

Non-prescription pad



**WITHOUT
ANTIBIOTICS**

These 'non-prescriptions' can be given to patients who do not need a prescription for antibiotics.

Diagnosis:

Sore throat



Ear Ache



Cold or Flu



Catarrh



Dry Cough



Other:

Chesty Cough



NO ANTIBIOTIC PRESCRIPTION NEEDED

Taking antibiotics for the wrong reasons, such as against colds or flu, has no benefit for you.

This is because:

-  you probably have a viral infection
-  antibiotics won't work against colds or flu
-  your infection should start to clear up in a few days.

You should now:

-  drink plenty of fluids
-  get some rest
-  ask your pharmacist for advice about over-the-counter remedies to ease your symptoms, such as paracetamol.

Phone or visit the surgery for more advice if you are not getting better within a few days, or at any time if you are concerned about your symptoms.

Further information can be found at:

www.nhs.uk/antibiotics