rouen of North West Region, undertaken by the Institute of Freshwater Ecology and the Centre for Aquatic Plant Management, and is due to complete in 1997. This report is produced as part of the latter project.

The objectives of the workshop were several-fold:

1. To exchange experiences and ideas relating to the TDI and MTR systems, as far as their practicality and interpretation are concerned.

2. To discern the usefulness of the methods as far as the Urban Waste Water Treatment Directive (UWWTD) is concerned, and also other applications for other purposes.

3. To digest the most recent findings from the two projects.

4. To feed recommendations both into the R&D programme (including the two above projects) and into the management of trophic status monitoring programmes within the Environment Agency.

Participants at the workshop represented all NRA Regions, and included both practitioners of the two methods under discussion and staff with responsibility for management decisions regarding the results of the methods. The major exponents of the two methods were present, Martyn Kelly and Nigel Holmes, together with representatives from interested outside organisations and the Research Contractors for the two projects. A list of participants is given as Appendix 3.
2. **THE NEED**

Both the Environment Agency (NRA) and English Nature have business needs to assess the trophic status of rivers. These needs include areas of overlapping interest between the two organisations.


Simon Leaf (EU Directives Officer, NRA Head Office) summarised the Authority's prime business need for developing methods to assess trophic status of rivers: the requirements of the Urban Waste Water Treatment Directive (UWWTD). Under this Directive, the Government has the following principal obligations: to provide collection systems for urban waste water; to provide sewage treatment facilities; to monitor effluents and receiving waters, to control trade effluents to foul sewer; to lay down requirements for certain (organic) trade discharges to surface waters; and to cease disposal of sewage sludge to sea. The obligation to provide sewage treatment facilities includes minimum levels of treatment and minimum effluent standards, and is dependent on the size of the discharge, the type of the receiving water (inland, estuary etc) and the sensitivity of the receiving water.

To comply with these requirements, 'Sensitive Areas (Eutrophic)' — abbreviated to SA(E)s — are identified, these being those water bodies which are eutrophic, or which in the near future may become eutrophic if protective action is not taken. The definition of 'Eutrophication' according to the UWWTD is as follows:

"Enrichment of water by nutrients, especially compounds of N and/or P, causing an accelerated growth of algae and higher forms of plant life to produce an undesirable disturbance to the balance of organisms present in the water and to the quality of the water concerned."

The Directive required these SA(E)s to be identified by 31/12/93, using the criteria listed in Annex II of the Directive.

Once identified, a decision must be reached as to whether, and which, nutrients should be removed from discharges into the SA(E). The size of discharges and type of receiving water are taken into account. In the case of most rivers, nutrient removal would usually be of P. However, only discharges for more than 10,000 p.e. qualify under the Directive. These 'qualifying discharges' (QDs) may discharge either directly into SAs or into the relevant catchment areas of SA(E)s, contributing to the pollution/eutrophication of these areas.

Once designated, the discharge requirements can be set for QDs in terms of P levels or a % reduction in P. However, no action is taken if it can be demonstrated that P-removal will have no effect upon the level of eutrophication.
A Government consultative paper was published in March 1992 (DoE et al, 1992), proposing criteria for identifying SA(E)s and subsequent procedures. This guidance was finalised in Annex B of the paper published in March 1993 (DoE et al, 1993) on methodology for identifying SA(E)s. For riverine environments, the criteria relate to orthophosphate, chlorophyll a, algal biomass, water retention time (phytoplankton doubling time), dissolved oxygen, fauna (fish/invertebrates), macroflora and microflora.

Under the Government methodology as laid down in the March 1993 consultative paper, waters were only identified if affected by QDs. For rivers, the upstream limit of a SA(E) is either a QD or the point at which the symptoms of eutrophication become manifest. The downstream limit is where the effects are reduced to 'typical'.

In England and Wales, for the first round of designations in 1993, 62 candidates were submitted by the NRA to DoE. Of these, 20 were subsequently withdrawn by the NRA, and a further 9 were subsequently rejected by the DoE due to insufficient evidence. 33 SA(E)s were formally identified by the Government in May 1994. 41 qualifying STWs must have P removal by 31/12/98.

Future reviews will take place at least every 4 years, with a coordinated Environment Agency national monitoring strategy. 220 waters are being assessed in the period 1994 - 1996, this including the 33 already identified and including 370 qualifying STWs (the majority of which discharge to rivers). This monitoring will determine future candidates for P-stripping and monitor the effects of P removal at sites where P-reduction has been installed early.

Other ongoing and future work of relevance for rivers, includes:

1. DoE/IFE project - assessing the potential for P-reduction in river waters.
2. Environment Agency/WRc project - guidance for assessing and controlling non-point sources of P in rivers.
3. SNIFTER project - river eutrophication risk modelling; a GIS approach.
4. Regional Environment Agency investigational studies.

The UWWTD relates to only part of the eutrophication problem, moderate/small sized sewage discharges, P-discharges such as from fish farms, and diffuse sources being outside the scope of the Directive. The Eutrophication Control Strategy being developed by the Environment Agency TAPS Centre should help address some of these problems.
2.2 English Nature: Riverine SSSIs, SACs and Eutrophication from non-UWWTD qualifying sources.

Mary Gibson outlined English Nature's (EN) need for monitoring macrophytes and trophic status in rivers. EN are in the process of designating 27 river SSSIs on account of their macrophyte interest, and also advises the Government on the designation of Special Areas of Conservation (SACs) under the Species and Habitats Directive. Designation helps protection thereafter. However, it is important to understand the influences on the macrophyte communities at these sites, in order that appropriate standards can be set, and a framework for a monitoring programme can be put in place to determine whether the conservation (macrophyte) interest is being maintained over time.

EN have concerns relating to those situations of eutrophication not covered by the UWWTD, indeed they are concerned that the UWWTD is focusing attention away from the problems of eutrophication in general, to the inputs of the large sewage works only. Although P levels in rivers have been shown to be increasing over time. Much of this loading due to sewage discharges, many sewage discharges do not qualify under the UWWTD. If a series of moderate, say 3000 to 4000 p.e., discharges input into a river, then these are not catered for within the terms of the UWWTD, but can have a marked impact on the P loading of the receiving watercourse. This is of obvious concern, particularly if the receiving watercourse is designated as a SSSI or SAC. N.B. Results from the 1995 NRA survey suggest that average P concentrations have been declining in rivers in most Regions since 1990, but levels now are still higher than has been the case historically.

Some chemical standards have been devised by EN which may be used within the Special Ecosystem Class of the Statutory Water Quality Objectives. However, the approach to date has been pragmatic from necessity. It would be useful to be able to determine more precisely how the increase in P loading is affecting whole communities or individual species, also whether indicator species or critical changes can be identified. EN have tried using the MTR on smaller rivers, impacted by discharges from small-moderate sized sewage works, this being described below (4.4.1)
3 TROPHIC DIATOM INDEX

The final outputs of Project 618 were due in June 1996, these to incorporate the outcome of the discussions at this workshop. The record presented here is a brief overview of progress, at the time for the workshop, in the application of the TDI for UWWTD monitoring purposes.

