



MINISTRY OF DEFENCE

Consent for release of personal contact details

Only complete this form if you want help from a Service or Ex-Service charity.

Part 1 – Personal details (Please complete in block capitals – you must complete all fields marked \*)

Form with fields for Surname\*, Forenames\*, Rank/Title\*, Service number, Service\* (RN/RM, Army, RAF), Corps or Regiment\*, Current work address, Address at which charity can contact you\*, Tel, Mobile, E-mail.

Part 2 - Charities (Put a cross in the box of the charity you want to contact you. Put a cross in one box only.)

Charity selection boxes: The Royal British Legion (not in Scotland) and SSAFA – Forces Help

Part 3 – Data Protection and privacy

(You must sign this part of the form to consent to your contact details being held by the selected charity.)

This form is used to record your preference for passing your personal contact details, as authorised by you, to the Service or ex-Service charity selected by you in Part 2. The information on this form will be used solely to enable the charity you have indicated to make contact with you for the purposes of providing help or advice.

Any personal data you provide will be used by the charity you have selected in Part 2 only to create and update a record of your contact details. This form and all records created from it will be destroyed if you advise the charity in writing that you no longer wish to maintain contact with them.

By signing below, you are consenting to the holding and processing of your personal details for the purposes stated above.

Signed: ..... Date: .....

Once you have completed this form, please send it to the charity you have selected at the address shown on page 29 of the Service Leavers Guide.