Learning Outcomes

To meet a child’s developmental needs and support strengths.

Process

Ask participants to work in small groups of 4-5. Ask half the groups to look at version (a) of the exercise and the remaining groups to look at version (b). At the end of the group work, but before the large group discussion, circulate the chart: Child development chart: 0-11 years.

Version A

1. Ask participants to answer the following:
   
   i. Where should a child be in terms of their physical development:
      - by the age of 1?
      - by the age of 3?
   
   ii. Where should the child be in terms of their cognitive development:
      - by the age of 1
      - by the age of 3?
   
   iii. Where should the child be in terms of their emotional development:
      - by the age of 1
      - by the age of 3?

2. Ask participants to consider how the parenting skills needs to change in order to support their child’s healthy development.

Time

Total: 45 minutes
   - Small groups 30 minutes
   - Feedback 15 minutes
Version B

1. Ask participants to answer the following:

i. Where should a child be in terms of their physical development:
   - by the age of 7?
   - by the age of 10?

ii. Where should the child be in terms of their cognitive development:
   - by the age of 7?
   - by the age of 10?

iii. Where should the child be in terms of their emotional development:
   - by the age of 7?
   - by the age of 10?

2. Ask participants to consider how parents need to improve skills in order to support the child's development.

In both scenarios, participants need to think about the needs of disabled children who may meet some milestones, but not all.

Bring the group together to consider the discussion in each group.