3.1 Development of TDI

An introduction to the TDI and its development was given by the principal author of the method, Dr Martyn Kelly. The work had started off as an NRA R&D fellowship to investigate the use of plants to monitor rivers. At this time, the requirements of the UWWTD became apparent, which focused the work on the assessment of trophic status. The prime focus was on the use of diatoms, there being a strong record of their use in monitoring acidification (paleolimnological studies) and in water quality monitoring in continental Europe.

The TDI is derived from the weighted-average equation of Zelinka & Marvan, using taxon sensitivities to nutrient status, indicator value (spread around the mean) and abundance. The resulting TDI will indicate the level of nutrients. However, when monitoring the impact of discharges from sewage works, the interpretation of results can be complicated by taxa which are responding to other components of the discharge (eg elevated suspended solids, ammonia, decreased O₂). Hence, a further value is also computed to indicate the contributing influence of organic pollution: the % of recorded taxa tolerant to organic pollution. This is used in conjunction with the TDI when interpreting results.

The TDI was developed using a data set of 70 sites free from significant organic pollution. Scores were assigned to taxa according to their sensitivity to nutrient status: for example, a score of 1 for those taxa restricted to nutrient poor situations, and a score of 5 for those tolerant of nutrient rich situations. A checklist of scoring taxa was compiled, with a finite number of taxa. Where possible, identification to genus level only is required. Species have been split from the genus only where this would give useful extra ecological information and the species is relatively easily identified. Final adjustments to taxon weightings (indicator values) have been empirical, but the results have been supported by multivariate statistical analysis.

The TDI has the following practical advantages: ease of sampling; suitable for combination with invertebrate (kick-sampling) programmes; reliance on a finite number of easily identifiable, widely-distributed taxa (minimises learning time); straightforward computation; permanent record of conditions (slides) for future reference/comparison; amenable to various sorts of analytical quality control.
3.2 Current Evaluation (Project 618)

As part of the current evaluation exercise, the TDI has been trialled in four NRA Areas of three Regions. Some minor adjustments to the system have been made, and taxa which are primarily planktonic have been removed. Subsequent to the workshop, the scale has been expanded from 1-5 to 0-100. Problems with sampling techniques have been identified and a flow-chart produced giving guidance on methodology. This includes an option for the use of artificial substrata if no suitable natural substrata are present (e.g. if no cobbles free of filamentous algae - see below for use of artificial substrata, plus section 6.9). In order to avoid the gross effects of organic pollution, it is advisable not to sample directly below discharges, but preferably to sample in the ‘recovery zone’. A grid to facilitate interpretation of results has been produced. This shows 'TDI' on the vertical axis and the '％ of taxa tolerant to organic pollution' on the horizontal axis. The relevant position of the d/s result compared to the u/s result allows the relative influence of eutrophication and organic pollution to be assessed.

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NRA staff in the four Areas of the participating Regions (Anglian (2), Thames (1), Severn Trent (1)) presented an account of their findings and experiences to date. Sites for TDI trials were mostly co-located with MTR sites, but tended to be those sites where it was difficult to carry out macrophyte surveys. Experiences differed, with some examples of nutrient effects being masked by organic and other types of pollution. However, at other sites the TDI results were encouraging and supported the conclusions of chemical and/or MTR results.

The full findings of the trials will be presented in the report produced at the end of Project 618 (R&D Technical Report E3).

3.3 Use of artificial substrata

Ben Goldsmith (University College London) is currently investigating the use of artificial substrata for diatom sampling, towards his PhD. He presented a summary of his findings to date, including the use of roof tiles, floor tiles and plastic rope. Although natural substrata are normally preferred where they are available in abundance, artificial substrata do offer certain advantages. For example:
a) Allows diatom sampling at otherwise unsuitable sites (e.g. where natural substratum is soft).

b) The substrata are in place for 28 days. This gives a defined period for colonisation, reduces the numbers of dead cells, and aids interpretation of results by giving a defined period for which the results relate.

c) Artificial substrata give improved resolution compared to natural substrata, as the same substratum is used at sites being compared, e.g. both upstream and downstream discharges.

d) Use of both natural and artificial substrata at sites where MTR data are not available would help strengthen evidence for UWWTD designation purposes.

3.4. Quality Assurance

A Quality Assurance procedure for the TDI methodology will be produced as part of Project 618. A brief account of the procedure was given at the workshop. Quality control of diatom counts is based on the assumption that diatoms on a slide follow a Poisson distribution and so confidence limits can be set according to the number of units counted. Confidence limits on low counts are wide, with narrower limits on high counts. The 'success' of the overall count of a slide therefore has to be judged according to the probability of each recorded taxon being found by the auditee. QA is an integral part of the TDI methodology. Details of the procedure, including criteria to be satisfied, will be given in the Project 618 report.
4. MEAN TROPHIC RANK SYSTEM

4.1 Development of MTR

An introduction to the MTR and its development was given by the author of the method, Dr Nigel Holmes. The method was devised for Anglian Region, to enable the requirements of the UWWTD monitoring programme to be met, and was aimed at using macrophytes to assess the trophic status of rivers. The method devised, the Mean Trophic Rank, is described in Holmes (1995). This was circulated to NRA Regions. A number of training courses were held by Holmes for NRA staff.

4.2 Further modification

Macrophyte data from 1995 from all Regions has been used by Holmes to make further modifications, and a copy of the report detailing the amended method was distributed to regional staff at the workshop (Holmes, 1996). Holmes presented an outline of the report at the workshop. Generally, the results were promising. Where the MTR fails, there are reasons for this, for example:

- in tidal reaches
- river too wide and deep
- past and present boat usage
- bad survey conditions
- shading not comparable at u/s and d/s sites
- excess Lemma or algal growth obscuring macrophytes
- not maximising techniques (not using glass-bottomed buckets)
- taxonomic problems (although examples are few)
- confusion as to whether to 'score' 'other filamentous green algae'
- errors in estimating cover
- transpositional errors (e.g. species noted on sketch map but not recorded on checklist)
- miscalculations of the MTR.

Some seasonal changes were noted.

The quality and content of sketch maps differed. However, as the prime purpose of the maps is to identify the 100 m reach on repeat visits, there is no requirement to make a detailed map of macrophyte cover.

A revised checklist has been produced, which conforms to 1996 nomenclature. Examples of changes compared to the March 1995 list include:

- a new category of 'Ranunculus spp. indet.'
- a suffix of confidence given to the MTR depending on the comparability of sites (I - III), the conditions of survey (A - C) and the number of scoring taxa recorded (a - c).

R&D Interim Report 694/NW/02       12
Research is still needed, however, relating macrophyte scores to nutrients and communities. The question of which nutrients macrophyte communities are responding to needs addressing.

