Here are some questions for you to answer on your own.

We are interested in your honest answers.

**We will not tell anyone what your answers are.**

Look at the instructions on the next page and read what to do.

Ask the interviewer for help if you do not understand a question or are not sure what to do.

Thank you for taking part in this survey.
How to answer these questions

• Please read each question carefully

• Most of the questions can be answered by putting a tick in the box next to the answer that applies to you, like this

  Yes  ✓
  No   

• Sometimes you have to write a number in the box, for example

  I was 8 years old

• Next to some of the boxes are arrows and instructions
  They show or tell you which question to answer next.
  If there are no special instructions, just answer the next question.

  No   
  Yes  ✓

  I was 10 years old

Go to question 4
Cigarette Smoking

Q1 Have you ever tried smoking a cigarette, even if it was only a puff or two?

Tick one box

<table>
<thead>
<tr>
<th>Option</th>
<th>Box</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>2</td>
</tr>
<tr>
<td>Yes</td>
<td>1</td>
</tr>
</tbody>
</table>

Go to question 2

How old were you when you tried smoking a cigarette, even if it was only a puff or two?

I was ___ years old

Write in

Q2 Now read all the following sentences very carefully and tick the box next to the one which best describes you.

Tick one box

<table>
<thead>
<tr>
<th>Option</th>
<th>Box</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have never smoked</td>
<td>1</td>
</tr>
<tr>
<td>I have only smoked once or twice</td>
<td>2</td>
</tr>
<tr>
<td>I used to smoke sometimes, but I never smoke a cigarette now</td>
<td>3</td>
</tr>
<tr>
<td>I sometimes smoke, but I don’t smoke every week</td>
<td>4</td>
</tr>
<tr>
<td>I smoke between one and six cigarettes a week</td>
<td>5</td>
</tr>
<tr>
<td>I smoke more than six cigarettes a week</td>
<td>6</td>
</tr>
</tbody>
</table>

Go to question 4

Go to question 3

Q3 Did you smoke any cigarettes last week?

Tick one box

<table>
<thead>
<tr>
<th>Option</th>
<th>Box</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>2</td>
</tr>
<tr>
<td>Yes</td>
<td>1</td>
</tr>
</tbody>
</table>

Go to question 4

How many cigarettes did you smoke last week?

I smoked ___ cigarettes

Write in

Spare 1059 - 1074
Drinking

Q4  Have you ever had a proper alcoholic drink – a whole drink, not just a sip? Please don’t count drinks labelled low alcohol.

Tick one box
1075
Yes  ➔  Go to question 6
No  ➔  Go to question 5

Q5  Have you ever drunk alcopops (such as Bacardi Breezer, Smirnoff Ice, WKD, Reef etc)?

Tick one box
1076
Yes  ➔  Go to question 6
No  ➔  END

Q6  How old were you the first time you had a proper alcoholic drink or alcopop?

I was  years old
write in

Q7  How often do you usually have an alcoholic drink or alcopop?

Tick one box
1079
Almost every day  ➔  Go to question 8
About twice a week
About once a week
About once a fortnight
About once a month
Only a few times a year
I never drink alcohol now
Q8  When did you last have an alcoholic drink or alcopop?

Tick one box

Today  1

Yesterday  2

Some other time during the last week  3

1 week, but less than 2 weeks ago  4

2 weeks, but less than 4 weeks ago  5

1 month, but less than 6 months ago  6

6 months ago or more  7

Thank you for answering these questions.

Please give the booklet back to the interviewer.
Here are some questions for you to answer on your own.

