

# Non-prescription pad



# WITHOUT ANTIBIOTICS

These 'non-prescriptions' can be given to patients who do not need a prescription for antibiotics.

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## Diagnosis:

Sore throat



Ear Ache



Cold or Flu



Catarrh



Dry Cough



Other:

Chesty Cough



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## NO ANTIBIOTIC PRESCRIPTION NEEDED

**Taking antibiotics for the wrong reasons, such as against colds or flu, has no benefit for you.**

### This is because:

-  you probably have a viral infection
-  antibiotics won't work against colds or flu
-  your infection should start to clear up in a few days.

### You should now:

-  drink plenty of fluids
-  get some rest
-  ask your pharmacist for advice about over-the-counter remedies to ease your symptoms, such as paracetamol.

Phone or visit the surgery for more advice if you are not getting better within a few days, or at any time if you are concerned about your symptoms.

**Further information can be found at:**

**[www.nhs.uk/antibiotics](http://www.nhs.uk/antibiotics)**