4.3 Surveys for UWWTD purposes: NRA / Environment Agency

Practitioners from all NRA Regions shared their experiences of using the MTR. Some of their concerns had already been addressed by Holmes in the amended method (Holmes, 1996). Other responses are summarised below (4.3.1). Subsequent to the workshop, these responses and the amended method of Holmes (1996) were incorporated into the internal EA document "Methodology for the Assessment of Freshwater Riverine Macrophytes for the Purposes of the Urban Waste Water Treatment Directive", May 1996 Version 2.

4.3.1 Practical Application of Survey Methodology

Identification difficulties were experienced with fine-leaved Ranunculus species, Lemna minor/minuta, Callitriche species, Catabrosa, fine-leaved Potamogeton species, Veronica anagallis-aquatica/catenata, hybrids, bryophytes and grasses. Difficulties in identifying algae are normally resolved if a specimen is taken back to the laboratory for identification. A category for 'Ranunculus species indet.' has now been included in the amended Checklist, and the Checklist updated regarding taxonomic nomenclature (Holmes, 1996).

Some difficulties were experienced in deciding whether specimens were 'in' or 'out' of the water, especially bryophytes. This problem should be reduced when using the new (February 1996) Checklist as many of the marginal taxa have been removed from the list. Difficulties in knowing whether to record floating mats of algae were also expressed.

Biomass was felt to be a useful indicator of an impact, particularly in situations where the P-loading upstream of the discharge was high. Although this is not taken into account in the computation of the MTR, biomass information is worthwhile recording for interpretational purposes. Similarly, the presence/absence of sewage fungus provides useful information.

There was some confusion as to when to do an initial site investigation of 500 m up and downstream of the discharge to assess the applicability of the site for the method (eg substrate and shade compatibility).

The training courses run by Holmes in 1995 were very useful and helped to clarify a number of points. However, the benefit was limited to those staff attending.
Problems were experienced by all Regions in finding suitable sites. Difficulties related to: finding suitable sites within the recommended distance downstream of the discharge (substratum, shading, erosive nature etc); finding physically comparable sites upstream and downstream of discharges; and site access. Some Regions approached this problem by splitting reaches. The use of 'black holes' within the survey reach, whereby deep inaccessible areas are excluded from the survey, was also tried on a few surveys. Clarification was sought on the site selection criteria, what to do if a change of site is necessary to comply with these criteria, and the approach to deep/inaccessible pools within a reach.

Boats and/or underwater cameras had been used to varying degrees in the different Regions. Anglian Region had found the boats and underwater cameras to be very useful. In reaches with isolated pools, where use of a boat is not practicable, the use of dry-suits has been found to be successful in improving survey coverage. Very few surveyors had used glass-bottomed buckets to improve visual clarity in shallow waters, although this is a cheap and effective solution.

Sketch maps have been found to be useful at locating and identifying the survey site. In this respect, permanent features (e.g. on bank) need to be recorded. Other uses include: recording the location of rare/difficult taxa and depth-width profiles. Clarification on the primary purpose of the map (see above, MTR development) will reduce the amount of unnecessary effort spent mapping macrophyte cover. Photographs are useful in recording the physical nature of the site and the extent of macrophyte cover. However, their appearance is markedly improved by the use of a polarising filter.

4.3.2 The Checklist

Suggested additions to the checklist were Alopecurus geniculatus and Lagarosiphon major. The use of regional weightings, relating to the sensitivity of taxa at the edge of their geographical range, needs more research.

There was some confusion as to whether Hildenbrandia (for example) is counted in the 'total % cover figure'. Guidance is now given in Holmes (1996) allowing for examples where large/ floating macrophytes overlay algae. For example, a total % cover value can exceed 100% where overlying taxa are both scoring and abundant.

Completion of the field-sheet may be easier if the order in which the taxa are listed is changed to an alphabetic order within type groupings. The following two supplementary lists would also useful: one of non-scoring taxa and one of regional rarities.

There was some concern amongst NRA biology staff concerning the low number of scoring taxa recorded on some surveys. However, a suitable approach is detailed in Holmes (1996), attaching confidence suffixes to the MTR score.
4.3.3 Performance of the MTR for UWWTD monitoring purposes

Consistently downstream reductions in MTR appeared to occur more frequently in reaches with relatively low P loadings upstream of the discharge than in those with high loadings. The use of biomass information in the interpretation of results may help in the latter situations (see above). At least one Region found the MTR to give more consistent results where the downstream site was close to the discharge.

The MTR appeared to give inconsistent results where physically comparable sites upstream and downstream of the discharge could not be found. Problems were experienced in some reaches of low summer/perennial flow, where the volume of effluent discharged, compared to the size of the receiving watercourse, resulted in a marked downstream change in the flow (discharge category) of the watercourse. The MTR also did not appear to perform well on Chalk streams.

It must be remembered, however, that surveyors should not go out anticipating a positive result!

A modification to the methodology allowing surveys of a 5 m-wide strip at the edge of wide rivers had been tried in a few Regions. Both Thames and South-Western Regions found this to be a useful modification of the methodology, being time-efficient, not significantly affecting the MTR, and allowing surveys of otherwise un-surveyable reaches (*e.g.* River Avon at Bristol). However, reductions of around 30% of recorded taxa were reported by Anglian Region, with the importance of marginal plants being inflated. Anglian Region no longer use this methodology. Although the margins can be viewed simply as 'quadrats/transects' of a larger survey area, the evidence suggests that the MTR may have more impact on those making management/designation decisions if it relates to the whole channel rather than simply the margins.

4.3.4 Preliminary report from IFE on NRA data

Data from NRA regions has been passed to IFE as part of R&D Project 694. Although only a small proportion of data had been input to date, attention was drawn by Dr Hugh Dawson (IFE) to the following.

- Disparities in the completion of forms.
- Physical records: a suggestion that a '0' value should be inserted in boxes where appropriate, rather than no value.
- The most frequently recorded taxa to date are: *Cladophora*, 'other filamentous green algae', *Agrostis stolonifera*, *Phalaris arundinacea*, with few true aquatic species being recorded and moss species rarely recorded.
- Do identification skills need to be improved?
- Is there a need for additional species on the checklist?
- Are surveyors finding all the specimens at a site?

Consistency of approach in the completion of field sheets is needed.
4.4 Surveys for non-UWWTD purposes: English Nature and DoE for N.Ireland

4.4.1 English Nature

Investigations into the use of the MTR to assess the impact of non-UWWTD-qualifying P-inputs, have been undertaken by Jane Southey for English Nature. Her brief was to investigate the possibility that a number of riverine SSSIs are subject to high P loading, with a resultant impact on the macrophyte flora. Sewage discharges surveyed were all from small or moderate sized sewage treatment works (< 10,000 p.e.). Results were variable but encouraging. Overall, a downstream reduction in MTR was noted, although the % change downstream of discharges was often not great. This could possibly mean that the systems surveyed already have a high P-loading. NCC macrophyte classification was computed on the MTR sites. There was no clear relationship between the two sets of results, however it is felt that it is useful to use both systems when analysing changes of macrophyte floras over time. English Nature’s studies show much potential for the MTR.

