

Making sure you get the right support



This leaflet is for people with autism and their families and carers.



It tells you what should happen when health and support staff work with you.



These are people like

- doctors, nurses and other health staff
- staff who give you support to do things
- people who make decisions about support in your local area. They work for your local council.



You can use the information in this leaflet to check these people are doing the right things.



The things in this leaflet may not happen in your local area straight away. But the Government says they must start to happen.
The main things that should happen



Lots of people should have training about autism so they know how to work with you in the best way.

For example,

- staff who give you support
- doctors and other health staff
- people who make decisions about support.



Health and support staff should know what they can do to give you really good support.

For example, they should know

- good ways to communicate with you
- ways to make your support really good.



Someone from your local council should be in charge of making sure there are good ways to find out

- if someone has autism
- what support they need.



Staff should know what they need to do to find out if someone has autism.



If you have autism, someone from your local council should have a meeting with you to find out what support you need.



Your carer can have a meeting like this as well to find out what support they need.



You should get good information about

- autism
- the support you can get.



People in charge of support in your local area should listen to what people with autism and their families and carers need.

Then they should make a plan about how to give people the support they need.



You should be able to choose your own support.



You should get a personal budget if you can.

This is when the money for your support is paid straight to you.

You can then choose and pay for the support you want.



You should have a say in all decisions about your support. And you should get the support you want and need.

If you are a young person with autism



You should get all the support you need as you start to be an adult.



Someone from your local council should have a meeting with you to find out what support you need.



Your carer can have a meeting like this as well to find out what support they need.



You should have a say in all decisions about your support. And you should get the support you want and need.