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Thank you for taking part in this survey
How to answer these questions

- Please read each question carefully

- Most of the questions can be answered by putting a tick in the box next to the answer that applies to you like this
  
  Yes  
  No

- Sometimes you have to write a number in the box, for example
  
  I was \[13\] years old
  
  write in

- Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

  No  \[\rightarrow \text{Go to Q4}\]
  Yes  
  I was \[13\] years old
  write in
Cigarette Smoking

Q1  Have you ever tried smoking a cigarette, even if it was only a puff or two?

```
Tick one box

1. Yes
   → Go to question 2

2. No
```

Q2  Now read all the following sentences very carefully and tick the box next to the one which best describes you.

```
Tick one box

1. I have never smoked
   → Go to question 5

2. I have only smoked once or twice

3. I used to smoke sometimes, but I never smoke a cigarette now

4. I sometimes smoke, but I don’t smoke every week
   → Go to question 3

5. I smoke between one and six cigarettes a week

6. I smoke more than six cigarettes a week
```

Q3  How old were you when you tried smoking a cigarette, even if it was only a puff or two?

```
I was [ ] years old
   → Go to question 4
```

Q4  Did you smoke any cigarettes last week?

```
Tick one box

1. Yes

   How many cigarettes did you smoke last week?

2. No
   → Go to question 5
```

Write in

I smoked [ ] cigarettes
Spare 1059 - 1074
Drinking

Q5  Have you ever had a proper alcoholic drink – a whole drink, not just a sip? **Please don’t count drinks labelled low alcohol.**

<table>
<thead>
<tr>
<th>Tick one box</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>1  ➔ Go to question 7</td>
</tr>
<tr>
<td>No</td>
<td>2  ➔ Go to question 6</td>
</tr>
</tbody>
</table>

Q6  Have you ever drunk alcopops (such as Bacardi Breezer, Smirnoff Ice, WKD, Reef etc)?

<table>
<thead>
<tr>
<th>Tick one box</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>1  ➔ Go to question 7</td>
</tr>
<tr>
<td>No</td>
<td>2  ➔ END</td>
</tr>
</tbody>
</table>

Q7  How old were you the first time you had a proper alcoholic drink or an alcopop?

I was [ ] years old [ ] write in [ ] Go to question 8

Q8  How often do you usually have an alcoholic drink or alcopop?

<table>
<thead>
<tr>
<th>Tick one box</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Almost every day</td>
<td>1  ➔ Go to question 9</td>
</tr>
<tr>
<td>About twice a week</td>
<td>2</td>
</tr>
<tr>
<td>About once a week</td>
<td>3</td>
</tr>
<tr>
<td>About once a fortnight</td>
<td>4</td>
</tr>
<tr>
<td>About once a month</td>
<td>5</td>
</tr>
<tr>
<td>Only a few times a year</td>
<td>6</td>
</tr>
<tr>
<td>I never drink alcohol now</td>
<td>7</td>
</tr>
</tbody>
</table>
Q9  When did you last have an alcoholic drink or alcopop?

Tick one box

- Today
- Yesterday
- Some other time during the last week
- 1 week, but less than 2 weeks ago
- 2 weeks, but less than 4 weeks ago
- 1 month, but less than 6 months ago
- 6 months ago or more

Go to question 10

END

Q10  Which, if any, of the drinks shown below, have you drunk in the last 7 days? Please (✓) either yes or no for each kind of drink. For each kind of drink, write in the box how much you drank in the last 7 days.

**Beer, lager cider or shandy (exclude bottles or cans of shandy)**

Have you drunk this in the last 7 days?

Tick one box

- No
- Yes

Go to question 11

How much did you drink in the last 7 days?

Write in:

- Pints (if half a pint, write in ½)
- Large cans or bottles
- Small cans or bottles
Q11 Spirits or liqueurs, such as gin, vodka, whisky, rum, brandy or cocktails

Have you drunk this in the last 7 days?

Tick one box

- No → Go to question 12
- Yes

How much did you drink in the last 7 days?
Write in:

Glasses (count doubles as two glasses)

Q12 Sherry or martini (including port, vermouth, cinzano, dubonnet)

Have you drunk this in the last 7 days?