4.4.2 Northern Ireland

In Northern Ireland, experience of UWWTD monitoring requirements and applications of the MTR has been quite different from that of the NRA. Peter Hale recounted the history of eutrophication problems in N.Ireland, dating back to the blue-green algae (Anabaena flos-aquae) blooms in Lough Neagh in 1986-87. The lake was deemed to be eutrophic, a freshwater investigation unit was set up by the DoE, and much political pressure applied to resolve the problem. Eutrophication of the lake was found to be due to high P loadings. STWs accounted for 50% of P inputs into the catchment, with the remainder from diffuse sources. P-reduction was installed at eight major works, which resolved the problem of Anabaena flos-aquae blooms in Lough Neagh.

Attention was then turned to the catchment of Lough Erne, with the installation of P-reduction at major sewage works. It is planned that this will extend to small sewage treatment works in the L.Erne catchment in the future.

Given that a programme of P-reduction was already in place, there have been no UWWTD monitoring requirements in N.Ireland. However, macrophyte monitoring has continued in order to monitor trends in the eutrophic status of rivers. In the first surveys, use of a system devised by Haslam gave an indication of the location of the eutrophication problems. In 1995, methodology incorporated advice from Nigel Holmes. Currently, macrophytes are surveyed at all routine invertebrate monitoring sites, in two seasons of the year. The survey programme includes the monitoring of those sewage treatment works thought to be causing problems. In such cases, macrophyte, invertebrate and ecotoxicological work is undertaken upstream and downstream of the discharge, and this combined approach is found to be useful. In 1996 the TDI will be evaluated on a limited scale, as part of the monitoring of Environmental Change Sites in N.Ireland. Again a combined approach will be used, looking at the TDI in conjunction with the MTR and invertebrates. Only 16 sewage works will be included within this programme.
4.5 Improvements to the MTR system

In addition to comments made in feedback from practitioners (given above), the following suggestions/comments to improve the performance of the MTR were made.

1. The validity of the 100m reach as the basic survey unit needs to be confirmed, by surveying consecutive 100m reaches within a 500m reach. This has not yet been addressed in depth.

2. Taxa respond at different rates to nutrient inputs and to changes in nutrient inputs/levels. When evaluating the performance of the MTR and investigating possible means of improvement, it may be worth separating out those taxa which respond quickly to a reduction in P and those that do not. Both responses in time and in distance will be measurable with the MTR system. This necessarily will involve investigation of the influence of sediment chemistry on the macrophyte flora. This has not yet been addressed.

3. The variability of the method needs to be defined.

4. One possible means of improvement is to attach a weighted average for truly aquatic species.

5. Site selection is important, as seeding of species from tributaries into small watercourses has been perceived as a problem in 1994 and 1995.

6. Changes in macrophyte flora and MTR score downstream of a STW discharge may be due to influences other than nutrient enrichment. Any impact due to enrichment, for example, may be masked by the effects of organic pollution, suspended solids or toxicity associated with such discharges. Research needs to address this problem, in order to ensure that the changes in MTR do indicate changes in nutrient status. An additional suffix of confidence could be included to give an estimate of the contribution of organic pollution tolerant species, or their abundance, at an MTR survey site. Ecotoxicological work is being undertaken under the remit of other Environment Agency R&D projects.

4.6 Quality Assurance

There had been some experience of Quality Assurance of MTR surveys within the NRA. In Severn-Trent Region, external auditors re-surveyed MTR sites. The main problem this highlighted was the different decisions surveyors make as to whether specimens are 'in' or 'out' of the water. However, no clear pattern of differences emerged between the auditors and the NRA surveyors. In Anglian Region, a successful programme of internal AQC has been carried out, with a random selection of MTR sites being re-surveyed by another survey team. One way to organise this is to operate inter-Area AQC, using a survey team from another Area within the same Region.

There are several components to a successful Quality Assurance system.
1. Training to the same specification for all surveyors and auditors.
3. A re-survey, to be carried out with as little delay as possible (preferably the same or following day).
4. Levels of confidence.
5. (additional element dependent on application) QA of site selection.

Recommendations for a QA system are described within the Standard Methodology produced by Anglian Region (NRA, 1994).
5. GENERAL DISCUSSION

A number of issues were raised, during the course of the workshop, which were of general relevance to both the TDI, MTR and their applications.

5.1 Definition of eutrophication

There are three definitions of eutrophication currently used by the Environment Agency, and before that, the NRA, for different purposes:

1. As laid down in the UWWTD:

"Enrichment of water by nutrients, especially compounds of N and/or P, causing an accelerated growth of algae and higher forms of plant life to produce an undesirable disturbance to the balance of organisms present in the water and to the quality of the water concerned."

2. As laid down in the Nitrate Directive:

"Enrichment of water by nitrogen compounds causing an accelerated growth of algae and higher forms of plant life to produce an undesirable disturbance to the balance of organisms present in the water and to the quality of the water concerned."

3. As used by the TAPS Centre in the National Eutrophication Strategy:

"The enrichment of waters by inorganic plant nutrients, which results in the stimulation of an array of symptomatic changes. These include the increased production of algae and macrophytes and deterioration of water quality. Such changes may be undesirable and interfere with water uses. (Modified from OECD 1982)."

Interpretation of the definition of eutrophication given in the UWWTD can be problematic. For example:

(1) What are we trying to measure? Does eutrophication relate just to the water-column or to a more holistic picture of the river system, including the influence of sediment chemistry?

(2) What interpretation should be given to situations following installation of P-stripping, when there is lag between 'recovery' of the water column chemistry and the biological symptoms of eutrophication (e.g. the macrophyte flora). At what point will the designation/P-stripping be deemed to have been a success in such cases?

There is no clear answer to this problem. In answer to question (1), the focus is primarily on the water column. However, interpretation of the definition can allow for sediment chemistry to be taken into account, and for the impact of a discharge on the
whole river system (water column chemistry, sediment chemistry and biology) to be deemed significant.

In relation to question (2), although designation is based on the 'balance of evidence', including both chemical and biological, the Government's response to such situations is not yet known. It is not known whether de-designation or reversal of requirement for P-reduction are options after a specified time period in such scenarios.

5.2 Sensitivity

It is possible that both methods (TDI and MTR) will not be sensitive to changes in nutrient loading at highly eutrophic sites. Analysis of the UWWTD data during the R&D projects should allow this to be confirmed or refuted.

