

Evidence Based Public Health Practice

Teenage Pregnancy

NHS Salford / Salford City Council

Teenage Pregnancy and Sexual Health Dashboard

- Effective commissioning of young people's sexual health services, using timely data to inform young peoples service delivery -

Introduction

Effective commissioning relies on robust data and proactive performance management. This means ensuring performance indicators are agreed and milestones monitored, especially when performance is not on track. This example demonstrates how to develop an effective tool to do this.

Background

The high level of teenage pregnancy in Salford has significant implications for its young people and for future generations. The factors that have the most impact on teenage pregnancy are those which also impact on other health and wellbeing outcomes for children, young people and families.

Tackling these factors requires a shared strategic approach across agencies, including the voluntary and third sector, to ensure an integrated and coherent approach with the best use of available data and resources.

NHS Salford Public Health and Informatics Departments developed a series of teenage pregnancy proxy indicators, for effective commissioning. The indicator set is particularly useful in that it provides an earlier indication of local teenage conception rates than is available nationally through the Office of National Statistics, and more timely information on service uptake.

Lead indicators in the set:

- Abortions and Live Births (Under 18) enabling a monthly, locally calculated Teenage Conceptions (Under 18) figure
- Numbers visiting Sexual Health Services (Under 18)
- Number of Long Acting Reversible Contraceptive's fitted
- Benchmarking Relationships and Sex Education in Schools (RAG Rating)
- Children's Centres – support provided for Teenage Parents
- Implementation of "Team Around School" (support for those identified at greater risk of low aspirations, poor attendance or achievement at school)

Aims and Objectives

Aims

1. To ensure that everyone including young people, parents, public, private and voluntary sector organisations recognise their role within this agenda
2. To support effective commissioning and performance management in relation to the reduction of Salford's teenage pregnancy rates and delivery of young people's health services

Objectives

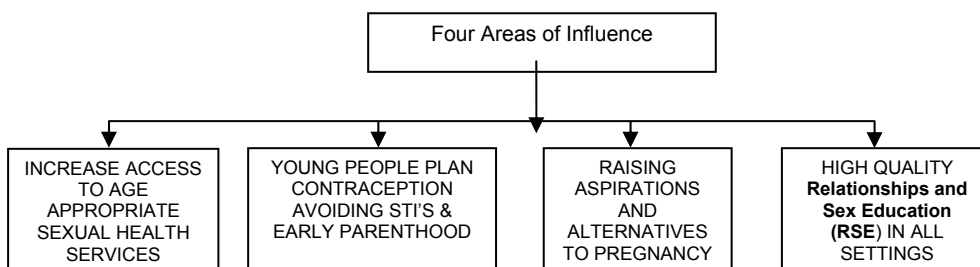
- To provide intelligence to partnership organisations, which is timely and meaningful, and will enhance and target service delivery.
- Use available local data to provide a "real-time" monthly and quarterly report on progress in reducing rates.
- Agree an evidence based indicator set, which is useful for all partners and demonstrates their contribution.
- Design a tool e.g. a dashboard, to aid comprehensive integrated methods of data collection and collation.

Appropriateness

The "Dashboard" provides Senior Managers with a tool which enables them to take responsibility for performance management across a range of systems with a visual representation of progress in a number of key delivery areas. For example, it allows managers to track appropriateness of young people's sexual health service delivery in that they can see quickly and easily trends in service uptake, which reflects clearly the levels of appropriateness, accessibility and acceptability as young people quickly vote with their feet.

Accessibility and Acceptability

Salford identified four main areas of control, which need to be consistently addressed by a range of partnership agencies to exert influence. A series of specific, measurable actions sits below each area of influence and forms the basis for implementation.



The above driver diagram explains the areas of influence for partnership agencies because often the link between teenage pregnancy and an agency's work is difficult to establish. The driver diagram and the dashboard used together can provide the connections between action and performance across the full range of systems.

The “Dashboard” provides visual evidence of progress in eight key areas, which reflects progress in improving accessibility, acceptability and appropriateness of delivery across services. This performance is tracked on a monthly basis and is RAG (Red Amber Green) rated with direction of travel. A green report becoming amber or red for example will alert managers to the need to investigate and potentially target resources or redesign services to address the identified issues and unmet needs. Amber or red targets becoming green provide proof of improved performance e.g. increasing access to services or improving acceptability of Relationship and Sex Education, against the established baseline criteria within the indicator.

Partnership Working

The development of the “Dashboard” has been a collaboration between:

- NHS Salford Public Health Department
- NHS Salford Informatics Department
- NHS Salford Commissioning Department
- Salford City Council Integrated/Targeted Youth Support Services
- Salford Voluntary and Community Sector
- Salford Royal Foundation Hospital Trust

Funding

The development of this framework while, labour intensive, has been cost neutral. It builds upon existing performance management systems, such as the PCT Balanced Scorecard reporting system.

Effectiveness, Efficiency and Equity

The tool enables Salford to see that teenage pregnancy is not spread evenly across the area, it enables commissioners and providers to track their efforts and target services to the areas of greatest deprivation where teenage pregnancy rates are higher. The information that sits behind and generates the Dashboard report is detailed and area specific, which enables managers to focus more effectively on those areas of greatest need, without losing sight of the wider picture for Salford.

This tool is effective in that it has led to further analysis being undertaken to identify geographical areas for more targeted interventions. Additional related indicators are also now under exploration for relevance and feasibility, for example, alcohol related admissions of young people to Accident and Emergency are being considered.

The frequency of reporting, the level of detail and the choice of lead indicators for the dashboard are very much valued locally in that the feedback supports decision making and interventions within time-scales that national ONS data did not allow.

The final three key performance indicators in the Dashboard have been particularly useful in providing a real measure of how well equipped education providers are in terms of response to young people who may be at risk of early pregnancy. Schools, Pupil Referral Units, further education and sixth form colleges and training providers all have a role to play in the provision of high quality Relationships and Sex Education and to support the delivery of provision of easily accessible on-site services.

5 Key Steps to Designing a Dashboard

1. Develop a series of Lead Indicators that can be measured on a monthly or quarterly basis and cover the full scope of service delivery required.
2. Identify data sources and develop locally calculated rates for conception data (examples: Live birth from Child Health and abortions from local NHS and Private providers).
3. Develop the baseline thresholds by which performance will be judged.
4. Finalise the presentation and utility for the Dashboard, where will it go and how will it be used?
5. Ensure key senior partners across agencies are on board.

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