Tick one box

- No → Go to question 13
- Yes

How much did you drink in the last 7 days?
Write in:

Glasses (count doubles as two glasses)

Q13 Wine (including babycham and champagne)

Have you drunk this in the last 7 days?

Tick one box

- No → Go to question 14
- Yes

How much did you drink in the last 7 days?
Write in:

Glasses

Spare 1095-1104
Spare 1105-1115
Q14  Alcopop (such as Bacardi Breezer, Smirnoff Ice, WKD, Reef etc.)

Have you drunk this in the last 7 days?

Tick one box

No 2  → Go to question 15

Yes 1

How much did you drink in the last 7 days?

Write in:

Large cans or bottles

Small cans or bottles

AND/OR

Q15  Other kinds of alcoholic drink?

Have you drunk this in the last 7 days?

Tick one box

No 3  → END

Yes 4  → Complete details below

Write in name of drink

How much did you drink in the last 7 days?

Write in:

Large cans or bottles

Small cans or bottles

AND/OR

Thank you for answering these questions.

Please give the booklet back to the interviewer.
Example Questions: How to fill in this questionnaire

Most of the questions on the following pages can be answered simply by ticking the box below or alongside the answer that applies to you.

Tick one box

<table>
<thead>
<tr>
<th>Very healthy life</th>
<th>Fairly healthy life</th>
<th>Not very healthy life</th>
<th>An unhealthy life</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

Example 1: Do you feel that you lead a ...

Sometimes you are asked to write in a number or the answer in your own words. Please enter numbers as figures rather than words.

Example 2:

Write in no. 6

On most pages you should answer ALL the questions but sometimes you will find the box you have ticked has an arrow next to it with an instruction to go to another question.

Example 3: Would you like to lead a healthier life than you do now?

Tick one box

Yes 1 Go to question 4

No 2

By following the instructions carefully you will miss out questions which do not apply to you.
SMOKING

Q1  Have you ever smoked a cigarette, a cigar or a pipe, or anything with tobacco in it?

Tick one box

<table>
<thead>
<tr>
<th>Yes</th>
<th>[1] (\Rightarrow) Go to question 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>[2] (\Rightarrow) Go to question 11 on page 3</td>
</tr>
</tbody>
</table>

Q2  Have you ever smoked a cigarette?

Tick one box

<table>
<thead>
<tr>
<th>Yes</th>
<th>[1] (\Rightarrow) Go to question 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>[2] (\Rightarrow) Go to question 11 on page 3</td>
</tr>
</tbody>
</table>

Q3  How old were you when you first tried smoking a cigarette, even if it was only a puff or two?

Write in how old you were then \(\Rightarrow\) Go to question 4

Q4  Do you smoke cigarettes at all nowadays?

Tick one box

<table>
<thead>
<tr>
<th>Yes</th>
<th>[1] (\Rightarrow) Go to question 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>[2] (\Rightarrow) Go to question 5</td>
</tr>
</tbody>
</table>

Q5  Did you smoke cigarettes regularly or occasionally?

Tick one box

<table>
<thead>
<tr>
<th>Regularly, that is at least one cigarette a day</th>
<th>[1] (\Rightarrow) Go to question 9 on page 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Occasionally I never really smoked cigarettes, just tried them once or twice</td>
<td>[2] (\Rightarrow) Go to question 11 on page 3</td>
</tr>
</tbody>
</table>

CURRENT SMOKERS

Q6  About how many cigarettes a day do you usually smoke on weekdays?

Write in number smoked a day \(\Rightarrow\) Go to question 7

Q7  And about how many cigarettes a day do you usually smoke at weekends?

Write in number smoked a day \(\Rightarrow\) Go to question 8 on page 2
Q8  Do you mainly smoke ...

   filter-tipped cigarettes,  

   plain or untipped cigarettes,  

   or hand-rolled cigarettes?

Tick one box

1  

2  

3  

Go to question 11

Q9  About how many cigarettes did you smoke IN A DAY when you smoked them regularly?