5.3 Delimiting Sensitive Areas

For reaches of river to be designated as SA(E)s under the UWWTD, the Environment Agency must show evidence not only of the impact from a qualifying discharge, but of the area demonstrating the symptoms of eutrophication: the SA must be delimited. The area must be downstream of the discharge, but may be several hundred metres downstream in cases where the symptoms do not manifest themselves immediately downstream. Under the current monitoring programme, most TDI/MTR surveys would not enable the SA to be delimited, as only one site is surveyed upstream and downstream of the discharge. In future monitoring, it may be necessary to assess more sites where appropriate.

5.4 Temporal variation/changes

With respect to seasonal variation, the TDI appears to be relatively stable during the year. Changes in community structure do occur, but the TDI itself does not markedly change. Values from the DQI (Diatom Quality Index - see 5.5.2) will follow the same trends. There is scope therefore for use outside the UWWTD survey season. 'Within season' variation of the MTR will be investigated as part of Project 694.

The suggestion was made as to whether it would be possible to composite data from 2-3 samples within a season, as for RIVPACS analysis of invertebrate populations. This idea has not been investigated as yet.

With respect to longer term temporal changes, it is not known, at the moment, whether the methods will demonstrate changes following installation of P-stripping. It is anticipated that both will, but that the MTR changes may occur over a longer timescale than the TDI. Post-designation monitoring is required to answer this question.
5.5 Results

5.5.1 Interpretation

There is a need for guidance to enable biology staff to interpret the TDI and MTR results in terms of trophic status. Such guidance will be included in the procedural manual produced as an output from Project 694, and should relate scores, changes in scores, and bands/classes to trophic status (see below for presentation of results).

At present, the significance of changes in TDI or MTR values, in terms of changes in trophic status, has not been determined. There are two aspects of 'significance' which need to be considered: the magnitude of the change and the consistency of the change.

With respect to the former, although there is some correlation between TDI levels and P concentrations, the relationship is not always clear. Such statistical analysis has not yet been carried out in relation to the MTR, but is within the remit of Project 694. Analysis of data from all Environment Agency Regions, together with additional trialling of both methods, will enable such changes in value to be given some context. This may also help in answering the question of whether the scales are linear in terms of nutrient status: is a x% change at the oligotrophic end of the scale of the same significance as the same value change at the eutrophic end of the scale?

With respect to the second aspect to be considered, consistent recording of the same value change downstream of a discharge, on repeated surveys and over a period of years, will indicate that a real impact is occurring, and hence give significance to those results.

5.5.2 Presentation and Communication

Results will be reported to non-biologists. They need to be presented in a consistent and easily understandable format to allow appropriate management decisions to be made. Both methods need to operate using the same scale and direction, and the results need to be communicated in a form appropriate to the specific application.

The TDI and MTR operate in different directions (a high value for TDI indicates eutrophic conditions, whereas a high value for MTR indicates oligotrophic conditions). The rationale behind these directions is as follows. For TDI, a high value represents a high nutrient loading. This recognises that higher nutrients do not always mean lower water quality, as a high nutrient status could be either natural or due to anthropogenic influences. For MTR, a high value represents "good" quality, with lower values representing increasing eutrophication. In addition, at the time of the workshop, the scales of the two methods were different: the TDI operating on a scale to a maximum of 5.0 and the MTR to a maximum of that imposed by floristic diversity and water chemistry at a particular site (approximately 100 in pristine sites). Subsequent to the workshop, the scale of the TDI was changed to give a maximum of 100.
Comment: The difficulty of operation of the MTR and TDI in a different direction and on a different scale has been addressed at an Environment Agency Regional Biologist's Meeting, held since the workshop. The outcome of discussions was that the TDI score (maximum 100) will be converted into a Diatom Quality Index which will operate on a scale of 1 to 100 and in the same direction as the MTR, i.e low scores indicate eutrophication. The calculation of the DQI is as follows:

\[ DQI = 100 - TDI \]

However, due to the fundamentally different design of the two indices, a linear relationship should not be assumed, especially at high nutrient concentrations.

The most appropriate form in which to communicate results will depend on the specific application. For example, presenting results as actual scores, or as downstream changes in scores, may be the most appropriate form for monitoring of point discharges (e.g. UWWTD monitoring). A banding system may, however, be more appropriate for presenting an overview of the trophic status of a catchment, Area, Region, or nationally. This would allow easy mapping of results and assist management decisions (e.g. where to prioritise resources).

5.6 Widening the scope of methods

In addition to UWWTD monitoring, further potential applications of both the TDI and MTR are as follows.

1. Long-term monitoring of catchments where creeping eutrophication is suspected.

2. Monitoring of the impact of point nutrient discharges not qualifying under the UWWTD. The latter could include small or moderate sized sewage treatment works and fish farms. Evidence could be of significance in relation to SSSI/SAC designations (English Nature).

3. National Control of Eutrophication Strategy, currently being developed by the TAPS (Toxic and Persistent Substances) Centre in Anglian Region.


5. Trophic window of General Quality Assessment.

6. Monitoring in Northern Ireland, Isle of Man, Scotland and Europe.


8. Increase in scientific understanding of basic processes underlying eutrophication
5.7 Links with other/future Environment Agency funded research

5.7.1 Ecotoxicological research: This is currently being carried out and could yield insights into toxic effects of sewage on macrophytes/diatoms.

5.7.2 National Control of Eutrophication Strategy: This is being developed by the TAPS Centre.

5.7.3 Phosphatase assay development: This assay has potential uses for monitoring and predicting floral changes resulting from P-stripping. The method is based upon the relationship between the level of phosphatase activity in indicator species and the level of P in which the plant has been growing. The main advantage of the method, compared to other bioassay methods, is its speed (approximately 20 minutes), although it could be used in conjunction with other standard procedures. However, greater understanding of the issues is needed (e.g. responses of indicator species, how well the method would work at high P loadings). An R&D proposal has been submitted.

5.7.4 UK Freshwater Algal Flora Project: The British Phycological Society is in the process of compiling a flora for the UK. This will cover all the major freshwater algal groups (including blue-green algae) and is due to be published in two volumes in the year 2000. At the moment, the only keys/guides/floras available are either written in English but are too basic, or are not written in English, relate to overseas flora and are very expensive. There is thus a need for a UK flora. The project has involved a huge amount of effort to date, by experts both within the UK and overseas. However, the project needs additional funding, primarily for the post of 'Flora Coordinator' to maximise the usefulness of this effort. Phil Harding (Midlands Region) is currently undertaking a scoping study to determine the level of need for this work within the Environment Agency, with a view to the Environment Agency contributing funds to the project.

5.7.5 Biological Methods Manual: A project led by Sarah Chadd (Anglian Region) will be responsible for organising a manual of biological methods for the Environment Agency. The TDI, MTR (and phosphatase assay if developed) are strong contenders for inclusion in the manual. Future revisions may have to be made in the light of requirements from those European groups formulating Standard Methodologies. At the moment, however, such groups are working on sampling methodologies rather than systems of assessing water quality/trophic status etc, on which there is less likely to be disagreement.

5.7.6 Phosphate cycling in sediments: An R&D project is currently underway.
6 RECOMMENDATIONS

Some of the recommendations made during the course of the workshop are already addressed in the Project specifications, and as such are not listed here.

The following recommendations made at the workshop feed into three main areas:

A. UWWTD monitoring programme of the Environment Agency.
B. R&D Project 694.
C. Other Research

Recommendations specific to Project 618 (TDI) are addressed within the R&D outputs from that project.

6.1 Definition of eutrophication

The working definition of eutrophication used within the Environment Agency should be clarified and standardised. It should be expressed in terms which are measurable and achievable. Improvements could be measured against the criteria set out in the definition. A clear statement of what is included in the definition (water column, sediment, holistic picture of river system?) should be made. It is envisaged that the Environment Agency will adopt the definition in the National Eutrophication Control Strategy being produced by the TAPS Centre in Anglian Region.

6.2 Criteria for methods

a) Methods need to be user-friendly. With sophisticated biological methods this is aided by comprehensive training and continuing professional development.

b) The basic criteria need to be right and robust. The methods must give a clear indication of the trophic status of the sample site in question. This must be in the format of a statement which can be verified by other methods.

c) Results need to be presented properly. Presentation to lay-persons and scientific audiences is required, needing careful interpretation of the facts in order to minimise ambiguity.

d) Visible, publishable quality control on site selection, sample collection and taxon identification. Quality assurance must be an integral part of the initial methodology.

e) Both the TDI (DQI) and the MTR methods need to be complementary and additive to maximise information, and enable resources to be targeted efficiently and effectively.
6.3 Data collection

6.3.1 Further trialling of TDI and MTR at MTR sites is necessary in all Environment Agency regions. This action will establish the relationship between the two methods and enable consistency to be achieved. It is envisaged that regional staff will collect the samples but that the analysis may be external in this instance. It is recommended that in all Regions, diatom samples be collected coincidentally with MTR surveys during summer 1996.

6.3.2 Additional data are required from both the TDI and MTR to establish the spectrum of applicability of the methods with respect to eutrophication. Both systems will be tested within the remit of R&D Project 694, but additional testing should be carried out in order to verify the usefulness of both systems in areas not subject to monitoring requirements under the UWWTD. This testing must include rivers impacted by STW discharges not qualifying under the UWWTD, and more especially oligotrophic rivers.

6.3.3 Minor revisions to, and clarifications of the way data is collected and recorded are required to ensure harmonisation and consistency of approach across regions.

These revisions should include as a matter of urgency:

a) Standard field recording sheets for MTR.

i) These should be completed in a consistent manner.

ii) Taxa on the Checklist should be listed alphabetically within the following groups: Algae, Bryophytes, Higher plants. The sheet should include a 'Comments' box for useful information not itemised on the sheet, e.g. doubts on whether certain specimens/taxa were truly 'in' the water.

iii) The sheet should include a box(es) for sewage fungus (useful information for interpretation of results).

iv) A secondary taxa list should be available as an optional standard field sheet, to allow easier recording of non-scoring taxa. A list of regionally rare taxa to be available.

v) Substratum categories on the standard field sheet should be the same as used for invertebrate monitoring, with the addition of a 'sheet rock' category, and to be filled in with actual percentage values.

vi) Zero values for physical records should be input as '0' rather than left blank.

vii) A list of taxonomic synonyms to be included within the Standard Methodology.

b) **Additional clear guidance required.**

i) This is needed on how to record unattached/floatiing algal matter within the Standard Methodology. The guidance must be applied consistently: Record those which do naturally move *(e.g. Lemma)*, and do **not** record those which do **not** naturally move *(e.g. moving, unattached Cladophora).*

ii) Guidance on splitting reaches to allow for marked differences in physical characteristics.

iii) Clear guidance on the inclusion of "black holes" for very inaccessible areas within a survey reach should be given. For example what is the maximum area of a missing area within a survey reach which will not adversely affect the validity of the method?

iv) Guidance is required on the interpretation of results. This will include the significance of changes in TDI/MTR in relation to trophic status.

c) **Improvements to macrophyte survey methodology**

i) Ensure use of glass-bottomed buckets in turbulent water to improve visual clarity with respect to accurate identification of submerged macrophytes, as instructed in Holmes (1996).

ii) Use polarising filters on cameras.

*Comment: Subsequent to the workshop, the above recommendations have been incorporated into the revised methodology for UWWTD macrophyte monitoring and calculation of the MTR (Environment agency, 1996), with one exception (6.3.3.a.viii - biomass information)*

### 6.3.4 Post-P-stripping monitoring

Post-P-stripping monitoring, using both TDI and MTR, to determine ability to demonstrate changes after installation of P-stripping. This is dependent on the availability of a reliable and consistent historical data set. Lack of such a data set may limit the application of this method to demonstrate an improvement in a historical context. However post-P-stripping monitoring may be able to show measured improvements from 1996 data. Data from the 1996 surveys should be used as the baseline for improvement.
An examination of the time series of change to establish baseline variation in MTR scores should be carried out. Any changes due to P-reductions will be superimposed on this natural change.

6.4 Training

Training of all Environment Agency survey staff should be concluded prior to 1996 surveys. Training should be organised on a regional basis.

6.4.1 Standardised training

For the MTR, the most advantageous method of training in these methods is mainly "on-the-job". This informal approach should be structured around statutory training courses run by Holmes and additional annual refresher days.

Training should include training of all survey and audit staff in methods and interpretation of results; training in how to apply quality control to all aspects of the methodology; and, training in how to audit results obtained by another region or area. Some suggestions for inclusion in the statutory training courses and for improving the take up of training in the MTR system are:

a) Training courses concentrating on 'difficult' taxa. (Bryophytes, Ranunculus, Potamogeton and Callitriche).

b) Use of the carousel of slides of aquatic macrophytes produced by Max Wade at the International Centre of Landscape Ecology at Loughborough University.

c) Examine the usefulness of producing a training video. This may allow future updating of methodology without the need for repeated training sessions and allow staff who join during the year to be trained independently.

d) Examine the usefulness of training material on CD-ROM.

6.4.2 IdQ

A broad guaranteed knowledge of aquatic plant taxa such as that offered by the British Museum IdQ is desirable because it inspires confidence by external organisations which are subject to the implications of the UWWTD monitoring programme. It also inspires confidence in the surveyors when they come across a difficult taxon in the field. There is a need for an internal Agency IdQ type standard which can be shown to be as acceptable as the IdQ to external organisations.

However, the point was made at the Workshop that the IdQ exam does not offer training specific to the needs of MTR surveyors and as such, a tailor-made IdQ, including only aquatic plants (primarily those on the MTR Checklist) would be most appropriate in this instance. This internal IdQ would be optional for staff. The true
indication of "broad guaranteed knowledge" is a successful record in AQC-type audits.

6.5 Quality Assurance

Quality Assurance should be an integral part of the methodology. Quality Assurance is essentially the formal enforcement of a consistent approach to every part of the methodology, to ensure that the required standard is achieved.