Write in number smoked a day

Go to question 10

Q10 How long ago did you stop smoking cigarettes regularly? 

Was it...

Tick one box

1  

2  

3  

4  

5  

6  

Go to question 11

...less than 6 months ago,  

...6 months to 1 year ago,  

...1 to 2 years ago,  

...2 to 5 years ago,  

...5 to 10 years ago,  

...or more than 10 years ago,  

Spare 1068 - 1074
EVERYONE PLEASE ANSWER

Q11  Do you ever drink alcohol nowadays, including drinks you brew or make at home?

Tick one box

Yes  ➔ Go to question 14

No   ➔ Go to question 12

Q12  Just to check, does that mean you never have an alcoholic drink nowadays, or do you have an alcoholic drink very occasionally, perhaps for medicinal purposes or on special occasions like Christmas and New Year?

Tick one box

Very occasionally  ➔ Go to question 14

Never    ➔ Go to question 13

Q13  Have you always been a non-drinker or did you stop drinking for some reason?

Tick one box

Always a non-drinker ➔ END

Used to drink but stopped

Q14  How old were you the first time you ever had a proper alcoholic drink?

Write in how old you were then ➔ Go to question 15
Q15  Thinking now about all kinds of drinks, how often have you had an alcoholic drink of any kind during the last 12 months?  

Tick one box

- Almost every day 01
- Five or six days a week 02
- Three or four days a week 03
- Once or twice a week 04
- Once or twice a month 05
- Once every couple of months 06
- Once or twice a year 07
- Not at all in the last 12 months 08

Go to question 16

Q16  Did you have an alcoholic drink in the seven days ending yesterday?  

Tick one box

- Yes 1
- No 2

Go to question 17

Q17  On how many days out of the last seven did you have an alcoholic drink?  

Tick one box

- One 1
- Two 2
- Three 3
- Four 4
- Five 5
- Six 6
- Seven 7

Go to question 18
Q18  Please think about the day in the last week on which you drank the most. (If you drank the same amount on more than one day, please answer about the most recent of those days.)

From this list, please tick all the types of alcoholic drink which you drank on that day. For the ones you drank, write in how much you drank on that day. EXCLUDE NON-ALCOHOLIC OR LOW-ALCOHOL DRINKS, EXCEPT SHANDY.

<table>
<thead>
<tr>
<th>TICK ALL DRINKS DRUNK ON THAT DAY</th>
<th>WRITE IN HOW MUCH DRUNK ON THAT DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal strength beer, lager, stout, cider or shandy (less than 6% alcohol) - exclude bottles/cans of shandy.</td>
<td>Glasses (count doubles as 2 singles)</td>
</tr>
<tr>
<td></td>
<td>1084-1099</td>
</tr>
<tr>
<td>Strong beer, lager, stout or cider (6% alcohol or more, such as Tennants Super, Special Brew, Diamond White)</td>
<td>1080-1097</td>
</tr>
<tr>
<td>Spirits or liqueurs, such as gin, whisky, rum, brandy, vodka, or cocktails</td>
<td>1100-1106</td>
</tr>
<tr>
<td>Sherry or martini (including port, vermouth, cinzano, dubonnet)</td>
<td>1110-1115</td>
</tr>
<tr>
<td>Wine (including babycham and champagne). You can write in parts of a bottle e.g. half a bottle</td>
<td>1120-1121</td>
</tr>
<tr>
<td>Alcoholic soft drink ('alcopop') such as Hooch, or a pre-mixed alcoholic drink such as Bacardi Breezer, WKD or Smirnoff Ice</td>
<td>1129-1130</td>
</tr>
<tr>
<td>Other kinds of alcoholic drink</td>
<td>1139-1140</td>
</tr>
<tr>
<td>WRITE IN NAME OF DRINK</td>
<td>1149-1150</td>
</tr>
</tbody>
</table>

Thank you for answering these questions.

Please give the booklet back to the interviewer.