A procedural manual, an essential element to the Quality Assurance procedure, will be produced as an output from R&D Project 694. Quality Assurance also includes the formalisation and external acceptance of training methods (section 6.4).

Quality Control within the methodology should include re-surveys carried out on a random number of sites, possibly by another Area from the same Environment Agency Region, within a short space of time. The number of sites re-surveyed could be based upon either a set maximum number of sites per person or on the basis of a set proportion (10%) of sites on a national basis. Site selection should be randomised.

Confidence limits for MTR scores and/or changes in MTR scores will be determined within R&D Project 694. These are needed in order to set the required standard for Quality Assurance.

Quality assurance should also include an additional element of 'site selection' where appropriate (e.g. for UWWTD monitoring). Upstream and downstream sites should conform to the requirements of similarity. Guidance on the permitted extent of dissimilarity of sites is required (i.e. what are the main factors that adversely affect the MTR score between sites).

6.6 Communication of results

It is important for the purposes of simplicity and perceived consistency of approach that both the TDI and MTR indices should operate in the same direction and to the same scale. A scale of 100 is recommended. The change in direction could be most simply achieved by subtracting the index in question from 100. No recommendation on the preferred direction of the indices was reached at the workshop. However the matter was referred to internal user groups (Regional Biologists' Meeting and EU Directives section at Head Office). Subsequent to the Regional Biologists Meeting the TDI can now be converted to the Diatom Quality Index (DQI) for the purposes of comparison with the MTR.

The DQI operates on a scale of 1-100 and indicates eutrophication at the low end of the scale (previously high end). This has ensured harmonisation and consistency within biological monitoring programmes aimed primarily at the UWWTD.

R&D Interim Report 694/NW/02 28
For the purposes of indicating trophic status, or change in trophic status, for the UWWTD, results will be presented as actual scores and changes in scores for each monitoring site. For the purposes of catchment management and the National Eutrophication Strategy a system of banding will be developed, either for scores and/or categories of severity of change. This banding system could be used for purposes where mapping and large scale comparisons are important (e.g. mapping trophic status regionally or nationally).

It is essential that the results are presented in a manner that makes them irrefutable and easy to understand for trained scientists and lay-persons alike. The advantages of a complex and sophisticated system of environmental appraisal must be presented in an easily understandable format.

6.7 Publication and promotion of results

The recommended methods as set out in Holmes (1996), with further amendments made in the light of 1996 fieldwork if necessary, should be published in an established scientific journal as soon as possible following the production of the final R&D outputs from Project 694. It may be possible to publish the methods prior to the publication of the final R&D outputs if no further modifications are necessary.

6.7.1 European standardisation of methodology: It was recommended that Martyn Kelly and Nigel Holmes are asked to represent the Environment Agency on the European Committee charged with standardising sampling methods. This committee falls under the auspices of CEN, a water quality group within Europe. Some progress towards a standardised method of sampling diatoms has been made. The Water Quality Committee (CEN/TC230) has established a sub task group (CEN/TC230/WG2/TG3) specifically charged with examining the use of plants in biological monitoring programmes. It is this task group on which the Environment Agency should be represented.

The methods need to be promoted widely within the Environment Agency and in the broader water industry. Careful consideration should be given to the way in which these methods are promoted as a valuable biological monitoring tool. Inclusion in the Environment Agency Biological Methods Manual may not be sufficient to establish the methods as a standard in a wider context.

6.8 Applications

6.8.1 UWWTD

There is room for interpretation within the UWWTD definition of eutrophication. It is recommended that the river be viewed both in terms of the water column quality and more holistically (sediment, catchment quality), although this may present problems in the communication of results.
Site selection criteria: For UWWTD monitoring purposes it is recommended that:

(i) TDI sites monitored downstream of STW discharges are within the recovery zone, in order to avoid the masking effects of organic pollution in the mixing zone. Further details are given in the output from Project 618.

(ii) MTR downstream sites must be downstream of the mixing zone, but less than 500 m downstream of the discharge, subject to physical comparability with the upstream site. The upstream site should be no more than 500 m upstream of the discharge.

Additional sites should be surveyed where appropriate, to enable accurate delimitation of the SA(E). Where eutrophication symptoms are not manifested in the macrophyte flora until a significant distance downstream of the discharge, then additional sites are required in this reach, in addition to the site immediately downstream of the discharge.

Additional sites should be surveyed if previous sites have been found to be inappropriate (for example, if sites do not meet the recommended site selection criteria). Previous sites should be retained and surveyed for continuity and comparison.

6.8.2 Other applications

It is recommended that the TDI and MTR are applied to more uses than UWWTD monitoring. These could include long-term baseline monitoring and monitoring of nutrient discharges not qualifying under the Directive (i.e. less than 10,000 pe). This would involve storage of permanent slides prepared for diatom analysis in order to compare taxonomic composition at a later date, perhaps after the installation of P-stripping.

It is recommended that active collaboration with English Nature on monitoring riverine SSSIs and SACs should be encouraged.

6.9 Artificial substrata for TDI

The use of artificial substrata allows diatom sampling at otherwise unsuitable sites (e.g. where natural substratum is soft). The substrata are in place for 28 days. This gives a defined period for colonisation, reduces the numbers of dead cells, and aids interpretation of results by giving a defined period for which the results relate.

Use of both natural and artificial substrata at sites where MTR data are not available would help strengthen evidence for UWWTD designation purposes.

It is recommended that further investigation is warranted into the use of artificial substrata for diatom sampling for the purposes of obtaining TDI (DQI) data for the
monitoring requirements of the UWWTD. A detailed examination of published literature is required before any further practical work is warranted.

6.10 R&D Project 694

It is recommended that in addition to the issues included within the project specification the following questions require further research.

The project should examine the use of regional weightings for local taxa (nationally rare) and for taxa at the edge of their geographical range.

The application of a weighted average value should be considered (indicator value, c.f. TDI).

The validity of 100 m reaches for survey purposes should be established. Consecutive 100 m reaches should be surveyed within 500 m of the discharge (or in the recovery zone where appropriate).

Consideration should be given to identifying those taxa which respond quickly to nutrient inputs and/or changes in nutrient levels. The changes would be measured on a temporal and spatial scale of response.

Consideration should be given to the reproducibility of biomass estimates. Guidance on how and when to record this, plus interpretation, is required.

The inherent variability of the method should be defined.

Consideration should be given to ensuring that changes in MTR scores are due to nutrient enrichment rather than other factors. Investigation of the use of a grid to facilitate interpretation of results, taking into account the influence of organic pollution, should be devised for MTR, as has been developed for TDI.

Investigate the use of composite data from different seasons or from different surveys within the same season to establish trends or patterns of eutrophication and susceptibility of species.

6.11 Other research

6.11.1 Development of the phosphatase assay.

This system is based on a cheap and easy assay of alkaline phosphatase activity of aquatic plants. It reflects the nutrient status of submerged plants. The surface enzyme activity of mosses, some angiosperms and algae can be assessed. The phosphatase activity in the plant is a measure of the phosphate concentration, or the availability of phosphate, at the time of the assay.
6.11.2 Funding of Freshwater Algal Flora project

This project is under the direction of a committee of the British Phycological Society. It requires substantial extra funding if it is to achieve its goal of publication by the year 2000. It will encompass CD-Rom technology and allow easy identification of every algal species in the UK.

6.11.3 Macrophyte sediment interactions and ecology

Underpinning research on the relationship between river macrophyte communities and nutrients, including the influence of sediment chemistry is urgently required to support some of the contentions within this project. The influence of accumulation of nutrients in sediments has not been adequately addressed in this context.
APPENDIX 1: LIST OF ABBREVIATIONS AND ACRONYMS

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Full Form</th>
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<tr>
<td>DoE(NI)</td>
<td>Department of the Environment Northern Ireland</td>
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<tr>
<td>DQI</td>
<td>Diatom Quality Index</td>
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<tr>
<td>EA</td>
<td>The Environment Agency</td>
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<tr>
<td>EN</td>
<td>English Nature</td>
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<tr>
<td>GQA</td>
<td>General Quality Assessment</td>
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<tr>
<td>IFE</td>
<td>The Institute of Freshwater Ecology</td>
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<tr>
<td>MTR</td>
<td>Mean Trophic Rank system</td>
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<tr>
<td>NRA</td>
<td>National Rivers Authority</td>
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<tr>
<td>P</td>
<td>Phosphorus (usually SRP)</td>
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<tr>
<td>pe</td>
<td>population equivalent</td>
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<tr>
<td>QD</td>
<td>Qualifying Discharge under the UWWTD</td>
</tr>
<tr>
<td>SAC</td>
<td>Special Area of Conservation</td>
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<tr>
<td>SA(E)</td>
<td>Sensitive Area (Eutrophic)</td>
</tr>
<tr>
<td>SRP</td>
<td>Soluble Reactive Phosphorus</td>
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<tr>
<td>SSSI</td>
<td>Site of Special Scientific Interest</td>
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<tr>
<td>STW</td>
<td>Sewage Treatment Works</td>
</tr>
<tr>
<td>TDI</td>
<td>Trophic Diatom Index</td>
</tr>
<tr>
<td>UWWTD</td>
<td>Urban Waste Water Treatment Directive</td>
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</table>
APPENDIX 2: REFERENCES


APPENDIX 3: LIST OF PARTICIPANTS

<table>
<thead>
<tr>
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<tr>
<td>Chris Adams</td>
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<td>Sarah Chadd</td>
<td>NRA Anglian Region</td>
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<td>NRA TAPS Centre (Anglian Region)</td>
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<td>Sue Ralph</td>
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<td>Sarah Pritchard</td>
<td>Clyde River Purification Board</td>
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<tr>
<td>Peter Hale</td>
<td>Industrial Research and Technology Unit (Northern Ireland)</td>
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<tr>
<td>Benjamin Goldsmith</td>
<td>University College London</td>
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APPENDIX 4: WORKSHOP PROGRAMME

DAY ONE

Arrival
1. Assemble. Coffee/tea. Time 1230
2. Lunch Time 1300

A. General Introduction Time Chair: Roger Sweeting
   1. Purpose of Meeting 1400 Roger Sweeting
   2. Requirements to monitor trophic status
      a. NRA: UWWTD 1410 Simon Leaf
      b. English Nature 1425 Mary Gibson

B. TDI Time Chair: Anne Lewis
   1. Introduction 1435 Martyn Kelly
   2. Results of Assessments by NRA Staff
      i. Anglian Region, Northern Area 1450 Dave Balbi
      ii. Anglian Region, Eastern Area 1500 Chris Adams
      iii. Severn-Trent Region 1510 Ruth Maddocks
      iv. Thames Region 1520 Anna McQueen/Alison Hutchings
   3. Tea 1530
   4. Use of artificial substrates 1. 1600 Ben Goldsmith
   5. Analytical Quality Control procedures 1. 1610 Martyn Kelly
   6. Feedback & Discussion 2. 1620 Chair: Anne Lewis
      Summary and Recommendations
      Finish 1800

8. Evening meal 1900

DAY TWO

C. MTR Time Chair: Phil Harding
   1. Introduction & Latest Developments 1. 0915 Nigel Holmes
   2. Feedback from practitioners:
      NRA Regions3. 0935 One representative from
      (Chair: Karen Rouen) each NRA region
      3. Coffee 1030
      4. Feedback from external organisations 1.
         a. English Nature 1100 Jane Southey

R&D Interim Report 694/NW/02
b. IRTU (Northern Ireland)
5. Discussion (including Quality Assurance) 2. Summary and Recommendations

Peter Hale
Chair: Phil Harding

6. Lunch

1230

D. General Discussion
1. Discussion 2.
2. Summary and Recommendations

Time
Chair: Roger Sweeting

1345
Roger Sweeting/
1510
Karen Rouen

3. Tea
1530
Finish
1600

Notes:
1. formal presentation(s)
2. general discussion session
3. group feedback session (see below)

FEEDBACK SESSION ON MTR

This session took the form of a group feedback from a panel of NRA representatives involved in MTR surveys; one representative per NRA region. The following questions had been circulated prior to the workshop and were addressed by the panel in turn. Questions (c) and (d) were open to discussion by all participants at the workshop, not just the feedback panel alone.

a. Practical Application of the Survey Methodology

i. Identification difficulties?

Taxonomic nomenclature. Clarification? Harmonisation?

ii. Difficulties in interpreting how to do the surveys: are we all doing the same thing?

iii. Finding suitable sites?

iv. Use of boats / underwater cameras - do they work?

v. Sketch maps - Are they useful? Clarification on purpose?

vi. Other
b The Checklist and Application of the Scoring System

i Are amendments to the basic checklist recommended?
   Are regional additives required?

ii Is simplification of the checklist feasible without losing valuable information?

iii Are confidence limits being achieved in terms of number of taxa recorded?
   Does it matter?
   How do we approach 'low confidence' records?

iv Clarification on how to apply the scoring system required?

v Other

c Does the MTR appear to work? *

i In what types of situations does the MTR appear to perform well?

ii In what types of situations does the MTR appear to perform badly?

iii How important is the physical nature of the site?

iv Is the use of 5m marginal strips a useful and valid method of surveying wide rivers?

v Where should sites be located in relation to a qualifying STW discharge?

vi Other

d Interpretation of MTR results

i How do the different MTR scores relate to trophic status?
   What magnitude of d/s change in MTR score would be considered significant?
   Would broad classes/bands of scores be useful when relaying information to non-biologists e.g. in submitting evidence for UWWTD designations?
   Recommendations?

ii Other

* In terms of both the UWWTD requirements and also at assessing trophic status per se.
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